



NEWSBRIEFS

Groundbreaking

The El Paso County Tornillo Water Improvement District is receiving a \$3.25 million grant from the North American Development Bank. The grant will be used for construction on the Tornillo Arsenic Treatment and Wastewater Collection Project. The project includes construction of an arsenic treatment facility (ATF) with a capacity to treat 600 gallons per minute of water and 19 new wastewater connections to the ATF waste line for Tornillo. Groundbreaking will take place at 9:30 a.m. on June 17 at 591 H.R. Hemley, the ATF site. Congressman Will Hurd (R, 23rd congressional district of Texas) will be on hand for the groundbreaking.

— Shana Teehan

Summer theater

El Paso Community College (EPCC) Summer Repertory will open the season with *Boots*. Performances will be June 23, 24, 25, 30, July 1 and 2 at 8:00 p.m. and Sunday matinees on June 26 and July 3 at 2:30 pm. The EPCC Summer Repertory performs at the EPCC Transmountain Campus Forum Theater, 9570 Gateway North. General Admission is \$15, Non-EPCC students and military are \$10 and EPCC students/staff and senior citizens are \$7. Tickets are available at the door. The box office opens two hours before each performance. *Boots* is a new comedy written by Stephanie Karr and Mark Watts and directed by Matthew Robert Smith. If you like Country-Western bars you'll wanna two-step on in to Boots, a west Texas Bar where you can mingle with the reg'lars. A friendly bunch, more or less, with characters the likes of which you're no doubt familiar. And, who's the dude always sittin' in the dark corner? For EPCC Forum Theater information, call (915) 831-5056.

— Jim Heiney

Slush funds

U.S. Sens. Ted Cruz (R-TX), John Cornyn (R-TX), Orrin Hatch (R-UT), James Lankford (R-OK), and Mike Lee (R-UT) have introduced the Stop Settlements Slush Fund Act (S.3050) to prohibit settlement agreements

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Happiness does not come from what you have, but from what you are.

— Quips & Quotes

Incumbents keep offices in election

By Alfredo Vasquez
Special to the Courier

EL PASO COUNTY – Only about five percent of registered voters cast a ballot in the runoff election, held in early May, that stems from races in the March 1 primary, according to the El Paso County Elections Department.

The race for district attorney and for El Paso County tax assessor-collector were the highest-profile contest on the local ballot.

El Paso District Attorney Jaime Esparza was re-elected to another term after defeating challenger Yvonne Rosales in the Democratic primary. Esparza, who has been in office for 24 years, will have no Republican opponent running against him for the post in the November general election.

"I'm really happy with the results. My message was pretty consistent... that experience mattered," he told reporters shortly after the runoff election results were released.

"We run a very good office," Esparza said. "If I didn't make it clear in the campaign, I will say that our office is a leader in the state, and we will continue our record of innovation and

accomplishment."

Esparza stated that his office has been innovative when dealing with family violence and Driving While Intoxicated (DWI) cases. He pointed out that last year he received the national award for a



Jaime Esparza



Ruben Gonzalez

prosecutor by the Mothers Against Drunk Driving (MADD) organization.

The upcoming term will be Esparza's seventh as the chief prosecutor for the 34th Judicial District that covers El Paso, Hudspeth, and Culberson counties.

Another incumbent, Ruben Gonzalez, defeated Siria Rocha in the recent Democratic primary runoff election to retain his seat as county tax assessor-collector. Gonzalez won with more than

53 percent of the vote, while Rocha received 46.34 percent of the vote.

Gonzalez was appointed by commissioner's court to replace Victor Flores, the former county tax assessor-collector who retired for health reasons

in February 2015. Gonzalez will now get a full four-year term, as there is no Republican candidate seeking the position.

"I'm very happy that the small team I have has come through and supported me with their loyalty, and it goes to show that a lot of folks out there believe in me and my goals and what I represent, which is to continue to improve customer service, streamline the process, and bring in new revenue," Gonzalez remarked in a recent news report.

Gonzalez added that there are a lot of new things happening in the office including opening one new

satellite office in the West Side and one in the East Side.

The El Paso County tax assessor-collector is in charge of various tasks including issuing automotive license renewals; registrations; title transfers; and occupational permits. The office also collects state and county fees including motor vehicle sales tax, special vehicle inventory taxes, road and bridge fees, and other special fees imposed by the county.

Rangel, Moreno recognized for efforts

By Christy Flores-Jones
Special to the Courier

EL PASO COUNTY – Two Socorro Independent School District educators, Elias Rangel, fifth-grade teacher at Campestre Elementary School, and Miguel Moreno, instructional technology coordinator, were selected as recipients of the 2016 Texas Association for Supervision and Curriculum Development Teacher Trailblazer Award and the Excellence in Digital Leadership Award, respectively.

Both Team SISD employees were recognized on June 15 for their implementation of unique and innovative technology ideas into education curriculum



Elias Rangel

at the Ignite16 conference at the Irving Convention Center in Irving, TX.

"We are so proud of these two educators who are leading the way to student success through the use of technology in Team SISD. They both have been instrumental in using technology to ensure the success of the

WIN academy and DNA 1:1 program," said Superintendent José Espinoza. "We applaud their outstanding work in helping prepare our students for college, careers, and life through our Operation Future Ready efforts."

The WIN Academy is an innovative, student-centered program created to ensure all children have the opportunities and support needed to achieve academic success. WIN is an acronym for Work hard,

I can do it Attitude, and Never give up. Students in the WIN academy are provided tablets and other technology resources to assist in their learning. The WIN program will be expanded to 16 campuses during the 2016-17 school year.

Rangel earned the Trailblazer award for his new approaches to teaching and learning as a WIN Academy teacher. Campestre principal Rosie Vasquez said Rangel is transforming the way students learn while developing winning attitudes.

"I'm so glad that Mr. Rangel received this award," Vasquez said. "He is an exceptional educator who goes above and beyond to help students succeed. This award shows how dedicated we are when it comes to student success at SISD and Campestre Elementary School."

In addition, SISD also implemented the Digitally Nurturing Academics (DNA) 1:1 initiative that creates transformational, digital age instruction to increase student achievement. Moreno's leadership and

See EFFORTS, Page 5

Finances

By Nathaniel Sillin

Anyone can make mistakes with estate matters – you don’t have to

Adulthood brings certain financial responsibilities like the building of budgets, bank accounts and proper insurance. It’s surprising how few consider a proper estate plan part of that essential mix.

