

Vinton, Anthony officials contribute to celebrations

– Shantideva, 18th century Indian scholar

The Horizon Municipal Court is located at 14999 Darrington, Horizon City, Texas 79928.

Veterans Post

By Freddy Groves

Three people who made a difference

Over the years I’ve written about various people who have stepped forward and done something for veterans, active service members and those who’ve been left behind when a veteran dies. They’re all still doing what they started.

The nonprofit Maine Troop Greeters in Bangor started meeting flights of returning and outward-bound service members in 2003. When I first wrote about them, they’d met 400,000 men and women as they stepped off planes or prepared to board. As of now, they’ve met 5,500 planes and greeted 1,140,000 service members – plus 281 military dogs. They provide snacks, cell phones for calls home and hugs and cheers of appreciation. For more information, read the FAQ at www.themaintroopgreeters.com. Founder Bill Knight is now 87 years old and is fighting cancer. He still hasn’t missed a plane.

Worcester Wreath Company has been donating wreaths to be placed on graves at National Cemeteries to honor veterans since 1992. What began as a 5,000 wreath donation at Arlington National Cemetery has grown to more than 100,000 wreaths at 400

cemeteries, and has expanded into a nonprofit called Wreaths Across America. The annual tractor-trailer caravan is led by the Patriot Guard Riders, who provide an escort across the states from Maine to Arlington. Logistics are handled by the Civil Air Patrol. See www.wreathsacrossamerica.org for more information.

Operation Gratitude started at Carolyn Blashek’s dining-room table in 2003 with her desire to send a few individual care packages to service members in hostile areas. This November and December, nonprofit OpGrat sent out another 50,000 packages, bringing its total to more than 600,000 sent since 2003. To learn more, see www.opgratitude.com.

These three people – Bill Knight, Morrill Worcester and Carolyn Blashek – started with only a germ of an idea.

What are you doing this year?

Write to Freddy Groves in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send e-mail to columnreply@gmail.com. (c) 2010 King Features Synd., Inc.

Por la Gente

By State Rep. Chente Quintanilla

Enjoy the season safely

Hola mi gente. It is already time to publish my final message to you for 2010. It seems that it was just yesterday that we rang in the New Year. It was a year of mixed ups and downs.

Because of the upcoming holidays, this will be the last article until January of 2011. Most likely, I will be in Austin preparing for the 82nd legislative session when we next cross our paths.

My staff and I, along with Gracie my wife and all my family, wish you and your families a very happy and safe holiday season. While the season is full of parties, shopping, and family get-togethers, we must not forget the religious significance behind these holidays. From my perspective, my family and I wish you a very Merry Christmas with all the blessings from the Lord.

This time of the year also calls for care during any parties. Alcohol and other substances that diminish one’s ability to maintain sobriety must be consumed responsibly. It has been said millions of times before, but, don’t drink and drive. Take a cab or designate a sober driver. Don’t ruin your Christmas of that of an innocent victim by driving under the influence.

If protecting another life is not reason enough, just remember that law enforcement is focused on drunk driving. If you get caught, you might go to jail for a short time; or, under more serious convictions, for years. And then there are the tickets, surcharges and insurance costs. You may have to pay thousands of dollars over three years as a result of a DWI conviction.

On a lighter note, take care not to go overboard on Christmas treats and meals. Otherwise, you may need to waste a resolution on something really hard like losing weight.

Speaking of the 82nd Legislative Session, it starts on January 11. That day is one of festivities as the new session starts. Beginning with our swearing in, it ends after we elect the Speaker of the House who will rule the gavel for 140 days.

Our delegation is going to be a very young one. Representative Joe Pickett and I are the senior members. Representatives elect Naomi Gonzalez and Dee Margo enter the session as freshman. Representative Marisa Marquez has one session under her belt. Of course, our Senator elect Jose Rodriguez will also be attending his first session.

Our delegation has the great promise of unity as no delegation has shown for many years. Every one of the House members and the Senator elect has stated their commitment to working together instead of as individuals. We, Joe, Marisa, Naomi, Dee, Jose and myself, will not lose our focus and create headlines similar to the last session. Although it is going to be a tough one, we will have a good session.

I remain your friend and public servant, Chente por la gente.

AMERICAN LUNG ASSOCIATION.
of Texas

YOUR Gift

IS A WAY
TO CONQUER
LUNG DISEASE

Find out how you can help ...

www.texaslung.org

When you lose someone dear to you — or when a special person has a birthday, quits smoking, or has some other occasion to celebrate — memorial gifts or tribute gifts made for them to your local American Lung Association help prevent lung disease and improve the care of those who suffer from it.

1-800-LUNG-USA

View from here

By Tom Pauken

The negative impact of high unemployment on young Americans

National unemployment in November rose to 9.8 percent. With national unemployment hovering in the 10 percent range, an increasing number of analysts, pundits and economists are asking whether these high rates of unemployment in the U.S. are here to stay. As grim as the overall national numbers are, the situation is even worse for young Americans.

Unemployment among teenagers is at 24.6 percent, nearly double what it was 10 years ago. For those 19 to 24-years-old, unemployment is 15.6 percent compared with 6.8 percent in 2000. Even college graduates are finding it hard to land jobs. Unemployment for those with bachelor’s degrees rose in November to a 30-year high of 5.1 percent.

