

# Vest Texas Count

VOL. 32, No. 29

SERVING ANTHONY, VINTON, CANUTILLO, EAST MONTANA, HORIZON, SOCORRO, CLINT, FABENS, SAN ELIZARIO AND TORNILLO

**JULY 21, 2005** 

# **NEWSBRIEFS**

#### **Award-winning** video to show

Canutillo Elementary School's awardwinning digital video documentary, entitled History of Canutillo, will be shown at 6:30 p.m., Friday, July 22, on EPIC Cable Channel 14. The video documentary recently received top honors in Texas and New Mexico. The documentary was named first place winner in the 2005 student project contest sponsored by the Texas Computer Education Association (TCEA) in Austin and also earned a first place Oscar in the Organ Mountain Film Festival in Las Cruces. CES sixth grade students produced the 27-minute movie that features two segments: one is on the history of Canutillo and the other is on the ghosts and legends of Canutillo. CES teachers assisting students with the video project were Andres Arriola, Sharon Walker, Susan Smith, Judith Valle, and Rick Armstrong. "CES received a Hewlett-Packard technology grant a the beginning of this past school year. Because of the grant, which included \$35,000 in computer equipment, we were able to create a documentary about the history of Canutillo," stated Smith.

#### Spiked arrest

The El Paso County Sheriff's Office received a request for assistance Tuesday morning from the Dona Ana County Sheriff's Office involving a vehicle pursuit approaching Texas. The vehicle, a silver Cadillac with New Mexico plates was reported stolen from Las Cruces Police Department and deputies from the Dona Ana Sheriff's Office were attempting to stop the vehicle on Interstate 10 East near Vado, New Mexico. As the vehicle entered Texas, deputies from the El Paso County Sheriff's Office assisted with the pursuit and deployed "Stinger Spikes," safely deflating the suspect's vehicle tires where it stopped at I-10 East, Mile Marker 4 without incident. The juvenile suspect, a 15year-old male, was taken into custody and was being detained for processing by the El Paso County Sheriff's Office, facing possible charges of evading arrest and unauthorized use of motor vehicle in Texas, as well as any additional charges in New Mexico.

#### In other news

■ The El Paso County Library in Fabens is conducting bilingual computer classes and slots are open on Saturdays from 9-10:30. LAB sessions for patrons needing one-to-one assistance are on Thursdays 3-5, Fridays 3-6 and Saturdays 10:30-3. Also, citizenship classes are held every Saturday from noon to 2 p.m. Board game, puzzle and crafts are offered every Wednesday from 1:30-3:30 and children

See BRIEFS, Page 5

If a man can see both sides of a problem, you know that none of his money is tied up in it.

- Quips & Quotes

# Socorro ISD employee reaches 40 years of service

By Carlos A. Briano Special to the Courier

EAST EL PASO COUNTY — When Albert Trujillo began his career with the Socorro Independent School District he was 25 years old. Lyndon B. Johnson was President, the Beatles released their album Help, two American astronauts circled the earth in Gemini 5 and the federal voting rights act was enacted. That was

"I started in the 65-66 school year," he says. "There were only two or three campuses."

Trujillo began his career as a bus driver and later served as a custodian, electrician, carpenter and, as he says, "a little of everything." But he has spent the last 22 years working as a courier. In other words, he's Socorro ISD's mail-

"Albert has logged hundreds of thousands of miles on behalf of the district," said Dr. Ed Gabaldon, Assistant Superintendent for Personnel Services. "He has touched hundreds of lives in the process. Albert represents what SISD is all about."

Trujillo thought he would retire when he reached 40 years of service, but for now he'll continue.

"I think I'm going to try to go one more year," he says.

When retirement finally does arrives, however, the renowned athlete and avid Dallas of advice. Cowboys fan plans to slow it down a bit.

"I played softball for 56 years and won a stone," he says with a chuckle.



- Photo courtesy Socorro ISD

MAILMAN MILESTONE — Alberto Trujillo has worked for Socorro ISD for 40 years and is still going strong.

state track title in the Senior Games," he says. "But I need to take it easy now."

And for those contemplating a 40-year career with Socorro ISD, Trujillo has one piece

"You have to bust your chops at the grind-

# SEISD administrators attend Leadership Academy

**By Phillip Cortez** Special to the Courier

SAN ELIZARIO — The end of every summer day brings us closer to the first day of

school, and while students in San Elizario are enjoying every last ray of sunshine, the administrative team is busy preparing for the 2005-2006 school year by attending it's annual Leadership Academy, July 18-21.

The academy provides campus administrators and department heads an overview of district

Topics such as campus budgeting, purchasing, text book adoption as well as nutrition/health regulations and technology updates are covered.

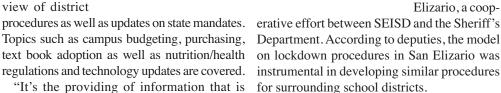
ership Academy, Monday, July 18.

"It's the providing of information that is needed to be aware of, such as finance, documentation, and policies and procedures," said Dr. Mike Quatrini, Superintendent of schools

in San Elizario. "Our hopes are that a 'spark' will occur with our administrators that will get them geared up to be energetic, enthusiastic, and focused in ensuring that the students are successful at their respective campuses."

Among some of the many important areas

covered at Leadership Academy is a visit from the El Paso County Sheriff's Department's Safety Resource Officers (SRO), who are expected to give administrators helpful information and tips on how to keep their campuses safer. Also cov- Photo courtesy San Elizario ISD ered will be LEADING IN LEADERSHIP — SEISD Asst. Superintenlockdown prodent Sylvia Hopp, left, goes over material with Instruccedures tional Officer Eliza Simental during the district's Leadfor schools in San



Another highlight of the Leadership Academy

See SEISD, Page 5

# **Ambrosio Guillen Texas State Veterans** Home ready for duty

El Paso home will be first state veterans home in major Texas metro area

> By Paul Sturrock Special to the Courier

EL PASO COUNTY — El Paso veterans gathered Tuesday, July 19 to celebrate the dedication of their new home: The Ambrosio Guillen Texas State Veterans Home. The home is the first to be placed in a major Texas

metropolitan area and the first such facility in the Trans-Pecos region. It joins five existing homes in McAllen, Big Spring, Bonham, Floresville and Temple. "El Paso



veterans: Welcome home," Ambrosio Guillen

said Jerry Patterson, Chairman of the Veterans Land Board and Commissioner of the Texas General Land Office. "El Paso has a proud tradition of military service and this home will continue that tradition. For El

Paso, this is where honor lives."

The Texas State Veterans Home in El Paso is named after U.S. Marine Corps Staff Sgt. Ambrosio Guillen, who enlisted in El Paso on Jan. 13, 1948. He deployed to Korea, where he served as a platoon sergeant in Company F, Second Battalion, Seventh Marines, First Marine Division (Reinforced).

Near Songush-on, Korea, Staff Sgt. Guillen led the defense of a Marine outpost against a vicious night attack by two Chinese communist battalions. Mortally wounded, he refused medical aid and continued to direct his men until the enemy was defeated and thrown into disorderly retreat. A few hours later, he died of his wound two days before the cease-fire. He was posthumously awarded the Medal of Honor.

