



NEWSBRIEFS

Anthony, NM forum

Anthony Chamber of Commerce will sponsor a Candidates Forum, from 6 to 8 p.m., Thursday, October 16, at the City of Anthony Complex (820 Highway 478, Anthony NM). The public forum is in conjunction with the November 4th New Mexico General Election. After the forum, Diablo Fireworks Inc. will provide a fireworks display at the City of Anthony Soccer field, which is adjacent to the city complex. Also, Dona Ana County Bureau of Elections personnel will be at the gathering to hand out absentee ballot applications and to answer questions about early voting. Anthony Chamber of Commerce is a non-partisan organization and is not endorsing any candidate.

— Alfredo Vasquez

Roofing scams

Stormy weather as the one El Paso is experiencing now can produce a big demand for roofing contractors. It is also a great breeding ground for “storm chasers,” fly-by-night roofing contractors who sometimes go door-to-door offering their services enticing residents with incredibly low estimates or offering new roofs paid entirely by the insurance company. El Paso County Attorney Jo Anne Bernal has some recommendations for residents who are having problems with their roofs and are in need of hiring a contractor to fix their leaks:

- Hire only licensed or bonded contractors. They might be more expensive, but are the only ones who can offer you some peace of mind in case you are not happy with the repairs.
- Do not be rushed into signing any contract, especially if the contractor uses high-pressure sales tactics, such as today-only discounts.
- Always sign a detailed contract for the project, and get the terms and any warranties in writing.
- Before deciding to hire a contractor, do your homework. Get more than one estimate; ask for references from the companies, and search online for any complaint filed against the company or the individual, particularly with the El Paso Better Business Bureau (<http://www.bbb.org/elpaso/>). You can also call the El Paso County Attorney’s Office at (915) 546-2050 to find out about any pending or previous criminal cases involving a particular contractor.
- Never make full payment of the project upfront. A reputable legitimate home improvement company will NEVER ask for full payment upfront. However there are times when it’s industry standard for the homeowner to make a 50% deposit depending on the project, price and/or special order of the materials.
- Check with the City of El Paso to

See BRIEFS, Page 5

Hope is putting faith to work when doubting would be easier.

— Quips & Quotes



— Photo courtesy Socorro ISD

OUT IN FORCE – Over 200 Team SISD administrators walked neighborhoods in the school district to find students who had left school without graduating. They encourage the former students to return to school for either a diploma or GED.

Walk for Success generates great results

Christina Fores-Jones
Special to the Courier

SOCORRO – The Socorro Independent School District’s first Walk for Success on Sept. 20 generated great results in students committing to return to SISD schools.

More than 200 Team SISD administrators walked neighborhoods in the school district to find students who had left school and encourage them to re-enroll so that they can earn their diploma or GED.

SISD educators were seeking more than

150 students throughout the district. They talked to students and family members during their walk on Saturday. They left information with the students and their relatives on how to return to school and what services are offered to help them succeed.

SISD educators conducted a call-out on Sept. 13 as a precursor to the Walk for Success. As a result of the call-outs, 16 students re-enrolled in SISD schools the following week.

SISD administrators started recovery efforts since August. Assistant principals, counselors and attendance clerks at the campuses have been seeking students and

documenting those who have re-enrolled in school. The Walk for Success is the culmination of the campaign, but the district will continue to look for those who still have not returned.

“While SISD has the highest graduation rate in Region 19 and surpasses the state rate, as well, the Walk for Success was launched because every student counts in SISD and the district wants to give every student the opportunity to earn the education they deserve,” said Board President Paul Guerra. “We are committed to doing whatever possible to help our students succeed.”

Olmstead named Outstanding Ex

By Gustavo Reveles Acosta
Special to the Courier

CANUTILLO – Jamey Olmstead, a 1987 graduate of Canutillo High School and a permanent fixture in virtually all athletic events in the District, has been selected as the 2014 Outstanding Ex for the Canutillo High School homecoming festivities.

Olmstead is a detention officer for the El Paso County Sheriff’s Office and a Captain in the West Valley Volunteer Fire Department. But perhaps he is most well known to the Canutillo Independent School District community as the unofficial photographer of the CHS Eagles.

“Jamey is a key supporter of our kids and we are so thrilled to be able to recognize him with what is the biggest honor for a former student of Canutillo High School,” said Principal Dino Coronado. “As someone who comes out and provides our students with snapshots of their performances, I can honestly say that he has a deep impact on the



— Photo courtesy Canutillo ISD

Jamey Olmstead

lives of a large portion of our student body.”

Olmstead will be recognized during the homecoming parade, homecoming pep rally and the homecoming game. He will join dozens of other Canutillo High School alumni – including a former congressman, lawyers,

See OLMSTEAD, Page 5

El Paso’s lower valley voters will decide District 23 congressional race

By Alfredo Vasquez
Special to the Courier

EL PASO COUNTY – A close contest is shaping up in the sprawling District 23 congressional race between Democratic incumbent U.S. Representative Pete Gallego and Republican newcomer Will

Hurd.

Gallego unseated Republican incumbent Francisco “Quico” Canseco in 2012 for the right to represent the 23rd Congressional District of Texas, which stretches from San Antonio 600 miles west to El Paso’s Lower Valley and also includes parts of Bexar and

See RACE, Page 2



Pete Gallego



Will Hurd

Finances

By Jason Alderman

Before cosigning a loan, know the risks

Shakespeare probably said it best: “Neither a borrower, nor a lender be, for loan oft loses both itself and friend.” Four hundred years later, people still wrestle with whether or not to help out a loved one by loaning them money or cosigning a loan.

Perhaps you want to help your kid qualify for a better student loan rate or assist your widowed mom with refinancing her mortgage. Before you cosign anything, however, make sure you understand the risks involved.

Here are just a few of the things

that can go wrong and questions to ask before committing yourself – and your good credit – to what could be a decades-long commitment:

First, understand that the main reason you’re being asked to cosign a loan is because lenders don’t think the borrower is a good risk. By cosigning, you’re guaranteeing that you’ll repay the full loan – plus any late fees or collection costs – should the borrower default.