Prospects are not getting brighter for recent college grads, many of which are burdened with tens of thousands of dollars of debt upon finishing school. As reported by the Wall Street Journal, a new survey from the Collegiate Employment Research Institute shows that only 43 percent of employers who hired college graduates from the class of 2010 are certain they will do so again for this year’s graduates. Another Journal story noted that

See IMPACT, Page 4

1973
37 Years
2010

WEST TEXAS COUNTY COURIER

SERVING ANTHONY VINTON, CASUTILLA, EAST MONTANA, HORIZON, SOCORRO, CLINT, FARNS, SAN ELIZABO AND TORNILLO

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Letter must not be more than 250 words in length. They should be dated, must be signed and have an address and daytime phone number. Only the name and city will be printed with the letter. The Courier reserves the right not to print letters to the editor or other submitted materials it considers inappropriate.

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Monday 4 p.m. for Thursday publication.

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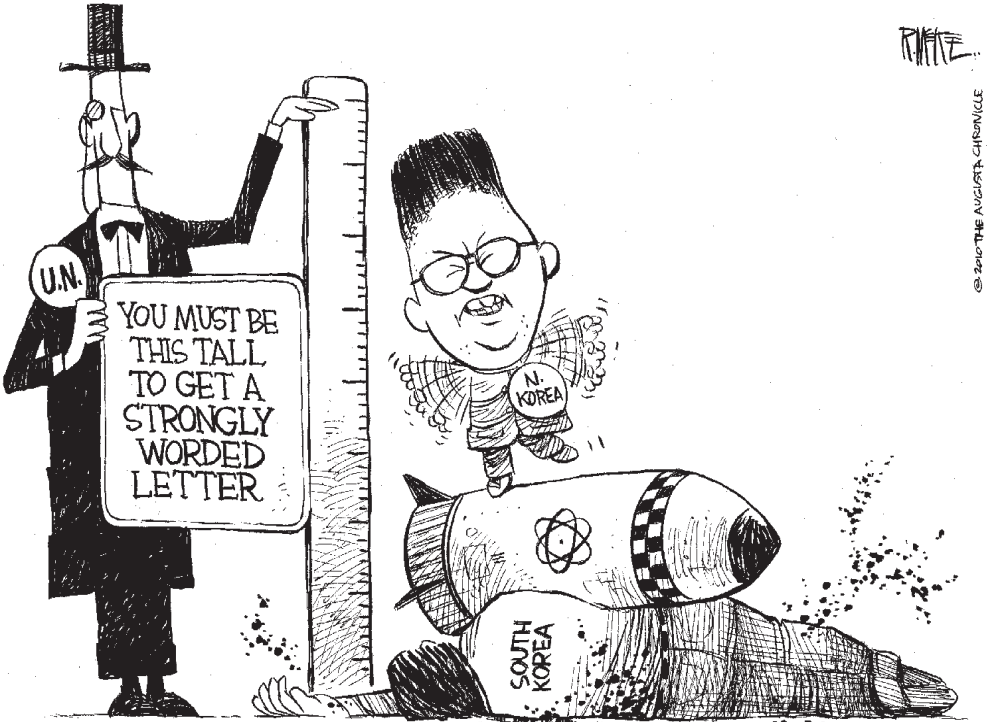
DECEMBER MEN'S & WOMEN'S BASKETBALL SCHEDULE

MEN'S BASKETBALL		
12/18/10	VS. TEXAS TECH	8:00 P.M.
12/20/10	VS. STEPHEN F. AUSTIN	8:30 P.M.
WOMEN'S BASKETBALL		
12/17/10	VS. TEXAS STATE	7:05 P.M.
12/20/10	VS. NEW MEXICO	6:00 P.M.

DEC 20TH

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It's the law By Texas AG Greg Abbott

Hiring home improvement professionals

For most Texans, a home isn't just a place to live and raise a family – it's their most valuable financial asset. Adding improvements, repairing damage, and keeping up with routine maintenance are all part of a smart homeowner's plan to protect and increase the value of an important asset.

Unfortunately, scam artists posing as home repair contractors know residents will part with hard-earned money to improve their homes. To protect their pocketbooks, homeowners should know how to protect themselves and avoid falling victim to these scams.

Damaged homes – whether by storms or passage of time – can be easily noticed by scam artists posing as contractors and marketing their services door-to-door. Texans should be cautious when unsolicited salespeople come knocking on their doors. Businesses that perform specialized home repairs seldom walk neighborhoods looking for work. Anytime a contractor appears unsolicited and relies on high-pressure tactics to secure new business, homeowners should say no thanks. Legitimate contractors know that customers need time to think about significant decisions – and maybe even ask a few questions. Trustworthy contractors will always welcome customers' questions.

In some cases, con artists try to talk homeowners into unnecessary repairs by offering special deals with purportedly "surplus" materials. Common ploys involve offers to seal roofs, replace lost roof shingles or pour new driveways. Although these scammers often appear professional and may sound very knowledgeable and friendly, homeowners should never impulsively purchase home repair or construction services that they were not already planning.

Equally important, Texans should only use licensed or bonded contractors or builders. The Texas Department of Licensing and Regulation (TDLR) is the state's occupational

regulatory agency that oversees more than 20 types of occupations and industries. TDLR issues licenses, conducts inspections, investigates complaints, assesses penalties, sets rules and standards, and holds hearings. Homeowners can visit www.license.state.tx.us to verify a contractor's licensing credentials and inquire about complaints.

Homeowners should avoid contractors who do not have established physical addresses – and instead only offer cell phone numbers. A physical address could help customers locate the contractor if problems arise with the repairs. Texans who buy from a fly-by-night contractor may never see him or her again.

