



NEWSBRIEFS

Vinton events

- November 16: Texas Recycles Day
Volunteers are needed to paint cans to be placed in public areas for recycling and litter control. The activity will take place at the Maintenance Yard, located behind City Hall at 436 E. Vinton Rd.
Event Time: 9:00 a.m. - 12:00 p.m.
- November 23: Helping Hands Day
Seeking 40 individuals or 4 groups of 10 or more persons to help clean up and paint the homes of elderly and disabled homeowners in Vinton. There will be a collection box placed at City Hall beginning November 4, for canned goods to be shared with these families for Thanksgiving as well. This is the fourth event to help those less fortunate in our village. Volunteers will meet at City Hall and are asked to dress accordingly, with closed toe shoes and hats. Water and lunch is provided at each of the 4 sites. To volunteer or for more information please call 886-5104.
Event Time: 9:00 a.m. - 2:00 p.m.
- December 7: Rio Grande River Cleanup
KVB is a Texas Clean Rivers program partner. Several times a year volunteers walk the banks of the Rio Grande to remove litter and trash. Individuals or groups are invited to join us from 9:00 a.m. - 1:00 p.m. Volunteers are asked to dress accordingly, with closed toe shoes and hats. Water and lunch is provided under the Vinton Bridge.
- December 14: Christmas in the Village
Join us for this 8th Annual event celebrating Christmas in the Village. Volunteers are needed to set up and man the various activities and assist Santa while he meets with the children at Dr. Applegate Park. Vendors are welcome and groups are invited to provide entertainment.
Event time: 2:00 p.m. - 7:00 p.m.

— Jessica Garza

Wanted

A man attempts to rob an East El Paso restaurant and is captured on video. Investigators from the El Paso Police Department are asking for the public's assistance in finding this robber through Crime Stoppers. On the evening of Monday, Oct. 21, 2013, just before 8p.m., a man walked into the "Subway" restaurant located at 3333 Yarbrough. After a while the man approached the counter and called a female employee. As the female employee approached the man demanded money and threatened the employee of having a gun. The employee fearing for her life went towards the back of the business and the man fled the scene without taking any money. The man is described as a "cholo" type Hispanic male, medium build, early 20s, had a light

See BRIEFS, Page 4

Many men get more fun out of grinding the axe than in burying the hatchet.
— Quips & Quotes

O'Rourke, Pearce introduce bipartisan immigration bill

By Alfredo Vasquez
Special to the Courier

NATION – Texas Democrat Congressman Beto O'Rourke and New Mexico Republican

Steve Pearce announced recently the introduction of HR3431, the American Families United Act (AFUA), which would provide targeted relief to American families separated by immigration laws.

The bipartisan immigration bill would grant discretionary authority to review specific cases for a small number of Americans who are separated from their families due to minor earlier violations which are technical in nature or occurred when the family member was a minor. Such



Rep. Steve Pearce

review was permissible until 1996, when the current regulations were put in place.

Both O'Rourke and Pearce stated that they have handled federal casework for constituents whose families have been needlessly separated. The American Families United Act would allow a judge or the Secretary of Homeland Security to review these cases and determine whether relief is in the public interest, an option not currently available. The legislation would prohibit this review for individuals without a legal basis to live in the U.S., or those with a serious criminal record.

"This is an issue of fairness and standing up for U.S. citizen families," said O'Rourke. "I have heard countless heartbreaking stories



Rep. Steve Pearce

See IMMIGRATION, Page 4

Fabens shoppers donate food



— Photo by Richie Quesada

FOR A GOOD CAUSE – Justin Fawcett, right, a senior and Vice President of Fabens High School's National Honor Society, with AJ Martinez collected 300 canned food items from shoppers on October 26 outside the San Eli Supermarket in Fabens. The food went to the Child Crisis Center of El Paso.

— Richie Quesada

Pickett receives CLEAT award



COMMITMENT RECOGNIZED – Joe Pickett, Chairman of the Homeland Security and Public Safety Committee and State Representative for El Paso District 79, received a Law Enforcement Leadership Award for his work during the 83rd Legislative Session. Executive Director Charlie Wilkison of the Combined Law Enforcement Associations of Texas (CLEAT) presented the award to Pickett in Austin on Tuesday, Nov. 5. "Chairman Pickett has remained steadfast in his commitment to law enforcement and has remained a strong friend despite pressure from anti-law enforcement factions," said. Pickett was recognized for his continued support of law enforcement throughout the state as well as El Paso. Pickett passed legislation that will help maintain proper repair and maintenance of the Law Enforcement Memorial Monument located on the Capitol grounds, worked with police, firefighters and the City of El Paso to pass legislation that fixed issues on the pension fund, as well as participating with the ceremony remembering Texas Peace Officers killed in the line of duty. Pickett said, "I have always supported our veterans and public safety folks, and I am honored and privileged to receive this recognition." CLEAT represents more than 19,000 law enforcement professionals across the state of Texas.

— Mike Breitingner

San Eli hosts parade, celebration for vets

By Ray Borrego
Special to the Courier

SAN ELIZARIO – The historic town of San Elizario will be holding its 17th Annual Veterans Day Parade and Celebration, on November 9 and 10, 2013. The parade starts on Saturday at 9:00 a.m. at Thompson Rd. and Socorro Rd. and heads east on Socorro Rd. to Main Street in San Elizario. It ends at Veterans Memorial Plaza in front of the San Elcario Church.

The celebration will continue there, with Veteran presentations. Special guests and the 2013 Grand Marshall will be introduced followed by the lighting of candles and the

See SAN ELI, Page 5

Veterans Post

By Freddy Groves

Backlogged claims actually go down

Despite the projections that the number of backlogged claims with the Department of Veterans Affairs would climb during the recent government shutdown (so said Secretary of Veterans Affairs Eric K. Shinseki), it wasn't as bad as expected.

In a pre-shutdown reprieve, the VA was granted an exemption, and claims processing stayed up and running. However, during the shutdown, processors weren't able to continue working their 20 hours per month mandatory overtime to whittle away at the backlog (claims that have been sitting for more than 125 days). That mandatory overtime has been a key component to getting the backlog reduced, and will stop completely in November.

One would think that a lot of claims work was left undone.

But the Monday Workload Report shows that despite the shutdown, the canceled overtime and all the doom-and-gloom projections, the number of claims actually went down. Granted, they didn't go down by much, but they did go down. (If you want to view the archived file of Monday Morning Reports, go online to www.vba.va.gov/reports/mmwr/)

Remember that before the shutdown, the VA hadn't met its own projections of how fast the number of claims would fall on their way to eliminating the backlog. It didn't meet its own goal to the tune of approximately 100,000 claims for fiscal year 2013. (Some in Congress were a bit annoyed about that, since the VA had been granted \$1.59 billion specifically to bring down the backlog.)

Bottom line: If the mandatory overtime is canceled permanently, then yes, the number of delayed claims can continue to go down, but it will be at a very slow rate. While the VA is still aiming for 2015 to clean up that backlog, it's looking increasingly unlikely for that to happen.

Freddy Groves regrets that he cannot personally answer reader questions, but will incorporate them into his column whenever possible. Send email to columnreply2@gmail.com. (c) 2013 King Features Synd., Inc.

Finances

By Jason Alderman

Choosing the right home alarm system

Although I take a certain amount of comfort from statistics that show major declines in most types of crime throughout the US, I also know that burglaries have increased in areas surrounding my neighborhood over the last few years.

I was finally prompted to take action was when my family returned home after being away for one night and found that someone had gotten about 90 percent through the process of unscrewing our front door handle. I figured we got lucky that time but it was a wake-up call that we needed to beef up our security measures.

I did a lot of research on home alarm systems and here's what I learned:

There are several national players in the home security industry, as well as numerous regional and local companies. Much of the equipment used by most of them comes from the same few manufacturers, including GE and Honeywell.

With larger companies like ADT (which we eventually chose), you can buy directly from them, or go through one of their authorized contractors who will sell you the equipment and install it, then turn over the ongoing monitoring to ADT. In our case, I was able to use my AAA membership discount with a local ADT-authorized agent and bargain for a lot of additional hardware, saving considerable money on the overall deal.