"Sgt. Guillen's courage on the battlefield earned him our nation's highest military honor," Patterson said. "We hope to memorialize his spirit of service and dedication in the operation of this home.

"Veterans will never ask for special attention, but they deserve it. At this home, we will offer the best care anywhere."

Patterson was joined at the dedication by local elected officials and veterans representatives. Operation Iraqi Freedom POWs Joe Hudson and Shoshana Johnson, both now retired El Paso-area veterans, were special guests at the dedication. The Tigua Tribe Indian Youth Dancers also performed an Eagle Dance, to honor warriors, during a reception inside the home.

The legislation that created the Texas State

See HOME, Page 6



#### One perspective By Francis Shrum

# Grin and bear it

aspect to this life that has

started a long, long time ago and it hasn't slowed up yet.

This little concept is called injustice and as long as human beings are allowed to make decisions for themselves, it will, like the poor, always be with us.

And, like the problem of poverty, we have to learn to deal with it.

Injustice permeates our lives, from our closest relationships in our own families to the workplace, right on up into the upper echelons of international politics. It exists, to one degree or another, in every human relationship and endeavor.

The severity of it varies drastically, of course, and when it really gets out of control, we still have, in this country, some measure of defense against total tyranny.

But it isn't the big injustices that the average person gets really excited about. They generally leave it to the wild-eyed, single-brained-cell activists to carry those torches and when certain social issues reach their time, things change to some degree or another, like civil rights for all races or whether or not a woman has enough gumption to have her name on a piece of real estate.

These kinds of issues are handled on a whole different level from the injustices that generally keep the rest of us on the edge of our seats.

No, the ones we really get excited about are things like how well we are treated by other family members, whether or not someone did the dishes, painted their house on our street a color we didn't approve, let their cat run loose or their dog bark, listen to their music too loudly or holler too much, gave us the raw end

There's an of a business deal, or just wear their hair in a style we don't like.

All our injustice alarms go off spanned the full force when someone cuts in It ahead of us in the serving line, the drive-through, or cuts us off on the freeway. Why that's just not right, we fume. Don't they have any

> Never mind that the whole time we're fuming around, we forget that manners are something we also should be practicing and sure aren't right at that moment.

> There's a very old and time-honored story about a servant who owed his master a great debt he couldn't pay back, and he fully expected to be tossed in the pokey or beaten because of it. He really didn't want to go to jail or suffer bodily harm, so he did the next best thing.

He begged.

He must have been pretty good at it, because, amazingly, his master forgave the whole thing! With a master like that, a career in servanting doesn't look so bad. And the story ends happily, right?

Wrong.

First thing the forgiven servant does is rush right out, find a fellow servant who owes him money, and demand payment. When his fellow does the begging thing, the newly forgiven servant turns a deaf ear and throws him into jail.

When we read things like that we shake our heads at how hard-hearted that servant was. We would never do something like that.

Of course we would! Because when it comes to injustice, we can see it blinking like a neon sign on someone else but wear some pretty powerful, rose-colored glasses when it comes to our own faults.

Besides, if we ever do anything

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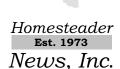
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Por la Gente By State Rep. Chente Quintanilla

# House Bill 3 will hurt working families

representative reporting about House Bill 3, a.k.a. property tax bill, which I am proud to report your delegation did not support because it is unfair to our Texas working families. Since it would raise sales and business taxes to pay for cuts in school property taxes, burdening working families, HB 3 is not the best workable answer.

While we all realize that we must come up with a plan to finance our public education system, HB 3 will only provide a windfall for the wealthiest families in Texas but for middle and lower-income families, HB 3 will create a budget crisis. Even those who are in the upper middle-income bracket would suffer under HB3 — the tax savings for a median family would amount to little more than \$150 a year, or \$12.75 per month.

As you know, we've been ordered by the Texas Supreme Court to create a system that is not unconstitu-

gente — this year. The Robin Hood system of up paying about \$72 a year more in is your state funding our schools, which took state taxes. At the same time, a fammoney from property-rich school districts to give to property-poor school districts for more equitable distribution, was ruled unconstitutional. And therein lies our problem.

For the past two years, we've been wrangling with this issue, but I'm afraid we're not any closer to finding a solution that will be fair to all parties concerned. If we don't come up with a plan by October, 2005, the Texas Supreme Court might be forced to design a plan but even that is going to be tough going. The fact is that the Texas educational system has, traditionally, focused more money on property rich schools than on poor ones.

Under HB3, everything would be more expensive. For example, a widescreen plasma television set would get more expensive — from a current list price of \$2,999 it would then sell for \$3,187. A family of four

Hola, mi tional — as the courts declared last year that rents their home would wind ily of four with an income of \$150,000 a year, and that owns a home valued at \$300,000 would realize a state tax cut of \$567 a year.

So, who winds up paying more? The reason it would hit working families the hardest is that about 37 percent of Texas families earn less than \$35,000 a year according to the U.S. Census Bureau, while just five percent earn \$150,000 a year or more. About half of the families in Houston, for instance, are renters. The cost of buying and owning a home, for most families, would be beyond reach.

Evidently, the sales taxes impact on the working families will be the hardest because they pay a larger percentage of their income in taxes when they can least afford it.

Until then, I remain your friend and public servant, Chente for la gente. I welcome comments and suggestions at: with an income of about \$35,000 a Chente.quintanilla@house.state.tx.us





## Reyes Reports By U.S. Rep. Silvestre Reyes

# Seniors deserve strong Medicare Program

Medicare, a federal health insurance program for people age 65 and older and for individuals with disabilities. reimburses El Paso physicians for the care they provide to senior citizens. Many El Paso seniors — and many seniors across the country — rely solely on Medicare to pay for their health care services.

tremely important role in the lives of our seniors. I am working in Washington, D.C. to ensure that all facets of the Medicare program remain strong and viable.

One component of the Medicare program currently under debate on Capitol Hill is Medicare's payments to physicians who serve Medicare beneficiaries. The federal government specifies a formula each year to calculate Medicare payments for physicians' services. One would cal Association, El Paso County has

77,500 Medi- rise — or at least break even — ev- serve all 650,000 El Pasoans as well care benefi- ery year. However, since 2002, Medi- as individuals from Juárez. Needless ciaries in El Paso County alone. care reimbursements to doctors actually decreased based on this formula, making it nearly impossible for doctors to afford to provide quality care to Medicare recipients. Continued reductions in reimbursement rates could even force doctors to cease accepting Medicare patients because they simply can't afford it.

In 2002, 2003, and 2004, my col-Obviously, Medicare plays an ex- leagues and I in Congress worked together to prevent these cuts — and we are once again fighting these cuts this year. The federal 2005 Medicare Trustees Report has projected reimbursement cuts of 26 percent to Medicare doctors over six years beginning in 2006. The 2005 Report also indicated that the cost of running a practice and caring for patients will increase 15 percent during those same six years.

According to the American Medi-

There are think that Medicare payments would 1,136 patient-care physicians. They to say, doctors are always in short supply and need as much assistance from the federal government for their Medicare patients as possible.

