

NEWSBRIEFS

Scout installs recycling bins as Eagle project

Little Free Library

Campestre Elementary School opened its Little Free Library on Wednesday. It is a community building project that promotes literacy and engages the community in reading through a book exchange. Campestre is the first campus in the Socorro Independent School District to adopt a Little Free Library, which will be located by the school's flag pole and will be open from 7 a.m. to 5:30 p.m. Monday through Friday. "We don't have a public library in our community so this will allow students to have access to books all year long, even during holiday and summer breaks," said Ruth Bautista, library media specialist at Campestre Elementary School. The book exchange will create a sense of community and build a love of reading, Bautista said. All Little Free Library books will be free. Partipants can take a book when they leave a book and return and contribute at their convenience. "I'm very excited to be the first Team SISD campus to have a Little Free Library at our school," said Rosie Vasquez, campus principal. "I know our students will take advantage of this wonderful opportunity. I can't wait to see the excitement in students' eyes when we reveal it."

- Christy Flores-Jones

The skinny on aging

Healthy seniors often lose their appetite and wind up also losing weight unintentionally, according to the Association of Mature American Seniors. In fact, the publication, Medical News Today, reports that 15% to 20% of elderly adults may have a condition known as the "anorexia of aging." Researchers say that a hormone identified as peptide PYY may be to blame for the loss of appetite among seniors, particularly those over the age of 80. Mary Hickson, professor of dietetics at Plymouth University in the U.K. conducted a recent study indicating some seniors may produce more of the peptide than younger individuals. PYY suppresses appetite. – John Grimaldi

By Don Woodyard Special to the Courier

TORNILLO - Sebastian Trujillo is 17 and a Life Scout with Boy Scout Troop 513 in Fabens. He is on the verge of becoming an Eagle Scout, of taking that next step along the Scouting trail and earning the highest rank that a Boy Scout can attain.

That final step was his Eagle Scout project that tested his leadership and organizational skills. His "green" project was the construction of a recycling center at Tornillo Elementary School. He named it the High Grace Recycling Center in memory of his grandmother.

In keeping with the spirit of the project, wooden pallets were broken down and recycled to construct and enclose three recycle bins at Tornillo Elementary. Under his supervision, it took five other Scouts 88 hours to complete the project.

Thomas Cervantes is principal of Tornillo Elementary.

The new recycle center, painted blue, has three individual bins for paper, plastic and cans.

"Scouting has been quite an experience for me," Sebastian says in an interview, "and has helped me a lot." In his statement of ambition paper, he speaks also of the future and sharing this Scouting experience with others.



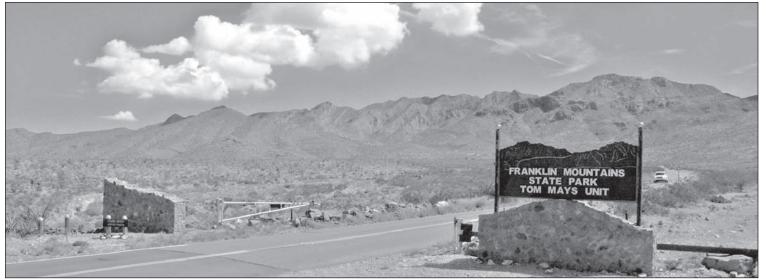
- Photo by Curt Noland

GOING GREEN - Eagle Scout candidate Sebastian Trujillo, right, with Tornillo Elementary School Principal Thomas Cervantes stands in front of one of the three recycling bins installed at the school. This project his final step toward the highest Boy Scout rank, testing his leadership and organizational skills.

"I plan on staying in Scouting when I was a Boy Scout." throughout my life because I know it is to begin my own Boy Scout troop and teach the boys important things that will help them in life, and it will remind me of

He takes plans for the future a step further very helpful," he says. He adds, "I plan in his ambition paper. He says he wants to raise the current percentage of youth

See SCOUT, Page 3



Aging issues

You can't say it too often - America is growing old fast, says the Association of Mature American Citizens. The statistics show that 10,000 of us turn 65 each and every day and that the

See BRIEFS, Page 8

To get maximum attention, it's hard to beat a big mistake.