In fact, a recent ABCNews poll (<http://abcnews.go.com/Business/story?id=86992>) found

that only about 50 percent of Americans have created a will and significantly fewer have created the supporting estate documents like a living will or a power of attorney.

Preparing now for the end of your life or for illness may not sound like fun, but it is necessary. Having a plan for the future can help bring you peace and even put you on the road to stronger financial security. It can also help those you care most about. We’ve all heard cautionary tales about relatives or friends who did not have a will, and family members who were left with difficult but avoidable situations.

So, how do you start an estate plan? It has a lot to do with carefully drawn documents, but it’s the planning behind them that really counts. I would encourage you to work with a qualified financial, estate and/or tax professional in your home state at the earliest opportunity to make sure your plans fit your needs and the needs of your loved ones. Here’s a bit more detail on each.

A will, also called a testament, is the starting point. Wills are generally seen as the umbrella document that drives the rest of an individual’s estate process. A will generally accomplishes the following:

- It details how you want to leave your property to specific people or institutions after you die.

- If you have minor children, it allows you to name a guardian to care for them after you die or become incapacitated. It also indicates who will manage your kids’ assets, including what you leave them.

- It lets you name your executor, the trusted person who will carry out all your wishes in the will.

If you die without a valid will, your state’s court system may get involved in distributing your assets depending on intestacy laws on the books.

A living will – also known as an advance directive – allows you to define how you want to be medically treated under specific situations, including irreversible injury or terminal illness. Depending on your state laws, living wills allow you to express your exact wishes about feeding, breathing assistance and other life-sustaining procedures in addition to how you want them carried out at certain decision points in your care. A living will may also provide information on pain or infection medications you either want or don’t want administered as well as specific instructions about your remains, including release to your family or donation for medical research.

Powers of attorney are legal documents that allow you to name a specific person to take care of your money or healthcare wishes if you are incapacitated. It is particularly wise to seek

professional counsel from a qualified trusts and estates attorney in writing these documents. The person you designate as healthcare power of attorney will be speaking with doctors and executing your wishes on various forms of treatment; your financial power of attorney will be in charge of paying your bills and depending on the range of responsibilities you outline for that person, handling your investment and business affairs. Both are extremely important jobs that should be carried out by people you trust, and that’s why they need to be people in the know. Make their preparation part of your estate planning so they know how to step in and carry out the assignments you’ve given them efficiently.

Bottom line: Estate planning is the final, responsible step in all good financial planning. While it may be unpleasant to do, it is essential in taking care of family, loved ones and causes you support after you’re gone.

This article is intended to provide general information and should not be considered legal, tax or financial advice. It’s always a good idea to consult a tax or financial advisor for specific information on how certain laws apply to your situation and about your individual financial situation.

Veterans Post

By Freddy Groves

Until they all come home...

A World War II aircraft missing since July 1944 has been located in the Pacific. The Navy TBM-1C Avenger was found by Project RECOVER, a group whose purpose is to use advanced high-tech methods to find missing-in-action Americans and aircraft.

This aircraft, found in 85 feet of water in a lagoon near the Pacific Island of Palau, is only one of what might be dozens of U.S. planes and the remains of 80 American airmen, all hidden in the coral reefs and mangrove forests.

The players in the Project RECOVER consortium are all big names: University of Delaware’s College of Earth, Ocean and Environment; Scripps Institution of Oceanography at the University of California San Diego; and the BentProp Project, a non-profit that’s been searching for MIAs for two decades.

The technology used would be impressive even if the work isn’t being done on the ocean floor: scanning sonars, cameras, unmanned aerial systems, diver propulsion systems and underwater robots. They study

currents and climate, historical data and firsthand accounts... all to try to determine where a missing aircraft might be. In the past the group has located a downed Corsair fighter off Palau and a F6F Hellcat.

It’s thought that there are 78,000 service members missing around the globe. Once information is discovered, it’s sent to the Department of Defense’s POW/MIA Accounting Agency so the families can be notified.

Patrick Scannon, founder of the BentProp Project, part of Project RECOVER, describes his feelings about finally locating sites under the sea, “We’ve found the temporary tomb of Americans who’ve been missing in action for a long, long time. It is a privilege to be there... so that the families can understand the fate of their loved ones.”

To learn more, see bentprop.org, scripps.ucsd.edu/projects/projectrecover and the film “Last Flight Home” on Amazon Prime.

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Phone: 852-3235
Fax: 852-0123
E-mail: wtxcc@wtxcc.com
Website: wtxcc.com