Certain vendors will sell you the equipment directly to install yourself. Some people install a security system that sounds an ear-piercing alarm if their house is broken into but doesn't send a signal to a central monitoring station. That'll save you from paying a monthly monitoring bill – typically \$20 to \$50 a month or more. But be aware that police departments often charge a stiff fee for responding to false alarms.

Far more common is to sign a monitoring service contract – usually at least a two- or three-year commitment.

Typically, whenever your system is activated it sends a signal to a central monitoring station. The monitoring station generally will call you to verify it's not a false alarm. If they can't reach you, or whoever answers gives the wrong password, they may then contact the proper authorities (police, fire or medical services) to investigate.


Depending on how much you're willing to spend, there's a broad array of security equipment available, including:

- Central control unit with backup battery, keypad and siren.
- Motion detectors, which sense changes in a room caused by human presence.
- Magnetic door and window contacts, which form a circuit that breaks when the door or window is opened, sounding the alarm.
- Detectors for smoke, fire, carbon monoxide and/or broken glass.
- Panic buttons (hand-held or mounted in strategic locations).
- Pressure mats placed under rugs to detect footsteps.
- Closed-circuit TV system to allow monitoring and/or recording inside or outside your home.
- Temperature gauges to detect if your furnace is broken and the pipes are about to freeze.
- Water detectors to detect basement leaks.

Most homeowners and renters insurance policies provide a discount for installing an alarm system – generally between 2 and 20 percent, depending on which equipment you've installed.

It pays to shop around. I asked friends for recommendations and did a lot of online research. Don't fall for high-pressure sales techniques or scare tactics. Once you've identified a few good candidates, check for customer complaints with the Better Business Bureau or other trusted reviewers. The Federal Trade Commission (www.consumer.ftc.gov) provides tips for choosing a home security system and identifying common scams.

Jason Alderman directs Visa's financial education programs.




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Gifts from the Arbor Day Foundation

By Anthony Marek
Special to the Courier

Celebrate this year's holiday season with friends and loved ones while supporting conservation and tree planting with the help of the Arbor Day Foundation.

Returning for the fifth season in a row, Give-A-Tree cards from the Arbor Day Foundation offer a unique holiday giving opportunity with conservation benefits that will endure for generations. For the first time this year, Give-A-Tree cards can be purchased individually and with customized text.

Purchasing the Arbor Day Foundation's specialty coffee helps preserve rain forests in Central and South America. The Foundation's Specialty Coffee is shade-grown under the canopy of Latin American rain forests. Unlike sun-grown coffee plantations, this traditional shade-grown method gives the coffee a rich and delicious flavor, while preventing the destruction of forestland.

The Foundation's Trees in Celebration program allows the giver to honor loved ones while supporting crucial conservation efforts. For each dollar donated, one tree is planted in a high-need forest, and recipients are given a certificate showing them where the trees were planted.

By giving friends the gift of membership to the Arbor Day Foundation, recipients will also be sent 10 free trees, which will be shipped at the right time of year for planting.

"The holidays are a time for thinking about others, and as you do, take a moment to think about what you can do to protect the beauty and splendor of the Earth," said John Rosenow, founder and chief executive of the Arbor Day Foundation. "We encourage everyone to give gifts that will have a lasting impact for generations to come."

To purchase holiday gifts that give back to the planet, visit arborday.org.

The write stuff

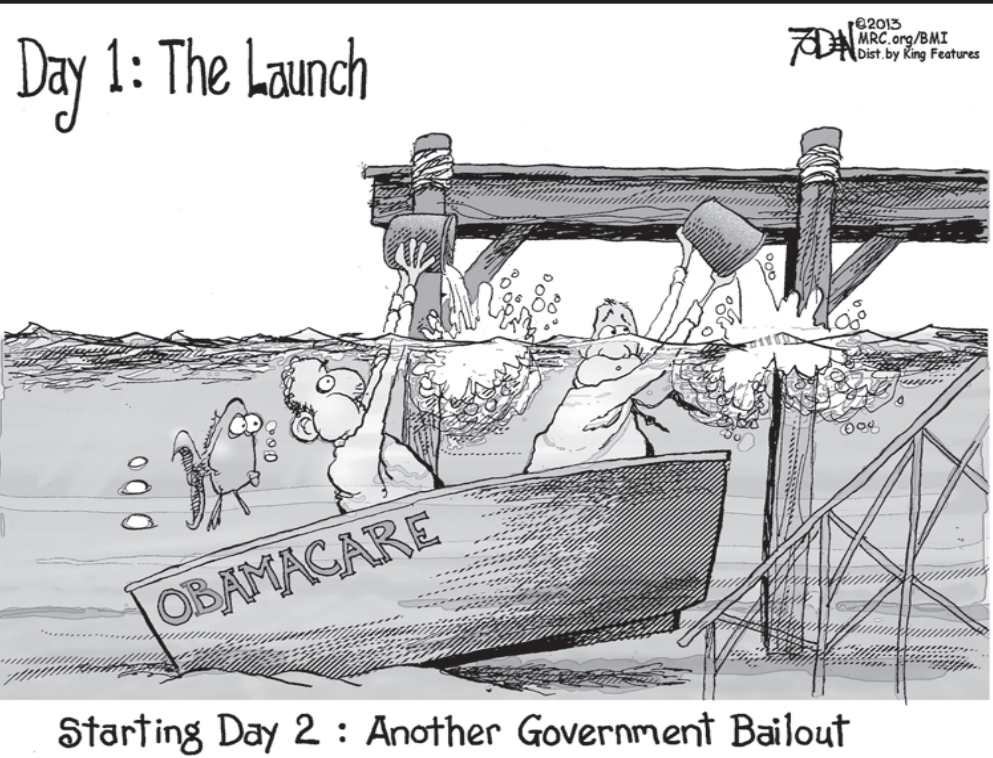
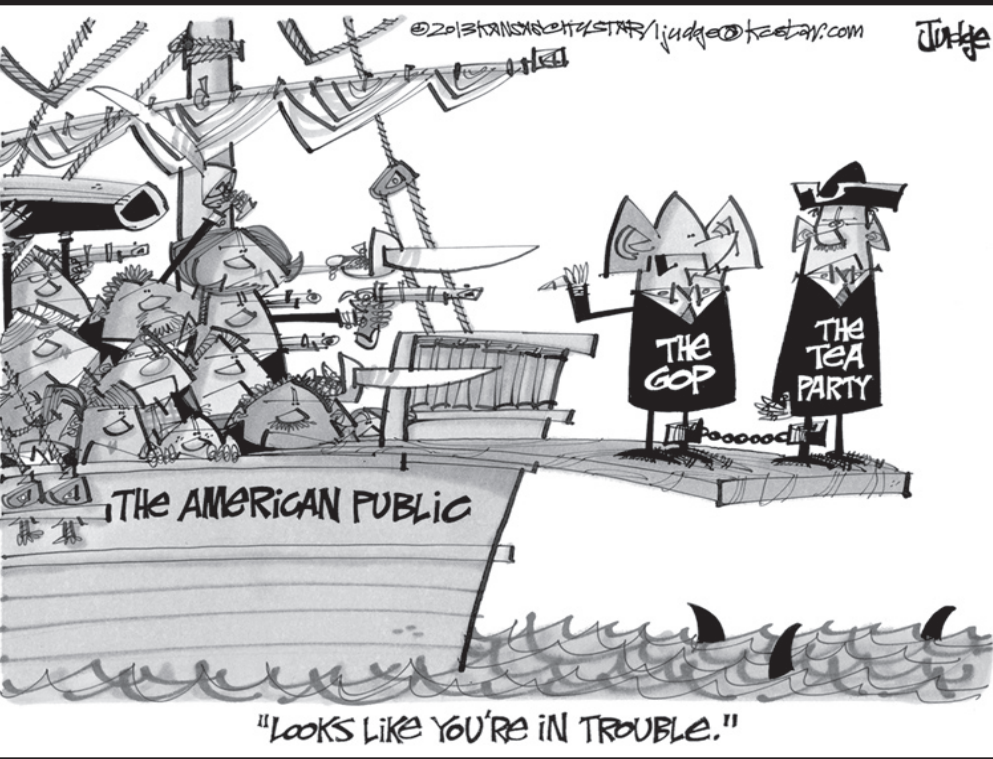
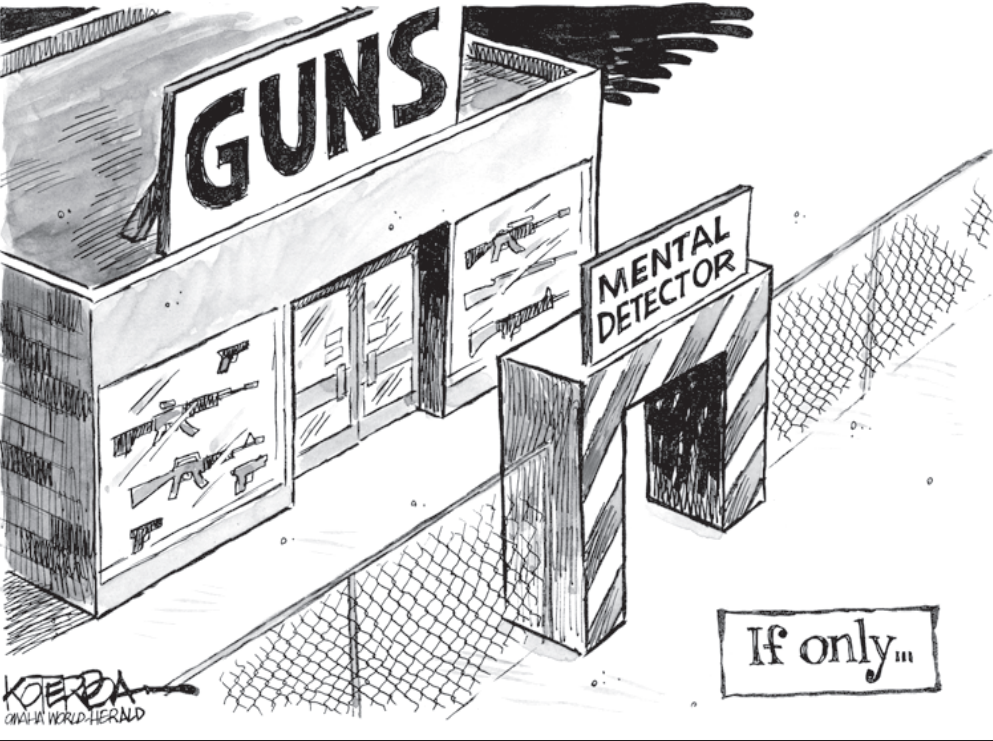
Dear Editor:

The press has done a very good job of reporting about the challenges our veterans face. We all have read or seen stories about our wounded warriors. About traumatic brain injury. About veterans suffering from depression and other serious mental health issues. About those who have lost limbs or endure other physical hardships. These are serious issues that deserve our attention, especially on Veterans Day. What also deserves our attention, but which gets much less press, is the fact that military veterans are twice as likely to develop – and die from – Lou Gehrig's Disease as those who have not served in the military. Yes, studies show that the disease that took the life of baseball legend Lou Gehrig is striking our military heroes at an alarming rate. It doesn't matter when or where they served in the military – home or abroad, peace or war, from World War I to Afghanistan. Those who served are at greater risk.

ALS is horrific. Worse than your worst nightmare. It robs people of the ability to move, trapping them inside a body they no longer can control. People describe it as being buried alive. There is no treatment. No cure. Only death in an average of two to five years.

So as the press calls attention to our military heroes on Veterans Day, I hope they remember those heroes who are fighting for their lives against ALS. I encourage your readers to visit the Veterans Wall of Honor at www.alsa-texas.org. There they will see the faces and read the stories of the military heroes who are fighting ALS and those who have been lost to the disease. Their stories of courage are worth your attention this Veterans Day.

David Chayer
Executive Director
ALS Association Texas Chapter



View from here

By US Senator John Cornyn

Don't let Democrats pack DC court

It is one of the most important battles raging in Washington, a fight that will have far-reaching consequences for everything from health care and the regulatory state to gun rights and the war on terrorism. Yet most Americans have heard nothing about it.

I'm talking about Democratic efforts to pack the U.S. Court of Appeals for the DC Circuit.

America has 13 different federal appellate courts, but the DC Circuit stands out as the most powerful, especially on regulatory and constitutional matters. No other appellate court wields so much influence over hot-button national issues.

The DC Circuit currently has eight active judges and six senior judges (who are semi-retired). Based on its caseload, the court does not need more judges at the present time. For example: Between 2005 and 2013, its total number of written decisions per active judge declined by 27 percent, and the number of appeals filed with the court fell by 18 percent. The DC Circuit has already taken four months off this year. Meanwhile, other federal appellate courts genuinely are overburdened and do need more judges.

And yet, instead of trying to fill judicial vacancies where the need is most urgent, President Obama and Senate Democrats are attempting to transform the DC Circuit into a rubber stamp for liberalism and big government.

Their motivation is simple enough: In recent years, the DC Circuit has repeatedly pushed back against executive overreach. In 2011, it struck down the Securities and Exchange Commission's "proxy access" rule, declaring that the agency failed to conduct a proper cost-benefit analysis before adopting the regulation. Last year, the court vacated the Environmental Protection Agency's Cross-State Air Pollution Rule, noting that it would "impose massive emissions reduction requirements" on certain states, "without regard to the limits imposed by the statutory text."

The DC Circuit has also rejected as unconstitutional a pair of appointments that President Obama made to the National Labor Relations Board in January 2012, ruling that the administration's legal rationale for these appointments would "eviscerate the Constitution's separation of powers." More recently, on August 12, the court held that President Obama's Nuclear Regulatory Commission was "simply flouting the law" by delaying a decision on whether to use Yucca Mountain as a nuclear-waste repository. "The president," it said, "may not decline to follow a statutory mandate or prohibition simply because of policy objections."

However, the DC Circuit has also ruled in favor of the Obama administration on many occasions. Just look at EPA: Since 2012, reports Jeremy Jacobs, the agency has won 60 percent of all DC Circuit cases involving "significant challenges" to its regulations, "a better performance than EPA had at the circuit during George W. Bush's administration." In particular, EPA has scored landmark victories on cases related to greenhouse-gas regulations, ethanol-blended gasoline, and mountaintop-removal coal mining.

Beyond energy and environmental issues, the DC Circuit upheld President Obama's executive order regarding embryonic stem-cell research on two separate occasions, in April 2011 and August 2012. Additionally, the court upheld the Affordable Care Act (a.k.a. "Obamacare") in November 2011, ruling that the individual health-insurance mandate was constitutional under the Commerce Clause.

In other words, despite the hyperbolic criticism leveled against it by left-wing activists, the DC Circuit remains an impartial judicial arbiter. I haven't always agreed with its decisions, but I've always respected the integrity and professionalism of its members. As for partisanship, the court is currently split right down the middle: Four of its eight active members were appointed by a Republican president and four were appointed by a Democratic president.

Unfortunately, top Democrats are now smearing the DC Circuit judges and vowing to do whatever it takes to shift the court in a more liberal direction. "They've done a lot of bad things," Senator majority leader Harry Reid said in August, "so we're focusing very intently on the DC Circuit. We need at least one more [judge]. There's three vacancies, we need at least one more and that will switch the majority."

Not only is Senator Reid attempting to pack the court with judicial liberals, he is threatening to use the so-called nuclear option unless Republicans cooperate. In simple terms: Democrats are prepared to violate Senate rules they have publicly supported in order to "flip" the DC Circuit and help the Obama administration impose its agenda. If these tactics succeed, the Senate will be weakened as an institution, and the nation's "second-highest court" (to quote the president) will be transformed into a far more ideological judicial body.

Senator Chuck Grassley of Iowa has offered a reasonable compromise that would allow several of President Obama's appellate nominees to be approved for courts that actually need judges. As Carrie Severino of the Judicial Crisis Network has observed, the DC Circuit "already has the lowest caseload in the nation, and, if anything, trends show that their workload is decreasing." Indeed, one DC Circuit judge recently told Senator Grassley: "If any more judges were added now, there wouldn't be enough work to go around."