> In the House of Representatives, I am a co-sponsor of a bill that would prevent these payment cuts in 2006. Known as H.R. 2356, the Preserving Patient Access to Physicians Act of 2005, it sets a Medicare physician reimbursement rate increase of no less than 2.7 percent, instead of the 4.3 percent cut projected by the federal Medicare formula in 2006. Furthermore, this legislation would replace the outdated Medicare reimbursement formula with a new formula that increases the update each year, starting in 2007.

In El Paso, we have a lot of health care needs, but our medical community is making important strides in

See REYES, Page 4

# The heart of health care

health and good sense are two of life's great blessings." I've always appreciated this quote. It speaks the truth. Who hasn't given thanks for their good health? Who hasn't appreciated the health of their family and friends? Good health is a true bless-

But this quote speaks to me on a second level. It reminds me that with good health also goes good sense. For far too long, our political leaders have

details of health care. They prefer swimming in confusion and focusing on the negative or problematic. It's time for a change. It's time to bring common-sense back to our nation's health system.

drowned in the



By U.S. Rep. Henry Bonilla

We're lucky to have a leader at our helm who wants to make sense of our nation's health care. President Bush is making real progress. He's working diligently with Congress to ensure every American has access to affordable health care that meets their needs. We're working together to make prescription drug coverage available to all seniors. We've also worked with the Administration to pass a Patients' Bill of Rights that will leave medical decisions in the hands of physicians, instead of insurance companies. These are real changes that will affect real people throughout our nation.

But health care doesn't stop at the national level. The heart of health care is right here, where working people are trying to make a living and keep their families strong, healthy and prosperous. I'm thankful for the support the 23rd district has given me over the last decade. We've made some real progress and important changes. And it shows.

I plan to continue my work with President Bush. We will promote a health care system that puts the needs of patients first. I will also use my

A wise man once wrote, "Good position on the Appropriations Committee to secure funding for health related research. We're so close to finding so many cures. Diabetes, Alzheimer's disease and cancer are just steps from major advances. With dedication and proper funding, we can improve prevention, detection and treatment of these deadly dis-

> I'll also do my part to solve our district's current nursing shortage. Many of the small communities

> > throughout my district plagued by the inability to atquality tract health professionals. I will continue my work to ensure that communities receive the funding for research and healthcare developments

that they need.

Of course, many of you know that community health centers are very close to my heart. Too often in poor and rural regions of Texas, parents and children are forced to go without proper health care. Whether it's because the only doctor is too far away or is too expensive, proper medical care is just not available for some folks. Community health centers fill a critical role in health care. I will continue my commitment to improving and advancing this important piece of our nation's health.

Representing such a large and diverse district has given me insight into the many health care needs confronting our communities. You and I have a long history together. We've walked together down the path of improved health care. I look forward to building on that path. I look forward to our continued walk. And most importantly, I look forward to creating the very best health care available. We've seen great advances, but there are even more in our future.

Thank you for your support and I look forward to our continued success.

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True Texas by Roger T. Moore, July 17,1938: Refused clearance to fly New York to Dublin, Galveston's "Wrong Way" Corrigan ostensibly heads back to Los Angeles. He arrives in Dublin 23 hrs.later citing a broken compass.

# Strokes are the leading cause of long-term disability in Texas

ery three minutes, someone dies. Almost five million Americans today are stroke survivors and as many as 30 percent of survivors are permanently disabled, requiring extensive and costly care. Although stroke is the number three killer of Americans — striking an estimated 700,000 men and women each year and killing 164,000 — most people still fail gency event. Stroke claims the lives in direct healthcare costs and lost of more than

**Five signs of stroke:** 

the body;

one or both eyes;

with no known cause.

you can change:

checked regularly.

coordination;

Sudden numbness or

leg, especially on one side of

speaking or understanding;

Sudden confusion, trouble

Sudden trouble seeing in

Sudden trouble walking,

Sudden, severe headache

Risk factors for stroke

High blood pressure —

High blood pressure usually

has no specific symptoms and

no early warning signs. That's

why everybody should have

his or her blood pressure

Tobacco use — The nico-

tine and carbon monoxide in

tobacco smoke reduce the

amount of oxygen in your

blood. They also damage the

walls of blood vessels, making

high level of total cholesterol in

the blood is a major risk factor

for heart disease, which raises

Physical inactivity and obe-

sity — Being inactive, obese or

both can increase your risk of

high blood pressure, high

blood cholesterol, diabetes,

High blood cholesterol — A

clots more likely to form.

your risk of stroke.

dizziness, loss of balance or

9,800 Texans every year.

A stroke occurs when a blood vessel that carries oxygen and nutrients to the brain is blocked by a clot or bursts. When that happens, part of the brain cannot get the blood and oxygen it needs, leading to disability and even death.

More than 60 percent of stroke deaths each year occur in women. Researchers have found that women have more severe first strokes at an older age than men and remain more disabled. Although most people think that stroke affects only older people, roughly 28 percent of stroke victims are younger than 65 years.

Although recent medical breakthroughs

United States suffers a stroke. Ev- TPA, or Tissue Plasminogen Activator, most Americans do not recognize stroke as an emergency, and this lack of awareness can lead to brain injury and disability. For example, in order for TPA to work, it must be administered within three hours of a stroke onset. Receiving timely emergency care is critical to both stroke survival and recovery.

Stroke is projected to cost Amerito recognize stroke as an acute emer-cans more than \$51 billion annually

weakness of the face, arm or ing an average of more than

for stroke.

stroke.

heart disease and stroke.

Excessive alcohol — Drink-

one alcoholic drink a day for

women or more than two drinks

a day for men can raise blood

pressure and may increase risk

venous drug abuse carries a

high risk of stroke. Cocaine use

has been linked to strokes and

heart attacks. Some have been

fatal even in first-time users.

**Risk factors for stroke** 

of all ages, including children,

have strokes. But the older you

are, the greater your risk for

• Gender — Stroke is more

common in men than in

women. However, women ac-

count for more than half of all

stroke deaths. Women who are

pregnant have a higher stroke

risk. So do women taking birth

control pills who also smoke or

have high blood pressure or

Family history and race —

Your stroke risk is greater if a

family member has had a

stroke. African Americans have

a much higher risk of death from

a stroke than Caucasians do.

This is partly because blacks

have higher risks of high blood

pressure, diabetes and obesity.

other risk factors.

Increasing age — People

you can't change:

Some illegal drugs — Intra-

Every 45 seconds, someone in the have led to new treatments, such as productivity in the workplace. Stroke can cause devastating damage including paralysis, and can lead to such serious disabilities as aphasia, which is the inability to use or comprehend words; visual impairments; dysphagia, which is difficulty chewing or swallowing; and motor and sensory deficits.

Stroke recovery depends greatly on quick recognition and treatment as well as comprehensive rehabilitation, yet more than half of the men and women who suffer a stroke will

die within eight years.

Although strokes are not entirely preventable, there are several controllable risk factors that can greatly reduce chance of stroke. Controlling high blood pressure, cholesterol levels and diabetes, not smoking, and engaging in regular physical activity can help lower an individual's risk of suffering a stroke.