Homeowners should also verify any claims contractors make about energy savings or increased security, home value, or other added advantages to improvements they are buying.

Once a contractor has been chosen to perform repair work, Texans should read the legally-binding contract carefully before signing it. Customers should not sign any contracts that have blanks – those blanks could later be filled in with unfavorable terms.

As with any home repair work, homeowners may be asked to pay a portion of the repair costs as a down-payment. That is a generally accepted practice, but homeowners should NEVER pay the entire repair cost in advance.

Just last month, the Attorney General's Office prosecuted a pool contractor who was paid by homeowners across central and south Texas – but he failed to actually perform any meaningful work. The contractor was sentenced to nine years in prison for defrauding a Caldwell County woman who paid him more than \$50,000 for a pool that was never installed.

Texans who are unable to resolve a dispute with their contractor should file a complaint with the Attorney General's Office online at www.texasattorneygeneral.gov or by calling toll-free at (800) 252-8011.

YOUR "TEXAS CORRECT" 2011 CALENDAR IS READY FOR THE ENJOYMENT OF TEXANS AND THE EDIFICATION OF YANKEES AND OTHER FOREIGNERS .

The one and only "Texas Calendar" is right and ready for consumer consumption. The 2011 Bona fide Real Texas Calendar is full of Texas History facts, cartoons, trivia, tidbits, Texas Talk and more! "It's a virtual almanac of all that's Texan in 12 usable, essential, and somewhat humorous pages" says Roger Todd Moore, cartoonist and creator of the Real Texas Calendar.

The calendars are available online at www.texascalendars.com or from Roger Todd Moore his own self at PO Box 155 Merkel Texas 79536 for only \$8.95 each.

\$8.95

shipping/tax included

MARCH 2011

WHOA PARDNER! THIS TEXAS CORRECT CALENDAR BEGINS MARCH 2ND!

There is a Texas law STILL on the books that mandates no one carry pliers that COULD cut a fence.

2 Texas Independence Day- Celebrate Texas!

1924: Charles Lindbergh starts pilot training in Brooks Field in San Antonio.

1687: La Salle lands in Texas instead of finding the mouth of the Mississippi.

1955: Football player Earl Campbell is born in Tyler.

1868: Scott Chisholm, former trailblazer, dies of food poisoning in Oklahoma.

1878: State's first all-black college opens (Albany Vista).

1908: Movie actress Joan Crawford is born in San Antonio.

Dang! I'd rather be attacked by the Mexican Army!

BRAAP!!

HUR!

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

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31

MARCH 2011

Get a hundred or so with your company info! Email for special pricing.

Quantity discounts available!

The *West Texas County Courier* office will close beginning Thursday, December 16, 2010. The office will open again on Monday, January 3, 2011.

By John Perkins
Special to the Courier

home is challenging for many rural homeowners,” said Valentin. “The funding we announced today will help rural property owners make improvements to ensure their homes are decent, safe and energy-efficient.”

“I am grateful to USDA Rural Development for investing this critically needed funding into the Village of Vinton, said US Congressman Silvestre Reyes. “These resources will help families that need it the most.”

The Village of Vinton will implement a Home Owner Assistance 533 Housing

Preservation Grant Initiative. This initiative will make funding available to assist low and very low-income families, with a minimum of four people in the household, repair or rehabilitate their homes. The maximum assistance per dwelling will be \$21,500.

The grants can be used to weatherize and repair existing structures, install or improve plumbing or provide access to people with disabilities. Eligible area determination is available at <http://eligibility.sc.egov.usda.gov/eligibility/welcomeAction.do>.