- Quips & Quotes

DESERT FUN – The 12th Annual Chihuahuan Desert Fiesta will be held Saturday, Sept. 17 at the Tom Mays Unit of Franklin Mountains State Park. The fiesta is designed to bring awareness to this region's desert offerings, such as the climate of the Chihuahuan Desert. The temperature is relatively mild compared with other deserts, partially due to an elevation that averages 4,500 feet above sea level. The wet season (July through September) brings more than 50 percent of the average annual precipitation of 8.9 inches.

Desert Fiesta coming soon

By Alfredo Vasquez Special to the Courier

EL PASO COUNTY - The Chihuahuan Desert Education Coalition (CDEC) is cordially encouraging everybody young and old - to be part of this year's about 1.5 percent of North America, Desert exists because it is bordered by free, outdoor desert fiesta celebration. The theme for the upcoming festivity is 394,446 square miles. About one third of

"It's Y(our) Desert".

The 12th Annual Chihuahuan Desert Fiesta is scheduled for 9 a.m. to 4 p.m., Saturday, September 17th, in the Tom Mays Unit of Franklin Mountains State Park.

The Chihuahuan Desert, which covers is the largest desert in the country, at

the Chihuahuan Desert spans across the southwestern United States in the states of New Mexico and Texas, and the rest of the desert is sprawled throughout the northern states of Mexico including Chihuahua, Durango, Coahuila, Zacatecas, and Nuevo Leon. The Chihuahuan Desert makes up approximately 22 percent of Mexico territory.

According to researchers, the Chihuahuan

See FIESTA, Page 5

Photo by Alfredo Vasquez

Veterans Post By Freddy Groves VA bungles solar projects

By harvesting the sun's already at \$1.5 million. rays and converting them into electricity, solar panels can was awarded a \$22.5 million mean big savings on electrical solar project in 2011, with costs. To get those savings, an expected finish date of however, the solar projects 2012. The state's historic have to actually be completed. preservation office got involved The Office of Inspector and required modifications to General for the Department of the plan, something nobody Veterans Affairs investigated apparently considered. The 11 solar projects undertaken solar array started producing by the VA and rated them on electricity in 2015. the end result.

awarded between 2010 and because no one realized that 2013. Between 2010 and 2015, the roof of the parking garage the VA spent \$408 million. By March of 2016, only two of the 11 projects were up and running.

to be completed in less than indicated on the plans. Another 372 days. The projects the has been delayed 28 months so VAOIG inspected (at least the far, with one problem being ones that were finished) had welds versus bolts. an average completion time of 1,269 days.

In Arkansas, an \$8 million improvement. solar panel project had been assistant created in the parking lot. It management disagreed with was never activated because two of them, including doing a it had to be dismantled when a lessons-learned analysis. new parking garage was built. The finish date was to be May

In California, a company

In Florida, a project was These projects had been delayed for almost five years would need to be raised to accommodate buses.

And so on, through another half dozen projects. In one, Solar projects are designed the connection point wasn't

The VAOIG issued four suggestions for future The interim secretary for

2013, and cost overruns are (c)2016KingFeaturesSynd.,Inc.

Finances By Nathaniel Sillin

Six ways to save on your next car

subcompact or the thrills that money on long-run fuel costs. depreciation, fees and financing. come with a sports car? Perhaps Plus, state and federal tax credits the practicality of a sedan or a spacious SUV better fits your needs? No matter what type of vehicle is calling your name, gas-powered car, you can still costs for 2015 and 2016 models. planning your purchase can help you save as much money as possible.

costs, there's something here monthly fuel costs. that can help you.

Looking for an eco-friendly gas guzzler could help you save repairs, might give you some additional calculations, Kelly Blue Book upfront savings.

save money by choosing a fuelefficient model. Once you pick a class of car and determine your Consider these six savings tips budget, use the Environmental while shopping for your next car. Protection Agency's miles-perupfront, monthly or long-term to estimate and compare the

1. Look for a fuel-efficient costs of different cars. In basis. Consider how it feels car. Buying a hybrid or all- addition to fuel, consider the during a test drive and its history electric vehicle rather than a long-term costs of maintenance,

like to give special thanks to

insurance, taxes.

To help you with the has a 5-Year Cost to Own tool If you're sticking to a fully that lets you compare long-term Edmunds's True Cost to Own® tool does a similar thing for 2010 and newer models.

3. Buy a "new-to-you" car. Buying a used car rather than Whether you're concerned about gallon rating for each vehicle the equivalent brand-new model can usually save you money. However, you'll want to look at 2. Compare the long-term each used car on an individual if you can access it.