For all these reasons and more, I hope that members of both parties can reach a sensible agreement before Democrats attempt a reckless power grab.

Senator Cornyn serves on the Finance and Judiciary Committees. He serves as the top Republican on the Judiciary Committee's Immigration, Refugees and Border Security subcommittee. He served previously as Texas Attorney General, Texas Supreme Court Justice, and Bexar County District Judge.



Immigration

From Page 1

of families in my district forced to live apart because of arbitrary laws with punishments that do not fit the actions and serve no public interest. This targeted legislation would provide necessary discretion to judges and the Department of Homeland Security to provide relief to families who could live legally in the U.S. except that they committed a minor immigration violation in the past. It is commonsense and it is the right thing to do. I am happy to work with Congressman Pearce to show that there is a bipartisan way forward to fix our immigration system.”

“I am proud to work across party lines to allow justice for wrongfully separated families with my good friend Congressman O’Rourke,” said Pearce. “I have long said that we should never split up families, and today’s proposed law allows the careful and sensible evaluation of cases where American families have been wrongly separated, but still makes sure that our immigration laws are upheld. Immigration is an important issue that is central to the future of our country. I am hopeful that the small step we take today will be the start of further cooperation between our two parties in Washington, and that we can tackle greater challenges of immigration reform together in the near future.”

Briefs

From Page 1

goatee and was wearing a gray baseball cap, with a Michael Jordan logo, a maroon Texas A&M sweatshirt, blue jeans, black tennis with white soles. Anyone with any information on the man captured on video in this robbery is asked to call Crime Stoppers of El Paso immediately at 566-8477 (TIPS), on-line at www.crimestoppersofelpaso.org or you can send a text message by entering the key word “CRIME1” (no space and include the quotation marks) plus your tip information, and text it to CRIMES (274637). You will remain anonymous and, if your tip leads to an arrest, you can qualify for a cash reward. Crime Stoppers of El Paso, Inc. is a non-profit organization that brings together the community, law enforcement, and the media to solve crime.

– Javier Sambrano



NOTICE OF PUBLIC MEETINGS

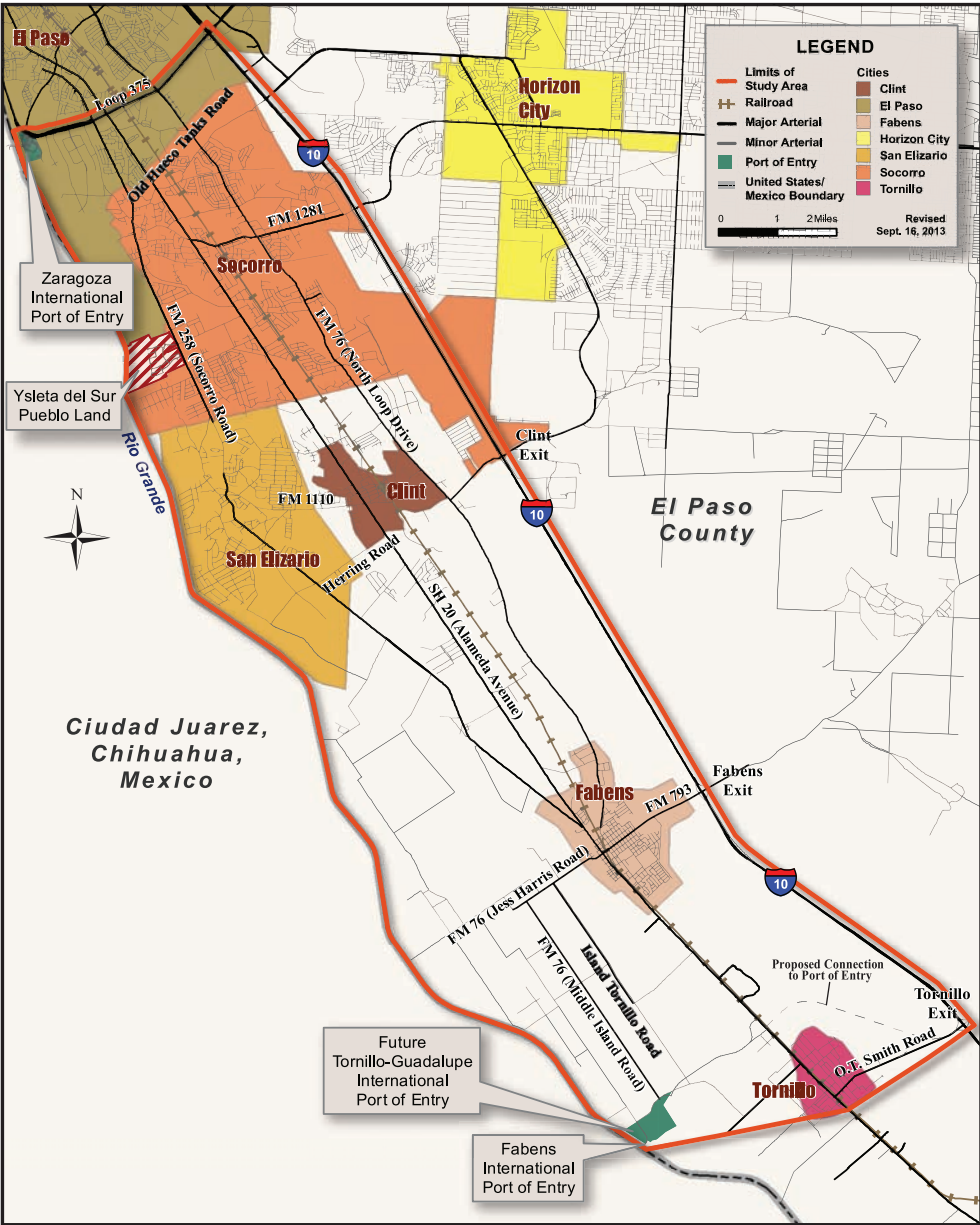
Border Highway East Planning and Environmental Linkages Study

El Paso County, Texas; CSJ: 0924-06-090, etc.

The Texas Department of Transportation (TxDOT) – El Paso District will host two public meetings for the Border Highway East (BHE) Planning and Environmental Linkages (PEL) Study. The public meetings will be held from 4 p.m. to 7 p.m. at the following locations:

Tuesday, November 19, 2013
Socorro High School Cafeteria
10150 Alameda Avenue
Socorro, Texas 79927

Wednesday, November 20, 2013
Rio Valle Woman’s Club
521 Mike Maros
Fabens, Texas 79838



The purpose of the public meetings is to provide information and receive input from the public. The BHE study area begins at Loop 375 (*Americas Avenue*) near the Zaragoza International Port of Entry (POE) and extends approximately 20 miles southeast to the Fabens International POE (*future Tornillo-Guadalupe International POE*). In addition, IH-10 and the Rio Grande serve as east and west boundaries respectively.

The PEL process, initiated in May 2013, is ultimately intended to help identify the purpose and need for improvements, evaluation methodology, and conceptual alternatives or corridors to address the transportation needs in the study area. The PEL process will follow current guidance for linking the transportation planning and National Environmental Policy Act (NEPA) processes. In accordance with federal guidance and regulations, information and products developed in highway planning phases are authorized to be integrated into future Federal Highway Administration (FHWA) NEPA evaluations.

All interested individuals are encouraged to attend one of the public

meetings to discuss the BHE Study. Comment forms will be available at the public meetings for individuals wishing to provide input. Public meeting materials will also be available on the TxDOT website at <http://txdot.gov/inside-txdot/projects/studies/el-paso.html>.

Written comments about the study may be emailed to info@borderhighwayeast.com, or mailed to TxDOT- El Paso District, Attn: Gus Sanchez, RE: BHE Study, 13301 Gateway Boulevard West; El Paso, Texas 79928. Comments must be hand-delivered or postmarked on or before Monday, December 2, 2013.