If that doesn’t scare you sufficiently, read on:

- Even one late or missed payment can damage your credit.
- In most states, the creditor can – and probably will – go after you for repayment without first trying to collect from the borrower, because they know you’re more likely to have the money.
- If the loan goes into default or is charged off, that fact will go into your credit report and can take seven years to erase.
- If you pledged personal property to secure the loan, you could lose these items if the borrower defaults.

- Should the lender agree to settle for a lesser amount, you’ll have to report the difference as “debt forgiveness income” and pay tax on it.
 - If you cosign a credit card account, primary borrowers over age 21 are allowed to raise the credit limit without notifying you.
 - Government-backed student loans generally aren’t eligible for bankruptcy protection unless you can prove “undue hardship.”
 - Some private student loans contain a clause allowing the borrower to originate additional years’ loans without your signed approval.
 - Even if you’re not asked to repay the loan, your potential liability could stop you from getting additional credit if your debt-to-income ratio is too high.
- If you do decide to cosign someone’s loan, taking these steps can help lessen your risk:
- Calculate whether you can afford the loan’s monthly payments, should the borrower stop paying. To be prudent, start setting aside enough money to cover it for one year, which will allow you to keep payments current while working out a solution.
 - Insist that the lender agree, in

writing, to notify you if the borrower missed a payment or the loan’s terms change. That’ll give you more time to make contingency plans.

- If you’re unsure about the borrower’s reliability to pay each month on time, ask the lender to send payment requests directly to you so you can manage the transaction. (It’s a pain, but one way to guarantee timely payments.)
- Ask the lender to stipulate in the contract that you’re only responsible for the loan’s principal amount, should it default. It doesn’t hurt to ask.
- Make sure you get copies of all paperwork in case of future disputes.
- Don’t consolidate old loans accumulated by your spouse before you married. If something should happen (divorce, death), you would be responsible for paying them off.

There may be times you want to cosign a loan to help out a relative or friend, despite the risks involved. The Federal Trade Commission’s “Cosigning a Loan” guide share precautions to take before entering such agreements www.consumer.ftc.gov.)

Jason Alderman directs Visa’s financial education programs

Veterans Post

By Freddy Groves

Dogs ready to aid vets

If you’re a veteran with PTSD that hasn’t been handled well thus far, or a veteran with a service-related disability, here’s a possible answer for you: dogs. Specially trained Guide and Service dogs are available for veterans who are blind or disabled by physical, traumatic brain injury or PTSD.

- Patriot PAWS Service Dogs (patriotpaws.org) trains service dogs to perform services for disabled veterans with the goal of increasing the veteran’s self-sufficiency. Here’s a partial list of what the dogs are trained to do: get help in emergencies, recognize PTSD episodes, take off shoes and socks, help with laundry (who knew?). Contact Patriot PAWS at 972-772-3282 office@patriotpaws.org.
- America’s Vet Dogs (www.vetdogs.org) covers a wide range when it comes to matching dogs with veterans. Dogs are trained for vision and hearing assistance, climbing stairs and so much more for seriously injured veterans. It also provides dogs for physical and occupational therapy at Walter Reed. Contact 1-866-838-3647 or info@vetdogs.org.

The Department of Veterans Affairs will take care of most of the costs of providing eligible

veterans with Guide or Service dogs. See www.va.gov/health/serviceandguidedogs.asp for specifics. Approved veterans will be referred to Assistance Dogs International (www.assistedogsinternational.org) for Service dogs and to National Association of Guide Dog Users (www.nagdu.org) for Guide dogs. The VA pay for the cost of a dog and its training, as well as veterinary care, but not for subsequent expenses like food.

If you don’t need services but want to help veterans who do, go online to America’s Fund (americasfund.org), an arm of the Semper Fi organization. This non-profit charity steps in to help veterans with adaptive transportation, home modifications and emergency funding. It consistently get A-plus and 4-star ratings from the big charity watchdogs. If you can, open your wallet and send them some money.

Freddy Groves regrets that he cannot personally answer reader questions, but will incorporate them into his column whenever possible. Send email to columnreply2@gmail.com. (c) 2014 King Features Synd., Inc.

Race

From Page 1

La Salle counties as well as Brewster, Crane, Crockett, Culberson, Dimmit, Edwards, Frio, Hudspeth, Jeff Davis, Kinney, Loving, Maverick, Medina, Pecos, Presidio, Reagan, Reeves, Schleicher, Sutton, Terrell, Upton, Uvalde, Val Verde, Ward, Winkler, and Zavala counties.

Congressman Gallego was born in the West Texas town of Alpine where he attended local public schools and worked in his family’s restaurant. He graduated from his hometown college, Sul Ross State University and earned a degree from The University of Texas School of Law. He became an assistant attorney general before returning home to serve as a felony prosecutor.

The challenger, a native of San Antonio who is trying to flip the district back to the Republicans, is a former Central Intelligence Agency (CIA) agent, who served as an operations officer for nine years. Since June 2010, Hurd has been a senior advisor with the cybersecurity firm FusionX. He graduated from Texas A&M University in College Station with a Bachelor of Science degree in Computer Science.

So the stage is set for November’s election, when Lower Valley voters will be crucial in Texas’ only competitive congressional contest.

Its outcome could predict the future of Texas politics.

District 23 includes precincts that are heavily Hispanic – a group that tends to vote for Democrats – in southwest San Antonio and in El Paso County. But it also includes heavily Republican precincts in the San Antonio suburbs and areas that lean Republican in rural West Texas.

The seat has changed between the parties in the last two elections and it was the only Texas congressional race in which both candidates received significant contributions by the end of the June 30 reporting period, according to a campaign finance watchdog website.

With the Texas population becoming increasingly black and Hispanic, Democrats are gearing up to turn Texas purple into a blue. If that happens, because of the state’s size, it would have huge implications for national politics.