Publisher
Rick Shrum

Contributors
Alfredo Vasquez
Steve Escajeda




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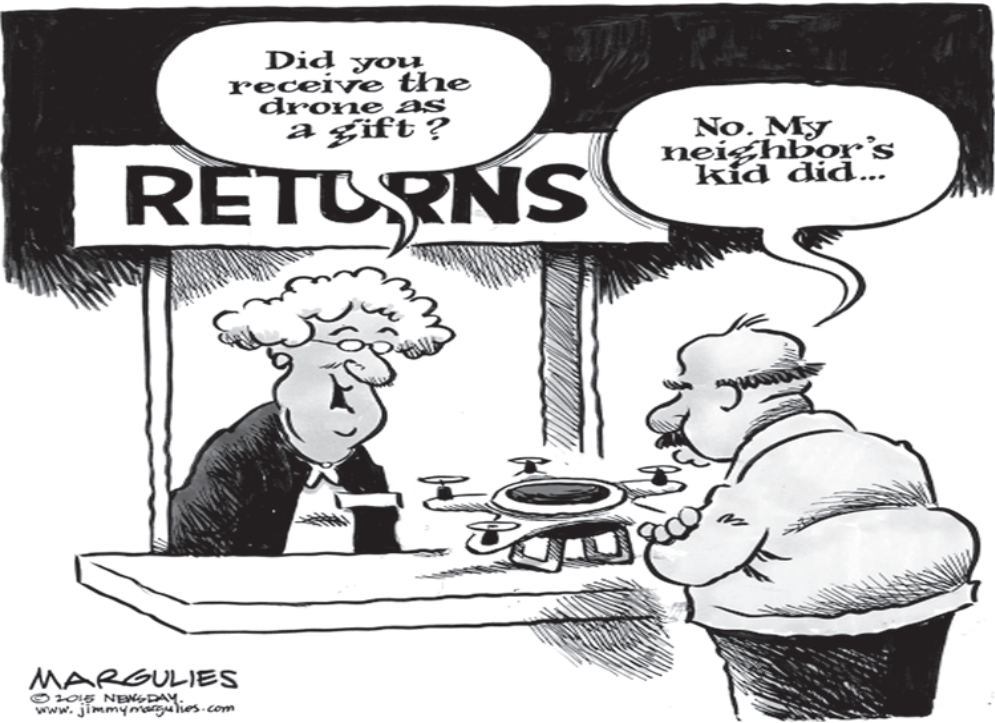
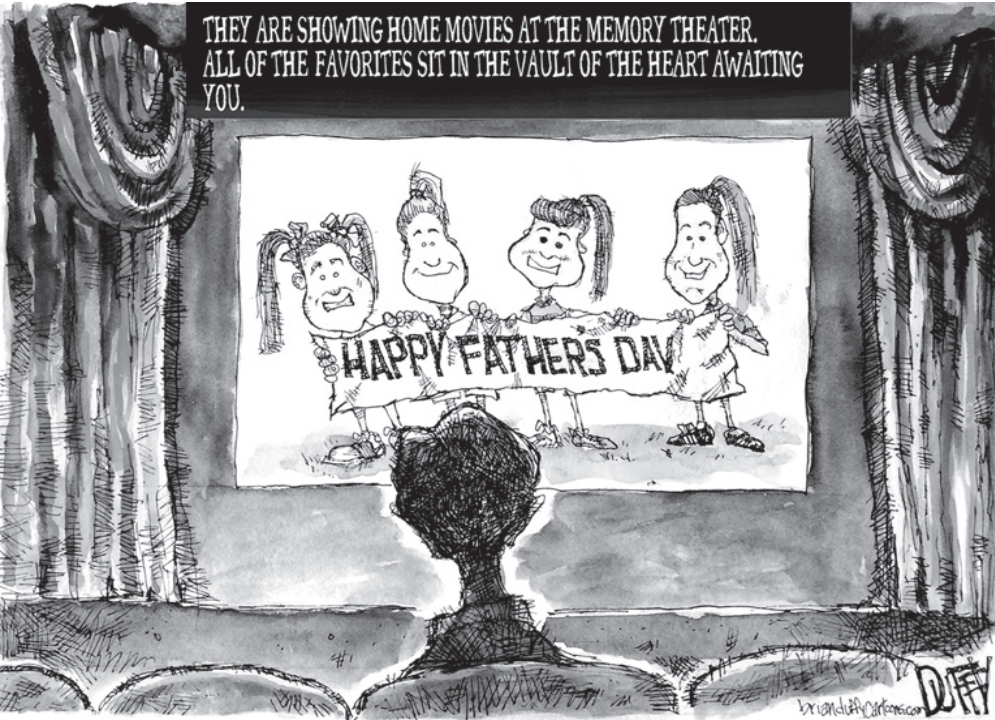




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View from here

By John Grimaldi

California proposes Obamacare for illegal immigrants

New legislation would use ACA loophole to open exchanges to undocumented aliens

If lawmakers in California have their way, the doors will open wider for illegal aliens. Legislators in that state have passed a measure that would use an Affordable Care Act loophole to open its Obamacare Exchanges to undocumented immigrants.

“If liberal Governor Jerry Brown signs the bill into law, California would become the first and only state in the nation to invite illegals to sign up for subsidized healthcare. And, it would tempt other so-called ‘socially responsible’ states to follow suit,” according to Dan Weber, president of the Association of Mature American Citizens.

Notwithstanding the fact that the law clearly states that “undocumented immigrants aren’t eligible to buy Marketplace health coverage, or for premium tax credits and other savings on Marketplace plans,” President Obama apparently foresaw that the ACA might be modified, Weber said. “It contains a provision called the ‘innovation waiver’ that allows states to modify elements of the ACA as long as the modifications are designed to increase number of users and as long as they don’t increase federal costs.”

It’s not certain whether Governor Brown will sign the legislation, but its sponsor Democratic State Senator Ricardo Lara seems to believe the law will be enacted. He said that some 390,000 illegals would become eligible when it is signed and a request for a waiver is okayed by federal officials. Once Gov. Brown signs the bill, the next step would be to petition

Washington for a go-ahead. The California law does not require the state or the federal government to provide subsidies, but there are many who believe the measure is a foot-in-the-door that may eventually leave taxpayers holding the bag, Weber said. “And, if you believe that the progressive California legislature is above such chicanery, bear in mind that 18 states already provide health insurance for the children of illegals and prenatal care for undocumented women.”

The Federation for American Immigration Reform has raised objections to the California’s overreach. Spokesman Ira Mehlman told U.S. News and World Report: “This is the first step in another misrepresentation of the Affordable Care Act. It [the ACA] was sold to the American people on the fact that you wouldn’t have to subsidize health care for illegal immigrants.”

“Expansion of ACA benefits to illegal aliens has far reaching implications and, thus, it must not be allowed. If lawmakers wish to focus on a truly needy group they need look no further than our nation’s ill-served senior citizens. Under this proposal, every dollar spent to care for individuals who sneak into the country means there is less money available for our own elderly population who have spent lifetimes paying income taxes and Social Security taxes. How frustrating it must be for them that legislators are willing to consider funding healthcare for illegals when they don’t care enough about seniors to provide a meager one-percent Cost of Living benefits increase,” Weber concluded.

The Association of Mature American Citizens (<http://www.amac.us>) is a senior advocacy organization that takes its marching orders from its members. We act and speak on their behalf, protecting their interests and offering a practical insight on how to best solve the problems they face today.

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Rodriguez appointed to public notices committee

By **Alfredo Vasquez**
Special to the Courier

TEXAS – What is the best way to provide public notices of vital information to all Texans?

This is the question that El Paso County’s Senator José Rodríguez along with four other state senators will be grappling with in the coming months, as together they hope to come up with recommendations on the

most efficient and transparent method.

