



NEWSBRIEFS

Classes offered

Socorro ISD Community Services has released its schedule for free evening GED and English adult classes for the fall 2006.

- Community Learning Center, 313 S. Rio Vista Rd., registration: Monday, July 10, 5-7:30 p.m. for weekday classes to begin July 31; and Aug. 5 registration for Saturday class to begin Aug. 12.
- Hambric School, 3535 Nolan Richardson, on Monday, July 17, 5-7:30 p.m. for classes to begin July 31.
- El Dorado High, 12401 Edgemere Blvd., on Wednesday, July 12, 5-7:30 p.m. with classes to begin Aug. 1.
- Sierra Vista School, 1501 Bob Hope Dr. on Wednesday, July 24, 5-7:30 p.m. with classes to begin Aug. 1. Call the SISD Community Services for more information at 937-1700.

Phishing season

It's another cute computer-age term but this one really has a hook that can hurt. It's called "phishing," and it refers to fraudulent e-mails that pull unwary surfers into a tide of illegal activity. In the past several weeks the Federal Deposit Insurance Corp. (FDIC) and the National Credit Union Administration (NCUA) — both governmental agencies that insure and protect America's banking and financial institutions — have issued warnings that fraudulent e-mails have begun circulating claiming to be from them. With the simplicity of copy and paste, scammers can create electronic documents that have an astonishingly legitimate appearance, luring people to click in and get hooked. It is recommended that any e-mail the public receives be verified with a call to the financial institution the e-mail purports to represent — but don't call the number on the e-mail. Find the institutions number in the phone book or by dialing information at 411.

In other news

■ The senior class at San Elizario High School will be raising funds for their planned senior trip to New York City during the Thanksgiving holidays. They will be having a garage sale on Saturday, July 15, 2006 at Montwood High School, located at 1200 Montwood Drive in El Paso beginning at 7:00 a.m.

■ A three-mile segment of a 36-inch waterline is scheduled for rehabilitation over the next six months. The project has been fast-tracked to ensure that work is finished as quickly as possible. The project consists of slip lining the steel cylinder concrete waterline with fused PVC pipe from the intersection of Roseway Drive and Zaragoza Road to the Zaragoza Reservoir near Physicians Drive. The work will be

See BRIEFS, Page 8

Those that remember the past with a clear conscience need have no fear of the future.
— Quips & Quotes

San Eli ISD's new school board member is a teacher

By Phillip Cortez
Special to the Courier

SAN ELIZARIO — When Irene D. Jaquez decided to submit her application to become a member of the San Elizario ISD Board of Trustees, it wasn't a spur of the moment decision. In the same way she tries to teach her students — Jaquez teaches Spanish at Socorro High School — she took her time and thought things through.

"I thought about it for six months," she said.

Jaquez considered her family and the commitment it would take in order for her to become a contributing member to a board that has enjoyed so much success over the years. Jaquez was officially appointed to a seat on the board during a special meeting June 30, 2006. She was sworn in on Wednesday, July 12, during the regular Board of Trustees meeting.

For Jaquez to be serving on the school board in her hometown where she went to school makes sense. Being a teacher, however, gives the board someone who can empathize with



Irene D. Jaquez

the day-to-day working of a school district.

"My first love is education," she says. "It's in my blood. I've wanted to continue my father's legacy."

As a teacher for the last 10 years, Jaquez has such a love for education that she has had no other job since graduating from college other than substitute teaching.

"I just like seeing that spark in a student's eye when they understand a concept," Jaquez says. One of the strengths she will bring to the board is having a good listening ear. It's a quality that has served her well as a parent and a teacher.

"My kids know that I am there for them," she says.

In fact, she has been an active Girl Scouts mother — her daughter Isabelle is a Brownie — and have it's own Girl Scout chapter.

"I was a Girl Scout, too," she says, having earned the Girl Scout Gold Award, the equivalent to achieving Eagle Scout status.

And like eagles do, Jaquez will most definitely be a quality board member, helping the district to soar to new heights.

Spray away: Insect repellent best way to prevent West Nile Virus

By Emily Palmer
Special to the Courier

With warm weather here to stay, mosquitoes are multiplying across the state — some of them carrying the West Nile Virus. But there is a simple way people can bite back — insect repellent.

"Use a good insect repellent every time you are outdoors. That's the No. 1 thing people can do to protect themselves from mosquito-borne illnesses," said Jim Schuermann with the Zoonosis Control Group at the Texas Department of State Health Services (DSHS). "It's tough to tell people to wear long sleeves and long pants in the Texas heat."

West Nile Virus can cause serious illness in humans. Mosquitoes get the virus from feeding on infected birds. West Nile Virus cases usually begin in late spring, peak in early August and continue through the fall. Last year, 128 human cases of West Nile Virus were reported in Texas, including 11 deaths.

"West Nile Virus is here. We know it's not going away. Now is the time people need to think about prevention," Schuermann said. "If you go outside, wear repellent."

Look for insect repellents that contain DEET, picaridin or oil of lemon eucalyptus. According to a 2005 DSHS analysis, 60 percent of the people who got the most serious forms of West Nile infection never used repellent.

"Use a good repellent on bare skin and follow the directions on the label," Schuermann said. "DEET is the standby — long-lasting and effective. Picaridin-based repellents are new, tend to smell better and are less oily. Lemon eucalyptus-based repellents are ideal for people

who are sensitive to — or just don't like using — chemical repellents."

DSHS offers these recommendations:

- Store insect repellent at the front and back doors of your home and apply when you go outside. Keep extra repellent in outdoor areas such as patios and decks.
- Mosquito-proof your house. Make sure door seals are secure and window screens are intact.
- Drain standing water from around your home. Empty cans, buckets, tires, rain gutters and saucers under potted plants regularly. Change the water in pet bowls, bird baths and wading pools several times a week.
- Limit the amount of time you spend outdoors from dusk to dawn. These are times when those mosquitoes likely to carry infections are most active.

The risk of exposure to West Nile Virus is relatively small. Not all mosquito species can transmit the virus. Of the species that can, only about one in 100 mosquitoes will carry the virus. Eighty percent of people infected with West Nile Virus have no symptoms and recover on their own. But the virus can cause serious illness.

Symptoms of the milder forms of West Nile illness include fever, severe headache, muscle and bone aches, nausea and drowsiness. Symptoms of more serious forms of West Nile illness include a stiff neck, visual problems, altered taste, body tremors, mental confusion, memory loss and seizures. Symptoms usually appear from three to 14 days after a person is bitten.

People most at risk of developing symptoms

Canutillo ISD brings Dr. James Steinhauser on board

By Kim Guzman
Special to the Courier

CANUTILLO — Canutillo Independent School District's Board of Trustees approved the recent addition of Dr. James Steinhauser, Executive Director for School Improvement, one of six divisions implemented under the District's administrative reorganization by Superintendent Dr. Pam Padilla.



James Steinhauser

Steinhauser comes to Canutillo ISD with 17 years of education experience including 12 years classroom experience in Las Cruces and El Paso, two years experience in research and evaluation as assistant director of Head Start, and three years as an evaluator with El Paso ISD.

"I believe that any school can be exemplary because every child can learn well," said Dr. Steinhauser.

The new executive director for school improvement received his bachelor's degree in Science from New Mexico State University in Las Cruces, as well as his doctorate in Curriculum and Instruction.

Damian eligible for excellence grant

CANUTILLO — Jose H. Damian Elementary School in the Canutillo Independent School District was notified by the Texas Education Agency (TEA) recently that the campus is eligible for a \$135,000 grant for the 2006-2007 school year through the Texas Educator Excellence Awards program, previously referred to as the Governor's Educator Excellence Awards.

The Texas Educator Excellence Award grant program provides funds to campuses with high percentages of economically disadvantaged students and that have demonstrated high levels of student achievement or marked improvement in student performance. Campuses qualifying for this grant will be eligible for continuation of funding for two additional years. The amount of the grant is based on the size of the student population at the eligible campus.

Damian Elementary School was selected based on specific criteria including ranking within the top third of Texas elementary campuses with highest percentages of economically disadvantaged students, a recognized rating, and student improvement in math and reading TAKS scores, according to Margarita Porras-Grant, Damian ES principal.

Seventy five percent of the award from this grant will be used to provide incentive payments to classroom teachers and the remaining funding, 25 percent of the total grant award, will be used to provide incentive payments to other campus employees and for other activities such as professional development, mentoring programs, curriculum development, and assessments.

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One perspective

By Francis Shrum

Messing with the universe

You know, we didn't put ourselves here. The first figure out how to plant a big gun up there pointing right back at ourselves before our neighbor can.

We were each born by the same basic process that was designed long before our puny little minds ever had a conscious, independent thought. None of us was one bit wiser or more deserving than any of the other countless little humans that came into existence on our birthday.