Gallego has an edge in the race. The incumbent has a larger campaign chest than Hurd and has television commercials running in the El Paso, San Antonio and Midland-Odessa markets. Hurd has not yet run any commercials. Also, voters in the small towns and ranch country there have a long acquaintance with Gallego.

On the other side, national Republicans are pinning their hopes on Hurd. Experts speculate that Republicans will try to pull off an upset by trying to repeat the wave of 2010 that put a Republican in the District 23 seat. They expect Republicans to use President Obama’s unpopularity and concerns over illegal immigration to defeat Gallego, who is a strong advocate of immigration reform.

Also potentially aiding Hurd is the fact that Hispanics tend to vote in lesser numbers in off-year elections such as the one taking place this November. County records show that turnout in the heavily Hispanic precincts in District 23 was 15 to 20 percent less in the 2010 election than in 2012.

In the 2012 contest, Lower Valley voters went for Gallego by a 4-1 margin. It was widely believed to be what put him over the top against the incumbent Republican. Political analysts agree that the key for Gallego will be to once again run up large numbers in El Paso to offset large numbers for Hurd in Bexar County.

1973

41

Years

2014

WEST TEXAS COUNTY

COURIER

SORTING: ANTHONY VINTON, CANCELLED; EAST MONTANA, HORIZON, SOCORRO, CLINT, FARENS, SAN ELIZABO AND TORNILLO

PUBLISHED:
Published each Thursday by Homesteader News, Inc. Appreciation to our many contributors. Office open Monday through Thursday.

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Letter must not be more than 250 words in length. They should be dated, must be signed and have an address and daytime phone number. Only the name and city will be printed with the letter. The Courier reserves the right not to print letters to the editor or other submitted materials it considers inappropriate.


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Monday 4 p.m. for Thursday publication.

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\$10 for 25 words, \$15 for 40 words. Ad must be in writing and pre-paid. The Courier reserves the right not to print classified advertising it considers inappropriate.


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MAIL SUBSCRIPTIONS:
Minimum 50 issues for \$45. Delivery via 1st class mail.


MAIL:
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Member Texas Community Newspaper Association



Homesteader
Est. 1973
News, Inc.

PUBLIC NOTICE

TO ALL INTERESTED PERSONS AND PARTIES:

The West Texas County Courier will publish two editions early. The October 9 and October 16, 2014 issues will go to press on Monday, October 6, 2014.

All material for these publications must be submitted to the West Texas County Courier no later than Thursday, October 2, 2014.

The West Texas County Courier office will close beginning Thursday, October 2, 2014. The office will open again on Monday, October 20, 2014.



Residents have until October 6 to register to vote in general election

By Alfredo Vasquez
Special to the Courier

EL PASO COUNTY – Last day to register to vote for the upcoming November 4th general election is Monday, October 6. As of September 20, El Paso County Elections department reported that, so far, a total of 402,097 county residents were registered to vote.