The five state legislators were recently appointed by Lieutenant Governor Dan Patrick to the Joint Interim Committee to Study the Issue of Advertising

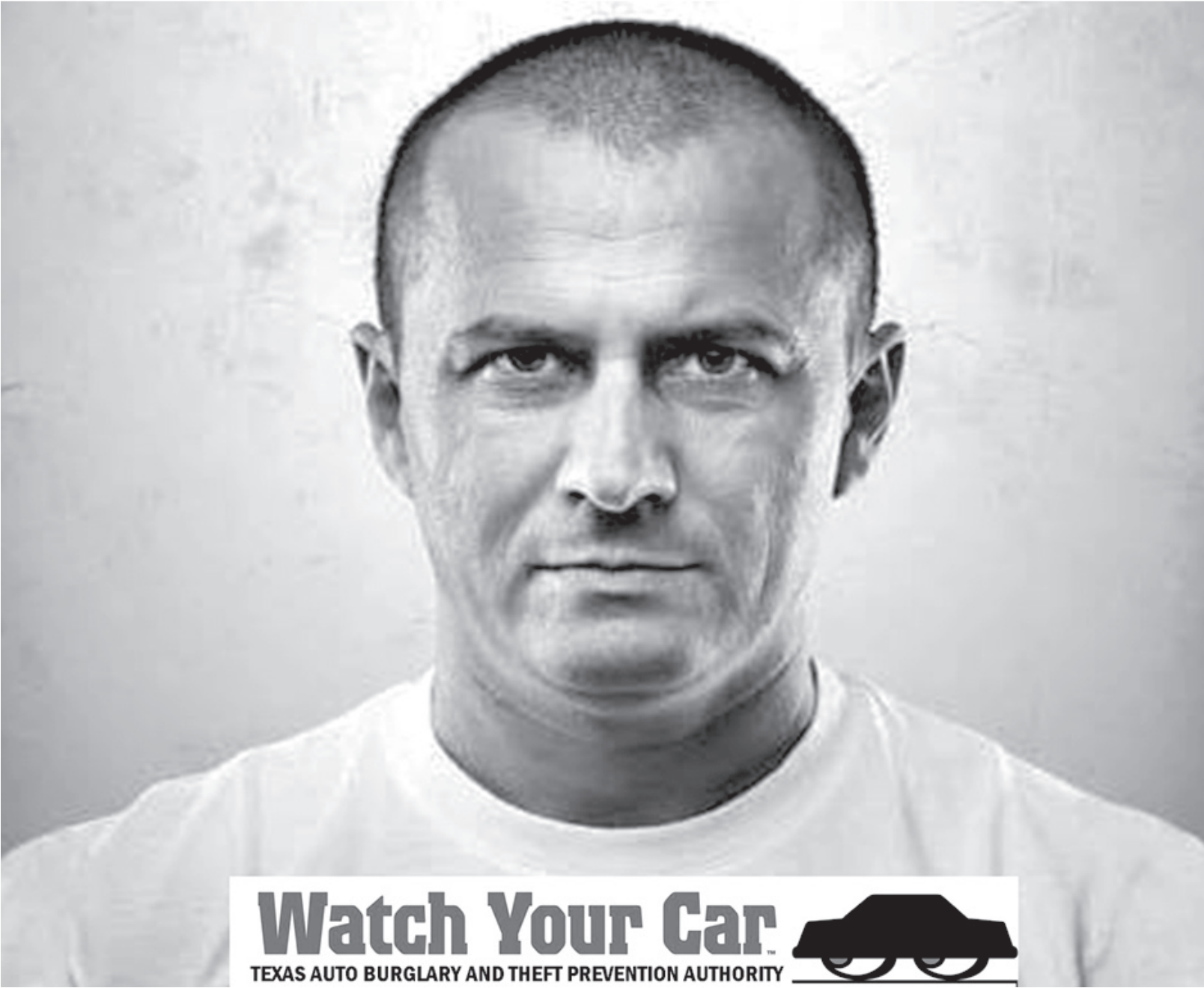
Public Notices. The other senate members on the panel are Sen. Konni Burton, of Tarrant County; Sen. Kirk Watson, of Travis and Bastrop counties; Sen. Kelly Hancock, of Dallas and parts of Tarrant counties; and Sen.



El Paso state senator José Rodríguez has been named to a committee that will study whether governmental organizations – like cities, counties and school boards – should post upcoming meetings, budget reports, and other matters on their website only and not be required to pay to announce public information in newspapers.



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Charles Perry, of Lubbock and surrounding counties.

Currently, all governmental agencies- those supported by taxpayers’ monies such as cities, counties, school districts, water districts, among others- pay to publish in local newspapers their public notices which essentially report to constituents when the governing entities will meet, and sometimes they have published budget reports which lists how funds have been spent.

With the recent advancements in information-sharing technology, however, efforts were initiated by some legislators during the 2015 session to introduce a bill that would replace public notices published in newspapers with those posted on the governmental entities’ websites.

Proponents of the effort claim that the move would be beneficial in both efficiency and cost-effectiveness. They contend that it would simply be cheaper for taxpayers.

Despite the claims, opponents of the change point out that an abundance of testimony against these measures in past public hearings have shown statistically that a public notice placed on the Internet does not

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Efforts

From Page 1

innovation in the DNA program earned him the Excellence in Digital Leadership Award.

Through the program, students receive laptop computers to use 24/7 for school work and homework. Students at Socorro and Pebble Hills high schools already have received laptops in the DNA program and students at Americas and El Dorado high schools will receive them for the 2016-2017 school year.

“I’m humbled and surprised to receive this award,” Moreno said. “It represents the commitment of the district, to include teachers and students, in helping our students experience education in a different way and broaden their opportunity through the use of technology.”

Notices

From Page 4

reach a large number of Texans.

Opponents contend that drawbacks with using the Internet only for public notices also include problems with archiving Internet notices, with removing oversight and reducing transparency, and with the cost-effectiveness claim for posting notices only on the Internet or through social media.

About being appointed to the committee, Rodríguez said that he considers a free press crucial to the American way of life. He stated that through the public notice committee, he will work to ensure that transparency and government accountability are balanced with government efficiency in a manner that best serves all Texans.