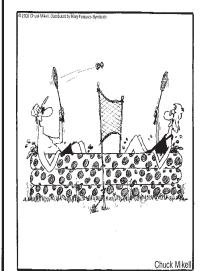
By providing resources healthcare professionals to help improve stroke treatment, educating the public on stroke's risk factors and promoting guidelines for proper care of stroke survivors, the American Stroke Association, with your help, is fighting to stop stroke this Stroke Month.

To learn more about stroke and

the American Stroke Association, call 1-888-4-STROKE or visit our

www.strokeassociation.org.

The American Heart Association is the largest community-based voluntary health organization fighting heart disease, stroke and other cardiovascular diseases.



"You've got to admit, dear, this is definitely the most reasonably priced swim and racket club in town ..."



Photo courtesy San Elizario ISD

CATCHING THE DREAM - Yvette Rincón stands in front of the new Dream Catchers Thrift Store location, on the corner of Main and Glorietta next to the old San Elizario jail. The Dream Catchers Thrift Store and Coffee Shop in San Elizario has new hours of operation — the coffee shop is open 9 a.m.-1 p.m. and 4-8 p.m. Monday through Friday. The thrift store is open 9 a.m.-5 p.m. Mondays through Saturdays. Dreamcatchers is a nonprofit organization with the mission to provide employment for young women and persons with disabilities who live within the San Elizario community. For more information on making a

# Canutillo Middle School gets a new principal

By Alfredo Vasquez Special to the Courier

UPPER VALLEY — A new principal will greet Canutillo Middle School students and educators when

school begins this fall. Canutillo ISD Superintendent Charles Hart announced recently the appointment of Dr. Monica Reyes-Garcia

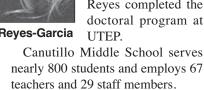
to the post. Dr. Reyes-Garcia, CISD's director of the Curriculum and Instruction department for the past three years, brings 13 years of experience in education, with nine of those years in CISD. She has

principal at Bill Childress Elementary School and at Canutillo High School

"As principal of Canutillo Middle School, I will work to build on the strong educational foundation that our elementary schools are providing our students. I want our students prepared for high school so that they can be successful, graduate from high

> school and continue on their own educational paths," Dr. Reyes-Garcia said.

The new CMS principal received her bachelor's degree from Saint Mary's University in San Antonio and a master's degree in education from The University of Texas at El Paso. Most recently, Dr. Reyes completed the doctoral program at





also served as assistant 
Dr. Monica Reyes-Garcia

#### Grin

From Page 2

amiss, we have a closet-full of excuses.

for three years at each campus.

A famous fellow once said that the best defense is a good offense, and, apparently, the whole of society was listening. If we can holler loud being done to us, nobody is going to notice our own behavior, let alone how much of the situation we brought on ourselves.

We've perfected this art in the politics, professional sports, talk shows, court rooms and gossips columns of America. In fact, whole industries are firmly rooted in the necessity of injustice.

Just imagine what would happen

if, suddenly, we simply stopped taking offense. Suppose, for a moment, what would happen if we had someone do a wrong to us and we just said: Aw, no big deal, just forget it.

There would be untold numbers of lawvers immediately out of business without the civil suits and divorce cases they thrive on. Judge Judy wouldn't have anybody to screech at. Jerry Springer is already ahead in the enough about what bad things are game because he is preparing to become a politician — of course, that career path would be pretty short and boring if everyone stopped taking offense.

> I can see it now. These lawyers, star athletes and TV personalities line up at the employment office, whining about how they lost their jobs. And the clerk just points to a sign on the counter.

It reads: Grin and bear it.

# Reyes

From Page 3

are looking forward to welcoming the Texas Tech University four-year Medical School. Clinics like La Fe Paso senior citizens, should be our are expanding. The Facility Licens- next accomplishment.

ing Group of Texas authorized Providence Hospital to rename their children's pavilion "The Children's Hospital at Providence " for the quality care they provide health care delivery. For example, we our children. Fair reimbursement rates for doctors, which would provide increased access to care for El

# Maybe It Wasn't That Heavy Shopping Bag.

**Weakness On One Side May Mean A Stroke.** 

Recognizing the signs of stroke and acting fast may make a difference between life and death. Call 9-1-1 immediately if you experience one or more of these signs: sudden weakness especially on one side of the body; trouble speaking or understanding; dizziness, loss of balance; trouble seeing in one or both eyes; and severe headache with no known cause. New treatments can help reduce damage to the brain

but only in the first few hours after symptoms begin. Every minute

To learn more about stroke, call the American Heart Association at 1-800-AHA-USA1 or visit us online at www.americanheart.org/tx



Fighting Heart Disease and Stroke

HEART ATTACK Read the signs. Raise a flag.

#### **Briefs**

From Page 1

are encouraged to participate. Craft Day is Friday - children are currently making papier maches to decorate the library. Story Time is held Tuesday to Friday 3:30-4:30 every afternoon. Children age nine and under must be accompanied by parent/legal guardian. For information on these and other services please contact the Library at 764-3635.

- Socorro ISD Community Learning Center has announced a "self-paced" Computer Applications class beginning Aug. 1. The class will be a 'hands-on' introduction to Microsoft Word. Excel, PowerPoint and Outlook as well as Keyboarding. Classes are at the Community Learning Center at 313 S. Rio Vista from 12:45 to 2:45, Monday through Thursday. Pre-registration will be held from July 22-July 29 at the Center or by calling 937-1704. Classes will follow SISD District calendar.
- The San Elizario Band Boosters will host a gordita-sale fund-raiser on Sunday, July 24, 9 a.m. to 3 p.m. at Los Portales in the San Elizario Placita, Order of three will cost \$3.50 and proceeds will benefit the San Elizario High School Band students.
- Canutillo Independent School District's Folklorico Cuauhtli dance group will present its First Gala Concert, Fiesta Mexicana, at 8 p.m., Friday and Saturday, July 22-23, at the Chamizal National Memorial Theater. CISD's folklorico dancers consist of 66 elementary, middle, and high school students who have been learning and practicing a variety of dances throughout the school year. The special performances are open to the public. Admission price is \$4. Tickets are available at the Academic Language Services Office in the CISD Administration Facility. 7965 Artcraft, and will be on sale at the memorial theater. For more information, call 877-7427 or 256-0719.
- Ahoy! Dora the Explorer is setting sail for the Abraham Chavez Theatre in El Paso with her brand new live musical voyage, Dora's Pirate Adventure! on Aug. 2 at 7 p.m. and Aug. 3 at 10:30 a.m. and 7 p.m. Tickets for the performance, which range in price from \$15 to \$37, are on sale now, and can be purchased at the Abraham Chavez box office, all Ticketmaster locations, online at ticketmaster.com, or by calling 915-544-8444. Special discounts are available for groups of 20 or more AT 800-889-8457. For more information about Dora the Explorer Live! — Dora's Pirate Adventure!, log on to www.nickjr.com or http:// www.cc.com.
- Texas Cooperative Extension Agency along with the El Paso

office of the Small business Administration (SBA) will host the "Small Business and Agribusiness Lending Fair" on Aug. 3, 9 a.m. to 11 p.m. at 1359 Lomaland in the Cactus Room. Attendees can meet with SBA lending specialists about financing or business and resource partners. Local lenders will also be in attendance - application process for a SBA loan and developing a business plan will be covered. Translation is available upon request. The Texas Cooperative Extension Agency is located at 1030 N. Zaragosa, Suite A.