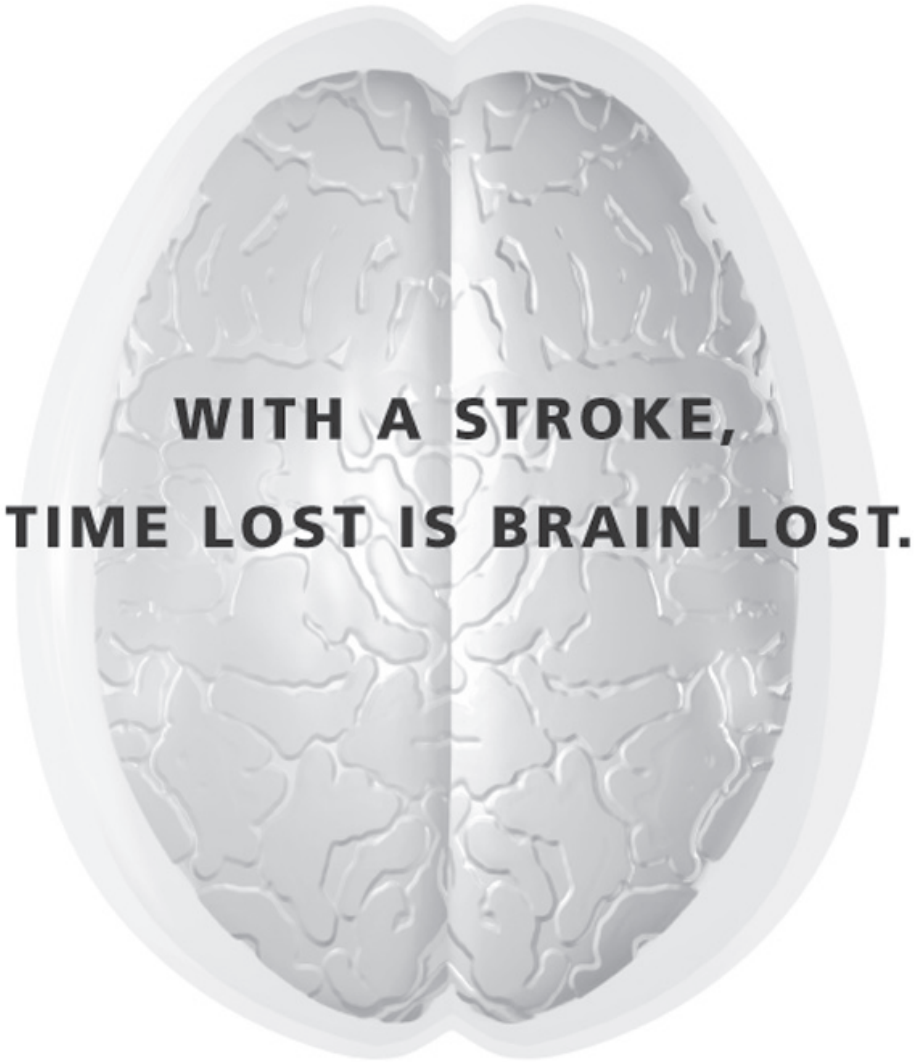
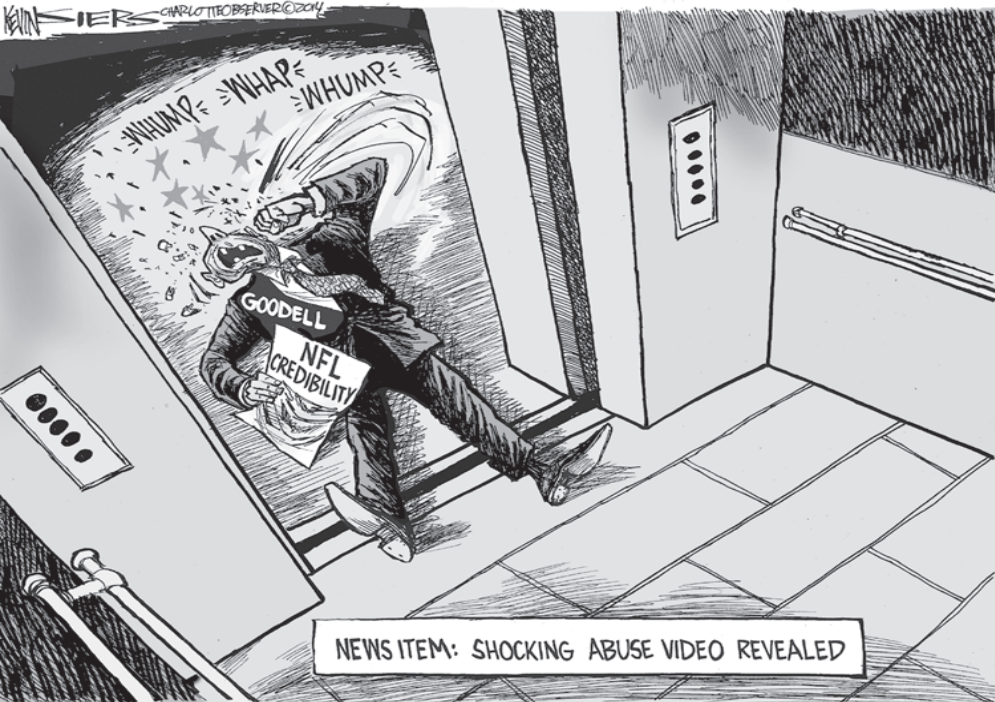
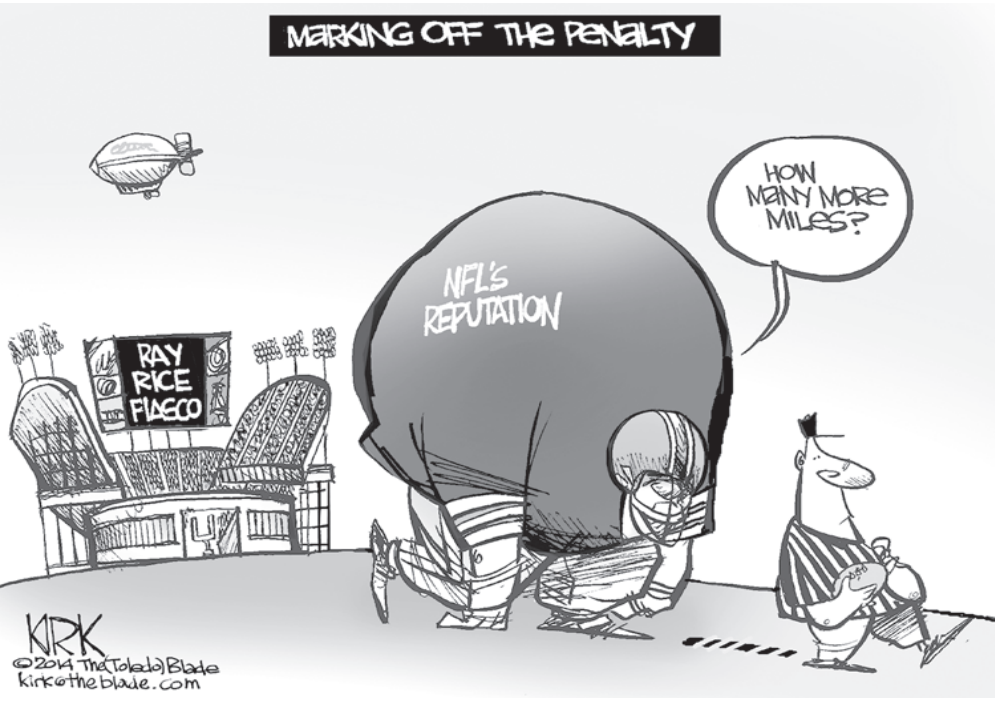
The general election – which will decide a number of issues including state constitutional amendments, national, state, county, city, school and water district office holders – will start with early voting slated for Monday, October 20 through Friday, October 31.

County officials announced that the last day to receive request for a ballot by mail (ABBM- Application for a Ballot by Mail) for civilian voters is Friday, October 24 (date received, not postmarked). Last day to receive request for a ballot by mail (FPCA- Federal Post Card Application) for military and overseas voters

is Tuesday, October 28, (date received, not postmarked).

As of 2011, voters are required to present an approved form of photo identification in order to vote in all Texas elections. Acceptable forms of photo identification includes Texas driver license issued by the Texas Department of Public Safety (DPS); Texas Election Identification Certificate issued by DPS; Texas personal identification card issued by DPS; Texas concealed handgun license issued by DPS; United States military identification card containing the person’s photograph; United States citizenship certificate containing the person’s photograph; and United States passport. With the exception of the U.S. citizenship certificate, the identification must be current or have expired no more than 60 days before being presented for voter qualification at the polling place.

To register or to verify that you are a registered voter and to view early voting locations, visit the El Paso County Elections website at epcountyvotes.com.



If you suddenly have or see any of these symptoms, call 9-1-1 immediately: Numbness or weakness of the face, arm or leg, especially on one side of the body • Confusion, trouble speaking or understanding • Difficulty seeing in one or both eyes • Trouble walking, dizziness, loss of balance or coordination • Severe headache with no known cause

Learn more at StrokeAssociation.org or 1-888-4-STROKE.