You may be able to buy a warranty for your used car, or you could purchase a certified pre-owned (CPO) car from a dealership. Dealers inspect CPOs before selling them with a manufacturer's warranty. If you're not buying a CPO, you could hire a mechanic to perform pre-purchase inspection. It's not a guarantee, but the inspection can help ensure you won't get caught off guard by any unexpected issues.

With the right deal on a used car, you might be able to buy the car outright instead of financing the purchase. By paying cash, you avoid accruing interest, making monthly payments and worrying about loan-origination fees.

4. Negotiate the purchase. Most people don't enjoy haggling with a car salesperson, but even non-confrontational negotiating tactics can help you save money.

For example, once you pick a make and model, you could shop online for available vehicles at nearby dealerships. Reach out to each dealer's internet sales team and ask for their best total cost, inclusive of taxes and fees.

Take the lowest offer and ask the other dealers if they can beat it. If one of them can, take your new lowest quote and again ask the rest of the dealers to go lower. Keep going until you get a price that works best for you. You could use the same tactic with dealerships outside your area. However, you may have to travel and pick up the car or pay to transport it. Another helpful resource is negotiation services like Authority Auto, which negotiates competitive prices on new and pre-owned cars. For a fee, the online service negotiates each part of the process to get you a better deal and take some of the stress out of the car-buying experience and only charge a percentage of what they save you. 5. Consider leasing instead of purchasing. Taking out a lease is similar to purchasing a long-

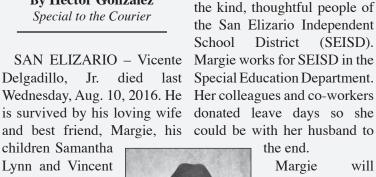
Delgadillo, Jr. dies at 53

By Hector Gonzalez Special to the Courier

SAN ELIZARIO – Vicente Delgadillo, Jr. died last Special Education Department. Wednesday, Aug. 10, 2016. He Her colleagues and co-workers is survived by his loving wife donated leave days so she

children Samantha Lynn and Vincent "Buster," motherin-law Cristina Molina, six siblings to include Sylvia Suarez, his mother Sabina Carrasco, and countless loved ones whose lives he changed

He was an avid equestrian and bed as a proud father of 4,000 shared his knowledge with children," she said. many who shared his love



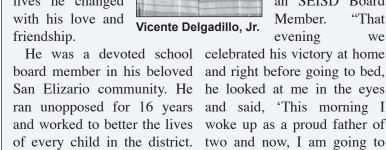
will always remember the immense love her husband had for the students of SEISD. "I will never forget the day my husband was elected as an SEISD Board "That Member. we

evening

A funeral was held Saturday, of the lifestyle. His family, Aug. 20, 2016 at Mount Carmel particularly his wife, would Cemetery. He was 53 years old.



Vicente Delgadillo, Jr.



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2016 PROPERTY TAX RATES

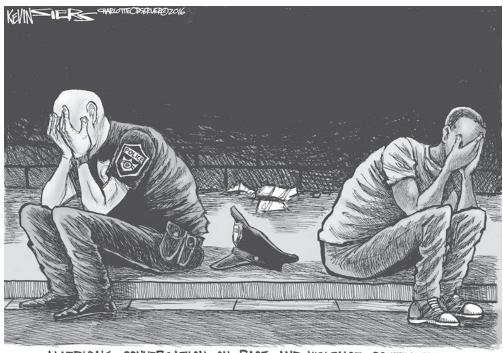
Village of Vinton Small Taxing Unit Notice

The Village of Vinton will hold a meeting at 6:30 p.m. on September 6, 2016 at City Hall located at 436 East Vinton Rd., Vinton, TX 79821 to consider adopting a proposed tax rate for tax year 2016. The proposed tax rate is \$0.464960 per \$100 of value.

The proposed tax rate would increase total taxes in the Village of Vinton by 16.57%.

WTCC: 08-25-16

See FINANCES, Page 5



AMERICA'S CONVERSATION ON RACE AND VIOLENCE CONTINUES ...



"BUT SERIOUSLY, WHEN ARE THEY GOING TO REVEAL THAT THIS HAS BEEN ONE BIG REALITY SHOW PRANKS

Scout

From Page 1

attaining the top rank (approximately four Eagle Scouts."