■ Marine Corps Reserve Pfc. Anwar J. Moreno, son of Dolores Moreno and Ubaldo J. De Leon of El Paso County, recently completed the Field Radio Operator's Course. During the course at Marine Corps Communication-Electronics School, Twentynine Palms, Calif., students receive instruction

- on Marine Corps radio communication equipment. Studies also include the application, installation, adjustment, operating characteristics and employment of individual radio sets, radio telephone procedures, publications, directives and security regulations as well as associated crypto security systems. Moreno is a 2004 graduate of Americas High School.
- A Master Gardener program, hosted by the Texas Cooperative Extension, will begin in August, with applications due by Aug. 1, for 14 sessions of intensive horticulture training on Thursdays from 8 a.m. to 4 p.m. Call 859-7725, Ext. 221, for enrollment and other information.
- The House of Representatives passed a bill authorizing \$25 million to improve El Paso County's water and wastewater infrastruc-

ture today. Congressman Silvestre Reyes requested this authorization in H.R. 2864, the Water Resources Development Act (WRDA) of 2005, which will fund Army Corps of Engineers projects in the El Paso region. "This funding will complement our current water resource management, desalinization and conservation efforts," said Reyes. "The WRDA authorization is an important step towards securing desperately needed water infrastructure funds for El Paso, such as extending municipal water services to the colonias. I will do my best to ensure that El Paso receives these funds in future appropriations bills," said Reyes. WRDA is a multi-year authorization bill that provides for the conservation and development of water and related resources and authorizes the Secretary of the Army to construct various projects for improvements to rivers and harbors in the U.S.

#### **SEISD**

From Page 1

is a visit from Kathleen Wells, Director of Legal Services for the Texas Association of School Boards (TASB). Wells will conduct a session on investigating and conducting grievances.

Aside from obtaining valuable information that will help them run successful campuses and departments, administrators have come to look forward to the Leadership Academy because it has become the unofficial first day back from their respective vacations, a time to catch up with each other, and a time to get acquainted with new faces in the district.

Some other key dates in San Elizario are:

- New teacher orientation Thursday, Aug. 4 and Friday, Aug. 5;
- First day for teachers Monday, Aug. 8; and
- First day of school Monday, Aug. 15.

#### Send your information to: wtxcc@wtccourier.com

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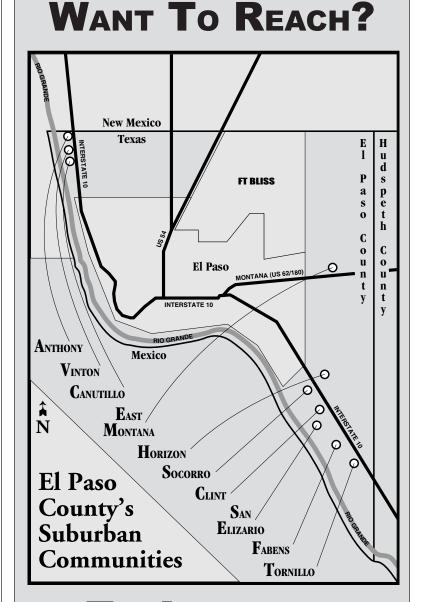
Find out how you can help ...

www.texaslung.org

When you lose someone dear to you — or when a special person has a birthday, quits smoking, or has some other occasion to celebrate memorial gifts or tribute gifts made for them to your local American Lung Association help prevent lung disease and improve the care of those who suffer from it.

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# People know Pueblo for its...



#### Famous Hot Salsa?

In Pueblo, the free government information is also hot. Spice up your life by dipping into the Consumer Information Center web site, www.pueblo.gsa.gov. You can download all the information right away. Sorry, salsa not available through our web site or Catalog.



S. General Services Administration

# BALCO deal makes it look like crime does pay

By Steve Escajeda Special to the Courier

Now, I don't want to brag or anything, but I consider myself to be of above average intelligence.

I may not always be the sharpest spoon in the closet but I do, on occasion, know what's what. I mean, mama didn't raise a total fool.

But can someone please sit me down and explain this whole BALCO agreement to me.

Let me get this straight. It seems that BALCO founder, Victor Conte, pleaded guilty to the feds on money laundering charges and conspiracy to distribute steroids, and the guy gets a whopping four months in jail.

I'm sorry, did I understand that correctly four months in jail?

What in the world were federal investigators thinking when they thought this one up?

I'd keep an eye on those fed guys and make sure none of them suddenly show up to work in new luxury sedans.

The way it looks, Conte will admit that he supplied athletes with steroids but does not

have to divulge who they are.

Now that's a growth-enhanced plea.

So it appears that Barry Bonds, Jason Giambi, Mark McGwire, Sammy Sosa, Marion Jones and Gary Sheffield will not have to go into court and testify before the eyes of the world.

What happened? I thought the whole trend was moving toward stopping this steroid thing. I thought the government was taking the lead in putting these guys in prison, thus putting out the message to everyone else in the drug trade.

Remember when everyone was surprised at how tough the federal government was acting on this steroid issue? Remember how surprised we were that the government had taken the lead against the distribution of steroids?

Reality time. Now we know why we were so surprised. Because we were so used to decisions like this one, decisions that lack any kind of serious penalty for breaking the law.

Whether it's illegal drugs, illegal immigration, tax evasion, insider trading, drinking and driving or murder, the consequences for such acts are getting weaker and weaker.

So how will we judge Barry Bonds from this point forward? I'll tell you how I judge him.

As far as I'm concerned, the record for most the New Year's Eve bowl, but we never got to home runs in a season belongs to Roger Maris with 61, and the record for most home runs in a career belongs to Hank Aaron with 755.

Barry Bonds and Mark McGwire cheated bottom line, end of story. Of course, Big Mac says he doesn't know what cheating actually is and Bonds says he didn't even know he was taking steroids when he was, uh, taking steroids.

I guess he thought his head was doubling in size because he was getting smarter.

It's a very sad day, not only for sports, but for our society. What a disappointment.

I guess the feds can go back to chasing the real criminals in our society, like Martha

#### New Sun Bowl blood

The news is out and it's good for the Sun Bowl. Not great, but good.

The Sun Bowl has been pitting the thirdplace team from the PAC-10 conference against Purdue of the Big-10 for the last decade. Okay, not just Purdue, but it seems like it — they've been here three of the last four years.

The matchup certainly elevated the status of

see the big three out of the Big-10, Michigan, Ohio State or Penn State. So with El Pasoans getting a little tired of reruns, the Sun Bowl bigwigs got together and did something good.

They went to plan B.

Plan B says the Sun Bowl will stay with the third PAC-10 pick, but they will now either get the fifth-place team out of the Big-12 or the second-place team out of the Big East or Notre Dame.

Good — not great — but good.

The problem I have is us having to wait around to see what the Alamo Bowl is going to do first. Again! And then wait around to see what the Gator Bowl is going to do.