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Made possible in part by a generous grant from The Bugher Foundation.





IT'S NOT TOO LATE TO PREVENT DIABETES



Take your first step today

If you have a family history of type 2 diabetes, you are at risk of the disease.

It's about small steps: Lose a small amount of weight by walking or biking for 30 minutes 5 days a week, and by making healthy food choices, to prevent or delay type 2 diabetes. In fact, these small steps work even better for people over 60 than for any other age group.

For free information about preventing type 2 diabetes, visit www.YourDiabetesInfo.org or call 1-888-693-NDEP (6337); TTY: 1-866-569-1162.



www.YourDiabetesInfo.org

A message from the National Diabetes Education Program, sponsored by the National Institutes of Health and the Centers for Disease Control and Prevention.

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CryptoQuip Answer

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Brooks gets 100th win as head coach

By **Gustavo Reveles Acosta**
Special to the Courier

CANUTILLO – Friday’s win against the Chapin Huskies was a landmark victory for the Canutillo High School Eagles. No, the win didn’t clinch a District championship for the 3-1 Eagles. Nor did it guarantee the team a place in the playoffs.

By all accounts, the win was nothing more than a good way for Canutillo to continue its winning

streak as the newest member of District 1-5A.

But the 17-0 blanking of Chapin meant something more important for the team. The win gave Scott Brooks his 100th victory as head coach of the Canutillo Eagles and placed him among an elite group of high-school coaches who have amassed such number of wins.

“This is a wonderful achievement for someone who is very near and dear to our District,” said CISD Superintendent Dr. Pedro Galaviz. “It truly exemplifies the hard work

and dedication of a man who has made a commitment to our students and our community.”

Brooks began his career as head coach of Canutillo High School in 1999. Since then, he has made significant improvements in the football programs at CHS and the two middle schools that feed into it.

The CHS football program now is considered to be one of the best in the city and a playoff contender in the state. Coach Brooks’ program has produced several players who have gone on to play college

football.

Last year, the Canutillo Eagles made history as one of just a handful of high-school football programs to reach the Area Round of the state playoffs.

Brooks was selected to coach in the Texas vs. The Nation College All-Star game and the El Paso All-Star game, where he coached with his father, Don Brooks.

Brooks characteristically played down the importance of his 100th.

“It’s no big deal,” he said. “What’s important is that we give our kids the opportunity to play good football and get a top-level education.”

Brooks will go for win No. 101 on Friday as the Eagles face the El Paso High Tigers.



– Photo courtesy Canutillo ISD
Scott Brooks

Olmstead

From Page 1

doctors, judges, doctors, military personnel and educators – who have had the Outstanding Ex honor bestowed upon them.

Canutillo Homecoming is Friday, September 26. The Eagles will take on the El Paso High School Tigers at 7 p.m. on the Orange & Blue Field of Coach Julius & Irene Lowenberg Eagles Stadium at Canutillo High

School.

Olmstead is no stranger to the Canutillo sports world. As a student at CHS, he was valued member of the football team, for which he lettered even as a freshman playing in the varsity squad. He also had successful seasons with the basketball and track teams. In 1987 he was named Canutillo’s Student Athlete of the Year.

Since graduation he has continued his support of student athletes by establishing Canutillo Eagles Sports

Photos, a social media site where thousands of photos are uploaded for students, friends and families to enjoy free of charge.

Olmstead is a devoted husband and father of three Canutillo High School graduates and a current student at CHS. He has been named the Detention Officer of the Year by the El Paso Sheriff’s Office and is a member of the El Paso County Sheriff’s Officers Association and the State Firemen’s and Fire Marshal’s Association of Texas.

Briefs

From Page 1

determine whether a city permit is needed for the roofing project. If one is required, ask the contractor obtain the permit. This will ensure he is bonded

and insured.

“Most established roofing companies are trustworthy and professional. Consumers should be wary of an offer that sounds too good to be true – it probably is,” said Bernal. Any resident who feels has been the victim of a scam is asked to file

a complaint with the El Paso Police Department at (915) 832-4436 or the El Paso Sheriff’s Office at (915) 546-2280. For more information, please call the Criminal Unit of the El Paso County Attorney’s Office at (915) 546-2050.

– *Elhiu Dominguez*

Notice of Public Meeting To Discuss Fabens Independent School District’s State Financial Accountability Rating (FIRST)

The Fabens Independent School District will hold a public hearing at 6:30 p.m., Wednesday, October 15, 2014 in the boardroom of the Fabens ISD Administration Building, 821 NE “G” Avenue, Fabens, Texas.

The purpose of this hearing is to discuss Fabens Independent School District’s rating on the state’s financial accountability system.

WTCC: 09/18/14 & 09/25/14

Notice of Public Meeting To Discuss San Elizario Independent School District’s State Financial Accountability Rating (FIRST)

The San Elizario Independent School District will hold a public hearing at 5:30 p.m., Wednesday, October 8, 2014 in the boardroom of the San Elizario ISD Administration Building, 1050 Chicken Ranch Road, San Elizario, Texas.

The purpose of this hearing is to discuss San Elizario Independent School District’s rating on the state’s financial accountability system. This meeting will be held in conjunction with the scheduled board of Trustees’ Meeting.

WTCC: 09/18/14 & 09/25/14

Notice of Public Meeting to Discuss Anthony Independent School District’s State Financial Accountability Rating (FIRST)

The Anthony Independent School District will hold a public meeting at 6:30 P.M. on Wednesday, October 15, 2014 in the Board Room, 813 Sixth Street, Anthony, Texas 79821.

The purpose of the meeting is to discuss Anthony Independent School District’s rating on the State’s Financial Accountability Rating System.

WTCC: 09/25/14 and 10/02/14

Notice of Public Meeting To Discuss Canutillo Independent School District’s State Financial Accountability Rating

The Canutillo Independent School District will hold a public meeting at 6:00 p.m., Tuesday, October 28, 2014 in the boardroom of the Canutillo ISD Administration Facility, 7965 Artcraft Road, El Paso, Texas.