The public meetings will be held in open house format and the same material will be presented at both meetings in English and Spanish. Spanish-speaking team members will be available at the open houses to assist with translation needs. If you have any questions, require other communication needs or special accommodations please call Blanca Del Valle, TxDOT Public Information Officer, at 915-790-4200 at least two business days prior to a meeting to request assistance. TxDOT will make every reasonable effort to accommodate these needs.

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CryptoQuip Answer

Supposing you asked me to name singer Berry’s very favorite beef dish I’d say Chuck roast.

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STUDENTS GET PRACTICE – Students from Anamarc College perform blood pressure checks and other basic screenings for health fair participants.

San Eli ISD draws hundreds to health fair

By Cynthia P. Marentes
Special to the Courier

SAN ELIZARIO – An enormous amount of public discussion over healthcare reform throughout the country highlights the need that many individuals have for obtaining basic information and services for their health and wellbeing. On November 2, the San Elizario Independent School District offered families in the community the opportunity to begin the process of obtaining the tools and resources they need to lead healthier lives at its 6th Annual Race for Wellness Health Fair. Participants received many health screenings at no cost including vision, hearing, cholesterol, glucose, blood pressure checks, EKGs and pediatric lead testing.

The yearly event drew hundreds to San Elizario High School where they received free medical screenings, low cost immunizations and other health-related services that are sometimes not easily accessible in this underserved area and other neighboring communities.

“Many from the community wait for this annual event because of the opportunity they have to take advantage of the many health screens that are offered,” Laura Rodriguez, district registered nurse, said.

Over 40 agencies including Texas Kids Dental Care, University Medical Center, and UTEP’s College of Health Sciences volunteered their time and talents on that

Saturday morning to make the health fair possible in San Elizario. It was the sixth time in a row that San Elizario ISD was able to bring this community-based health promotion initiative to the area thanks in large part to those partnering organizations.

Although some children had to catch up on a few vaccinations, they were also treated to a little bit of fun in the games and entertainment area. There they enjoyed healthy snacks, face painting, arts, crafts, and played games with San Elizario High School students and district volunteers.

The health fair planning committee lead by Rodriguez and school nurses, began preparations for a morning of fun and health since the beginning of the school year. According to Rodriguez, participating agencies were pleased with the organization of the event and many have already expressed an interest in returning the following year.

“We are looking forward to next year’s health fair to continue to promote healthier habits and health prevention to the community of San Elizario,” Rodriguez added.

In keeping with the theme for the 6th Annual Race for Wellness Health Fair, the high school campus was decorated with black and white checkered flags, traffic signage, racecar posters and a shiny black Corvette owned by auto technology teacher Richard Alarcon. Student Council, NJROTC, parent liaisons, volunteers and district staff decorated the school the night before and also prepared lunches for all the exhibitors the day of the event.



THIS WON’T HURT A BIT – Santa Garcia at the Immunize El Paso table catches up on her immunizations.

San Eli

From Page 1

POW-MIA table ceremony. Five veterans will be honored for their military service.

The celebration will continue to midnight with numerous food, art and craft vendors and fun for the kids, along with live music entertainment.

The celebration continues on Sunday from 1:00 p.m. to 10:00 p.m.

The Veterans Committee of the San Elizario Genealogy and Historical Society and the town of San Elizario cordially invites everyone to attend the event in the San Elizario Historic District. Bring your families and enjoy a day honoring our veterans. Other attractions include the Presidio Chapel, the Portales Museum, the Eduardo M. Pedregon Veterans Museum, the old jail, the Veterans Memorial Walk Project, and world famous art galleries. For information call 851-1682 or 851-0093.

Classified Ads

LEGALS

Town of Anthony, TX

Request For Proposals and Qualifications

The Town of Anthony has been awarded 2013 Texas Community Development Block Grant funds for a Community Development Project and for a Planning and Capacity Building Project. We are separately soliciting (A) proposals from

consultants for project administration and (B) qualifications from Texas-registered engineers to provide engineering services and (C) proposals from professional planners for planning services. Submittals for these services will be accepted until 2:00 p.m. on November 18, 2013 at the Town of Anthony, Attn: Town Clerk at PO Box 1269, 401 Wildcat Drive, Anthony, TX

79821. The same firm will not be awarded contracts to provide both administrative and engineering services for the community development project. We reserve all rights under the Professional Services Procurement Act, UGMS, and 24 CFR Sec. 85. Additional submission requirements for each service are available by calling (915) 886-3944 or by emailing to townofanthony@hotmail.com.

3 Residents and Business Concerns are encouraged to submit.

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Cynthia Clarke
Town Clerk

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EPCC 5th Annual Literary Fiesta

Saturday, November 9, 2013

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1 p.m.—4:30 p.m.
Book Sellers, Food, Music,
Arts & Crafts Vendors
& Children’s Storytelling Corner
Free books for all children provided by Books are GEMS.

ASC Board Room
11:30 a.m.-12:50 p.m.
Writer’s Workshop for Students

1:00-2:30 p.m.
Sergio Troncoso, Author
“From this Wicked Patch of Dust”
Come discuss Sergio’s book with him.

3:00-4:30 p.m.
Bree Ogden, Literary Agent
“Pitch Fest”
Bring your book ideas and get advice from Bree.

4:30-5:30 p.m.
Teffanie Thompson White, Author
“Spinning a Positive Publicity Web”
Learn how to publicize your work online.

5:40 p.m.
Awards dinner celebrating
Sergio Troncoso and
Free Hole Slam

Admission is free and events are open to the public!
Sponsored by Literary Fiesta Committee, EPCC Office of the President, Salute to the Arts & PaPaGaYo Literary Center

The El Paso County Community College District does not discriminate on the basis of race, color, national origin, religion, gender, age, disability, veteran status sexual orientation, or gender identity.

Check out our website at www.literaryfiesta.wordpress.com

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La Hacienda en Villa Victoria no discrimina a los inquilinos por motivos de raza, origen, nacionalidad, ciudadania, genero, estado civil o discapacidad

Professional basketball should be entertaining this year

By Steve Escajeda
Special to the Courier

The National Basketball Association got underway last week with what promises to be an interesting season.

Some players have changed their addresses, some coaches have done the same and some teams have taken on new personas.

The one team that hasn’t changed a bit, but should be as formidable as ever, is the defending champion Miami Heat.

But we’ll get to them later. I’ve already figured out what team is the most exciting to watch.

No it’s not the Oklahoma City Thunder or the Los Angeles Clippers or the New York Knicks or even the Heat.

By far the most exciting team in the league is the Golden State Warriors.

If you’re the kind of person who loves a wonderfully subtle romantic comedy, then the Warriors may not be your cup of tea,

But if you stay up past your bedtime to watch the end of Die Hard, or the Terminator, or the Matrix – then you’ll love watching Golden State.

With 3-point sharp-shooters like Stephen Curry and Klay Thompson, the Warriors can score in bunches and can make up deficits in a hurry.

The have some talented players with size like Harrison Barnes (6’8”), Andrew Bogut (7”), and David Lee (6’9”). And don’t forget forward Andre Iguadala.

What makes the Warriors so much fun to watch is they get up and down the court like their hair was on fire and their looking for the closest water hose.

They are also one of the youngest teams in the league. Of their 14 players on the roster, eight are 25 or younger. They only have one player over the age of 30, that’s center Jermaine O’Neal, who still contributes down low.

The Warriors will have to tangle with a bevy of talented Western Division teams like the Houston Rockets, who have a new big man on their bench by the name of Dwight Howard.

Howard has already proven his worth, grabbing 42 rebounds in his first two games with the team. That’s the highest total for a guy in his first two games with a new team since the NBA-ABA merger.

With fellow center Omer Asik (7”), the Rockets are a complete force on the boards.

Throw in superstar James Harden, forwards Ronnie Brewer and Chandler Parsons and point guard Jeremy Lin (yes, that Jeremy Lin), and the Rockets are now listed as one of the league’s elite.

Everyone knows about the Clippers and the Spurs and the Thunder and the Grizzlies and the Nuggets.

But watch for another team on the rise. The Minnesota Timberwolves have spent much of the last decade at the very bottom of the league standings.