It's fine getting new blood, but it seems like we always have to stand at the end of the line and wait our turn like a good little bowl.

And why do I feel we'll never get Notre Dame here?

Well, I guess I should just be happy that we have a bowl to host, and it will host a better matchup than in recent years.

Good job, Sun Bowl committee — not great — but good.

## Downtown jail earns certification for eighth consecutive year

Paso County Jail was given a revisit by state inspectors.

through Friday, July 15, inspectors Sheriff's Office." examined the El Paso County Detention Facilities, Downtown Jail/ in a row the Texas Commission on Jail Standards has certified the faavailable on line at http:// www.epcounty.com/sheriff.

"There were no deficiencies noted and a certificate of compliance has been recommended by the Sheriff Samaniego said.

EL PASO COUNTY — The El inspectors," said El Paso County Sheriff Leo Samaniego. "El Paso port of "no deficiencies" and it has County is one of only two major been recommended for certifica- county jails statewide to be certition of compliance following a fied at this time. This is a reflection of the hard work of the men From Wednesday, July 13 and women of the El Paso County

El Paso County Sheriff's Office Detention Facilities became "First Jail Annex. This is the eighth year Accredited County Jail in Texas" on April 24, 2005 and the Commission on Accreditation for Corcility and the complete report is rections presented the award in Boston, Massachusetts earlier this

> "Privately I've been told we run the best county jails in Texas,"

#### **Home**

From Page 1

Veterans Home program is a unique mix of federal and state partnerships on behalf of Texas veterans. The federal Department of Veterans Affairs and the Veterans Land Board share the costs of constructing Texas State Veterans Homes. The approximately \$9.7 million contract awarded to Urban Associates, of El Paso, is the largest ever made by the General Land Office or Veterans Land Board to a minority-owned firm. Construction on the home began in late 2003, and is estimated to cost approximately \$14 million.

Because the VA subsidizes a significant portion of a veteran's cost to stay in a Texas State Veterans Home, the daily out-of-pocket rates are well

below market average and include the cost of medications. A veteran currently pays \$63-\$74 a day for a semi-private room in a Texas State Veterans Home. The average cost for a semi-private room in a private Texas nursing home is about \$109 a day, which often doesn't include the cost of medications.

Like all Veterans Land Board programs, Texas State Veterans Homes are self-supporting and cost Texas taxpayers virtually nothing.

The home will eventually employ about 150 full-time employees, including registered nurses, licensed vocational nurses, therapists, nurses' aides, laundry and housekeeping staff, activities aides, cooks and di-

The Ambrosio Guillen Texas State Veterans Home will help the Texas Veterans Land Board serve the more than 17,500 Texas veterans age 65

Deadline: Mondays

and over in El Paso County.

Spouses of Texas veterans and Gold Star parents are also eligible for care in Texas State Veterans Homes. Work on a new home in Amarillo also began recently. Each home provides skilled, long-term nursing care, comprehensive rehabilitation programs, special diets, recreational activities, social services, a library, and a certified, secured Alzheimer's unit with its own secured outdoor courtyard.

For additional information on Texas State Veterans Homes and special home, land and home improvement loans for Texas veterans, call 1-800-252-VETS (1-800-252-8387), or visit the VLB Web site at www.texasveterans.com. An event Web page is also available for phoand video from groundbreaking ceremony at http:// www.glo.state.tx.us/elpaso.

# **Classified Ads**

#### **LEGALS**

SOCORRO **INDEPENDENT SCHOOL DISTRICT** 

**Invitation to Bid/Respond:** 

Sealed bids/proposals/CSP to furnish the District with the following products and/or services will be accepted at the following times:

THURSDAY, **JULY 28, 2005** 

**CATERING SERVICES** CSP NO. 199-0728-0636 **ACCEPTED** UNTIL



**MUSICAL INSTRUMENTS** REPAIR CSP NO. <u>199-0728-0617</u> **ACCEPTED UNTIL** 3:00 P.M.

Dept. Paso, Texas 79928

2:30 P.M.

Proposals will be received at Busi-Services 12300 Eastlake Drive, El until the specified times. Detailed specifications are available from the above office between 8 a.m. and 4 p.m. Mondays through Fridays and on the Socorro Independent

School District's be publicly opened. Bid forms and specifications may be obtained by calling (915) 764-2025. WTCC: 07-21-05

#### **AUCTION**

AUCTION of several storages... All

website www.sisd.net WTCC-7/21/05

**Fabens** Independent **School District** 

**Invitation to Bid/Respond:** 

Sealed bids for Housekeeping Supplies, Consultation, and Related Support Services. Bid No. 083005, addressed to Mr. Gilbert Alarcon, Fabens Independent School District, 821 NE "G" Avenue or P O Box 697, Fabens, TX 79838. will be received at the above address until 10:00 .m. Thursday, August 11, 2005, at which time they will

#### **HELP WANTED**

Hardware contents must go!

Wednesday, July 27, 9 a.m. at 14172 McMahon in Horizon City. (915) 852-1019. 7/21

#### **BARGAINS**

1979 Buick Regal, six cylinder, runs good. \$700 OBO. Girls clothes, 10-16, 50¢ to \$5. 740-1549.

#### **COUNSELING SERVICES**

DAMIAN MAUREIRA, LCSW - Professional Counseling/ Therapy: Youth, Adults, Marital, Family. Health insurance and fee scale accepted. 657 Winn Rd. in Socorro, Texas. Call 858-3857 for appointment.

Ryan Supply/ Ace in Fabens, Texas is currently interviewing for Cashiers, Sales Associates and Assistant Managers. Apply on line @www.acehardware jobs.com or call 1-866-975-4223 for a toll free automated interview. Please have your zip code social security number, and 5-10 minutes of uninterrupted time. Please do not use a cell phone due to possible signal loss. For phone interviews, press "1" for Yes and "2" for No. 7/21

#### REAL **ESTATE**

 VALLEY FARM LAND

- FREEWAY LAND COMMERCIAL LAND
- RESIDENTIAL LOTS Valley Home
- With Pecan Trees 11423 Alameda Five-Acre Tornillo Farm w/ City

Water **APODACA** LAND CO. 915-859-5472

#### **SERVICES**

"Windshield Ding -Gimme a Ring" JIFFY GI ASS **REPAIR** 

Windshield Repair Specialists By appt, at your home or office: R.V. Dick 915-852-9082

#### **BERT'S AUTOMOTIVE REPAIR** Domestic and

Foreign 852-3523 1558 Oxbow, Horizon City

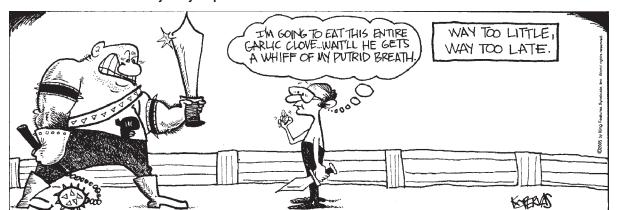
#### **HORIZON** CITY **PLUMBING 852-107**9 Electric rooter

service for sewers and drains Appliance installation Many other plumbing services Licensed, bonded and insured for your protection.