The local senator added that he appreciates the opportunity to serve on this committee, whose recommendations are expected to be ready before the next state legislative session that begins next January.

Rodríguez represents Texas Senate District 29, which includes the counties of El Paso, Hudspeth, Culberson, Jeff Davis, and Presidio. He represents both

Briefs

From Page 1

that require donations to third parties. This legislation will prevent the Department of Justice’s (DOJ) practice that sometimes requires defendants who choose to settle lawsuits to contribute funds to preferred third-party groups selected by the Administration. In recent years, more than \$500 million have been transferred to outside groups, which include political activist groups, in the form of donations directed by the DOJ. Specifically, the bill would prohibit officials or agents of the government from entering into or enforcing any settlement agreement on behalf of the US that provides payment in the form of donations to third parties. The bill still allows payments for environmental damages and still allows losing parties to pay restitution for harm caused by the party. Last year, *The Wall Street Journal* reported that the DOJ keeps a list of approved non-profits that benefit from settlements. In 2011, the DOJ directed \$30 million from a banking settlement to go towards left-leaning non-profit groups, like the National Community Reinvestment Coalition and NeighborWorks America.

urban and rural constituencies, and more than 350 miles of the Texas-Mexico border.

Rodríguez currently serves as the chairman of the Texas Senate Democratic Caucus. He is also a member of the senate committees on education, health and human services, veteran affairs and military installations, nominations; and agriculture, water, and rural affairs.

Individuals interested in submitting suggestions, comments, or concerns on possible legislation regarding public notices, may contact Sen. Rodriguez’s office, at (915) 351-3500 or visit his official website.

“Cronyism reigns supreme at President Obama’s DOJ, and its use of settlement agreements to funnel millions of dollars to left-wing political allies is perhaps the perfect example,” Cruz said. ”This bill will put an end to that sordid practice and ensure that settlement money is only used for public purposes. Congress should pass it without delay.” House Judiciary Committee Chairman Bob Goodlatte (R-VA.) has introduced companion legislation to the Stop Settlements Slush Fund Act.

– Rachael Slobodien

Healthcare costs

If you think that seniors get a break when it comes to healthcare costs, think again, reports the Association of Mature American Citizens. In fact, AMAC notes, rising personal healthcare costs for seniors is fueling the healthcare industry, making it one of America’s biggest businesses. In a recent article in the Huffington Post, Carol Marak, aging advocate and Editor at Seniorcare.com, wrote that “even though seniors have access to Medicare, they are not insulated from the burden of medical care expenditures. Consumers pay a better portion of their plan premiums and undergoing higher out-of-pocket costs. The increases will

continue as more Americans develop chronic conditions in older age.”

– John Grimaldi

Dance try-outs

Artistic Stylz Dance Studio (ASDS) will be holding dance try-outs at ASDS, located at 9401 Carnegie Ave. #2 K and L on June 18th from noon to 5:00 p.m. Registration starts at 10:00 a.m. All applicants must fill out liability and release forms. Stretch and warm up starts at 11:30 a.m. Dance try-outs will be in Dance Room #K and Hip Hop try-outs will be in gym room #L (7-17years of age). Dance attire is a must. There is a \$5 try-out fee. A 4x6 picture must be attached to your application. If you do not bring a picture, a printed image from ASDS will cost \$5. Visit www.artisticstylz.com for more information on how to pre-register or call at (915) 355-4235.

– Dorothy Heredia

Wanted

A man responsible for using cloned credit cards of at least two victims at drug stores in Central and East El Paso is wanted by the El Paso Police Department. They are asking for your help identifying this man through the Crime Stoppers. The first case took place late night Monday, May 9, 2016. In this case the suspect

walked into Walgreens at 1100 Geronimo. He used the duplicated credit card to make three separate transactions totaling \$523.30. He attempted more transactions but they were denied. The next case took place two days later on, Wednesday, May 11, 2016. In this case he went to the Walgreens at 1831 N. Lee Trevino. As in the first case the suspect made multiple transactions on a cloned card totaling \$622.87. The suspect appears to be a White or Hispanic male, in his 20s, 5’9” tall with a thin to average build. In both cases the victims still had possession of their credit cards indicating that the suspect had a cloned the victims’ cards. As a reminder, use caution when using your credit card and or giving credit card information. Anyone with information on these cloned credit card cases is asked to call Crime Stoppers of El Paso immediately at 566-8477 (TIPS), on-line at www.crimestoppersofelpaso.org or you can send a text message by entering the key word “CRIME1” (no space and include the quotation marks) plus your tip information, and text it to CRIMES (274637). You will remain anonymous and, if your tip leads to an arrest, you can qualify for a cash reward.

– Javier Sambrano

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Simpson documentary sheds light on different era

By Steve Escajeda
Special to the Courier

I was an American kid who grew up in the era of just three television stations; it was a time when cigarettes could be advertised on TV but doctors and lawyers could not.

It was a time when shows like *All in the Family* and *The Jeffersons* and *Sanford and Son* and *Good Times* were the norm for me.

But these shows that spoke about unfair race relations in the United States were frowned upon by the establishment.

It was the late sixties and I was totally entrenched (at least in my mind and soul) in the counter culture that was trying to shine a light on the injustices perpetrated on minorities, which had long been the norm in this country.

While I was busy soaking up everything I could learn about the movement, I was also a sports fan.

At that time I was a little worried because it was just a few short years before I'd be called to fight in the never-ending war in Vietnam.

My outlet was watching sports on TV and listening on the radio.

Though the picture was a little blurry, I remember thinking back then that there was nothing more colorful than the college football game between UCLA and USC.

I mean that crimson of USC really jumped off the screen. What made the games at that time more compelling was #32 who ran like I'd never seen anyone run before.

And he had a funny name... Orenthal James. I guess it was a very good idea that he went by the much easier, O.J. Simpson.

At that time black athletes like Muhammad Ali and John Carlos and Tommie Smith and Lew Alcindor (Kareem Abdul Jabbar) and Jim Brown and Bill Russell were dedicating much of their time raising awareness about the inexcusable inequities in our nation.

And of course many in this country thought these guys should just stick to their sport and remain quiet. Still others didn't see anything wrong with the unfair way blacks were being treated.