El Paso-based Yucca Council, Boy Scouts of America, reports 85 made Eagle last year in the council; 35 have earned the rank this year.

Trujillo, a senior at Cotton Valley Early College High School, joined the troop five years ago. He had left the troop for a year because of the press of school activities. important things."

He plans to graduate in May with an *playground equipment*.

associate's degree and then continue his education at the university level. He eventually hopes to receive a master's in social studies and education.

Trujillo is one of three youth in Troop percent) "by making new generations of 513 who are expected to receive their Eagle awards at a Court of Honor, according to Curt Noland, veteran scoutmaster of the troop. He is the second to be profiled in this series. George Gutierrez was profiled last week.

Publisher's Note: This is the third in a series of articles highlighting the efforts However, he came back because, as he of three Boy Scouts of Troop 513 whose states in paper "he was missing out on *Eagle Scout projects are benefiting the* community. Next – David Ruiz fixes up

El Paso County Tornillo Water Improvement District **Notice of Public Hearing** on Tax Rate

The EL PASO COUNTY TORNILLO WATER IMPROVEMENT DISTRICT will hold a public hearing on a proposed tax rate for the tax year 2016 on Thursday, September 1, 2016, at 6:00 p.m., at the Tornillo ISD High School Cafeteria, 430 Old Mill, Tornillo, TX 79853. Your individual taxes may increase or decrease, depending on the change in taxable value of your property in relation to the change in the taxable value of all other property and the tax rate that is adopted.

FOR the proposal:	Jose Luis Soria, Eliberto Nuñez, Nancy Tarin, Clemente Escalante, and Alonzo Flores
AGAINST the proposal:	NONE
PRESENT and not voting:	NONE
ABSENT:	Kenneth Morgan and Silvestre Suarez

The following table compares taxes on an average residence homestead in this taxing unit last year to taxes proposed on the average residence homestead this year.

Total tax rate (per \$100 value)	Last Year 0.100000/\$100 Adopted	This Year 0.105000/\$100 Proposed
Difference in rates per \$100 of value	\$ 0.005000	/\$100
Percentage increase / decreas in rates (+/–)	e + 5.00%)
Average appraised value	\$ 47,242	\$ 47,937
General exemptions available (excluding senior citizen's or disabled person's exemptions	\$ 0)	\$ O
Average taxable value	\$ 47,242	\$ 47,937
Tax on average residence homestead	\$ 47.24	\$ 50.33
Annual increase / decrease in t proposed tax rate is adopted (and percentage of increase (+	(+/-) + \$ 3.09	



NOTICE OF TAXPAYERS' RIGHT TO ROLLBACK ELECTION

If taxes on the average residence homestead increase by more than eight percent, the quali fied voters of the district by petition may require that an election be held to determine whether to reduce the operation and maintenance tax rate to the rollback tax rate under Section 49.236(d), Water Code.

Singleton Trust donates 115 prime acres to City of San Elizario

Land has rich history as one of the Valley's long-standing, family-owned businesses

By Maya Sanchez Special to the Courier

Singleton, trustee of The Maureen Ponce Maureen transformed a small feedlot and Singleton Trust will officially donate mill that had been operating for decades into 115-acres of a 150-acre farm to the City one of the area's premiere feed companies. of San Elizario on August 31, 2016. The The mill provided feed for over 50,000 dairy signing ceremony and a reception will cows at the height of the booming dairy

Chicken Ranch and Herring Roads.

Valley Feed Mills - established in the 1980s – operated on the land until early SAN ELIZARIO - Maureen Ponce 2000s. The late Robert Surratt and his wife

> Notice of Tax **Revenue Increase**

EMERGENCY EL PASO COUNTY The SERVICES DISTRICT #1 conducted public hearings on August 18, 2016 and August 25, 2016 on a proposal to increase the total tax revenues of the EL PASO COUNTY EMERGENCY SERVICES DISTRICT #1 from the properties on the tax roll in the preceding year by 0.002647 percent.

The total tax revenue proposed to be raised last year at last year's tax rate of \$0.099959 for each \$100 of taxable value was \$1,880,106.

The total tax revenue proposed to be raised this year at the proposed tax rate of \$0.10 for each \$100 of taxable value, excluding tax revenue to be raised from new property added to the tax roll this year, is \$1,927,439.