#### 15 words - \$5 per week; 35 words - \$10 per week 12 STOP HERE FOR \$5 AD. 18 21 22 23 20 24 25 26 27 29 30 31 33 35 32 Please print Send form and Contact Information: payment (no cash) to: West Texas County Courier 14200 Ashford, Ste. C Horizon City, TX 79928

#### **Comix**

#### **OUT ON A LIMB** By Gary Kopervas



#### AMBER WAVES By Dave T. Phipps

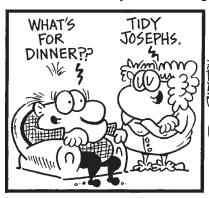








#### THE SPATS By Jeff Pickering







R.F.D. By Mike Marland







# And now, a cutting-edge column

By Don Flood

There's big news tonight in the world of men's personal grooming

First, Shick has won a lawsuit against Gillette, after charging that the company's battery-powered razors didn't work as advertised.

The decision hurts Gillette because the M3Power razors rank among the most brilliant inventions of all time. With the simple but revolutionary addition of a battery-powered vibrating handle, the razor was able to extract money from men's wallets in a way previously considered impossible.

Gillette argued, unsuccessfully, that the computer-generated image of the razor lifting hair away from the skin was never meant to be taken "literally."

In other words, it was just for our entertainment.

AD AGENCY VP: We need a new campaign for this vibrating razor.

AD AGENCY FLUNKIE: I know, how about an ad that shows how great the product works but is not meant to be taken literally?

Also on the topic of razors, I'm sorry to report a flagrant case of sexual discrimination and double standards.

A current advertisement for a women's shaving product shows a woman stealing a man's razor. This is depicted as being all in good fun, though clearly a misdemeanor theft has been committed.

In fact, while the commercial format allows little in the way of narrative, one gets the distinct impression she has been pilfering razors for years, without a trace of guilt.

(Hopefully, they'll release a longer "director's cut" on DVD, with comments and features that would more fully explore the lies, theft and deception behind this sordid relationship.)

Later, she gets wise and buys her own women's razor, which is made especially to shave female hair.

But this doesn't help the man, now bereft of razors and who, in a particularly disturbing scene of desperation, is shown picking up a pink razor. Her razor.

(This could serve as the basis of a new show: "Desperate Husbands," a quirky comedy/drama that looks at suburban men who - while superficially appearing to be living neat, orderly lives — are in reality secretly frustrated at the inadequacy of their shaving experiences.)

Now here's the double standard.

The woman, who not 10 seconds before was stealing his personal shaving equipment, takes her razor back and admonishes him for even thinking of using her razor. Shocking!

Also on the personal grooming news front is the new trend of "manly" day spas.

The key word, of course, is manly, and the manly services these new spas offer include "body detailing" (instead of manicures and pedicures) and "bodybuilder" bikini waxing.

It doesn't get any manlier than

And here's an actual quote from MSNBC.com. A woman named Tennille Allen said she noticed a difference when her hubby came home from the spa.

According to the story, "Instead of being his usual tense and stressed-out self, Allen said, he doesn't want to talk about work, but just keeps marveling at how soft his feet are."

Wow, that is a difference maybe too big a difference.

Warning to wives: If your husband starts rhapsodizing about how soft his feet are, it's time to hide the pink razors.

(c) 2005 King Features Synd., Inc.

# **King Super Crossword**

#### STRIKE ONE! **ACROSS**

- 1 Resembling
- 6 Lowdown lit
- 10 Small shot
- 13 Ellipse 17 Prompts
- 18 Sheet of stamps
- 19 League
- 21 Send payment
- 24 Computer image
- 25 Non stereo 26 Praise for
- 27 "Norma -" ('79

Pavarotti

- film) 28 Bruins' sch.
- 30 "Ada" author 33 List entry
- 34 Start of a remark by Will Rogers
- 38 Author LeShan 39 About
- 40 Very cold
- 41 Mets' milieu 44 Artist Neiman
- 46 Steakhouse order 49 Kasbah cap
- 52 Printed matter 53 Hook on a hawk
- 54 Wall Street spoilers
- 55 Poi base

- 57 Prominent Hatch? 58 Gardener's delight
- 56 Code letters 59 So out it's in

- 61 Playground game 62 Uncool ones 63 Who stoops to
- 64 Middle of remark
- 72 Snaky swimmer 73 Actor Lorenzo 74 Logical letters
- 75 "Knots Landing"
- 76 Yankee Derek 79 Nickel creature 80 Toughen up
- 82 Dachshund
- declaration 83 Surrounded by 84 Dedicated to
- defamation 85 Laotian native 86 "La Boheme"
- seamstress poet 10 Hefty grass 87 Lave the linoleum 88 Part of a process 11 Witch wheels?
- 89 Black piano key 12 Low-octane joe? 13 Sphere 90 Spirit 91 \_ Lanka 14 Prove
- 92 Mutt of mystery 15 Famed figure in 93 \_ -relief fiddles
- 95 End of remark 16 Bile producer 106 Corner a cat 20 Opus 107 Indy 500 figure 22 Magnum opus 29 R.E. Lee's govt. 108 Actress Freeman
- 109 Furv's food 31 Part of DA 110 Destined to diet 32 Scores in ores 112 Lost 35 Best
- 36 Hitter Hank 113 Ultimate whale watcher? 37 Sail through

- 41 Scarecrow stuffing 115 Former African 42 Monsieur Matisse
- 117 Actress Marisa 118 Garr of "Mr Mom" 119 Theater section

nation

120 New York city 121 Salamander

2 A Heep of Dickens

3 Come around

6 Like some milk

7 Jungle bird

8 Top numero

9 "In Memoriam"

4 Look at

5 Sent out

- 122 57 Across, e.g. 47 Met men 123 Look like a letch 48 Rossini's "Le 124 Com. treaty Comte
- 49 Some trimmings **DOWN** 50 Bungle 1 Peck part
  - 51 Gnus center? 53 Seek out a school?

43 Precise

ceuticals

44 A particular Kev

45 Lilly of pharma-

46 Mans the bar

- 54 Conifer coverings 55 Really rain 57 Sleek swimmer
- 58 Some kind of a nut 59 Island 62 "In Search of ..." host
- 63 Unyielding 65 Pay attention to 66 Opens the mail 67 Discernment
- 68 Hunker down 69 Serve a purpose 70 Fate
- 71 Impish 77 Funny Philips
- 78 Inside info 79 Herd word 80 Farouk's faith
- 84 Exercises the arms

- 88 Expert
- feature
- 92 Reach 93 Prohibition
- 96 Papal name
- 99 Desert refuges 100 Jacques, for one 101 Effigy
- 104 Jeweler's weight
- 114 Form furrows
- 76 Berry sweet stuff?
- 81 Nicole on "Fame"

- 85 "\_ is said and done' 86 A real butte
- 89 Tennis legend 91 Playground
- 94 Woman warrior 95 Subway station
- 97 "Superman" star 98 Coup d'\_
- 102 Like a judge 103 Man of steal?
- 105 African scavenger
- 111 Tolkien creation 116 Cookbook phrase

23 28 29 30 52 53 56 58 60 63 64 73 75 80 82 83 86 87 90 88 89 99 95 96 98 101 102 103 104 105 106 107 108 109 110 113 114 115 116 117 119 120 118 121 123 124

Answer Page 6

### Social Security Q&A By Ray Vigil

Q: I know that when you get disability benefits there's a medical review every so often. How often is that?