But a few years ago they started investing in their future and it’s beginning to pay off.

Minnesota already has the most consistently good player in the league in forward Kevin Love. Talk about multi-tasking, Love has turned into a double-double machine, scoring and rebounding in bunches every single night without fail.

Throw in one of the most exciting players to watch in point guard Ricky Rubio, high-scoring guard Kevin Martin, big guy Nikola Pekovic, and solid role players like J.J. Barea, Corey Brewer and Derrick Williams.

Watch for the T-Wolves to make some waves this season.

In the East, it all comes down to LeBron Kames and his Heat. Can they make it three titles in a row? You know they’ll be in the mix.

But so will the Indiana Pacers, the Knicks, the Brooklyn Nets, the Chicago Bulls and another young team that is ready to make a jump – the Philadelphia 76ers.

Some story lines to keep and eye on is how the addition of former Celtics Paul Pierce and Kevin Garnet will help the Nets.

Will the return of Danny Grainger make the Pacers that much better?

Will the return of superstar guard Derrick Rose lift eh Bulls past the Heat?

Is coach Doc Rivers the last piece of the puzzle the Clippers need to win a championship?

Who is going to dethrone the Heat? Is it the Spurs, who should have won the title last year, or is it the Pacers, the Nets, the Bulls, the Rockets, the Clippers, the Thunder, or the Grizzlies?

The fun thing is that there are several teams who could do it – and that makes for an unusually fun NBA season.

A sporting view By Mark Vasto

Covering the past

We used to joke about Deion Sanders a lot during his Hall of Fame, two-sport career. In college, on game day, a capacity crowd in my dorm lobby would laugh hysterically whenever an opposing coach laid out his game plan and strategy for dealing with the game’s premiere shutdown corner.

“We’re gonna go right at Deion,”

the coach would state, in all seriousness. “We’re not going to shy away.”

Translated: “We’re going to lose this game. I will lose my job soon.”

Every week, it was the same thing. Bet on the Cowboys to win, laugh when they took it to Deion and take the points. Come basketball season, it was the same idea. Bet

on the Bulls, laugh as Michael Jordan dominated like no other. It became so routine, we resorted to hypothetical scenarios.

“Do you think you could score one on Jordan?”

“Not even if he were blindfolded and hopping on one leg.”

“Do you think Dallas could beat Tampa Bay with Vasto at quarterback?”

Whenever my name was thrown down, it was my cue to leave the room (I’m a private guy.)

“Yeah,” one roommate insisted. “All he needs to do is hand the ball

to Emmit Smith and let the defense handle the rest.”

“No. No way can Vasto do a three-step drop and fire a timing route.”

“He would fold like a deck of cards the second he got touched by the D-line.”

“Could you imagine... Lawrence Taylor showing blitz? Cocaine all over his nose and he’s snarling, saying he’s gonna hit him so hard it was gonna make his mama cry?”

Deion liked to hear what other people had to say about him. Once, famously, Sanders dumped several buckets of ice water over Tim McCarver’s head after the announcer said Sanders couldn’t handle the rigors of playing two sports. To this day, people are still putting Jordan and Sanders in hypothetical contests. Jordon can beat Lebron James; Sanders can shutdown Megatron.

Sanders still has an ear to the street and his Twitter feed has him covered.

“Fans it’s not fair to compare Then to Now! I realize it’s fun but This Ain’t THAT. Truth,” Sanders wrote a few weeks back. “So please stop asking me can I cover these kids 2day. They are GREAT.”

But?

“But I played against Receivers and Quarterbacks who shaped this game!”

Maybe so, but you know... I bet if I was quarterbacking the Cowboys against a team of mini-Deions in my prime... I’d have a shot at winning. But even then, I would have enough sense not to take the game straight to him.

Mark Vasto is a veteran sportswriter who lives in Kansas City. (c) 2013 King Features Synd., Inc.

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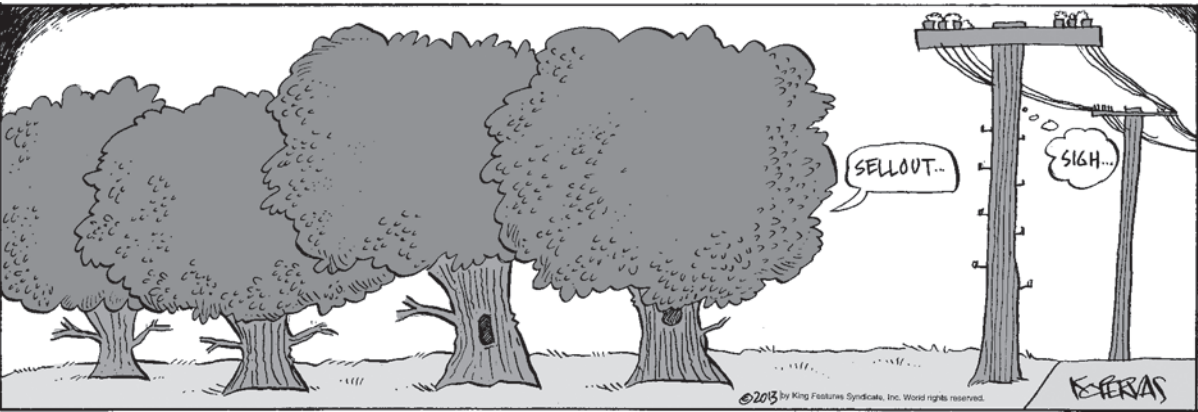
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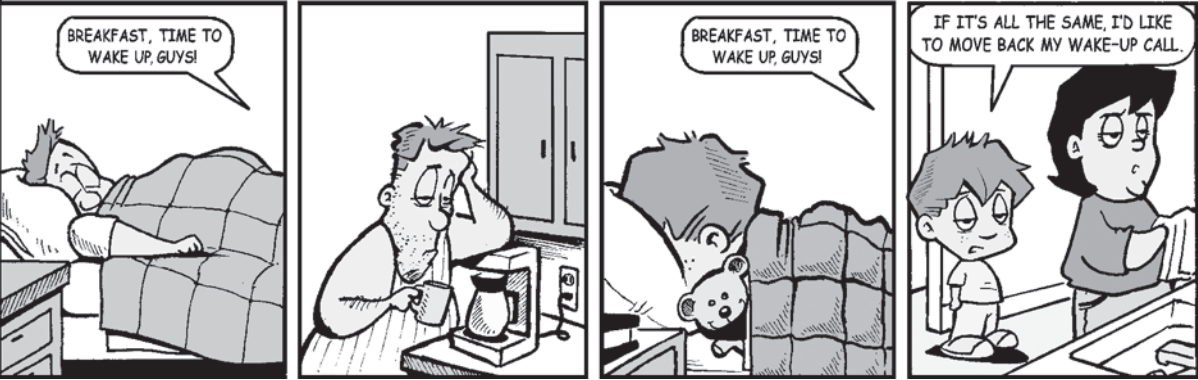
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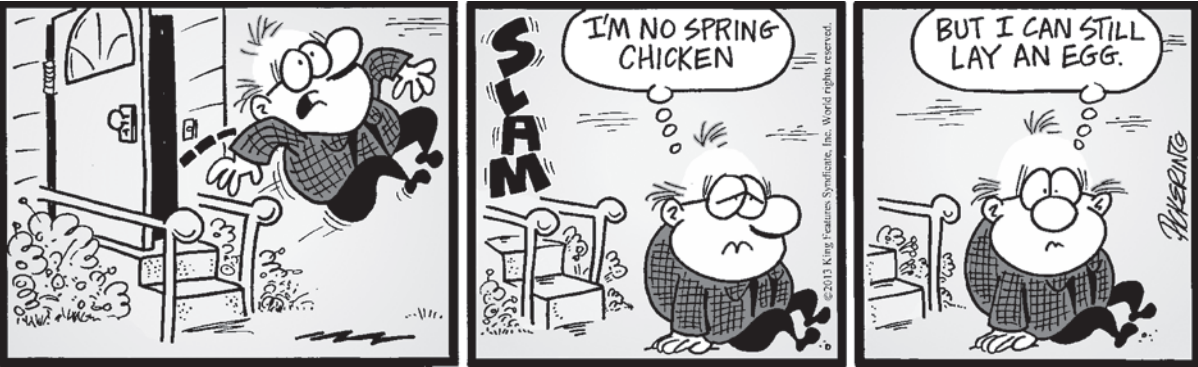
OUT ON A LIMBBy Gary Kopervas