The one black athlete who didn't come under scrutiny at all was O.J. Simpson. He decided to keep a low profile when it came to race and chose to stay quiet and just play his sport.

That ingratiated him to the many people in this country who tended to see color rather than character.

Fast-forwarding almost 50 years to 2016, there are probably more people in the U.S. now who remember O.J. as that guy in the Ford Bronco that was acquitted from murdering his ex-wife and her friend.

They remember him trying on the murder gloves in court and watching prosecutor Marcia Clark sink into her seat as O.J. did all he could to make sure those gloves didn't fit.

Well, what would you have done?

They remember Robert Kardashian looking around in stunned disbelief when O.J. was found, "not guilty."

But many never saw him as a college or NFL running back, or a pitchman for Hertz or in the Monday Night Football booth.

That was the O.J. a lot of us seasoned-citizens remember. We remember the

person and we remember the times.

This week, ABC and ESPN are airing the documentary, *O.J.: Made in America*.

I hope a lot of the younger people take the time to watch this – not only to get the whole story about O.J. Simpson, but to get the whole story about the country at the time.

Things were not as bad then as they were before, and things aren't nearly as bad now as they were in the sixties, but young people (really, all people) should look, listen and mostly learn from the bigotry and prejudice.

If for no other reason – some day it may be you.

About the trial – did O.J. get away with murder? I think so – just like all those white racists in the South who got away with lynching blacks for the color of their skin.

Looking back on the verdict I can understand why white people were outraged and why black people were cheering.

At least for one day, white fans of justice got a taste of what black people have had forced down their throats for hundreds of years.

A sporting view By Mark Vasto

Ali in his own words

To paraphrase Billy Crystal, what can I say about Muhammad Ali that he hasn't already said about himself?

Over the years, I have written or mentioned Ali more than any other athlete, a pretty astonishing fact when you consider he hadn't had a fight in three decades. No, Ali's toughest fight was the bout he waged with Parkinson's, an insidious disease that robbed Ali of his physical prowess and robbed the world of one of its most precious resources:

the words coming out of his mouth.

Rather than add my pen to the wealth of eulogies out there, I would like to turn to the man himself. Taken in context, his boastful pre-fight psych out/psych up missives are seen more as relics than actual boasts. In an era where the black athlete was supposed to play, endure insults and shut up (think Jackie Robinson), Ali indeed shook up the world in loud, proud declarations that redefined what it meant to be a

sportsman and showman.

On being the Greatest:

*"This is the legend of Cassius Clay,
The most beautiful fighter in the world today.
He talks a great deal, and brags indeed-y,
Of a muscular punch that's incredibly speed-y.
The fistic world was dull and weary,
But with a champ like Liston, things had to be dreary.
Then someone with color and someone with dash,
Brought fight fans a runnin' with Cash.
This brash young boxer is something to see
And the heavyweight championship is his des-tin-y.*

"This kid fights great; he's got speed and endurance,

*But if you sign to fight him, where your mouse is!
increase your insurance.*

*This kid's got a left; this kid's got a right,
If he hit you once, you're asleep for the night.
And as you lie on the floor while the ref counts 10,
You'll pray that you won't have to fight me again.*

*"I am the man this poem's about,
I'll be champ of the world, there isn't a doubt.
Here I predict Mr. Liston's dismemberment,
I'll hit him so hard; he'll wonder where October and November went.*

*When I say two, there's never a third,
Standin' against me is completely absurd.
When Cassius says a mouse can outrun a horse,
Don't ask how; put your money*

I AM THE GREATEST!"

Asked how he wanted to be remembered, Ali gave his "recipe for life.":

*"He took a few cups of love.
"He took one tablespoon of patience, one teaspoon of generosity, one pint of kindness; he took one quart of laughter, one pinch of concern.
"And then he mixed willingness with happiness, he added lots of faith and he stirred it up well.
Then he spread it over a span of a lifetime and he served it to each and every deserving person he met."*

Mark Vasto is a veteran sportswriter who lives in New Jersey. (c) 2016 King Features Synd., Inc.

El Paso County Sheriff's Office

& Sheriff's Explorer Post 2005

2ND ANNUAL GOLF TOURNAMENT

IN PARTNERSHIP WITH

CRIME STOPPERS of El Paso, Inc.



TIME:
1:00 p.m.

PRICE:
\$85.00 per player

WHEN:
Thursday, June 23, 2016

WHERE:
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FOR MORE INFORMATION:
Tournament Director:
Chris Acosta
(915)538-2223
(915)479-0797
Chacosta@epcounty.com



Comix

OUT ON A LIMB

By Gary Kopervas



AMBER WAVES

By Dave T. Phipps



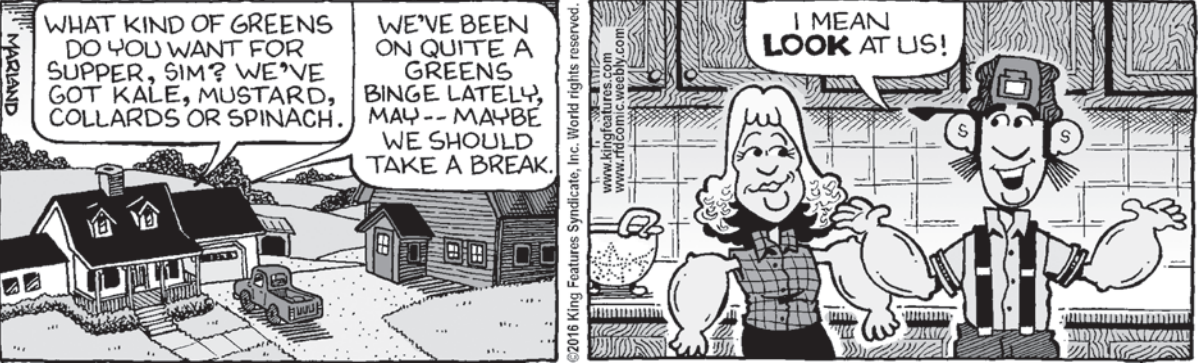
THE SPATS

By Jeff Pickering



R.F.D.

By Mike Marland



Your good health

By Keith Roach, M.D.