Everyone of us was incapable of caring for ourselves. We were all so completely unintelligent that without intervention from some force bigger than us — mostly mom — or into a non-human-life supporting environment, we'd have died within hours, days at the most.

Haven't we just done a wonderful job of respecting and repaying the merciful forces that brought us along?

Look around at the wise, just and far-sighted stewardship that we human kind have practiced on this magnificent, fragile, tiny orb of glistening blue floating precariously in space by what means we cannot even begin to understand.

Just marvel at the way we've ruined the land, the water, even the very air we breathe. Isn't it a shining crown of accomplishment that we have slaughtered one another with endless regularity for endlessly selfish reasons and are incapable of rising beyond even that most basically insane of practices?

We all ought to be ashamed of ourselves.

Instead we're going to spend close to \$80 million to crash spent pieces of space junk into the moon to see how big a hole we can make and how much dust we can kick up into the atmosphere, all in a mad rush to be

And then stand around and crow about it like it is some kind of wonderfully wise, clever scientific space project.

Give me a break.

At least when a Southern boy yells: "Hey, ya'll, watch this!" he doesn't try to justify the insanity of what he's about to do as anything that could be considered remotely intelligent.

Not so with NASA. Or the governments of other so-called intelligent societies like Europe, Russia, India, China, North Korea who are spending equally ludicrous amounts of money to engage in similar stupidity.

News reports of the much-heralded event to occur in 2009 make it sound like an accomplishment: "NASA's next mission to the Moon will not merely orbit the gray satellite, but will crash two vehicles into its South Pole to hunt for water ice."

Scott Horowitz, NASA's associate administrator for the Exploration Systems Mission Directorate, said in a press conference that "aggressively touching the Moon is an understatement. What this mission buys is an early attempt

to know what some of the resources are we're going to have... we know for sure that for human exploration to succeed we're going to have to essentially live off the land."

Yes, just like we did when we moved into the massive and untouched North American continent, which was teeming with seemingly endless wealth and resources — ready made — more than enough to have supported a cooperative human kind for countless millennia.

It has only taken us uncooperative

able to finish off the poor old Moon — which is already woefully under-equipped to handle human kind — in say, 25 years or less.

Like gleeful, undisciplined children they talk about messing with the universe in frighteningly disrespectful terms: "Slamming water-sniffing probes into (space) objects is no strange feat for NASA," one news agency said. "The space agency crashed its Impactor probe into the comet Tempel 1 on July 4, 2005."

That wasn't enough, of course.

Europe's SMART-1 orbiter — presently circling the Moon like a vulture — is expected to crash into it later this year.

NASA's 2009 crash is anticipated to intentionally carve a crater 16 feet deep, about 100 feet wide and toss about 2.2-million pounds of lunar material up to 40 miles into the atmosphere — "enough lunar material to fill 10 space shuttle payload bays to the brim," one official crowed.

I can just see it now — like a massive, remote-controlled video game,

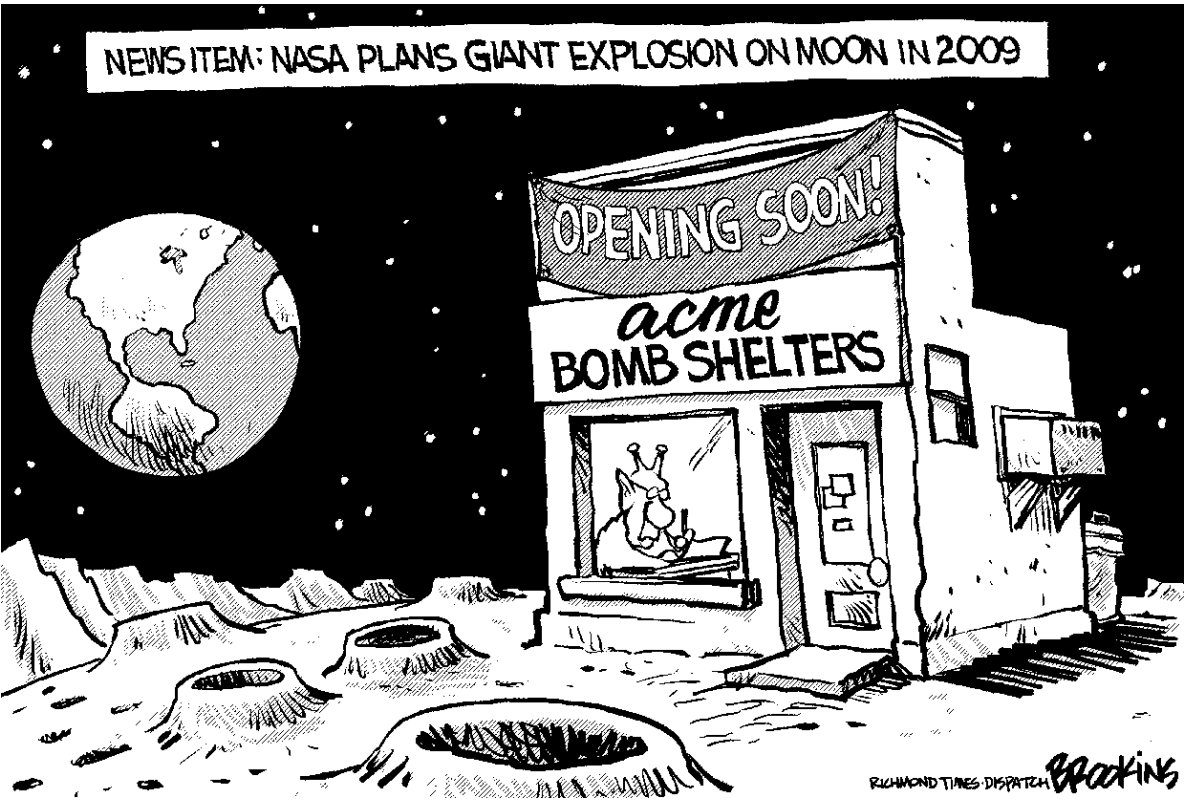
space agencies around the world trying to see who can make the deepest hole and jettison dirt the highest.

Gives "shoot the moon" a whole new meaning.

In such a gravity-poor atmosphere, no telling how long it will take for the dust to settle. Can you imagine what the moon is going to look like if we actually do establish a presence there? The entire surface will be so choked with dust and particulate from our

scurrying about that we won't be able to see well enough to do anything, anyway.

Looks like we could be satisfied just messing with the earth — afterall that's where we were put.



ones about 200 years or so to dice it up, parcel it out, dig out its riches, cripple its soil, plant and wildlife, exploit its abundance and unashamedly cheat and murder one another in the process. We should be

NASA's Lunar Prospector orbiter was crashed into the Moon in July 1999, "though researchers believe it may have hit at too shallow an angle to do much science." Or much damage?

Eye on D.C. By U.S. Rep. Henry Bonilla



Summer safety on the roads

Summer is now fully upon us all and Texans are hitting the roads with their families and friends traveling the state and rediscovering why "everything is bigger in Texas." Whether you are driving out to Big Bend National Park to camp out under the stars or just driving the kids to soccer practice, arriving safely at your destination is priority number one. According to the National Highway Traffic Safety Administration (NHTSA), highway crashes cost society \$230.6 billion a year, which breaks down to about \$820 per person. There is good news, though. Last year, the National Highway Safety Administration (NHSA) reported that the ratio of injuries resulting from automobile accidents to the number of miles traveled was the lowest in the Interstate Highway System's 50 year history. What can we do prevent accidents, injuries, and fatalities on the road? Simple. Buckle up and slow down.

The National Highway Traffic Safety Administration (NHTSA) reports that, despite the highest safety belt-use rate ever recorded, 48 million Americans still fail to buckle up. The NHTSA found that the majority of those who do not use seat belts are mainly young and male and likely to live in rural areas and/or drive pickup trucks.

Teenagers are more likely to be seriously injured or killed in motor vehicle crashes than any other age group due to a lack of experience behind the wheel and a greater pro-

pensity for risk-taking behaviors such as speeding, talking on cell phones, drunk driving, and not buckling up. Teens are far less likely to use safety belts than adults. In 2003, a whopping 63% of 16 to 20 year-old automobile occupants were not wearing their seat belts in fatal crashes compared to 55% adults 21 or older.

NHTSA Deputy Administrator, Jacqueline Glassman, said "We could save thousands of lives every year if everyone buckled up." In the U.S., safety belt laws are determined on the state and local levels. Texas employs primary belt laws, which means motorists can be stopped and ticketed simply for not buckling up. Anyone riding in the front of the car and all children under the age of seventeen must have a seat belt buckled in accordance with Texas law. The only exemptions to this law are newspaper, postal, or utility delivery vehicles, or vehicles designed for more than 10 people including buses and trucks weighing more than 15,000 lbs. Seat belt usage in the Lone Star State has risen considerably over the years thanks to increased attention to driving safety by Texans.