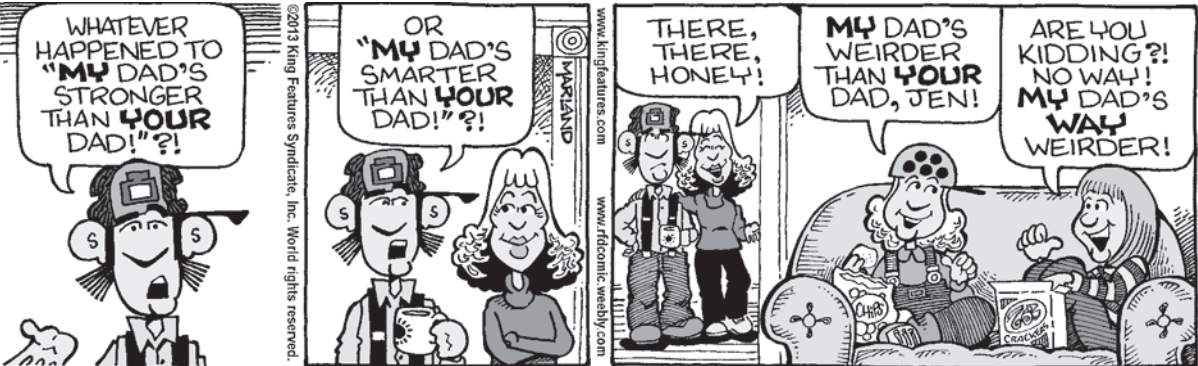
AMBER WAVESBy Dave T. Phipps



THE SPATSBy Jeff Pickering



R.F.D. By Mike Marland



Super Crossword

CAP A PIE ACROSS

1 Insurance company with a duck mascot

6 Prepared by keying in

13 Long, narrow crack

20 Midsection

21 Flip side

22 Finger-pointer

23 Atomic bomb formation

25 Sports squad honoring Old Glory

26 "Home on the Range" creature

27 Uttered by mouth

29 On one's toes

30 _ in "nobody"

31 2008 Seth Rogen comedy film

36 Not fem.

38 Wimpy sort

39 Has a balance due

40 Tire snagger

41 St. Francis' home

44 Rap music's _ Romeo

45 Suffix with Senegal

46 Lay eyes on

47 Like a cause/effect dilemma

51 Syrup bases

54 Listens

55 "Yikes!" to a texter

56 Journal on YouTube, maybe

58 Uno, dos, tres,

62 _ May ("The Beverly Hillbillies" daughter)

63 Roman 506

64 Some thick hair ringlets

66 Brazil's _ Paulo

67 Potpie bits

68 Poem of laud

69 Lawn vermin

70 Dogma

71 Havingayellowish-brown complexion

74 Zeno's H

75 "Thanks _ God"

76 "_ of the North" (1922 film)

77 Woodsy den

78 Suited

79 Haven

80 The "I" of MIT: Abbr.

82 He played Sherlock Holmes

85 Apple tablet computer

88 Some plugs

90 "Hold On Tight" rock gp.

91 Ill- (doomed)

92 Combat

93 Relieve

95 Exxon, formerly

97 Taskmaster

98 It won a 2008 Peabody Award

102 So _ (yet)

105 Coil creator Nikola

106 Toon bear

107 A bowler may not step over it

110 Flapjack

112 Theme of this puzzle

115 Turns, e.g.

116 Cyclops-like

117 Bottled spirit

118 Occurring on 12/31

119 Gets flushed

120 Item of value

DOWN

1 "Darn it"

2 Flora's counterpart

3 Inventories

4 Tennis star Arthur

5 Lower-left PC key

6 _ of Cancer

7 Aden's land

8 Plastic pipe material, for short

9 Slithering fish

10 Wilts

11 Confiscates

12 Piano lever

13 Adipose

14 Mountain climber's tool

15 Hair bases

16 Ancient region in present-day Iraq

17 Illicit lenders

18 Naps, e.g.

19 History topic

24 "-daisy!"

28 13 pontiffs

32 Old TV's J.R.

33 Start of a 12/31 song title

34 Females with fleeces

35 Porky's place

36 Dolenz of the Monkees

37 Seeks info

41 1949-53 secretary of state Dean

42 Clinton cabinet member Donna

43 Steak type

44 Antifungal brand

45 Vain folks' problems

46 Favored son of Isaac

48 Actress Kim

49 Dodgers

50 Cemented

52 Amtrak train

53 Dark purple

57 Former mag for fans of PlayStation, Wii, etc.

59 Checks for fit

60 "Fear Street" series author

61 Seeped in

63 Rolltops, e.g.

64 Justice Sotomayor

65 "_ run!"

67 Working stiff

72 Totally empty

73 Captures

75 "_ in Arms"

78 Authorize

79 Reciprocals of siemens

81 Stun with a zapping gun

83 Superlative of "-y"

84 Occupied

85 "Sands of _ Jima"

86 Company that names a color of the year

87 Brief operatic solo

89 Like many wet lawns

93 Intertangle

94 A Skywalker

95 Revved thing

96 Confiscated

97 Sulks

99 Writer Wilde

100 Lethargy

101 Many times

102 Helsinki inhabitants

103 Dickinson or Harmon

104 Make ready to use again

108 Org. for women with irons

109 Is supine

110 Cow chow

111 Fielder Roush

113 British letter

114 Passing call

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Your good healthBy Paul G. Donahue, M.D.

DEAR DR. DONOHUE: I would like to know the risk of having a stroke when a carotid artery has a blockage. I was told that doctors don't go by percentage of blockage now. How is the risk determined? – K.C.

An obstruction in the carotid artery, the neck artery that supplies the brain with blood, is not the only cause of a stroke. A piece of a blood clot that has broken off of a main clot elsewhere in the body and been swept into a brain artery is another cause of stroke. I mention this to keep it clear that a blocked carotid is but one risk for a stroke.

The doctors I know still use percentage of reduction in the interior of a carotid artery as a criterion of stroke risk. With a 60 percent to 70 percent or greater narrowing of the carotid artery, people benefit from the opening up of the artery, using a variety of procedures. Some experts feel that a 60 percent narrowing requires only blood-thinning medication, such as aspirin. Others feel that surgical removal of the blockage is indicated.

Other factors have to be considered: the patient's age, the patient's wishes and the patient's health problems unrelated to the artery problem.

The booklet on stroke gives timely information on this dreaded cause of death and disability. Readers can obtain a copy by writing: Dr. Donohue – No. 902W, Box 536475, Orlando, FL 32853-6475. Enclose a check or money order (no cash) for \$4.75 U.S./\$6 Canada with the recipient's printed name and address. Please allow four weeks for delivery.

DEAR DR. DONOHUE: I am an 85-year-old female, and my doctor has suggested a colonoscopy. I find it a degrading test. The doctor

didn't say why I needed it. Should a woman my age have it? – K.C.

The American College of Physicians recommends against screening colonoscopies for people 75 and older or for those people with a life expectancy of less than 10 years. Some add that screening can be stopped only if prior colonoscopies have been normal. No one I know recommends screening at 85.