The purpose of this meeting is to discuss Canutillo Independent School District’s rating on the state’s financial accountability system.

WTCC: 09/25/14 & 10/02/14

Notice of Public Meeting to Discuss Clint Independent School District’s State Financial Accountability Rating

Clint Independent School District will hold a public meeting at 5:30 PM, Thursday, October 16, 2014, in the Central Office Board Room, 14521 Horizon Blvd., El Paso, Texas 79928.

The purpose of this meeting is to discuss Clint Independent School District’s rating on the state’s financial accountability system.

WTCC: 09/25/14 & 10/02/14



NOTICE OF PUBLIC MEETING

**To Discuss
Socorro
Independent
School District’s
State Financial
Accountability
Rating**

Socorro
Independent School
District will hold a
public meeting at:

**6:00 PM
October 14, 2014
in the Board Room
District Service
Center
12440 Rojas Drive
El Paso, Texas 79928**

The purpose of this meeting is to discuss Socorro Independent School District’s rating on the state’s financial accountability system.

The Socorro Independent School District does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs, activities or employment.

WTCC: 09/25/14 & 10/02/14

It’s time to stop accepting bad behavior from athletes

By Steve Escajeda
Special to the Courier

One of the greatest assets of living on this big blue ball of ours is that it is constantly evolving – and we have a front row seat.

The earth and everything on it is constantly changing.

How boring would it be if everything remained the same day-after-day and year-after-year?

Maybe the best thing of all is that the human beings that kind of run things here have the capacity to make decisions, and then re-evaluate those decisions.

And the human beings here have made some pretty bad decisions.

Remember that time when those guys were so convinced that the earth was flat that the rest of us just took their word for it?

It took a while but we finally got that one right.

I seem to remember something about human beings of a lighter complexion deciding that other human beings of darker

complexion were no more than below average commodities.

Though there was a lot of kicking and screaming, human beings put an end to that.

And how about the time when that one guy with the funny mustache and bad comb over decided he would unite everyone by killing everyone else?

He almost got his wish but human beings eventually put a stop to that whole notion.

Throughout time human beings have made what they thought was the right decision at the time only to have one of those, “what the heck was I thinking” epiphanies afterward.

Often times, bad decisions are corrected before things get too far out of hand – sometimes it takes a sudden jolt to sway what was once considered popular opinion.

One accepted practice that has come under fire recently may soon go the way of the Dodo bird and the Edsel.

For years the National Football League has ruled the American sports landscape and because of that, the league, and its fans, has tended to look the other way regarding bad behavior.

Because of the very nature of the game,

it is jam packed with players who list their top four necessities of life as air, food, water and testosterone – and not necessarily in that order.

When you combine that thought process with the relative inexperience of 20-somethings, the years of entitlement, all the money in the world and huge vacuums of down time – that can be quite a volatile mixture.

And when you tally up all the arrests for drug abuse, weapons charges, assaults, wife and girlfriend beatings, theft, child abuse, sexual assaults, driving under the influence and murder, it’s rather obvious that human beings must step in and stop it.

It’s no secret that NFL players have been acting like knuckleheads and morons for decades.

But in a society that loves seeing pictures more than reading the written word, the video of Baltimore Ravens running back Ray Rice knocking out his girlfriend in an elevator may have been the last accepted blow.

And since everyone and their granny saw the video, there has finally been the kind of outcry to put a stop to the thuggish behavior

that should have raised its head years ago.

NFL commissioner Roger Goodell, who has admitted to being one of those human beings that is wondering how he could have been so wrong by being so lenient, announced last week that the league is going to drop the hammer on NFL players gone bad.

And it’s about time.

I mean really, how difficult is it not to break the law? I hear that there are plenty of human beings who don’t break the law on a daily basis. So I know it’s possible.

It may be the case with politicians and judges and captains of industry and any run of the mill dictator, but NFL players should not be considered to be above the law just because they throw, catch and kick a football.

If Goodell really wants to get tough, get rid of that two games for a first offense and four games for a second and six games for a third and...

Everybody deserves a second chance, but after one chance if a player doesn’t get it – then he really doesn’t want it.

Hopefully this will be fixed to the point that it will no longer be a surprise when an NFL player acts like a human being.

A sporting view By Mark Vasto

Who is Gerald Williams?

From the sound of the murmuring, you knew a very important person was about to walk out of the tunnel at Yankee Stadium on the afternoon of Sept. 7, 2014 – for today was the big day... the canonization of St. Derek Jeter of Bronx, New York.

You could see the look of anticipation in each and every one of the little boys and girls’ eyes, each wearing Yankee blue T-shirts

emblazoned with their hero’s number on the back, holding their mitts and craning their necks to get a better look at what was happening on the field. One by one the little ones let their excitement be known. It filled the stadium with sounds of glee, a clamor rivaled only by the Yankee Stadium organ itself.

“Dad? Do they have to fill all of those empty chairs?” “Mo-oom...

when is the game gonna start? Can I have another hot dog?”

Yes... it was like Christmas in September. Only on this day, but one man who refused to grow up got to open all the presents. Look kids! An engraved crystal keepsake! A massage machine! A framed picture!

“Can we go home now?”

Kids today. They just don’t understand how expensive it is to get quality frames. Someday they will understand.

But if the kids didn’t understand the gifting, surely everyone knew

who was walking onto the field, right? Among them were the biggest stars in sport history! Dave Winfield, Reggie Jackson, Tino Martinez, Paul O’Neill, Jorge Posada, Bernie Williams, Mo Rivera, Joe Torre, Cal Ripken Jr., Michael “Air” Jordan and... Gerald Williams.

Cue sound of record scratching as needle slides over the surface.

Gerald who? Who is Gerald Williams, and why is he here? And where is Andy Pettite?