Buckling up can help keep you safe, but excessive speeds can make any accident deadly. Each year about 32% of all fatalities resulting from car crashes were speeding-related. Speeding reduces a driver's ability to steer safely, reduces reaction time, and increases the distance a vehicle travels before a driver can

react. About 1,000 Americans die each month as a result of speeding-related motor vehicle traffic crashes. According to the Fatality Analysis Reporting System (FARS), a study conducted by the U.S. Department of Transportation's National Highway Traffic Safety Administration, excessive speed accounts for nearly 40% of the total fatalities in Texas from 1983 to 2002. Always remember to keep the speedometer in a safe range. A major proportion of single-vehicle crashes occurring on rural roadways result in fatalities, and this statistic is rising.

While cruising along the wide-open Texas highways is one of summer's most cherished pastimes, drivers must be alert and cautious to avoid tragedy. If you're going to hit the road this summer, be sure to plan ahead. Take precautions such as checking tire pressure, fluid levels, lights and turn signals, and make sure you have a spare tire and an emergency roadside kit. Bring plenty of snacks and water and games to keep the kids occupied on long trips. Map your travel itinerary before leaving and be sure to make a note of gas stations and lodging along your route. If you are prepared and alert on our roadways, your summer travel will surely be a time to remember. Be safe and "Arrive Alive." Happy trails Texas travelers!

33 YEARS OF PUBLICATION

WEST TEXAS COUNTY COURIER

SERVING ANTHONY, VINTON, CANUTILLO, EAST MONTANA, HORIZON, SOCORRO, CLINE, FARMER, SAN ELIZABO AND TORNILLO

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View from here

By Bobby Jenkins

No wonder we're overweight!

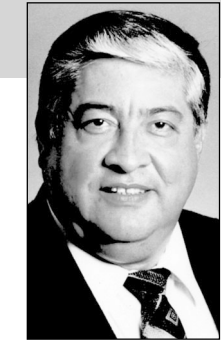
Summertime lawsuits making it impossible to have healthy fun

On a hot Texas day, there's nothing more refreshing or exhilarating than plunging from a high dive into the neighborhood pool.

But when was the last time you saw a diving board at a public pool? Because of our sue-happy society, or rather the fear of a lawsuit, diving boards have largely evaporated from public and most private pools. Litigation concerns also spurred changes to a Texas statute in 2004 that increased required clearances for diving boards, further driving them from municipal pools.

Alas, one of the simple pleasures of summer is no more. For kids today, this means missing out on the thrill and anticipation that only a high diving board can provide.

A splashless summer is one thing, but it seems no summer activity is safe from lawsuits. From putting on sunscreen, to taking a trip to the ballpark, to an outdoor picnic, summertime fun is ripe for litigation.



Hola, mi gente — this is your friend and public servant here to tell you about a very important and beneficial program that will help link low-income Texans with telephone service. Thanks to AT&T, Texas residents who meet federal income guidelines will now get a break on their telephone bills. The program, known as Lifeline, is a federal and state funded assistance program to help people who are receiving such government benefits as food stamps, Temporary Assistance for Needy Families (TANF), Medicaid, QMB, Supplemental Security Income (SSI), Low Income Energy Assistance Program (LINEAP), or federal public housing assistance.

Anyone who is receiving such services, or whose income is at or below 150 percent of the poverty level, is eligible for the Lifeline Program, which provides a discount of \$7 off the basic line charge, and eliminates the Federal Subscriber Line Charge

Who knew so much danger lurked on these long, lazy days?

Consider these summer suits:

- 100 degrees in the shade: A class-action lawsuit was recently filed against sunscreen makers alleging that, while there are no negative medical effects associated with sunscreen use, advertising that encourages the use of sunscreens to protect against sun damage has unfairly lulled consumers into a false sense of security about sun damage. (*Wall Street Journal*, June 7)
- A league of their own: A Florida father sued a youth baseball league because his son was erroneously told he'd made the league's all-star team. Because of the cost of the lawsuit, the future of the baseball league was threat-

ened. (*Liability Week*, June 29, 1998)

- Think pink: A psychologist who was denied a pink tote bag during a Mother's Day giveaway at a Los Angeles Angels' baseball game has sued the team, alleging that thousands of males and fans under 18 were "treated unequally" and entitled to \$4,000 each in damages. (*Los Angeles Times*, May 11)
- School's out forever?: In suburban Milwaukee, a 17-year-old and his father sued a teacher, various school officials and the school district, challenging summer homework assignments made as a prerequisite to an honors pre-calculus class. Smartly, the judge threw out the lawsuit stating, "Had the family done a bit more

homework, they would have discovered that the people of our state granted to the Legislature... the power to establish school boards and the state superintendent and to confer upon them the powers and duties the Legislature saw fit." (*Associated Press*, March 9, 2005)

- No fun allowed: Climbing, swinging and sliding were once rites of passage all kids enjoyed during carefree summers. But thanks to the onslaught of frivolous personal injury lawsuits and fear of future litigation, once-common equipment such as metal slides, seesaws and merry-go-rounds are vanishing. In fact, cities

See SUITS, Page 4

Por la Gente

By State Rep. Chente Quintanilla

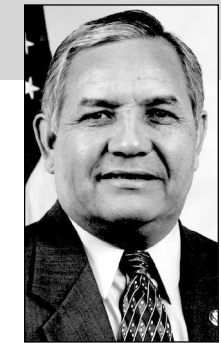
AT&T helping communities

Hola, mi gente — this is your friend and public servant here to tell you about a very important and beneficial program that will help link low-income Texans with telephone service. Thanks to AT&T, Texas residents who meet federal income guidelines will now get a break on their telephone bills. The program, known as Lifeline, is a federal and state funded assistance program to help people who are receiving such government benefits as food stamps, Temporary Assistance for Needy Families (TANF), Medicaid, QMB, Supplemental Security Income (SSI), Low Income Energy Assistance Program (LINEAP), or federal public housing assistance.

Anyone who is receiving such services, or whose income is at or below 150 percent of the poverty level, is eligible for the Lifeline Program, which provides a discount of \$7 off the basic line charge, and eliminates the Federal Subscriber Line Charge

This way, more Texans will be able to have telephone service, even if they are low-income. The lack of money all too often leaves some Texans in the lurch when it comes to communications. This creates a situation where they are not able to contact their families. To receive more information or to apply contact AT&T Texas at 1-800-464-7928.

My suggestion is that AT&T continue to create programs like Lifeline and continue to inform the whole community. I would encourage AT&T and other business ventures to revisit this issue to improve their messages and to make sure that all Texans hear it. Of course, it's also important for people who can understand and read English, at this juncture, to help their relatives, friends, or neighbors by giving them the information about Lifeline. Help us help everybody in Texas and, especially, in the Mission Valley. Gracias, mi gente, and I remain your friend and public servant — Chente por la gente.



Earlier this month, I served as the lead Democrat at a congressional field hearing on border vulnerabilities and international terrorism held by the House International Relations Committee, Subcommittee on International Terrorism and Nonproliferation in Laredo.

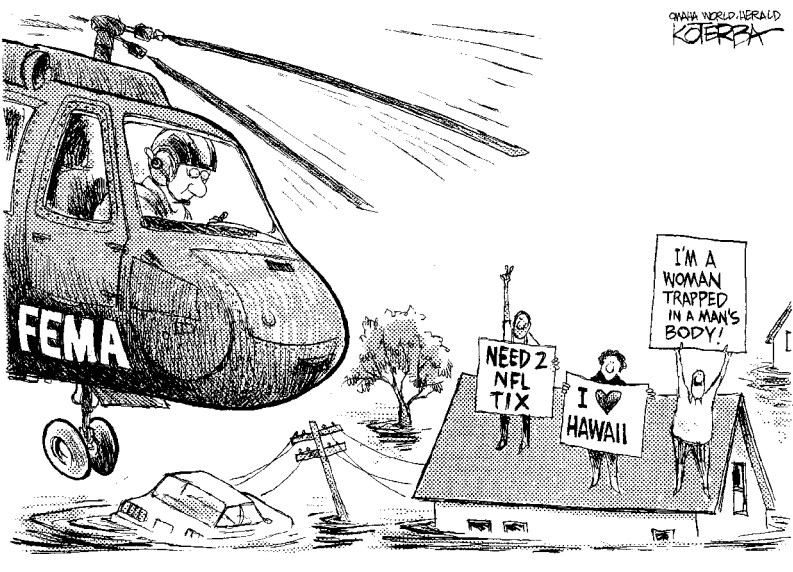
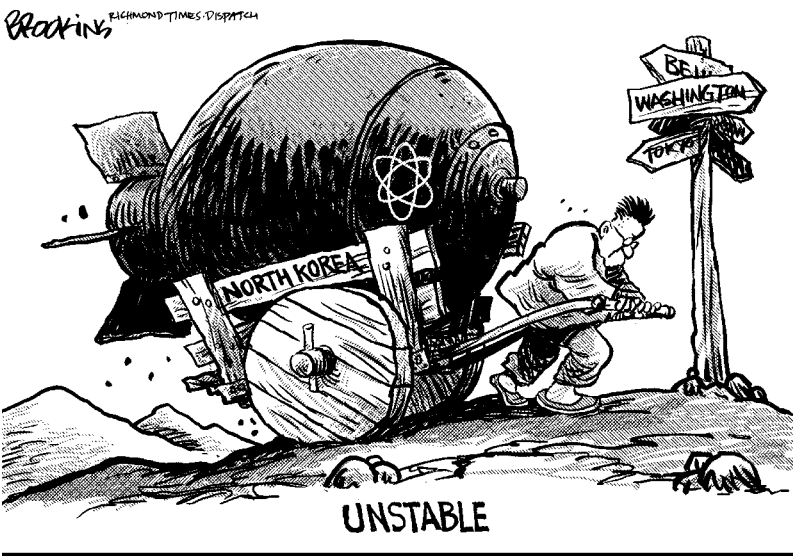
In the nearly five years since the terrorist attacks of September 11, 2001, there have been countless investigations, hearings, and reports about how to secure our country, but far too little in the way of meaningful measures to keep America safe. While I have long believed that it is worthwhile for members of Congress from other parts of our country to visit the border region and hear directly from people who live and work in these communities, the time for talk about border security has long since passed and the moment for action is now. That is why Congress needs to get back to work in Washington to reach a compromise agree-