The total tax revenue proposed to be raised this year at the proposed tax rate of \$0.10 for each \$100 of taxable value, including tax revenue to be raised from new property added to the tax toll this year, is \$2,033,198.

EL PASO COUNTY EMERGENCY The **SERVICES DISTRICT #1** is scheduled to vote on the tax rate that will result in that tax increase at a public meeting to be held on September 1, 2016 at 14151 Nunda Ave., Horizon City, TX 79928 at 6:30 PM.

EMERGENCY EL PASO COUNTY The

New Mexico and Northern Mexico.

In addition, the property has been an active farm to this day. The crops grown are predominantly Valley staples - alfalfa and cotton. The donation also includes a residence that is estimated to be over 100 years old. Singleton's motivation to donate the land to the City of San Elizario was piqued when the city incorporated in

take place at 10 a.m. at the corner of business and serviced West Texas, Southern 2013. Though she had moved away from the area, she made a point to keep up on the latest happenings. She said, "I knew I wanted to do something for San Elizario and give back to the city. The farm sits within the city limits and after meeting the leadership, my decision was confirmed." The City of San Elizario has a

See SAN ELI LAND, Page 6

Notice of Tax **Revenue Increase**

EMERGENCY PASO COUNTY EL The SERVICES DISTRICT #2 conducted public hearings on August 18, 2016 and August 25, 2016 on a proposal to increase the total tax revenues of the EL PASO COUNTY EMERGENCY SERVICES DISTRICT #2 from the properties on the tax roll in the preceding year by 8.56 percent.

The total tax revenue proposed to be raised last year at last year's tax rate of \$0.095081 for each \$100 of taxable value was \$2,805,597.

The total tax revenue proposed to be raised this year at the proposed tax rate of \$0.100000 for each \$100 of taxable value, excluding tax revenue to be raised from new property added to the tax roll this year, is \$2,960,596.

The total tax revenue proposed to be raised this year at the proposed tax rate of \$0.100000 for each \$100 of taxable value, including tax revenue to be raised from new property added to the tax toll this year, is \$3,055,468.

EL PASO COUNTY The EMERGENCY **SERVICES DISTRICT #2** is scheduled to vote on the tax rate that will result in that tax increase at a public meeting to be held on August 29, 2016 at El Paso County ESD #2 Board Room, 100 S. San Elizario Rd., Ste. N, Clint, Texas 79836 at 6:00 PM.

SERVICES DISTRICT #1 proposes to use the increase in total tax revenue for the purpose Maintenance, Operations, and Capital of Improvements for the 2016-2017 Fiscal Year. WTCC: 08-25-16

The EL PASO COUNTY EMERGENCY SERVICES DISTRICT #2 proposes to use the increase in total tax revenue for the purpose of balancing the fiscal year 2017 budget. WTCC: 08-25-16 and 09-01-16

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Fiesta

From Page 1

term the desert a "rain shadow desert", which means that the chairs available for the public to surrounding mountains divert a use, and we hope to have a large lot of the moisture coming from turnout to participate in all of the the Gulf of California, Gulf of

Strange **But True** By Samantha Weaver

 It was 19th-century French poet Charles Baudelaire who made the following sage observation: "What's irritating about love is it's a crime that requires an accomplice."

• In 2012, a Swedish man named Henrik Ismarker was fed up with people speeding down the road in his Stockholm neighborhood, so he went to the local police department and asked them to crack down on drivers going too fast. In response, a speed trap was set up, and Ismarker himself got a speeding ticket the very next day. He was embarrassed, he said, but added that he was "very satisfied with the police response."

 Thanks to extremely flexible jaws, the African eggeating snake can swallow an egg that's much larger than the diameter of its head. It also can tell with a flick of the tongue whether an egg is fresh or not.

· Those who study such things say that if you start to lose your hearing, it's more than likely that you'll lose high notes before you lose low notes.

 According to a recent study, kids in the South have more play-time with their parents than kids in other parts of the United States. In a nationwide survey of parents with children ages 2 to 8, 76 percent of Southern parents say they play with their kids at least once a day. Compare that to the West at 46 percent, the Midwest at 40 percent and the Northeast at just 38 percent.