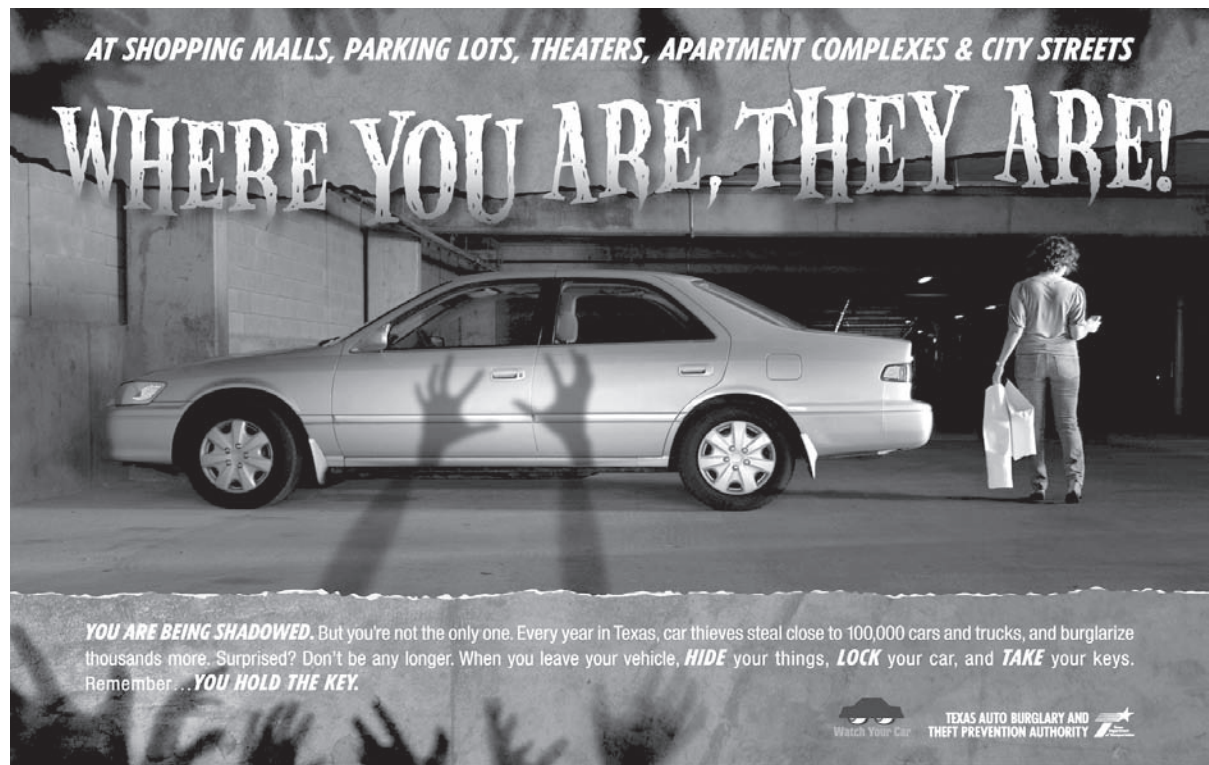
From Page 2

Graduates used to leave school and enter the workforce by taking entry-level positions that were ample, thanks primarily to a vibrant private sector. Those jobs placed them on a steady career path that gave them opportunities for advancement and professional development. But these entry-level positions have begun to disappear as private businesses have drastically scaled back their hiring of new employees. While small businesses create a majority of new jobs, they are hiring far less now than they have in the past. Privately held firms with fewer than 500 employees have added an average of 35,000 net jobs a month in 2010 compared to 143,000 in 2006 and 79,000 in 2007. Fewer jobs being created in the private sector means less in the way of employment opportunities for young Americans.

To avoid creating a “lost generation” of Americans will require facing up to what is causing jobs to disappear. Private sector job growth is virtually non-existent. This is particularly the case in the manufacturing sector where 5.5 million American jobs were lost from 1999 to 2009.

Intel's former chairman Craig Barrett has said, "Intel can move wherever it must to survive, but I sometimes wonder how my grandchildren will make a living." If nothing is done, the American dream will die for future generations. Let's be bold and replace a tax system that gives incentives to shipping American jobs overseas with one that will reward the creation of jobs here at home.

*Tom Pauken is the chairman of the Texas Workforce Commission and author of **Bringing America Home**.*



If a guy is studying mountain-climbing techniques, could he be aided by cliff notes?

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– Photo courtesy San Elizario ISD

VROOM-VROOM – Members of El Paso’s German Motorcycle Club rode to the San Elizario ISD Central Office on Monday, bearing gifts for District students.

German Motorcycle Club donates toys to San Eli students

By Cynthia P. Marentes
Special to the Courier

SAN ELIZARIO – Instead of sleigh bells ringing, the sounds of motorcycle engines revving were heard throughout San Elizario Independent School District as members of the German

Motorcycle Club rode in to the district to deliver Christmas toys. The German Motorcycle Club (MC) donated hundreds of new toys to be given away to students from economically distressed families in the community. Ten members of the local biker group made the toy drop off at the San Elizario ISD central office

on Monday, December 13. The San Elizario ISD Research and Development Department’s team of social workers and parent liaisons will identify students from underserved families who will receive the gifts donated by the German MC. This is the first year that San Elizario ISD partners with the German MC who is also

part of the El Paso Motorcycle Coalition, an alliance of over 40 motorcycle clubs. The generosity of organizations like the German MC means that many San Elizario Independent School District families who otherwise may not be able to afford gifts or holiday celebrations will be able to bring a little bit of

Christmas cheer to their homes. So far this month, well-deserving San Elizario ISD students have been the fortunate recipients of brand new toys and above all the kindness of all the following: Abundant Living Faith Center, Texas Bandit All-Stars, Operation Noel, El Paso County Sheriff’s Office, and several private citizens.

Briefs

From Page 1

Fire Marshals office also responded to the incident and determined that the blaze was intentionally set. Their investigation is continuing. If you have any information at all about the identity and location of the person(s) responsible for this arson, please call Crime Stoppers of El Paso at 566-TIPS (8477) or submit your tip online at www.crimestoppersofelpaso.com.

org. You will remain anonymous and, if your tip leads to an arrest, you may earn a cash reward up to \$1,000.

– James Klaes

Wanted

Rodolfo Covernali, 51, who also uses Rodolfo Valenzuela is this week’s Manhunt Monday Most Wanted Fugitive. Covernali is wanted for threatening his spouse and stepchildren. He is from San Elizario. He is 5’8” tall, weighs 230 pounds with brown hair and eyes. Last weekend

Deputies responded to a residence in the 12000 block of Blenheim San Elizario in reference to a family violence dispute. Deputies arrived and met with Covernali’s spouse who was visibly distraught. Information received by on scene Deputies indicated that prior to their arrival, the couple was arguing at the residence when she told Covernali she was going to call 911. Covernali told her that he would



Rodolfo Covernali

burn down residence with her and all of her children inside the home if she called authorities. Covernali fled the scene prior to Deputies arrival. Deputies have learned that in the past, there have been other instances of family violence at the residence that went unreported due to Covernali’s threats. He has told the her that since she’s originally from Mexico that U.S authorities would not help her.

Covernali works construction and remains in the Borderland hiding with friends or relatives. Sheriff’s officials are asking the public for any information on the whereabouts of Covernali. People can contact the Sheriff’s Office at (915) 546-2280 or Crime Stoppers of El Paso at 566-TIPS (8477). Callers will remain anonymous and may be eligible for a reward if the information provided leads to the apprehension of the individual featured.