ment on meaningful, comprehensive border security and immigration reform legislation, rather than holding meaningless field hearings around the country.

Since being elected to Congress nearly ten years ago, I have lobbied my colleagues for greater resources for border security, including additional Border Patrol agents, equipment, and technology; more immigration inspectors and judges; and thousands of new detention beds so we can end the absurd practice of catch-and-release of other-than-Mexicans, or OTMs, once and for all.

I have also long supported providing the resources required to enforce immigration laws in our nation's interior, including tough sanctions against employers who hire undocumented workers. If it was harder for an undocumented worker to get a job, fewer of them would try to enter this country illegally, which would allow the Border Patrol to focus on those who may be trying to come here to do us harm.

Yet in every instance, the President



Moore Texas by Roger T. Moore Clute,Texas has The Great Texas Mosquito Festival every year in July honoring the real "State Bird of Texas".

Campaign drives to reduce pollution, save money

By Jeff Salzgeber
Special to the Courier

With gas prices topping \$3.32 a gallon in parts of the country and little relief in sight this summer, “Drive Clean Across Texas” is reminding drivers that they can save money at the pump with five no-cost tips that increase the life of their vehicle while making the air we breathe healthier, too.

These five simple tips — which range from guidance on keeping your vehicle properly maintained to suggestions on how to idle less — can increase fuel efficiency in a car or truck by up to 20 percent, putting money back in consumers’ pockets.

“Drive Clean” is the nation’s first state-wide public outreach campaign designed to raise awareness about air pollution. The campaign is sponsored by the Texas Department of Transportation and the Texas

Commission on Environmental Quality.

Maintain your vehicle

- Maintain your vehicle per manufacturer’s specifications so it runs better, and you have more power and pollute less.
- Make sure your tires are properly inflated to reduce drag on your engine.
- Seal the gas cap tightly.
- Refuel late in the day and don’t top off tank.

Buy a “clean” vehicle

- Consider a low emissions model or hybrid when you buy a new or used vehicle.
- Take advantage of tax credits; buy a hybrid car.
- For a list of the cleanest vehicles on the market visit epa.gov/greenvehicles.

Drive less

- Share a ride to work or school.
- Work at home one day a week.
- Combine your errands into one trip.

- Walk or ride a bicycle instead of driving your vehicle.
- Take public transportation.
- Become a telecommuter.

Drive the speed limit

- Driving slower saves gas, which reduces tailpipe emissions. Driving the speed limit usually allows traffic to flow as smoothly as possible.
- Anticipate stops and coast to a stop gradually.
- Accelerate and decelerate slowly and smoothly.

Idle less

- Avoid waiting in drive-through lanes and unnecessary idling. Park and go inside.
- Leave earlier or later to avoid traffic.
- Don’t warm up engine.

For more tips on increasing fuel efficiency and protecting the air we breathe, visit www.drivecleanacrosstexas.org.

Suits

From Page 3

and counties are adopting new “no-fun” safety rules like Broward County, Fla., which recently added a new rule on the playground: “No running.” (*KATU 2 News*, May 8)

- Fat, what fat?: In the latest example of personal responsibility being boiled in oil, personal injury lawyers have filed a class-action lawsuit against KFC alleging that their fried chicken actually may be unhealthy. The suit is currently pending, but backyard picnics and barbecues everywhere may never be the same. (*Associated Press*, June 14)

The lawsuit-happy tactics of some affect all of us. Abusive and frivolous lawsuits cost time and money — even if cases are settled — and taint some of life’s simplest pleasures.

It’s time to end summertime lawsuit lotto.

Bobby Jenkins is on the Board of Directors of Citizens Against Lawsuit Abuse (CALA) of Central Texas (www.tala.com).

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New state certificate now offered for hair braiders

AUSTIN — The Texas Commission of Licensing and Regulation has eased the training requirements for professional hair braiders and created a new certificate for individuals who will offer hair braiding services without offering other services.

To qualify for a hair braider certificate, applicants will be required to complete only a 35-hour training course. Applicants will not be required to pass a licensing examination. Previously, hair braiders operated under a hair weaver/braider license, which requires a 300-hour training course and requires passage of both practical and

written examinations.

“Changes were made to the hair braiding requirements based on comments TDLR received from the public,” said William Kuntz, executive director of the Texas Department of Licensing and Regulation (TDLR). “We believe that a 300-hour curriculum for hair braiders is burdensome.”

The services a hair braider can offer will be limited. Hair extensions can be attached by braiders, but they must be braided in rather than attached with glue or any other chemical. Licensees will not be permitted to shampoo, condition or dry hair.

The requirements for a hair weaving license will not change. Hair weavers must still complete a 300-hour pre-licensure curriculum and must pass written and practical tests. Hair weavers, moreover, may offer hair braiding, and they also may shampoo, condition and dry hair and may use chemicals to attach hair extensions to a client’s hair or scalp.

To receive news and updates on the Cosmetology program, or any of the programs TDLR administers, sign up at: <http://www.license.state.tx.us/newsletters/TDLRnotificationLists.asp>.

Well, the party’s over...



...THANKS for coming. Hope to see you next year.



Jan & Paul Haney



2007-2008

Bona Fide Original Real TEXAS CALENDAR

Here ‘tis a sneak preview of the NEW ‘07 Bona Fide Original Real Texas Calendar! Now there are two monthly ‘toons to make you in tune with Texas as well as new facts, sayings and trivia. Start your Texas year off on th’ right foot with the calendar that STARTS March 2nd—Texas Independence Day!



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Properly working thyroid necessary for health

By Kay Ledbetter
Special to the Courier

AMARILLO — About 27 million Americans have overactive or underactive thyroid glands, said Andrew B. Crocker, Extension gerontology health specialist, but more than half of those are undiagnosed.

Of those diagnosed, 80 percent are women. Underactive thyroid is an age-related condition: by 60, as many as 17 percent of women and 9 percent of men are affected.

“In short, if the thyroid does not work properly, neither do you,” Crocker said. “If left untreated, thyroid disease may cause elevated cholesterol levels and subsequent heart disease, infertility, muscle weakness, osteoporosis and, in extreme cases, coma or death.”

Part of the body’s endocrine system, the thyroid gland is located just below the Adam’s apple, he said. The thyroid hormone influences nearly every organ, tissue and cell in the body.

The most common diseases of the thyroid are hyperthyroidism (overactive) and hypothyroidism (underactive), Crocker said. The gland’s activity level is related to the amount of hormone it produces.

Sometimes the thyroid can become enlarged, he said. An enlarged thyroid gland is often called a ‘goiter,’ he said. Patients also may develop lumps or masses in their thyroid glands, which may appear gradually or very rapidly.

A health care professional should evaluate all lumps or masses associated with the thyroid gland.

Symptoms of hyperthyroidism are: heat intolerance, sweating, weight loss, altered appetite, frequent bowel movements, changes in vision, fa-

tigue and muscle weakness, sleep disturbances and tremors.

Common symptoms of hypothyroidism are: fatigue, forgetfulness, depression, dry coarse hair, mood swings, weight gain, hoarse voice, dry coarse skin and constipation.

While thyroid disorders are easy to diagnose, signs and symptoms may be overlooked because they resemble so many other conditions, Crocker said.