Mexico, and the Pacific Ocean. "The fiesta is an opportunity for our community to get together at Tom Mays Park, a habitat chairperson; Carlos Rodriquez, to celebrate our West Texas certification program mountains - to the west by the mountain region and our desert encourages people to landscape secretary; Liz DeMoultrie, contact board members Pol or Sierra Madre Occidental and home, known as the Chihuahuan with native Chihuahuan Desert treasurer; and directors include DeMoultrie, at (915) 588-7200, to the east by the Sierra Madre Desert," stated Rick LoBello, a plants, and the Chihuahuan Rick LoBello, Norma Guzman, or visit the CDEC website at Oriental. Consequently, experts CDEC member. "There will be Desert Club," he added. tent/canopy space, tables, and activities that day and help make this a successful community

> "CDEC is a group of people who care about our desert and want to help others understand its amazing natural and cultural history," LoBello stated. "We help to organize and sponsor

Finances From Page 2

event," he said.

term rental. You'll have to return or buy the car at the end of the lease, and you may have to pay fees if you drive too many miles or damage the vehicle.

The lease down payment and monthly payments will be lower than buying the same car outright. However, you can still save money by shopping around and negotiating because the down payment and monthly payments depend on the vehicle's sale price.

If you like to drive a new car and always want to be under warranty, starting a new lease every few years could make sense. On the other hand, there's more long-term value in buying if you tend to have a lot of wear and tear on your cars.

6. Use alternative means of transportation. Forgoing the purchase of a car altogether might not work for everyone, but it's worth considering if you live in a city or don't regularly drive long distances. Instead of owning a car, you could get around with a mix of carpooling, public transportation, walking and biking. You could also still have access to a car if you join a car-sharing program or use a ride-sharing app or taxi service.

Bottom line: There are many ways to save money on your next car, and you should almost certainly plan your purchase before signing any dotted lines. Start by researching all your options, including living without a car, buying used and leasing. If you decide to purchase a car, you can compare the long-term cost of different makes and models and save money upfront by haggling with sellers.

educational and discovery

CDEC's current board of Benny Pol, Mark Pumphrey, events like this desert fiesta directors are: Gertrud Konings, Steve West, and Diane Perez. that vice chair; Heather Rivera, the desert fiesta or about CDEC, Jean-Claude Linossi, Alex Mares, cdec.elpaso@yahoo.com.

For more information about

Public Notice Tornillo Independent School District SECTION 504 SERVICES

The Tornillo Independent School District provides the following educational services/options to identified disabled students who reside within the district.

Child find activities to notify students with disabilities and their parents of their rights and the district's obligation to provide a free, appropriate public education.

Referrals to Sections 504 when it is believed the students have a physical or mental impairment that substantially limits one or more major life activities and the students are in need of educational accommodations.

- Procedural safeguards under Section 504.
- Evaluations of students to determine eligibility for the Section 504 program.

Placement into the Section 504 program, which means the student may receive:

- \checkmark individually planned modifications in the regular classroom,
- \checkmark transportation services to and from school,
- \checkmark health services from the school nurse,
- ✓ accommodations regarding access to any part of the campus, or
- \checkmark assistance in reading for students with dyslexia in a reading program which meets the state's standards for a dyslexia reading program.

 Special education services are available to Section 504 students, if the students qualify for one of the specific disabilities under special education.

If you would like more information or know of a disabled child who is not receiving educational services, please contact Norma Castillo, Section 504 Coordinator, P.O. Box 170 19200 Cobb Avenue, Tornillo, TX 79853, (915) 765-3040.

SERVICIOS DE LA SECCION 504

El distrito escolar independiente de Tornillo provee los siguientes servicios/ opciones educaciónales a los estudiantes con discapacidades identificados que residen dentro del distrito.

 Actividades para encontrar a niños para notificar a los estudiantes con discapacidades y a sus padres de sus derechos y de las obligaciones del distrito a proporcionar una educación publica que sea gratuita y apropiada.

Referimientos a la Sección 504 cuando se cree que el estudiante tiene una discapacidad mental o fisica que limita substancialmente una o mas actividades vitales importantes y los estudiantes necesitan modificaciónes en su educación.

- Derechos legales garantizados bajo Sección 504.
- Evaluaciónes de estudiantes para determinar si califican para el programa de la Sección 504.
- Colocación dentro del programa de la Sección 504, lo que significa que el

· I imagine that if someone screamed, "Eeek! A foggytoddler!" you wouldn't have any idea what was going on. If you'd studied the vernacular of 18th-century England, though, you'd know to watch out for a bumblebee.

Thought for the Day: "You don't know how much you don't know until your children grow up and tell you."