– Deputy Jesse Tovar

CHOOSE YOUR RIDE.

Drink. Drive. Go to Jail.

Turn out the lights, the party’s over...

By Steve Escajeda
Special to the Courier

I’ve been an avid sports fan for a number of years now. I go back so far that I can still remember when there was no Monday Night Football.

Of course I don’t know how sports fans made it through the week without Monday Night Football back then but the game sure changed the way we followed the game.

It was an awesome idea. After a full day of football on Sunday and there was still one more big game to look forward to.

My only problem back then was convincing my Mom to let me stay up long enough on a school night to watch the end of the game.

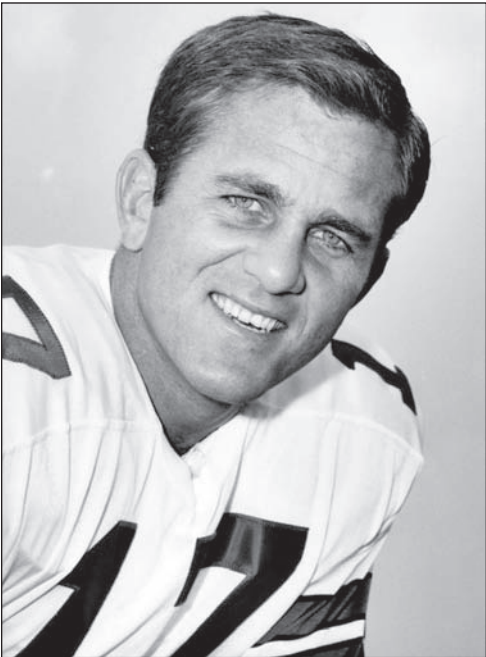
Any way, the special night game evolved over the years but it became the icon it is today when three very different guys were thrown together in the booth to announce the games.

The three guys were Frank Gifford (former New York Giants star), Howard Cosell (intellectual blowhard *or lawyer*), and a country-bumpkin-sounding fellow who used to throw passes for the Dallas Cowboys.

Don Meredith was new to the football-announcing world, but putting him into the mix with the other two veterans was the smartest thing the MNF suits ever did.

His down-home way of breaking down what was happening on the football field made him an instant success. And it probably made the game understandable to thousands of people who weren’t considered rabid fans.

“Dandy” Don Meredith died last week and that news immediately took me back to those days when many of my long-gone heroes ruled the game.



– Photo courtesy NFL Photos/NFL.com

STAR POWER – Dallas Cowboys quarterback Don Meredith.

Back to the days when guys like Tony Dorsett and Marcus Allen and Joe Montana and Kenny Stabler and Earl Campbell and Terry Bradshaw and Walter Payton and countless others still roamed the field.

But through the years the one thing that Meredith is mostly known for is his singing.

The man didn’t have a lovely singing voice by any means, but his timing was impeccable.

You see, whenever the big play was made by either team to finally put the game away, Dandy would use his best country-western singing voice and belt out the tune, “turn out the lights, the party’s over... ”

And that’s when America knew this game, indeed, was over.

There have been many good MNF announcing teams since the days of Dandy, Howie and The Giffer (as they were known), but none have come close to those guys.

A lot of people who were around back then are mourning the loss of Meredith, but many are also celebrating his life because of the smiles he put on our faces.

Dandy Don will be missed. I think everyone will agree that we’ll never see another guy like Dom Meredith.

He was the first to be a little different and he was never afraid to be himself.

Small balls

From the “and you thought you’d seen it all” department, comes the news from the college basketball game between Illinois and Oakland.

When Oakland played #16 Illinois last week, most figured it would be a cakewalk for the higher ranked team.

But Oakland got off to a quick start and actually led 28-24 at halftime.

One thing that was evident in the early going was that neither team was shooting the ball very well.

The players couldn’t put their fingers on it, but they knew something was obviously wrong.

A few of the players had an idea but what they explained to the referees was ridiculous, at least according to the refs.

Some of the players actually told the officials that they were playing with the wrong basketball. Of course the guys in the stripes had none of it.

But after continued complaints, the officials finally stopped the game to check it out.

And to everyone’s surprise, it turned out that Illinois and Oakland had played the first seven minutes of the game with the smaller



– Photo courtesy of the Mount Vernon Optic-Herald

IT STILL FIT –Don Meredith tried on his high school letterman jacket five years ago prior to sending his memorabilia for display in his hometown of Mount Vernon, Texas. His cremains were interred at the cemetery in his hometown last Friday, Dec. 10, with a private graveside service. He never forgot his roots and frequently mentioned his hometown of Mount Vernon. His career memorabilia is on display at the Old Fire Station Museum, which is open 10 a.m. to 2 p.m. Tuesday through Saturday in Mount Vernon.

and lighter women’s basketballs.

The difference between the two balls is almost the same as the difference between the size of a baseball and a tennis ball – just less fuzzy.

It also took both teams a while to get used to the regular balls after playing with the smaller ones but they eventually got their rhythm back and Illinois went on to win.