The diagnosis of a thyroid abnormality is made through physical examination and medical history, he said. Specifically, a health provider will examine the neck and ask the patient to lift up his or her chin to make the thyroid gland more prominent.

“You may be asked to swallow during the examination, which helps to feel the thyroid and any mass that may be in it,” Crocker said.

Other tests a health provider may order include:

- An ultrasound examination of the neck and thyroid.
- Blood tests to determine the level of thyroid hormone in the blood.

• A radioactive thyroid scan

“If a lump in your thyroid is diagnosed, your health provider may recommend a fine needle aspiration biopsy,” Crocker said. “This is a safe, relatively painless procedure. This test gives the health provider more information on the nature of the lump in your thyroid gland and specifically will help to differentiate a benign from a malignant thyroid mass.”

Abnormalities of thyroid function are usually treated with prescription medications, he said. Insufficient production of thyroid hormone may require a supplement.

Hyperthyroidism is treated mostly by medicine, but occasionally it may require the surgical removal or inactivation of the thyroid gland, Crocker said.

“It is a good idea to have your health provider check the thyroid hormone level in your blood on your next office visit,” he said. “If he or she does not mention it specifically, be sure to ask about it.”

More information can be found from the American Thyroid Association: <http://www.thyroid.org>.

Notice of Public Hearing Town of Clint Texas Community Development Program

Community Development Fund Project #724171

The Town of Clint is considering a proposed amendment of Texas Community Development Program (TCDP) Contract #724171 between the town and the Office of Rural Community Affairs, to revise the activities funded under this grant contract. The contract amendment is proposed for the purpose of revising the originally approved water system improvements project.

A public hearing concerning the proposed amendment is scheduled to be held at:

DATE: MONDAY, JULY 17, 2006
TIME: 5:00 P.M.
LOCATION: CLINT COMMUNITY CENTER
200 N. SAN ELIZARIO ROAD

The purpose of this public hearing is to discuss the proposed amendment and solicit citizen input concerning the proposed change in the scope of the TCDP project.


All residents of the community are encouraged to attend this public hearing and present their views. The location of the hearing is accessible to the disabled. Disabled individuals who might have difficulty in attending this public hearing should contact the Clint Town Hall to arrange for special assistance. Residents who are unable to attend this public hearing may submit written comments, which will be accepted until the public hearing is concluded.

A copy of the proposed amendment will be available for review by the public during normal business hours at the Clint Town Hall. For further information, please contact the Town Secretary.

El publico en general esta invitado a asistir a esta audiencia. La presentacion y las discusiones de una enmienda del proyecto financiado por asistencia del Programa de Desarrollo de la Comunidad del Estado de Texas se haran en espanol para aquellas personas que asi las deseen.

Dale Reinhart
Mayor

Date published
July 13, 2006

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El Paso’s Charley Hecker is the New President for the Texas Association of Appraisal Districts

The Texas Association of Appraisal Districts (TAAD) has announced that Mr. Charley Hecker was installed as its new State President at their statewide conference held at the J. W. Marriott in Houston. Through his Presidency he will continue to support legislation that is favorable to municipalities and school districts that presently depend on ad-valorem property taxes for most of their revenue.

Mr. Hecker has served the upper valley taxing entities as

their representative on the El Paso Central Appraisal District Board of Directors for the past seven years. He has been its



Vice-Chairman for the last four years and was previously Secretary for two years. The upper valley entities include Anthony Independent School District, the Town of Anthony and the Canutillo Independent School District where he was a 12-year member of their Board of Trustees.

Charley has been married to Carol for 47 years and they have four children.

Public Notice Town of Horizon City

The Town of Horizon City will be accepting brief resumes for the vacant position of an Alderman to the City Council. As outlined in Section 3.02 (A) & (B) in the City Charter, Qualifications to read as follows:

- Be a qualified voter of the City;
- Reside within the corporate limits of the City;
- Not hold any other office or employment under the City government nor be an elected member of any agency, board or district, which is directly involved in taxing, providing services, or establishing schools within the Town of Horizon City;
- No person shall be eligible for an elective office of the City unless at the time of their election they have resided in the City during the twelve months immediately preceding the election; and
- Other qualifications prescribed by the laws of the State of Texas.

Citizens that are interested in serving the remaining of the term, which expires in May 2007, may submit a resume by Friday, July 28, 2006 at Town Hall, 14999 Darrington Road, Horizon City, Texas 79928 or by fax at 852-1005. For additional information contact Fidel Morales or Sandra Sierra at 852-1046, Monday through Friday from 8 a.m. to 5 p.m.

Raymond Morales
Mayor

Date Published
July 13, 2006

WNV

From Page 1

include those older than 50 and those with compromised immune systems. If West Nile illness is suspected, people should contact their local health care provider. A blood test can confirm West Nile infection. There is no specific treatment for West Nile infections.

West Nile Virus was first identified in Texas in 2002 and has since been found throughout the state. DSHS conducts surveillance testing on mosquitoes in many areas of the state. DSHS also provides kits to local health departments, animal control facilities, veterinarians, county extension offices and other local entities for testing birds for West Nile Virus.

People should not handle dead birds with their bare hands. Instead, use a shovel, protective gloves or plastic bags. Throw birds away in an outdoor garbage can. Most bird deaths pose no threat to human health, but if West Nile Virus is suspected contact your local health department.

Other mosquito-borne illnesses include St. Louis encephalitis, eastern equine encephalitis, western equine encephalitis and dengue fever. For more information visit — www.dshs.state.tx.us — the DSHS Web site.

El Paso all-star Alvarez snubbed in lineup for July 18 game

By Steve Escajeda
Special to the Courier

The El Paso Diablos haven’t exactly set the American Association on fire this summer, but the team, and the city, still has a chance to strut its stuff in front of the new league.

El Paso will host the American Association-Canadian American (CanAm) League All-Star game at Cohen Stadium on July 18 in what promises to be an exciting evening.

Though the Diablos continue to struggle on the field, fans have been flocking to the stadium at about 3,500 a game. To me, that means we’ll have about 9,000 or 10,000 at the all-star game.

It’s a chance to show the rest of the league that El Paso is the premier city of the group. It’s a chance to show the rest of the league that El Paso knows how to put on a good baseball show.

But all is not well. I do have a gripe. No, it’s not that the Diablos have only one representative in the game — they don’t deserve any others. My gripe is that the league’s potential most valuable player, El Paso’s Jorge Alvarez, isn’t even starting the game.

Alvarez is in the top five in batting average, runs batted in, hits, doubles, extra-base hits and runs scored.

Why he isn’t in the starting lineup in front of the hometown crowd is a monumental blunder by those responsible for selecting the line-ups.

Aside from that, El Pasoans are going to have a chance to see many of the best players from all over the country do their thing at Cohen Stadium. And conversely, the stars will have a chance to see what the environment is like at a Diablos game.

Though the Diablos finished the first half of the season in last place and have gone through three managers, the fans of the city should be commended for still turning out.

Baseball in El Paso has been a tradition for so long that when we almost lost it a couple years ago the locals learned something. The fans quickly realized that even lower level independent league baseball is still the great sport of baseball — without all the egos and temper tantrums.

Welcome to the American Association and the CanAm League — you are about to enter a tradition of minor league baseball like no other.

He’s just a smoothie

There’s no doubt that Randy Moss is one of the smoothest receivers ever to play in the National Football League.

His years with the Minnesota Vikings and the Oakland Raiders have proven that he will undoubtedly end up in the Hall of Fame.

But his extracurricular antics on and off the field have exposed the fact that he isn’t always as smooth as he thinks he is.

Much like his contemporary, Terrell Owens, Moss is trying to change his rebel image.

His goal is to show everyone that he can be smooth on and off the field. In fact, he’d like to be smooth 24 hours a day — like in “strawberry smoothie.”

Moss has traded his football helmet and shoulder pads for a paper hat and apron and opened his own smoothie store.

Oh, he’s still playing football, he’s just venturing out a bit.

Hundreds of people turned out to Moss’ Inta Juice store in Charleston, West Virginia over the weekend to try his smoothies and

other assorted fruit drinks.

Moss, who grew up in West Virginia, hasn’t always spoken highly of his home state. He’s made derogatory comments about the area in the past and made no secret about his wanting to get out as soon as he could.

Over the years, Moss has built a massive negative wall around himself.

There were the arrests for marijuana, traffic violations and probation violation. There were

verbal arguments with Vikings sponsors, the fake mooning of the Packers fans, walking off the field with time still left on the clock and a few other lesser lapses in judgment.

Moss has appeared to enjoy his outlaw image but maybe the guy is really trying to melt a little in his advancing age.

Moss, who will turn 30 in a few months, seems to be making an attempt to reattach some of the ties he’s cut over the years with the

people from the state in which he once resided.