As luck would have it, a sportswriter was in one of the rooms where the above questions were posed. The answers are as follows:

Gerald Williams was a speedy outfielder who was just a bit above average and consequently spent his career as a fourth outfielder, pinch hitter and late-inning replacement. Mostly though, Williams was trade bait, and he spent much of his career bouncing from team to team.

But he wasn’t there because he got traded with Bob Wickman in 1996 by the Yankees during Jeter’s

rookie season and missed the World Series (although the team voted to give him a ring, too). He was there because of an incident that occurred in 1993, when Jeter, still a teenager, was being bullied by someone he refers to as an “older infielder,” but whom I shall refer to as “Spike Owen.” Owen, the most overpaid infielder in baseball history, saw his gravy train coming off the tracks in Jeter’s glove and off his bat. Williams, practically a rookie himself, put a stop to that and befriended Jeter. Jeter calls him his best friend, a “wise man, a candid man, a positive man.”

As for Petite, a member of the fabled “Core Four,” and his conspicuous absence? He chose elk over alms, hunting over homage, instead... he went on a trip.

There’s a lesson to be learned in all of this, and certainly Derek and Gerald have it figured out.

Mark Vasto is a veteran sportswriter who lives in Kansas City. (c) 2014 King Features Synd., Inc.

2014 UTEP FOOTBALL



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VS NORTHERN ARIZONA
SEPT. 21 | 5:30 PM

Classified Ads

LEGALS

TOWN OF ANTHONY, TX

PUBLIC NOTICE

COMMUNITY DEVELOPMENT BLOCK GRANT (CDBG)

The Town of Anthony will conduct a public hearing at 6:00 p.m. on Tuesday, October 14th 2014, at Town Hall, 401 Wildcat Drive, Anthony, Texas, to review the performance of and obtain comments on its Texas Community Development Block Grant Program (T x C D B G) Planning and

Capacity Building Fund Contract No. 713014. Consultants from GrantWorksInc.will give a presentation of the plan at the hearing. The City encourages citizens to participate in the review of its Comprehensive Plan 2014-2024 and to make their views known at the public hearing. The plan is available for viewing at Town Hall during normal business hours. Persons with disabilities wishing to attend this meeting should contact the City Secretary at (915) 886-3944 at least two days before the meeting so that appropriate

arrangements can be made.

Luis Vela Mayor

WTCC: 09-25-14

JOB

El Paso County Tornillo Water Improvement District

Position Open Wastewater/ Water Operator

El Paso County Tornillo Water Improvement District accepting applications. Qualifications: H.S. degree or GED, class C Wastewater Operator license and Class C Water License preferred,

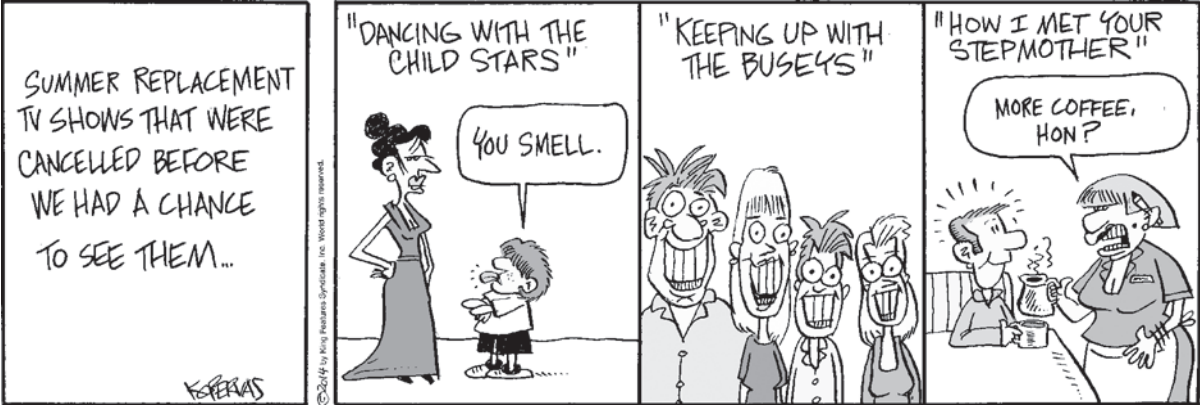
or Class D required within one year of appointment, valid Texas Class C driver's license, computer literate, experience in wastewater treatment plant and water operation and maintenance. Salary based on experience and TCEQ licenses. Applications accepted until position is filled. Apply at 19225 Highland St., Tornillo, TX, mailing address P. O. Box 136, Tornillo, TX 79853. (915) 764-2966.

Equal Opportunity Employer

WTCC: 09-25-14

Comix

OUT ON A LIMBBy Gary Kopervas



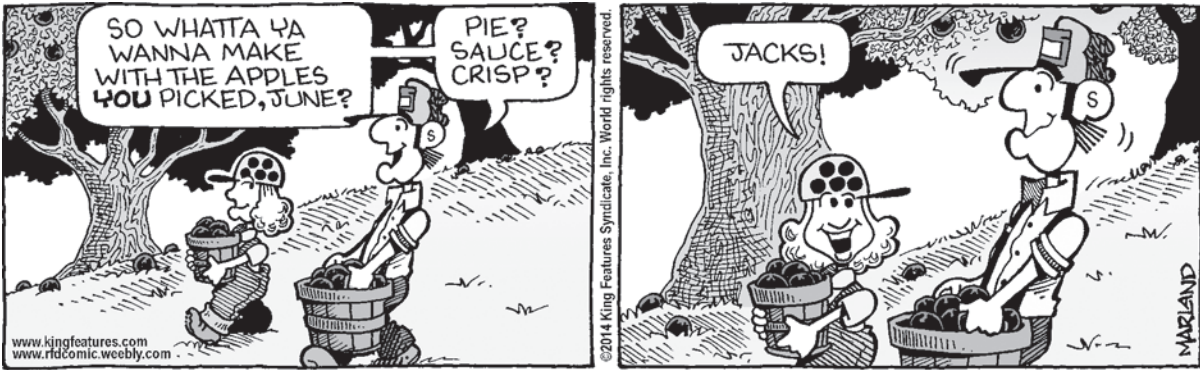
AMBER WAVESBy Dave T. Phipps



THE SPATSBy Jeff Pickering



R.F.D. By Mike Marland



Your good healthBy Keith Roach, M.D.