DEAR DR. ROACH: I usually walk 45 minutes daily for a cardio workout. However, the Florida summer heat can be brutal, so instead of walking, I swim and walk one hour in the pool. Is that as good a cardio workout as walking? – R.G.

and the doctors said this stroke might have been a link to long-term effects of radiation. But 36 years later? Can you confirm or deny that the long-term effects of radiation cause stroke? – B.R.

I think that having several different ways to exercise is a good idea, since the muscles used will always be at least somewhat different and it can keep you from being bored when doing the same thing day after day. In your situation, I think that it makes a great deal of sense to avoid the heat by getting in the pool.

The intensity of a cardiovascular workout can be measured simply by your pulse rate. A rough but commonly used guide is that moderate cardiovascular exercise is 50 percent to 70 percent of your age-predicted maximum of 220 minus your age. So for age 50, your maximum is 170, and moderate exercise is a pulse of 85 to 119. You can check your pulse at the wrist with a clock, or wear a heart monitor.

Swimming almost always is a more-intense workout than walking (race walkers certainly can get a very fast pulse rate), and walking in the pool is a good exercise for your heart and many muscles.

If the pool is outdoors, as is usual in warm, sunny places, you need to wear and reapply plenty of sunscreen to protect your skin.

I can't tell you whether your stroke was caused by the radiation you received; however, I can confirm that high-dose radiation (from radiation therapy for your tumor, not from a diagnostic CT scan) increases the overall risk of transient ischemic attack and stroke. A well-done study from Australia in 2011 showed that radiation treatment approximately doubles the risk of TIA and stroke.

This does not mean that the treatment you had in 1978 was inappropriate. Treatment of a brain tumor, even a noncancerous one, is critical, because there is very little room in your head for a tumor in that position. The medical treatment we have now for these kinds of tumors was not available in 1978.

What this means for people with a history of radiation treatment to the head is that they should do everything to reduce their risk of stroke, which means no smoking, careful control of blood pressure and cholesterol, careful diet including low sodium and low sugar, and discussion with a doctor about aspirin therapy.

DEAR DR. ROACH: In 1978, I was diagnosed with a benign brain tumor. It was on the pituitary gland and pushing on the optic nerve. I had surgery, but only half was removed because of the optic nerve. The other half was shrunk with chemo and radiation. I am concerned about the long-term effects of radiation, because I had a stroke in 2012

Dr. Roach regrets that he is unable to answer individual letters, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu. To view and order health pamphlets, visit www.rbmamall.com, or write to Good Health, 628 Virginia Drive, Orlando, FL 32803. (c) 2016 North America Synd., Inc. All Rights Reserved.

Super Crossword

- THE NATIONALIST AND THE NEWBORN**
- ACROSS**
- 1 Mrs. Alfred Hitchcock
- 5 Had an expectation
- 10 "C'est moi," in English
- 15 Car financing co., once
- 19 Malicious
- 20 Greater than
- 21 Of film sound effects
- 22 Quiet stretch
- 23 Start of a riddle
- 27 Like potatoes
- 28 _ a soul (nobody)
- 29 Coagulated
- 30 Similar to
- 31 Have _ (know the right person)
- 32 Online letter
- 34 Serpent follower
- 35 Riddle, part 2
- 41 Wields
- 42 Kitten sound
- 43 Flatow or Glass of radio
- 44 SeaWorld attractions
- 47 Minivan driver, often
- 48 Geol., e.g.
- 50 Smart guy
- 54 Purview
- 55 Riddle, part 3
- 60 Many millennia
- 61 Thrill rider's

- inhalation
- 62 Thrown object's path
- 63 Grafton's " _ for Evidence"
- 64 Graph anew
- 67 Riddle, part 4
- 71 Jim who played Ernest P. Worrell
- 73 Smelter input
- 74 Lilt syllable
- 76 Blockhead
- 77 Is, pluralized
- 78 Riddle, part 5
- 86 Befuddled
- 87 Poison in many murder mysteries
- 88 Some small batteries
- 89 Barn bird
- 91 Bird homes
- 93 Flamboyant stole
- 94 Actress Grier
- 96 Soft cheese
- 97 End of the riddle
- 104 "Hostel" director
- Roth
- 106 Besmirsch
- 107 "May _ a favor?"
- 108 "Gloria in excelsis _"
- 109 Making out
- 111 " _ all know..."
- 112 Buildup of unfinished work
- 116 Riddle's answer
- 120 Lead-ins to big days
- 121 Elvis hit, e.g.
- 122 Bang or pop

- 123 Unit of matter
- 124 Cardinal and cherry
- 125 Auto type
- 126 "Eeew!"
- 127 \$1,000 units, in slang
- DOWN**
- 1 French pals
- 2 Southpaw's side
- 3 "Still I Rise" poet
- Angelou
- 4 Arctic parkas
- 5 Boisterous, loud
- 6 Submit to
- 7 " _ favor!"
- 8 Still, after all this time
- 9 Hold up
- 10 Doubtful
- 11 To boot
- 12 35mm camera option
- 13 Resident of Islam's spiritual center
- 14 Comea coverer
- 15 Overfill
- 16 Like a triplex
- 17 Patriot Ethan
- 18 Bonnie's pal
- 24 Sch. for the Bruins
- 25 Novelist Sarah _ Jewett
- 26 Manuscript leaf
- 31 Yes vote
- 32 Zimbalist of "The F.B.I."

- 33 Marlins' city
- 35 "Tasty!"
- 36 With 113-Down, recently
- 37 Pixar's lost clown fish
- 38 "Jake and _" (comedy Web series)
- 39 River to the Seine
- 40 Trapped like _
- 45 Cliffside nest
- 46 Full of lip
- 48 Suave
- 49 Situated in the middle
- 50 Long (for)
- 51 Blocked
- 52 Comic actress
- Gasteyer
- 53 Blissful state
- 56 Buddhism, e.g.: Abbr.
- 57 John Deere
- Classic org.
- 58 Dorm leaders, for short
- 59 Wolfs (down)
- 64 "Mr. Bean" star
- Atkinson
- 65 Wipe chalk from
- 66 Ale brand until 2011
- 68 Put on
- 69 Nabokov's longest novel
- 70 Male issue
- 72 Stephen of "Stuck"
- 75 " _ ideas?"
- 79 Like a Mass: Abbr.