Like Terrell Owens, it’s going to take some time to see if Moss is really sincere about his transformation.

Going back home and opening up a smoothie store for the community is truly commendable, but that’s the easy part.

Showing that he isn’t the scoundrel everyone thinks he is will take a little more than mixing sugar and fruit together.



— Photo courtesy No Limits Track Club

Special Olympian branches out

EL PASO COUNTY — Special Olympics competitor Sarahi Hernandez has broken new ground by moving on to compete in the Border Association of the U.S. Junior Olympics in track and field. At a recent track meet she was given special recognition, shown here receiving a medal with her coach, Dick Harshberger of the No Limits Track Club of Horizon City.

The American Cancer Society sponsors camp for children with cancer

AUSTIN — Many Americans at some time in their lives are diagnosed, or know someone who is diagnosed with cancer. Dealing with cancer as a child can be especially challenging to the 1,100 children in Texas diagnosed with the disease this year. Childhood cancer is often more complex; therefore, treatment can be much more difficult. To help the children through this battle, the American Cancer Society sponsors a special camp experience that is designed exclusively for children with cancer called Camp Discovery.

Camp Discovery is held July 16-22 at the Texas Lions Camp located in the heart of the Texas Hill Country in Kerrville. The camp allows children with cancer to adapt to a new environment while meeting other children that are in very similar situations. While having fun and learning new things, the children also gain self-esteem and valuable life skills.

As a camper, each child will have the opportunity to experience

swimming, canoeing, archery, tennis, softball, dance, arts and crafts, nature appreciation, storytelling around the campfire—all the activities that make-up a normal summer camping experience. Camp Discovery gives these kids an understanding of being away from the comfort of their home and the guidance of their parents, while preparing for the real world.

Volunteer counselors help these children appreciate their capabilities while developing awareness and acceptance of their illness. While encouraging independent expression and interest the counselors motivate the kids to be individuals and not lose hope.

Approximately 155 Texas children, ages 7 through 16 will attend Camp Discovery. Enrollment priority is given to those with the most recent cancer experience. For more information about Camp Discovery, information on cancer or patient services programs call 1-800-ACS-2345 or visit www.cancer.org.

Achives: wtccourier.com

Classified Ads

LEGAL

FABENS INDEPENDENT SCHOOL DISTRICT

Invitation to Bid/Respond

Sealed bid for Cafeteria Non-Food Items, Bid No. 070306-035, addressed to Leticia Perez, Fabens Independent School District, 821 NE "G" Avenue or P O Box 697, Fabens, TX 79838 will be received at the above address until 10:00 a.m., Tuesday, July 25, 2006, at which time they will be publicly opened. Bid forms and

specifications may be obtained by calling (915) 764-2025. WTCC: 07/13/06

PUBLIC NOTICE

As per Article V, Sec. 5.05(a), all owners and lienholders have ten (10) days from this date to reclaim their vehicles at Southwest Wrecker, 1401 Darrington Rd., 855-1900, 851-2091-fax, or it will be sold at public auction for charges: VIN - IG3AM27E0ED374808, 1988 Oldsmobile Galais, blue, two-door, no license.



WTCC-07/13/06

FOUND

Found Panasonic phone handset (not cellular) on Alderwood Manor. 497-8989.

REAL ESTATE

I BUY HOUSES, two to four months behind on mortgage payments. 345-6765.

I'M MAD... at banks who don't give house loans because of bad credit, problems or new employment. I do, call L.D. Kirk, Homeland Mortgages, (254) 947-4 4 7 5, www.homeland46.com.

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Persons who have a problem with alcohol are offered a free source of help locally. Alcoholics Anony-

mous - call 562-4081 for information.

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20	21	22	23
24	25	26	27
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32	33	34	35

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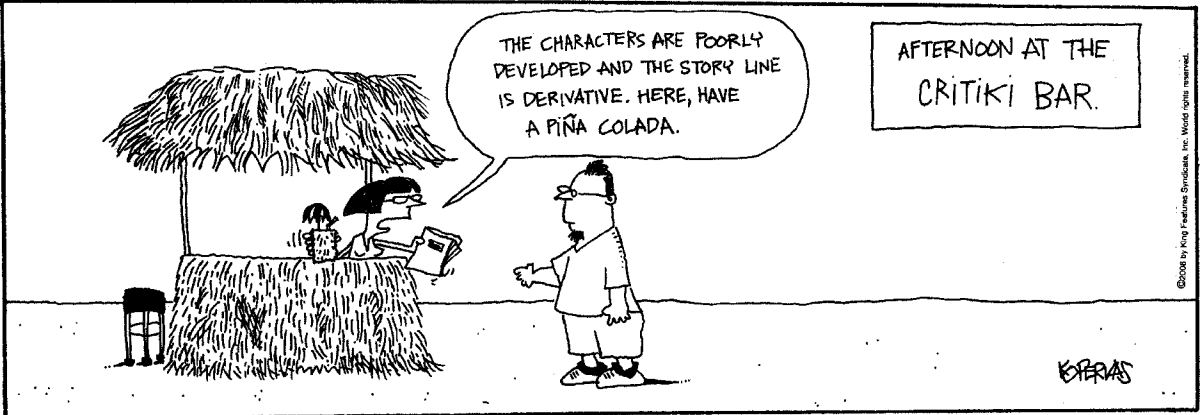
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Phone: _____

Comix

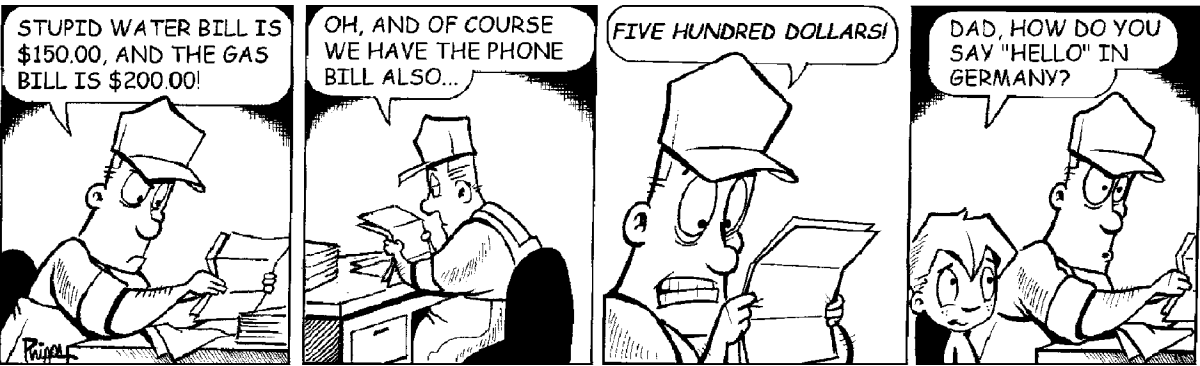
OUT ON A LIMB

By Gary Kopervas



AMBER WAVES

By Dave T. Phipps



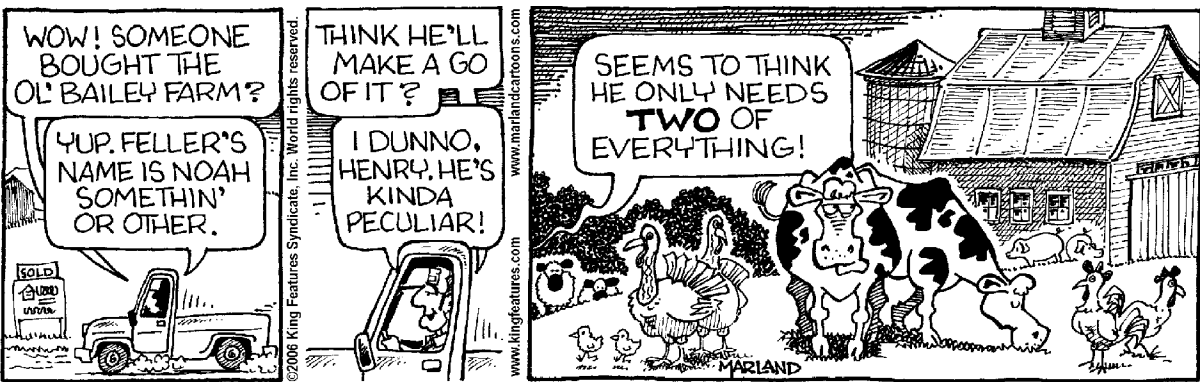
THE SPATS

By Jeff Pickering



R.F.D.

By Mike Marland



Teens using technology against us

By Don Flood

Did you hear that?
If you're an adult, probably not.
Well, that sound — which you can't hear — is the sound of young people plotting against us.
Now I am not for one minute suggesting you should be paranoid, but all those young people you see on the street talking on cell phones? They're out to get us.
It started in the schools. Teens are downloading a ring tone off the Internet that is too high-pitched for adults to hear.
They use the ring tone to receive message alerts. Teachers don't have a clue.