Classified Ads

LEGALS

Paseo del Este Municipal Utility District No. 8

NOTICE OF CHANGE IN ADDRESS OF MEETING PLACES

THE STATE OF TEXAS COUNTY OF EL PASO

TO THE RESIDENTS AND TAXPAYERS OF PASEO DEL ESTE MUNICIPAL UTILITYDISTRICT NO. 8 AND TO ALL PERSONS INTERESTED IN THE MEETINGS

OF THE BOARD OF DIRECTORS OF SUCH DISTRICT:

NOTICE IS HEREBY GIVEN that the Board of Directors of Paseo del Este Municipal Utility District No. 8 has previously established meeting places outside the boundaries of the District at, among other locations, the offices of Southwest Water Company at 12429 Rojas Dr Ste A-2, El Paso, Texas 79928, and the offices of Gray ♦ Jansing & Associates, Inc. at 10737 Gateway West, Suite 206, El Paso, Texas 79935. Southwest Water Company has relocated its offices to 12350 Montwood, Suite 100, El Paso, Texas 79928, and Gray ♦ Jansing & Associates, Inc., has relocated its offices to 801 N. El Paso Street, Suite 150, El Paso, Texas 79902, and the Board of Directors wishes to change the location of its meeting places to reflect these changes in addresses. Therefore, the offices of Southwest Water Company, 12350 Montwood, Suite 100, El Paso, Texas 79928, and the offices of Gray ♦ Jansing & Associates, Inc., 801 N. El Paso Street, Suite 150, El Paso, TX 79902, are hereby declared to be public places and open to the public and authorized meeting places of the District. The addresses of other out of District meeting places of the Board of Directors of the District remain the same as previously published. All residents and taxpayers of Paseo del Este Municipal Utility District No. 8 and all other interested persons are hereby invited to attend all meetings of the Board of Directors.

COUNSELING SERVICES

DAMIAN MAUREIRA, LCSW - Professional Counseling / Therapy: Youth, Adults, Marital, Family, Health insurance and FEE SCALE ACCEPTED. Medicare, Medicaid and CHIP. 657 Winn Rd. in Socorro, Texas. Call 858-3857 for appointment.

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Bobtail Local deliveries
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SELF-HELP

Persons who have a problem with alcohol are offered a free source of help locally. Alcoholics Anonymous - call 562-4081 for information. Tiene problemas con el alcohol? Hay una solucion. Informacion: 838-6264.

If you’re not covered, you’ll be discovered.

An estimated 1 in every 5 vehicles on our Texas roads has no automobile insurance, but that’s about to change. TexasSure Vehicle Insurance Verification matches vehicle registration information to insurance policy data, which immediately tells law enforcement officers and tax assessor-collectors who’s driving without insurance. • So, if you’re not covered, better get insured! To learn more, visit: www.TexasSure.com

TexasSure  **catches drivers without insurance.**

1973
37
Years
2010

WEST TEXAS COUNTY
COURIER

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CLASSIFIED AD FORM
25 words - \$10 per week; 40 words - \$15 per week

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Horizon City, TX 79928

Contact Information:

Name: _____

Phone: _____

Comix

OUT ON A LIMB

By Gary Kopervas



AMBER WAVES

By Dave T. Phipps



THE SPATS

By Jeff Pickering



R.F.D.

By Mike Marland



Your good health

By Paul G. Donahue, M.D.

DEAR DR. DONOHUE: I am 56, a woman and have angina. I don't understand it too well. I have never smoked, and I am not overweight. I'd get chest pains if I hurried to catch a bus or to get on an open elevator. When it first started, my doctor gave me a medicine to put under my tongue when the pain happened. It worked well. I don't have to use it much anymore. Is that a good sign? Am I destined to have a heart attack? – J.A.

Angina (pronounced ANN-juh-nuh or ann-JEYE-nuh) is squeezing chest pain that comes on when a person is active and leaves when that person rests. Being active can mean walking, jogging, cleaning, doing the washing, weeding or digging. It comes about because one or more of the heart arteries is plugged with plaque – a mound of cholesterol and fat on the inside artery wall. At rest, enough blood makes its way to the heart. With activity, the heart can't get enough blood because of the plaque. The heart makes its lack of blood known by chest pain that also might be felt in the neck, the jaw or the arms, or only in those places.

Angina, one of the signs of coronary (heart) artery disease, affects 17 million Americans. Smoking, obesity, inactivity, high blood cholesterol, high blood pressure and a family history are some of the major factors that cause its development. You don't smoke and never did. How about your cholesterol, blood pressure and weight? If those things need to be addressed, they trump all other treatments.

In spite of controlling the above factors, many still have to take medicines – medicines that dilate arteries or make the heart beat slower, or ones that lower blood pressure or cholesterol. The medicine you put under your tongue was nitroglycerin. Long-

acting varieties of that medicine and long-acting other artery dilators might be the reason why you don't need nitroglycerin as much as you did. That is a good sign. Clogged heart arteries can be opened with a balloon-tipped catheter or by bypassing the clog with an artery graft. You might not ever need such procedures.

You're not doomed to have a heart attack. The treatment you're now getting is designed to prevent one.

The booklet on coronary artery disease provides information on this No. 1 North American illness. Readers can obtain a copy by writing: Dr. Donohue – No. 101W, Box 536475, Orlando, FL 32853-6475. Enclose a check or money order (no cash) for \$4.75 U.S./\$6 Canada with the recipient's printed name and address. Please allow four weeks for delivery.

DEAR DR. DONOHUE: My grandson recently had scarlet fever. In my day, this was a very frightful disease. My daughter has taken a ho-hum attitude toward it. What are its complications? – W.B.

Scarlet fever is a strep throat with one addition – a red skin rash. That's the only difference between the two. Penicillin is its treatment.

When treated early, there should be no complications from it. If not treated, then it can have the same complication that strep throat has – rheumatic fever.