- 80 African land
- 81 From here _ (henceforth)
- 82 Ampule, e.g.
- 83 Poet's foot
- 84 Kin of "me neither"
- 85 Leia, to Luke
- 90 Piano piece
- 92 Bridal gown fabric
- 94 Sit to be painted by, perhaps
- 95 "Great" bird
- 96 Schoolchild's burden
- 98 Dances with dipping
- 99 Squirm
- 100 Menu choice
- 101 Deviating off course
- 102 "My Cup Runneth Over" singer
- 103 Bi- plus octa-
- 104 Go in
- 105 Go out
- 110 Hug go-with
- 111 Port city of Yemen
- 112 Firm cheese
- 113 See 36-Down
- 114 It uses a double reed
- 115 Places to lift
- 117 Tally (up)
- 118 Long of "Premonition"
- 119 2016 Olympics city

Answer Page 4

1	2	3	4		5	6	7	8	9		10	11	12	13	14		15	16	17	18
19					20						21						22			
23				24						25						26				
27								28						29						
				30				31					32	33				34		
35	36	37				38					39						40			
41						42					43					44			45	46
47					48	49				50	51				52	53		54		
	55			56				57	58							59				
				60				61						62				63		
64	65	66						67				68	69	70		71		72		
73					74		75				76					77				
78					79				80	81	82					83			84	85
86						87										88			89	90
91					92			93				94	95				96			

True Texas Facts by Roger T. Moore
June 18, 1877-Charles Goodnight and John Adair from
the "J.A." Ranch, the first in the Panhandle.



GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

	+		÷		5
-		-		+	
	+		÷		5
÷		×		+	
	+		÷		9
1		5		6	

1 2 3 4 4 5 6 7 8

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Answer Page 4

Weekly SUDOKU

by Linda Thistle

	9		8					1
3				1		9		
		2			7		5	
7					9	6		
		9	3				7	
	8			6				3
		4			3	2		
6			5					9
	7			4		8	1	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆

◆ Moderate ◆◆ Challenging

Answer Page 4

◆◆◆ HOO BOY!

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Social Security Q&A By Ray Vigil

Q: Should I sign up for Medicare Part B if I am working and have health insurance through an employer?

A: Choosing to sign up for Medicare is an important decision that involves a number of issues you may need to consider. The decision you make will depend on your situation and the type of health insurance you have. You may be able to delay signing up for Medicare Part B without a late enrollment penalty if you or your spouse (or a family member, if you're disabled) is working, and you're getting health insurance benefits based on current employment. In many cases, if you don't sign up for Part B when you're first eligible, you'll have to pay a late enrollment penalty for as long as you have Part B. Also, you may have to wait until the General Enrollment Period (from January 1 to March 31) to enroll in Part B, and coverage will start July 1 of that year. Find out how your coverage works with Medicare at www.medicare.gov or contact your employer or union benefits administrator.

Q: I'm retiring early, at age 62, and I receive investment income from a rental property I own. Does investment income count as earnings?

A: No. We count only the wages you earn from a job or your net profit if you're self-employed. Non-work income such as annuities, investment income, interest, capital gains, and other government benefits are not counted and will not affect your Social Security benefits. Most pensions will not affect your benefits. However, your benefit may be affected by government pensions earned through work on which you did not pay Social Security tax. You can retire online at www.socialsecurity.gov. For more information, call us toll-free at 1-800-772-1213 (TTY 1-800-325-0778).

For more information on any of the questions listed above, visit our website at www.socialsecurity.gov or call us at 1-800-772-1213. If you have any questions that you would like to have answered, please mail them to the Social Security Office, 1111 Gateway West, Attn: Ray Vigil, El Paso, Texas 79935.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: P equals O

EWO BXOOMB EKFSYVB LEKXFYVB,

VPE SOOV PV LWKXYVB K

TPXLOF PQ QPPM, DOFFOM

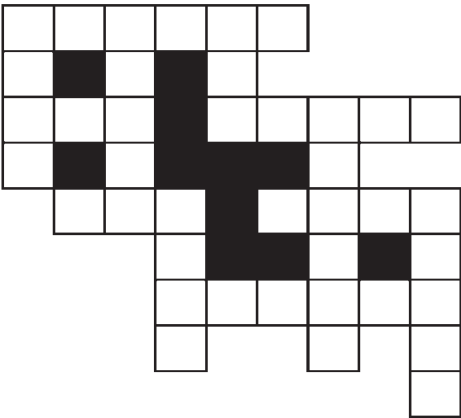
"TDVK! KFF TDVK!"

Answer Page 4

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EGP
♥NOPGRI
GUNEL
♥APEN
EPITOL
♥PTA
LIGR
TEGOR
♥NUR
TIGSAR
♥REPGA
TUPO



Answer Page 4

Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

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STRANGE BUT TRUE

By Samantha Weaver

• It was 19th-century mathematician and philosopher William Kingdon Clifford who made the following sage observation: "It is wrong always, everywhere, and for anyone, to believe anything upon insufficient evidence."

• Thanks to stories of Robin Hood, most people have heard of King Richard the Lion-Hearted. He wasn't much of a king, though; he spent only about six months in England, and he didn't even speak English.

• If you have the great good fortune to take a cruise along the length of the Danube River – Europe's second-longest – you'll hear seven languages spoken along the banks as you travel.

• Just a couple of hours southwest of Indianapolis, you'll find the town of Vincennes, Indiana, home to the Backyard Roller Coasters. This is where John Ivers, a blue-collar worker, decided he wanted to build a roller coaster in the backyard of his home off Highway 41 – and he didn't let his lack of an engineering background stop him. The thrilling 10-second ride was completed in 2001, and in 2006 those with less nerve got their own, tamer coaster on the same site. The coasters are open to the public, so visitors can try out either (or both) of the rides by making an appointment.

• You may be surprised to learn that an elephant is 40 to 50 years old before all of its teeth come in.

• Aside from being well-known conquerors, what did Alexander the Great and Napoleon have in common? They both hated cats.

Thought for the Day: "Man can be the most affectionate and altruistic of creatures, yet he's potentially more vicious than any other. He is the only one who can be persuaded to hate millions of his own kind whom he has never seen and to kill as many as he can lay his hands on in the name of his tribe or his God."

– Benjamin Spock

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