(Come to think of it, teachers didn't have a clue when I was in school either, and we had to rely on the comically dinosaur-age technology of passing hand-written notes. Examples of this ancient form of communication are now on display in the Smithsonian.)

Originally, the technology was used *against* teenagers as a means to discourage loitering. The high-pitched whine drove teens away from storefronts while leaving adults unaffected, according to an AP story. It was called "the mosquito."

But now teens have unfairly started using this technology against adults. Here's the kind of message that teens could send out using this "stealth" ring tone: "World take-over to begin this afternoon after school, immediately following Total Request Live."

(Editor's note: The actual message, of course, would be in the Abbreviated Gibberish Language known only to teens. Mastery of this language is now required by the No Child Left Behind Act.)

Since the U.S. Constitution

doesn't address this matter as clearly as it should, we adults must move to protect ourselves from the unwarranted use of new technology by teens. Here are some suggested amendments:
• If, as in the case with ring tones, adults first use technology against kids, then they have what is legally called "dibs" on that technology.
• Adults have "dibs" on any new technology no matter what, even if they don't know how to use it.
• Kids must continue to set up their parents' DVD players even as they themselves leave their teen years and advance into middle age.

There are lots more amendments we adults need to pass but those are a start.

In addition to the imminent world takeover by teens, we have another important matter on the technology front to consider: Should you buy the iCarta now?

The iCarta, a combination toilet paper dispenser and iPod holder, solves a problem of the ages: where to place your iPod when you're in the bathroom.

Not that you should rush out and buy one.

This is clearly "transitional technology" — a term meaning "we've just started to think about the useless junk we can add." Soon we'll have mega toilet paper dispensers with: refrigerators, espresso makers and wide-screen TVs equipped with theater-quality surround sound.

Your better bathrooms will also have stadium-style seating for better viewing from the back rows, as bathrooms become "the new kitchen" in terms of sophisticated entertaining.

Of course, once you buy all this stuff, your teenagers will take over the bathroom.

(c) 2006 King Features Synd., Inc.

King Super Crossword

- THEY'RE DRIVEN

ACROSS

1 Din from dynamite

5 Iceberg kin

9 Exclude

13 Platonic character

18 South Seas novel

19 Steber solo

20 Iago or Othello

21 Alligator relative

22 Driven President?

25 Procure

26 "Rawhide" rope

27 Muslim deity

28 Select, with "for"

30 Pig _ poke

31 Fluffy female

33 Driven novelist?

38 Might

43 Art deco designer

44 Caution

45 Rush

46 Son of Zeus

48 Big man on campus

50 Paris' pop

53 Driven humorist?

56 Shorten a skirt

58 Aquatic mammal

60 Trattoria treat

61 "L_", c'est moi"

65 Longfellow subject

67 "Carmina Burana" composer

70 Take the tube

71 "Kidnapped" monogram

72 Prepares to dine

73 Part of EST

76 Driven actress?

80 Mushroom part

81 Meat cut

83 Thompson or Salonga

84 _ breve

85 Barbecue

87 Pangolin, for one

89 Slender

90 Heel type

94 Mideastern

pockets

95 Smidgen

97 Driven actor?

101 Terra _

103 Lauder powder

106 Garment feature

107 Accomplished

108 Time to evolve?

110 Valuable

112 Rite

115 Driven explorer?

118 Be in debt

119 " _ Nidre"

120 Pallid

121 Victorian wit

125 At attention

129 Sheik spot

130 Trattoria treat

132 Driven rock star?

136 Real thing

137 Actress Skye

138 _ mater

139 King or Satie

140 Gibbons of "Entertainment Tonight"

141 Rocker Rundgren

142 Parent

143 Dressing gown

DOWN

1 Piglet's papa

2 Prefix meaning "both"

3 Author Ephron

4 Mitch Miller's trademark

5 Remark from 31

ACROSS

6 Role for Shirley

7 "Show Boat" song

8 It's often jumped

9 Chekhov's "The Cherry _"

10 _ juice

11 Springfield's st.

12 Caruso or Corelli

13 Use a shuttle

14 Thwack

15 Monitor message

16 Contaminate

17 Moffo of the Met

21 Afternoon refresher

23 "Cactus Flower" star

24 Christen

29 Basilica bench

32 Richard of "Love Me Tender"

34 Hwy.

35 Beatles refrain

36 Cupid's missile

37 Legendary Colt

Johnny

38 Have a ball at the mall

39 Buster Brown's dog

40 Some wines

41 Singing syllable

42 " _ a Rebel" ("62 hit)

47 Sociologist Hite

49 Indira Gandhi's father

51 Tall story?

52 Maestro Zubin

54 Ike's domain

55 "Cheers" patron

57 Jazzman Davis

59 Kind of file

62 _ wave

63 Mr. Rochester's ward

64 Electrical inventor

66 '68 US Open winner

68 Fedora fabric

69 Cut loose

73 Blow for a bounder

74 Pick-me-up

75 "Same here!"

77 Jeweler's weight

78 All legs

79 Suburban obsession

82 Tidy up

86 Ring counter

88 Philanthropist

Brooke

91 Extinct bird

92 Prepare to bear it

93 Whirlpool

96 Poet in the past

98 Rapper Tone _

99 Scrape by, with "out"

100 Pianist Peter

102 Regardless

104 _ Cruces, NM

105 Dense

109 _ Na Na

111 Oklahoma city

113 Kind of pitcher

114 Lyricist Johnny

115 Mezzo Marilyn

116 Make one's day

117 Incompetent

119 Film critic Pauline

122 Inventive sort?

123 Take-out order?

124 Austen's Miss Woodhouse

126 Continental currency

127 Farm structure

128 Little guy

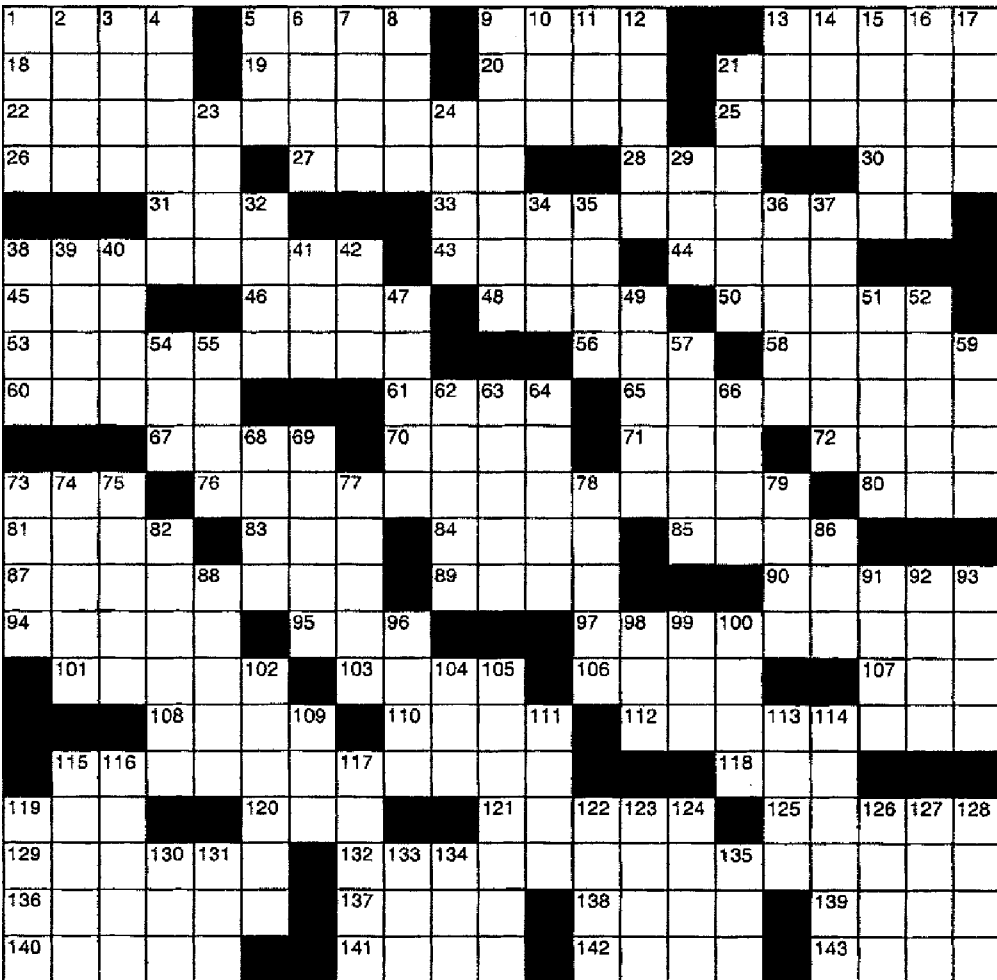
130 Show _

131 "Make _ double!"