– S.J. Perelman

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WTCC: 08-25-16

August 25, 2016

Lochte single handedly gives reporters new Rio focus

By Steve Escajeda Special to the Courier

Rio de Janeiro needed something – a moment - a miracle - something - to save its stained reputation.

The entire world has made Rio the butt of jokes, poking fun of the overly polluted water and the virus-happy mosquitoes, the corrupt government officials and the out-of-control crime element.

The water in the diving arena turned a particular shade of green and smelled like most football locker rooms after the big game.

Many of the facilities the athletes stayed in weren't completely finished and story and the guys had to fess up to what weren't up to the standards of an event of really happened. this magnitude.

for a miracle to swoop down and save it from all the negative issues, disrespect been more careful and candid in his and embarrassment.

came in the name of Ryan Lochte.

The American swimmer who ranks only behind Michael Phelps in popularity and and the attempted coverup, the 32-yearachievements in the pool, found himself old Lochte was still trying to gain some is Lochte's father who was very vocal described as "miraculous."

in a little hot water last week.

His late-night antics, which led to a tangled mess of accusations, counter accusations, convenient memory loss and finally – lies, has been well publicized.

Lochte and his three swim mates seized on the fact that Rio's reputation has taken a well-deserved beating, and after vandalizing a gas station restroom, decided to "Blame it on Rio."

They said their cab was pulled over by cop-impersonating thieves who robbed them at gunpoint. And why not, similar instances had already occurred to other athletes in the city.

But we all know now that video cameras footage has revealed a much different

Rio looked up to the heavens and prayed confession was sprinkled with a little sugar coating. He said he should have account but it had been traumatic to have And then out of nowhere the miracle a man point a gun at him in a foreign country and demand money.

After all the sophomoric behavior

sympathy.

Let's face it, Lochte has never been accused of being the sharpest knife in the drawer. But even this behavior has to heads.

About a decade ago the term "Ugly American" was very popular around the world but it had kind of faded in recent vears.

Now, thanks to Lochte, who has been nicknamed the Loch Mess Monster, the term is back and being uttered around the globe.

But think about, it took the moronic action of four drunken dimwits to get the rest of the world actually feeling sorry for Brazil.

The scorn has been totally transferred Well kind of. Even Locate's so-called from an overtly corrupt nation – to four swimmers who had too much to drink. Miracles do come true.

These swimmers actions have caused the United States Olympic Committee to issue a formal apology to the Olympic Committee and the country of Brazil and really, the rest of the world.

One of the people I really feel sorry for

in defending his son. Of course that was before the truth was finally revealed.

Steve Lochte was critical of the press and of the Rio authorities for what have his sharpest of critics shaking their they had done to his son. And the only reason he felt this way is because he put his faith in his son and the story he was telling.

> Of course, now like the rest of us, dad knows better.

> The three other swimmers aren't very well known, but for Lochte, this incident will be very costly.

> He can kiss any dreams he had of additional endorsement deals goodbye.

> And a couple that he already has, Speedo and Polo, say they are following the situation closely and will make determinations at a later date.

> There is also the possibility of a longterm suspension that could be coming for Lochte. In the past, actions like these have led to 18-month penalties.

> All in all, Lochte has become an embarrassment for the United States.

> But his antics, which are the best thing that could have ever happened to Rio and the country of Brazil, can only be

A sporting view By Mark Vasto Fuhgeddaboutit

Memorial Park.

Here's a conversation nobody given his unconditional release, really cares about: whether or followed by an uncontrollable not Alex Rodriguez deserves a show of emotion by Yankee plaque in the New York Yankees' manager Joe Girardi. Girardi made the point that A-rod was, A-rod, as we all know by now, by any measure, the best third has officially retired and was baseman in Yankee history.

never truly be said about A-rod – the Bronx: "Do we get dis guy a plaque or what?" and "You gotta problem?"

Memorial Park used to be a very cool, telegenic part of the old Yankee Stadium before some architectural genius decided to hide it behind the center field



into a marketing tool for bobble heavily accented tongues started heads, and if there was one to wag at the Big Ball Orchard in thing the Yankees made clear about A-rod, it's that they had no interest in marketing the a marketing tool, crack open not man. How else can you explain Well, fungeddaboutit. The pulling the plug on the guy when roster of the Hall of the Fame. he was only four swings away from hitting 700 home runs?