DEAR DR. ROACH: Do you believe that lycopene, which is found in certain foods such as cooked tomatoes, can help prevent prostate cancer? – C.R.O.

Lycopene, a vitamin A-like substance found in tomatoes and watermelons, was indeed thought to help prevent prostate cancer. Unfortunately, further studies failed to support this.

What has been shown more substantially is that a diet of fresh fruits and vegetables helps reduce risk for and even helps treat prostate (and other) cancer. So it may be that lycopene by itself isn't enough, but that all the different healthy substances found in fruits and vegetables are. This diet certainly reduces risk of heart disease as well.

The booklet on the prostate gland discusses enlargement and cancer. Readers can obtain a copy by writing: Dr. Roach – No. 1001, Box 536475, Orlando, FL 32853-6475. Enclose a check or money order (no cash) for \$4.75 U.S./\$6 Can. with the recipient's printed name and address. Please allow four weeks for delivery.

DEAR DR. ROACH: About four years ago I bought a vibration machine. I'm a 64-year-old female with major back issues, but I can exercise on the vibration machine with no problems. In fact, when I went in for my last bone density check, my bone density had increased over 14 percent! My doctor said it was unbelievable. I understand that many retirement homes may have this machine. My ultimate wish would be that hotels would all put one in their exercise room! Ten minutes on the machine equals 4 miles of jogging. – L.J.

Vibration machines have been around for years, but the data supporting them is patchy. Some studies have found that they do not improve osteoporosis; others

show a slight improvement. Many studies have shown an improvement in low back pain and in strength. The machines are generally safe, but they can cause injuries, especially in the elderly.

Although vibration machines can improve fitness, I don't believe that 10 minutes on an exercise machine gives you all the benefits of 4 miles of jogging. Bone density levels show a lot of variation, so a single large increase doesn't always mean a sustained gain.

I think it's too early to recommend vibration therapy as a standard treatment for osteoporosis. It may have a role for people who are unable to do other kinds of exercises.

DEAR DR. ROACH: I have a white patch called vitiligo. My doctor is giving me Protopic, but I do not see much improvement. Can you advise me? I am afraid of this advancing. – G.L.

Vitiligo is a loss of color in the skin. It can affect people of any skin color, and likely is due to the body's destroying its own cells – in this case, the cells that make the pigment for the skin.

Vitiligo often progresses slowly. Tacrolimus (Protopic) is effective in about 90 percent of people treated for two months, according to one study. Steroid creams and ultraviolet light also are used. It may be worthwhile to look for other autoimmune diseases, such as thyroid disease.

Dr. Roach regrets that he is unable to answer individual letters, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu. To view and order health pamphlets, visit www.rbmamall.com, or write to P.O. Box 536475, Orlando, FL 32853-6475.(c) 2014 North America Synd., Inc. All Rights Reserved

Super Crossword

SINGER ON THE CIRCUIT ACROSS

1 Western resort lake

6 Wear away by rubbing

11 Cottony

15 See 42-Across

19 Splendor

20 Carted off to jail

21 Luminous radiation

22 Et _ (plus others)

23 Start of a riddle

25 Window dressings

27 Send over a phone line

28 "Game of Thrones" ainer

29 _ Alamos, New Mexico

31 Disregard

32 Riddle, part 2

37 "The Core" director Jon

40 English miler Sebastian

41 Number of cards in Livy's deck?

42 With 15-Across, comic strip since 1957

43 Riddle, part 3

50 Citizens' rights

51 Letters before omegas

52 No longer in the mil., say

53 Perpetually

56 Treatment

126 Jefferson, religionwise

127 Male offspring

128 Kellogg's waffle brand

129 Streisand film of 1983

130 Thrill

DOWN

1 End-of-week cry

2 _ Romeo

3 Bamboozle

4 Hockey hero

5 Bobby

6 Mask opening

7 Thief

8 Half a bray

9 "Raggedy" playmate

10 Frequent fly-ball catcher

11 Biblical witch's home

12 Bummed

13 _ Lips Are Sealed"

14 Swiss coin

15 Thin out

16 Bank offerings for autos

17 1989-90 futuristic cop show on Fox

18 _ together (assembled)

19 Pie or tart

20 Peacock TV network

21 Self-importance

22 Decipher

23 Subsequent

interment

33 Trendy antioxidant berry

34 "That's false"

35 2009-11 crime drama on Fox

36 "Diamond _" (Mae West play)

37 At the drop of _

38 Ratio of fast flight

39 Not engaged

40 _ Lederer, a.k.a. Ann Landers

41 "Girlfriend" boy band

42 Pupil of Plato

43 Suffix with phenyl

44 Hopping Aussie critter

45 Bed-and-breakfast

46 Blood type, for short

47 Machines with CPUs

48 Rainbow, e.g.

49 Finn's floater

50 Prima donna

51 Elvis _ Presley

52 Italian river

53 Aversion

54 Actress Rue

55 Spread of ideas, e.g.

56 Reviewed, as the books

57 Plainly visible

58 Unwilling

59 Jettas and Golfs, briefly

60 Breakers' radios

78 Jack of "Barney Miller"

79 Aetna rival, informally

80 Vast stretch

82 Madrid locale

84 Caesar's last reproach

85 Within reach

86 Actress Laura

88 Feigns

90 Pre-Ayatollah rulers

92 Bombeck of home humor

95 Broadband inits.

96 No-brainer

97 Recede

98 Strips cut by scythes

99 Sneeze sound

104 LP replacers

105 Jack of "The Great Dictator"

106 Drawing on

107 _ the Lord my soul to keep"

108 Principled

109 Recede

113 Brunei locale

114 A deadly sin

115 Required bet

117 Holiday drink

118 _Cat

120 Yang partner

121 Mel the Giant

122 _ Aviv

Answer Page 4

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