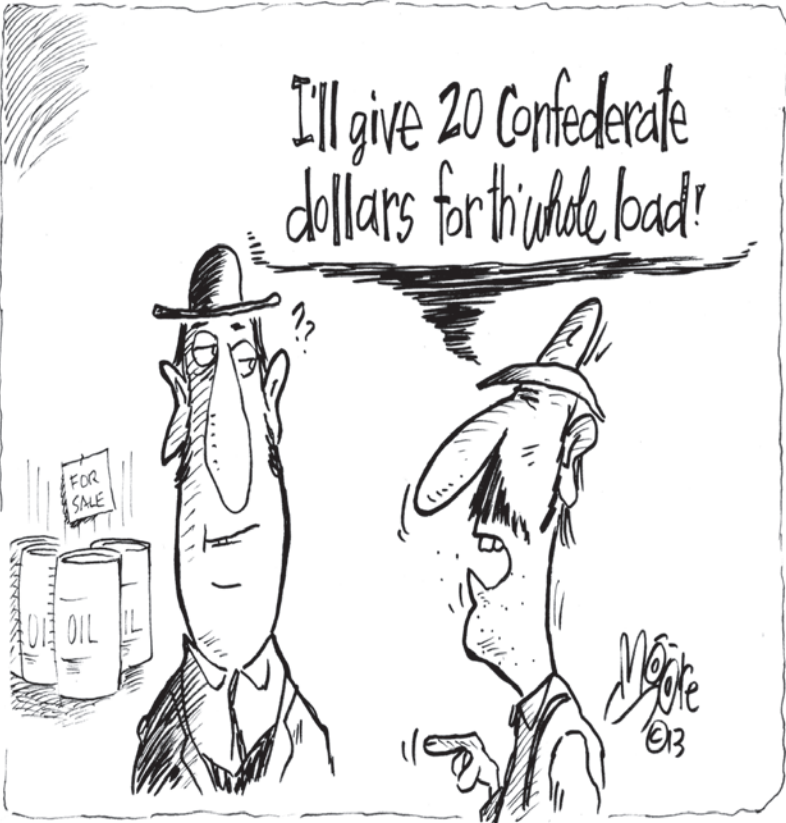
DEAR DR. DONOHUE: I am a World War II vet. I told the Department of Veterans Affairs doctor that I have nervous feet. If I sit in a chair with my feet on a footstool, they always start moving. The same thing happens at night in bed. I can't get to sleep. Can you tell me what this is? – F.B.

It sounds like a form of myoclonus – brief, involuntary movements of the feet and legs. Most often it happens when in bed, but it also can happen when sitting in a chair. Something in the nervous system has gone wrong. Mirapex and Requip are two medicines used to quiet these movements.

See if the VA doctor agrees. It's not such an uncommon disorder as you might think. It's often seen with another condition called restless leg syndrome, a funny feeling in the legs that makes a person get up and move around to get rid of the sensation.

Dr. Donohue regrets that he is unable to answer individual letters, but he will incorporate them in his column whenever possible. Readers may write him or request an order form of available health newsletters at P.O. Box 536475, Orlando, FL 32853-6475. (c) 2013 North America Synd., Inc. All Rights Reserved.

Moore Texas by Roger Moore In 1902, oil prices dropped to 3 cents per barrel... and now???



GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

	+		÷		11
×		×		+	
	÷		×		15
÷		-		×	
	×		÷		9
12		15		12	

1 2 3 3 4 5 6 7 9

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Answer Page 4

Weekly SUDOKU

by Linda Thistle

	9		7					6
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9			3				2	
		8			4			3
	1			6		5		4
	6			9				1
		4	5			7		
3			1		2		8	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging

Answer Page 4

★★★ HOO BOY!

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Social Security Q&A By Ray Vigil

Perfect recipe for retirement

Succulent turkey. Savory stuffing. Green bean casserole. Sweet potato and pumpkin pie. Every family has its Thanksgiving dinner traditions. With a carefully followed recipe, everyone around the table can enjoy their favorite dishes.

If you plan poorly and wait to throw the bird in the oven at the last minute, you will end up with a turkey of a dish. The same can be said for financial planning and preparing for retirement. Follow the perfect recipe and you'll be rewarded with a juicy retirement.

Ingredients: one part Social Security earnings, one part savings, a pinch of planning.

First, start your retirement casserole with a visit to the *Retirement Estimator*. As useful as a food processor, the *Estimator* gives you an instant projection of what you can expect to receive in retirement benefits. Just plug in some simple information and the *Estimator* uses your past earnings and estimated future earnings to project about how much you'll get when you retire. Like an experienced cook, you can experiment with the recipe and plug in different future earnings and retirement dates until it's just the way you want it.

Next, fold in the savings. The earlier you begin, the better off you will be. Social Security replaces about 40 percent of the average

worker's pre-retirement earnings. Most financial advisors say you will need 70 percent or more of pre-retirement earnings to live comfortably. To supplement Social Security you also will need savings, investments, pensions, or retirement accounts to make sure you have enough money to enjoy retirement. Visit the *Ballpark Estimator* for tips to help you save. www.choosetosave.org/ballpark.

If you have a pension from your employer or a 401k, IRA or similar retirement fund, be sure to add that into the mix.

Like to taste as you cook? Then you'll want to set up a *my Social Security* account so you can log in anytime to check your reported earnings and projected benefit estimates. If something doesn't taste just right — if your earnings are reported incorrectly or you find you need to save more to meet your retirement goals — there's still time to make corrections before your retirement casserole is done.

Once you've added the ingredients of Social Security earnings, personal savings, and any pensions you may have, it's time to let the retirement casserole bake.

If you pull the retirement casserole out to find it a little underdone, just put it back in for a bit longer. Delaying retirement can increase your benefits and give you more time to build up

your savings. To learn more, read our publication entitled *When To Start Receiving Retirement Benefits*. It provides helpful information regarding the things you should consider when making a decision on when to collect retirement benefits. You will find it, along with our other useful publications, at www.socialsecurity.gov/pubs.

When the retirement casserole is ready, enjoy it! You deserve a comfortable retirement. Following a traditional Thanksgiving recipe carefully can ensure a satisfying meal. In the same way, following our financial planning recipe will help you achieve a more fulfilling retirement. Learn more at www.socialsecurity.gov.

STRANGE BUT TRUE

By Samantha Weaver

• It was the ever-proper Emily Post who made the following sage observation: "Manners are a sensitive awareness of the feelings of others. If you have that awareness, you have good manners, no matter what fork you use."

• During the Dark Ages in Europe, it was a common belief that the soul of the first person to be buried in a new graveyard would belong to the devil.

• If you're planning a trip to Washington state anytime soon, you might want to head to Olympic National Park and take the Spruce Railroad Trail up to Lake Crescent, a 600-foot deep mountain lake. It has a rather spooky history, with Bigfoot sightings and numerous accounts of ghosts and inexplicable sounds in the nearby woods. The native Kallam Indians refused to fish in the lake for fear of stirring up the evil spirits that resided there. Lake Crescent also is the setting for the Lady of the Lake. It seems that in 1940, two local fishermen (not afraid of evil spirits, it seems) found a body there. It turned out to be the remains of one Hallie Illingworth, a waitress who had disappeared in 1937. Her husband had murdered her, weighted her body down and disposed of it in the depths of the lake. But it was those very depths — or, more accurately, the cold water in those depths — that preserved the body almost perfectly and made identification possible three years after her death.

• Those who study such things say that 40 percent of all modern Chinese people are descended from just three men (dubbed "super-grandfathers") during the Neolithic period.

Thought for the Day: "In the United States there is more space where nobody is than where anybody is. That's what makes America what it is."

— Gertrude Stein

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: P equals Y

OGAAROVFK PRG LOJDY SD QR

FLSD OVFKDW HDWWP'O TDWP

BLTRWVQD HDDB YVOX, V'Y OLP

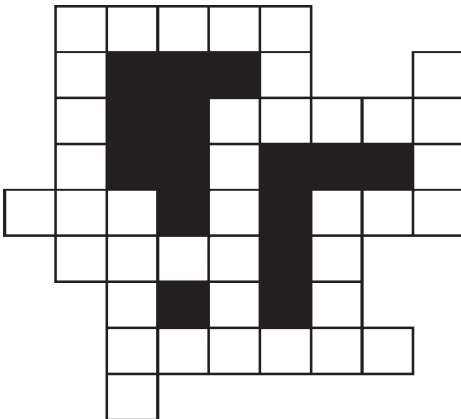
UXGUJ WRLOQ.

Answer Page 4

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MEH
FAHBLE
GIMTH
EBRH
MIBTUS
MEL
♥EMTI
KEOSM
♥ABT
DETBHO
HIBTR
RIMF



Answer Page 4

Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

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