A: The timetable used to conduct medical reviews depends on several factors, including how severe the condition is and what the likelihood is that it will improve. The letter that Social Security sent you when you were approved for disability benefits tells you when to expect your first medical review. Generally, if improvement was expected, the first review is probably within six to 18 months. If improve-

ment was considered possible, then your case will be reviewed every three years. If improvement is not anticipated, your case will be reviewed every five to seven years.

Q: I get Supplemental Security Income (SSI) because of a disability and know that I'm supposed to report changes in my living and working arrangements. I am now in the process of divorcing and finding a new place to live. Also, I hope to try going to work again before the end of the year. Can I wait and report all

of these changes at one time?

A: No, you need to report any change within 10 days after the month that it happens. Not reporting changes in a timely manner could result in not getting paid all the money you are due. It can also result in you getting more than you are due, in which case you will have to pay the money back. You can report your changes by calling Social Security at 1-800-772-1213 (TTY 1-800-325-0778) or by visiting your local Social Security office.

*Q: I would like to know more about* the new Medicare prescription drug plan that goes into effect next year,

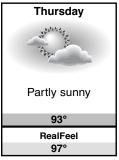
and also about the extra help that is money for burial expenses. Even if available to help pay for some of the costs. Can you tell me more about it?

A: To qualify for the extra help, a person or married couple living together must have limited income and resources. You can qualify for this help as an individual if your total annual income is below \$14,355 and your resources are valued below \$10,000. The limits for a married couple living together are higher: \$19,245 in combined annual income and \$20,000 in resources. These resources can be slightly higher — an them to the Social Security Office, additional \$1,500 per person — if 11111 Gateway West, Attn: Ray Vigil, you will be using some of your El Paso, Texas 79935.

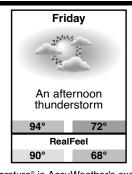
your income is higher, you still may be able to get some help if, for example, you or your spouse supports other family members who live with you, if you have earnings from work. Beginning in October, you also will be able to get information on the drug plans available in our area.

For more information visit your local Security office, see www.ssa.gov or call us at 1-800-772-1213. If you have any questions that you would like to have answered, please mail

#### 1-DAY FORECAST FOR EL Paso, TX

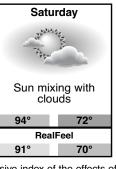


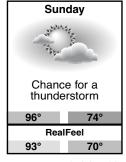


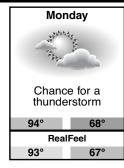


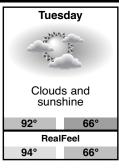
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(915)764-2239

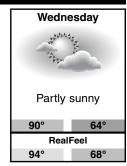








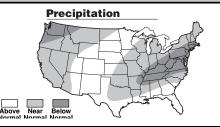
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The patented RealFeel Temperature® is AccuWeather's exclusive index of the effects of temperature, wind, humidity, sunshine, precipitation, and elevation on the human body.

#### WEATHER TRENDS THIS WEEK





IN THE SKY Rise Set Thu. 6:14 a.m. 8:09 p.m. 6:15 a.m 8:09 p.m. Sat. 6:15 a.m. 8:08 p.m. Sat. Sun. 6:16 a.m. 8:08 p.m. Sun. Mon. Mon. 6:17 a.m. 8:07 p.m. 6:17 a.m. 8:06 p.m. Tues. 8:06 p.m. Forecasts and graphics provided by AccuWeather, Inc. @2005

8:57 p.m. 6:11 a.m. 9:39 p.m. 7:28 a.m. 10:16 p.m. 8:43 a.m. 10:48 p.m 9:53 a.m. 11:00 a.m 11:18 p.m 11:47 p.m 12:05 p.m. 1:08 p.m.

Rise

Set

**Hardware** 

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REGIONAL CIT	REGIONAL CITIES															Ü		Í		, , , , , , , , , , , , , , , , , , , ,					
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Abilene, TX	97	76	рс	98	76	рс	97	76	s	96	75	рс	Atlanta	92	74	t	92	73	t	92	72	t	90	72	t
Albuquerque, NM	96	68	t	90	68	t	90	68	t	90	68	t	Boston	89	68	s	86	66	t	86	66	рс	84	68	s
Amarillo, TX	97	68	рс	97	71	рс	97	69	рс	94	69	рс	Chicago	88	62	t	86	64	S	88	68	s	90	70	t
Austin, TX	96	74	t	96	74	рс	97	73	S	97	73	рс	Denver	93	64	s	99	66	S	96	64	t	91	63	рс
Brownsville, TX	91	77	t	94	76	t	94	76	t	95	76	t	Detroit	88	66	t	86	62	S	84	66	S	88	70	·t
Dodge City, KS	102	70	S	100	71	s	100	70	S	99	69	рс	Houston	94	76	t	96	76	t	96	76	t	96	76	t
Jackson, MS	95	75	t	96	75	t	97	74	рс	96	74	t	Indianapolis	90	68	t	88	66	рс	86	68	S	90	70	рс
Laredo, TX	94	77	t	95	76	t	97	77	S	98	78	рс	Kansas City	98	72	s	100	74	S	102	72	s	95	74	C
Little Rock, AR	94	76	t	98	76	рс	95	74	S	96	75	S	Los Angeles	84	64	рс	84	64	рс	82	64	рс	82	64	рс
Lubbock, TX	98	72	pc	96	70	рс	96	72	S	94	70	рс	Miami	90	80	t	89	80	t	92	80	sh	92	80	sh
Memphis, TN	94	78	τ	96	75	рс	95	77	S	95	77	S	Minneapolis	84	64	ς.	88	68	S	90	72	t	90	69	\$
Midland, TX Pueblo, CO	95 102	73 64	рс	97 102	73 62	рс	95 100	72 60	pc	96 97	73 63	S	New Orleans	93	78	t	93	78	t	93	78	t	92	77	t
Roswell, NM	95	66	5	94	70	5	96	70	ι	98	69	C	New York City	93	70	•	90	70	ŧ	86	68	s	87	76	рс
St. Louis, MO	95 96	73	pc pc	94	70	pc pc	88	70 72	5	96	74	DO	Omaha	96	66	9	100	72	S	100	74	S	94	71	pc
San Antonio, TX	92	76	ρc	95	75	pc	95	77	9	95	74	pc pc	Phoenix	116	90	t	108	86	t	106	84	t	106	88	t t
Texarkana, AR	99	75	рс	98	76	DC	98	75	S	96	75	pc	San Francisco	74	58	рс	77	57	рс	74	57	pc	76	57	pc
Waco, TX	99	77	pc	98	76	DC	99	77	S	98	77	pc	Seattle	82	56	ρC	74	54	pc	74	54		74	56	
Wichita, KS	102	71	S	100	74	S	100	74	S	100	74	DC	Washington	94	74	9	92	72	ρC t	89	68	рс	92	74	pc pc



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