133 Milne creature

134 Remnant

135 Teacup part
- Answer Page 6



Briefs

From Page 1

done in three phases. The first phase, from North Loop Drive to Castner Street, will begin July 16 and is scheduled to be completed by August 25. One north-bound lane of Zaragoza will be closed in the construction area, but the road will remain open to motorists traveling in both directions. At least one entrance to each business' parking lot

will be accessible during construction, and signs will direct customers to the open entrance. Through traffic might find it more expedient to use alternate routes. Additional information and construction updates can be seen at www.epwu.org.

■ Tornadoes, hurricanes, floods — summer storms can be powerful. Do you know what to do if a storm causes an electrical emergency? Be prepared with the free brochure, *Electrical Safety Precautions During Dis-*

sasters, from the Consumer Product Safety Commission and the Electrical Safety Foundation International. Learn what to do if storms cause flooded areas, wet electrical equipment, or downed power lines. For a free copy, send your name and address to the Federal Citizen Information Center, Dept. 639N, Pueblo, CO 81009, or visit <http://www.pueblo.gsa.gov/rc/shortorderelectricalsafety.htm> to place an order online, or call toll-free 1 (888) 878-3256, and ask for Item 639N. Read or print this

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more with *Copyright Basics* from the Library of Congress. This booklet costs \$1. For a copy, send your name, address, and a check or money order to the Federal Citizen Information Center, Dept. 314N, Pueblo, CO 81009, or call toll-free 1 (888) 8 PUEBLO, that's 1 (888) 878-3256, and ask for Item 314N. Have your credit card handy. And visit www.pueblo.gsa.gov to place your order online or to read or print out this and hundreds of other FCIC publications for free.

7-DAY FORECAST FOR EL PASO, TX

AccuWeather.com®

Thursday	Thu. night	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
Mostly sunny	Mainly cloudy	Sunny to partly cloudy	Sun mixing with clouds	Mostly sunny	Mostly cloudy	Partly sunny	Mostly sunny and warm
100°	74°	98° 73°	94° 72°	95° 71°	95° 72°	96° 72°	97° 71°
RealFeel 105°	RealFeel 71°	RealFeel 94° 70°	RealFeel 90° 68°	RealFeel 91° 67°	RealFeel 96° 73°	RealFeel 102° 73°	RealFeel 99° 71°

The patented RealFeel Temperature® is AccuWeather's exclusive index of the effects of temperature, wind, humidity, sunshine, precipitation, and elevation on the human body.

WEATHER TRENDS THIS WEEK

IN THE SKY

Temperatures

Precipitation

Sun

	Rise	Set
Thu.	6:09 a.m.	8:13 p.m.
Fri.	6:10 a.m.	8:13 p.m.
Sat.	6:11 a.m.	8:12 p.m.
Sun.	6:11 a.m.	8:12 p.m.
Mon.	6:12 a.m.	8:12 p.m.
Tues.	6:12 a.m.	8:11 p.m.
Wed.	6:13 a.m.	8:11 p.m.

Moon

	Rise	Set
Thu.	10:34 p.m.	8:53 a.m.
Fri.	11:06 p.m.	10:03 a.m.
Sat.	11:37 p.m.	11:11 a.m.
Sun.	none	12:17 p.m.
Mon.	12:07 a.m.	1:23 p.m.
Tues.	12:39 a.m.	2:30 p.m.
Wed.	1:14 a.m.	3:36 p.m.

Last

New

7/17

7/24

First

Full

8/2

8/9

Forecasts and graphics provided by AccuWeather, Inc. ©2006

REGIONAL CITIES

U.S. CITIES

Thursday				Friday				Saturday				Sunday				Thursday				Friday				Saturday				Sunday			
City	HI	LO	W	City	HI	LO	W	City	HI	LO	W	City	HI	LO	W	City	HI	LO	W	City	HI	LO	W	City	HI	LO	W	City	HI	LO	W
Abilene, TX	100	73	s	Abilene, TX	101	71	s	Abilene, TX	95	72	s	Abilene, TX	95	74	s	Atlanta	90	74	t	Atlanta	88	73	t	Atlanta	90	75	pc	Atlanta	90	72	pc
Albuquerque, NM	96	70	s	Albuquerque, NM	94	68	pc	Albuquerque, NM	92	66	pc	Albuquerque, NM	92	67	s	Boston	80	66	t	Boston	82	70	s	Boston	89	71	s	Boston	89	71	s
Amarillo, TX	96	68	s	Amarillo, TX	97	67	s	Amarillo, TX	96	67	s	Amarillo, TX	95	69	s	Chicago	88	68	pc	Chicago	90	70	pc	Chicago	92	70	pc	Chicago	94	72	t
Austin, TX	94	73	s	Austin, TX	94	72	s	Austin, TX	95	72	s	Austin, TX	97	74	pc	Denver	95	64	s	Denver	98	64	s	Denver	98	64	s	Denver	93	61	pc
Brownsville, TX	93	76	pc	Brownsville, TX	93	77	pc	Brownsville, TX	94	77	pc	Brownsville, TX	95	77	pc	Detroit	90	70	pc	Detroit	90	70	pc	Detroit	92	70	pc	Detroit	92	72	pc
Dodge City, KS	97	71	s	Dodge City, KS	106	70	s	Dodge City, KS	104	70	s	Dodge City, KS	100	69	s	Houston	94	75	t	Houston	92	76	t	Houston	94	76	pc	Houston	95	77	pc
Jackson, MS	94	72	pc	Jackson, MS	94	74	t	Jackson, MS	94	74	pc	Jackson, MS	93	72	s	Indianapolis	88	72	pc	Indianapolis	90	72	pc	Indianapolis	89	72	pc	Indianapolis	90	72	sh
Laredo, TX	102	78	s	Laredo, TX	102	77	s	Laredo, TX	102	78	pc	Laredo, TX	99	78	pc	Kansas City	96	74	pc	Kansas City	98	76	pc	Kansas City	101	74	s	Kansas City	95	74	c
Little Rock, AR	95	75	t	Little Rock, AR	94	75	s	Little Rock, AR	95	74	pc	Little Rock, AR	96	77	s	Los Angeles	88	64	pc	Los Angeles	92	66	pc	Los Angeles	93	66	s	Los Angeles	95	66	s
Lubbock, TX	98	70	s	Lubbock, TX	98	70	s	Lubbock, TX	96	70	s	Lubbock, TX	95	70	s	Miami	90	79	t	Miami	89	79	pc	Miami	89	79	pc	Miami	90	78	pc
Memphis, TN	93	77	t	Memphis, TN	98	78	pc	Memphis, TN	97	79	t	Memphis, TN	94	75	s	Minneapolis	94	73	s	Minneapolis	93	74	pc	Minneapolis	99	75	pc	Minneapolis	99	77	pc
Midland, TX	101	72	s	Midland, TX	101	73	s	Midland, TX	100	70	pc	Midland, TX	94	72	s	New Orleans	92	77	pc	New Orleans	91	78	t	New Orleans	92	79	t	New Orleans	94	78	t
Pueblo, CO	99	61	s	Pueblo, CO	101	61	s	Pueblo, CO	101	61	s	Pueblo, CO	98	61	pc	New York City	84	70	t	New York City	86	72	pc	New York City	88	72	s	New York City	92	74	s
Roswell, NM	100	68	t	Roswell, NM	96	68	s	Roswell, NM	94	68	s	Roswell, NM	96	69	s	Omaha	96	73	pc	Omaha	96	75	pc	Omaha	100	74	s	Omaha	95	75	s
St. Louis, MO	89	75	pc	St. Louis, MO	96	78	pc	St. Louis, MO	100	78	pc	St. Louis, MO	97	77	pc	Phoenix	110	88	s	Phoenix	108	87	t	Phoenix	105	85	t	Phoenix	105	85	t
San Antonio, TX	98	74	s	San Antonio, TX	93	74	s	San Antonio, TX	93	75	pc	San Antonio, TX	95	76	pc	San Francisco	70	56	pc	San Francisco	72	56	pc	San Francisco	72	56	pc	San Francisco	72	55	pc
Texarkana, AR	95	75	s	Texarkana, AR	96	75	s	Texarkana, AR	95	74	pc	Texarkana, AR	98	74	s	Seattle	70	54	pc	Seattle	75	54	c	Seattle	80	56	pc	Seattle	82	58	s
Waco, TX	96	75	s	Waco, TX	97	76	s	Waco, TX	96	76	s	Waco, TX	97	76	s	Washington	88	74	t	Washington	88	73	pc	Washington	90	73	s	Washington	92	72	s
Wichita, KS	96	74	pc	Wichita, KS	103	75	s	Wichita, KS	102	72	s	Wichita, KS	96	73	s																

Weather (W): s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice.

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