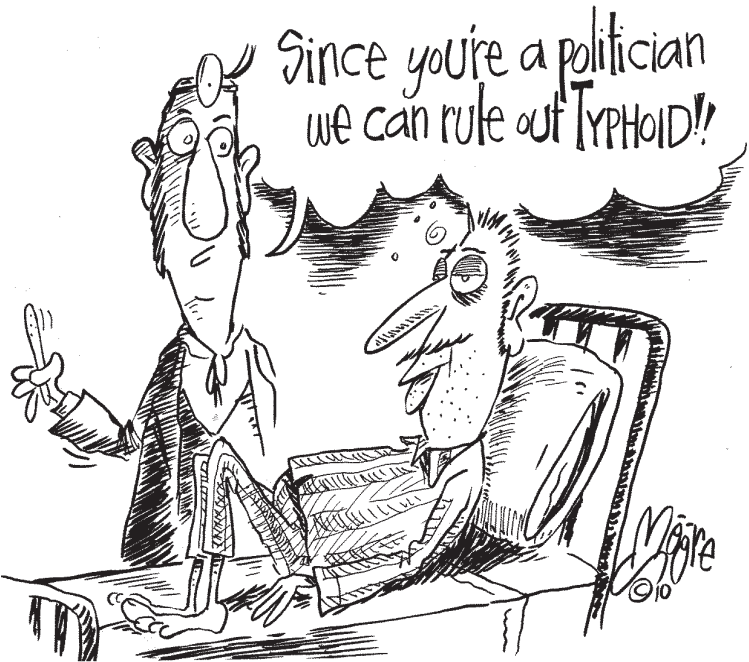
Dr. Donohue regrets that he is unable to answer individual letters, but he will incorporate them in his column whenever possible. Readers may write him or request an order form of available health newsletters at P.O. Box 536475, Orlando, FL 32853-6475. (c) 2010 North America Synd., Inc. All Rights Reserved

Super Crossword

LIQUIDITY ACROSS										67 Dachshund or dik-dik	Morning" singer	Waltons"	80 Persian, presently
1 Still	70 Pop	133 "No, No, Nanette" song	24 Catty remark?	81 Los __, CA								26 Baldwin of "Outside Providence"	85 Ruth's mother-in-law
5 Little devils	72 Antipollution grp.	135 Actress Eve	29 Lout	86 Chef's shield?								33 It's good in a pinch	88 Stickpin locale
9 Lost a lap	73 Porker's palace	136 Basketball venue	35 Morticia, to	89 Cabinet wood								35 Morticia, to	91 Realty map
14 '83 Woody Allen film	74 With "The," John Irving book	137 Valuable	Pugsley	93 Mean Marquis								36 Rainbow goddess	95 "Bonanza" brother
19 __ code	79 Russian jet	138 Chiles or Nettleton	37 Remnant	97 Patella's place								39 White House pet	99 Insipid
20 Year segment	82 Dogpatch's	139 Baggage checkers?	39 White House pet	102 Dug in								40 __ gin fizz	104 Pie filling
21 Dodge	Daisy __	140 Sociable stalling	40 __ gin fizz	107 Any time now								41 Glasgow girl	108 Flow
22 Beethoven dedicatee	83 Ballet movement	141 German river	41 Glasgow girl	109 High rails								42 Actress Massey	110 West. alliance
23 Melanie Griffith movie	84 "Dreaming of You" singer	142 __ lily	42 Actress Massey	111 Spirals								43 Designer Donna	115 Trojan War hero
25 W. Somerset Maugham work	87 Private pension		43 Designer Donna	116 Raymond of "Godzilla"								44 Islamic ruler	117 "Celeste __" (Verdi aria)
27 Check recipient	88 Insect stage		44 Islamic ruler	119 Crooked								45 Salad veggie	121 Raison d'__
28 Marge in the fridge	90 Canvas cover		45 Salad veggie	122 Authentic								46 Shout	124 Nebraska native
30 Impresario Hurok	92 Layette fasteners		46 Shout	125 Baby branch								47 Off the mark	126 Mediocre
31 "Mal de __"	94 Patriot Hale		47 Off the mark	128 Dodger Ron								48 Belief	129 Minnesota twins?
32 More than more	96 Kind		48 Belief	130 Hamilton bill								49 Lamb product	131 Out __ limb
34 Author Martin	98 Zilch		49 Lamb product	132 Slangy negative								55 95 Down's real name	134 Service charge
38 Dick Tracy's love	99 Sardou drama		55 95 Down's real name									56 Big rig	
41 Laura Esquivel novel	100 Be nosy		56 Big rig									58 Bend	
50 Southern st.	101 Actress Purviance		58 Bend									60 No longer fresh	
51 Green bean	103 Mountbatten's rank		60 No longer fresh									63 Man or stallion	
52 Artist Joan	105 Like Austin Powers		63 Man or stallion									65 Artistic output	
53 Arrives	106 Jimmie Rodgers hit		65 Artistic output									68 Big pitcher?	
54 Most painful	112 __ machine		68 Big pitcher?									69 Tragic monarch	
57 Drivers' lics., e.g.	113 Stagger		69 Tragic monarch									71 Laotian native	
59 Bando of baseball	114 Loretta Young's birthplace		71 Laotian native									75 Study for exams	
60 Yarn purchases	115 Lawyers' org.		75 Study for exams									76 More macabre	
61 __ drum	118 "__ pro nobis"		76 More macabre									77 Or __ (threat words)	
62 Coolidge or Gam	123 Restaurateur Shor		77 Or __ (threat words)									78 "You __ Me" ('57 hit)	
64 Conspires	127 "Angel of the		78 "You __ Me" ('57 hit)									79 Capital of Belarus	
66 Where the buoys are			79 Capital of Belarus										

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Moore Texas by Roger Moore Many early Texans thought Typhoid Fever was caused by too much thinking . What do you think?



GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

	—		X		25
÷		X		÷	
	X		—		17
+		+		X	
	+		X		28
10		28		20	

DIFFICULTY: ★★★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

1 1 2 3 4 5 6 8 9

Answer Page 4

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Weekly SUDOKU

by Linda Thistle

2				4		6		1
	6		3	1			7	
	5	1			6	8		
4		3	8			2		
7			9	5				3
	9				2		1	8
6					5		4	7
	7	2		9		3		
		5	1		3		2	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging

Answer Page 4

★★★ HOO BOY!

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Social Security Q&A By Ray Vigil

The holiday season is, for many people the busiest time of year with gift lists and to-do lists, feast planning and party preparation. The busy schedule, like the gift lists, often can get out of hand.

If you're planning on retiring sometime early in the new year, we suggest you wrap up your retirement application now before wrapping any holiday gifts. It's so easy and can take as little as 15 minutes. Just go to www.socialsecurity.gov/applyonline.

Our website makes the retirement application process quick, easy, and secure. In most cases, once your application is submitted electronically, you're done. There are no forms to sign and usually no documentation is required. Social Security will process your application and contact you if any further information is needed.

Before you start your application, you may want to spend a few minutes to get an estimate of your retirement benefit at www.socialsecurity.gov/estimator. The Retirement Estimator uses your personal employment history to estimate your retirement benefit.

Then, jump right into the retirement application. You can use the online application to apply for Social Security retirement or spouses benefits if you:

- Are at least 61 years and 9 months old;

- Want to start your benefits in the next four months; and
- Live in the United States.

Before filing online for retirement, we suggest you have the following information on hand:

- Your date and place of birth and Social Security number;
- Your bank or financial institution's routing transit number and the account number, for direct deposit of your benefits;
- The amount of money earned last year and this year. If you are filing for benefits in the months of September through December, you also will need to estimate next year's earnings;
- The name and address of your employer(s) for this year and last year;
- The beginning and ending dates of any active U.S. military service you had before 1968;
- The name, Social Security number, and date of birth or age of your current spouse and any former spouse. You also should know the dates and places of marriage and dates of divorce or death (if appropriate); and
- A copy of your Social Security Statement.

Even if you don't have all the information we need at your fingertips, you should go ahead and apply now.

Applying online means there is no need for you to go to a

Social Security office or wait for a scheduled appointment with a Social Security representative. Besides, retiring online is so easy. You can apply in as little as 15 minutes. That translates to more time for holiday shopping and activities.

So beat the holiday rush and wrap up your retirement application today at www.socialsecurity.gov/applyonline.

STRANGE BUT TRUE

By Samantha Weaver

- It was prolific British author G.K. Chesterton who gave the following sage bit of advice: "Don't ever take a fence down until you know the reason it was put up."

- When Richard Nixon first ran for a seat in the U.S. House of Representatives (which he won in 1946), he funded his campaign largely with money he won playing poker while serving as a lieutenant commander in the Navy during World War II.

- From 1863 until 1945, the city of Vicksburg, Miss., didn't celebrate the Fourth of July holiday. This is because during the Civil War, the Confederate city was surrendered to Union forces on that day, an event that was considered to be one of the turning points of the war.

- It was once thought that when snakes went through their version of hibernation theyrejuvenatedthemselves, and therefore that serpents lived forever.

- There's talk everywhere these days about the growing problem posed by the fact that people in the U.S. are becoming more and more overweight. Interestingly, when the International Journal of Obesity was first published, in 1993, it was 509 pages long; the 2006 edition totaled 2,322 pages. Coincidence?

- It was one Dr. Spencer Silver, a chemist, who invented the adhesive used today in Post-it notes, but he had no luck promoting his invention. Six years later, one of his colleagues, Art Fry, came up with a use for it that stuck (so to speak). While sitting in church one day, Fry's attention wandered from the sermon to the scraps of paper he used to mark his place in the hymnal, which kept falling out. Connecting his annoying problem and his friend's invention, the Post-it was born.

Thought for the Day: "Human salvation lies in the hands of the creatively maladjusted."
— Martin Luther King Jr.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: U equals F

AU J IKN AH HBKZNAMI

OSKMBJAM-FQAOLAMI

BVFEMAPKVH, FSKQZ EV LV

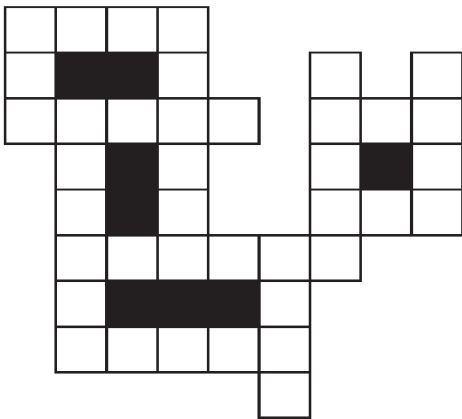
JAZVZ LN FQAUU MSBVH?

Answer Page 4

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GZI
RANEAC
CZARY
ROZE
♥SMARNO
♥ASG
♥UGSM
REAMZ
♥MRA
SAYZLE
CREAG
YOAS



Answer Page 4

Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

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