> that the three-time MVP – twice with the Yankees-will be elected averaging .325 and nearly .400 into the Hall of Fame. A-rod, who was a (brief) natural talent, retiring with the 40th highest done did wrong, and everyone suggestions in one's mind.

> together one of the finest seasons of any Yankee ever with his Lazzerri, Frank "Home Run" 2007 campaign, entering into the Baker, "Wee" Willie Keeler, rarified air of Gehrig and Ruth Herb Pennock, Lefty Gomez, in '27, Dimaggio in '37, Mantle and Maris in '61 and Mattingly in 1985. That season he scored serious about Memorial Park 142 runs, smashed 54 home runs, again, the ghost of those guys batted in 156 runners, stole 24 will be waiting to hear from the

Naturally – something that can wall. It has since been turned be in the books, the only place where fans are going to get to see any trace of the guy's career.

> If you don't believe that Memorial Park is little more than only the record books, but the What if I told you that the Bronx Bombers had a center fielder There is no conceivable chance who put together a slash line of .356/.414/.511 one season, OBP over a 12-year career, batting average out of the tens of knows that he did... full-year thousands who played the game? suspensions without pay have That guy, Earle Combs, aka "The a funny way of planting such Kentucky Colonel" is in the Hall of Fame, but you won't see his Still, the facts show he put name in Memorial Park. Nor will you find Hall of Famers Tony Waite Hoyt or Jack Chesbro.

> When the Yankees want to get bases and put up a slash line of powers that be in the Bronx. In can wait his turn.

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.314/.422/.645, garnering all-star, the meantime, A-rod certainly MVP and Silver Slugger nods. His 12 seasons for the Yankees definitely show him to be the best third baseman the team ever had from a statistical standpoint. My the guy. His records will always Synd., Inc.

Mark Vasto is a veteran sportswriter who lives in New ex-girlfriend had a huge crush on Jersey. (c) 2016 King Features

San Eli land From Page 4

commitment to promoting and encouraging the rich agricultural history in the community and run as a farm. We are sensitive to We also want to make sure we City Hall.

engage in a thorough process of obtaining public input so that our constituents have a voice in the planning for the future of this site.

the City of San Elizario. In case

thus the donation will continue to Maya Sanchez is the mayor of the location and current land use of inclement weather, the signing of the surrounding properties. will take place at San Elizario

Comix

OUT ON A LIMB By Gary Kopervas



AMBER WAVES By Dave T. Phipps



THE SPATS By Jeff Pickering



R.F.D. By Mike Marland



17 Animal of

18 Nobelist, e.g.

19 Personifies

24 Martin

31 Oz creator

32 Boss _ ("The

superstition

115 Relatives of

118 _ Offensive

119 Hammer end

120 Slow _ (small

Stan

primate)

sororities, for short

116 Jazz sax player

Your good health By Keith Roach, M.D.

DEAR DR. ROACH: You have written many times about chickenpox, shingles and the shingles vaccine. My question concerns the age at which one probably people with chronic should get the vaccine. Most obstructive pulmonary disease doctors and other sources (COPD) whose blood oxygen recommend 60 and above; however, I am concerned about more and more younger people from oxygen. In cases of poor getting shingles, in their 50s and, blood flow due to heart reasons, in one instance, a woman in her 30s. Are these isolated cases? I oxygen doesn't help. am a 48-year-old female, and I did have chickenpox as a child. old you are writing about My husband's insurance will has some lung disease due to pay for the vaccine at 50, and I intend to get it then. What are is easy now for doctors to check your thoughts? – L.A.B.

The vaccine is indicated by the benefit. Food and Drug Administration for those ages 50 and up, causes shortness of breath, but recommended the vaccine to people over age 60, since the complication of post-herpetic neuralgia is more likely, lasts longer and can be more severe the older you get. It is reasonable 32803. Enclose a check or money to get the vaccine at 50 if you order (no cash) for \$4.75 U.S./\$6 want, but it's important to get it Canada with the recipient's at age 60 or over if you haven't already had it.

DEAR DR. ROACH: A 95-year- DEAR DR. ROACH: I am a old does not get enough blood 17-year-old cross-country and flow to her lungs because she track runner. I had a stress has a leaky heart valve. She is fracture of my shin. I have not chronically short of breath after been running and have been a small amount of exertion. Her on crutches for one month. leg strength is low, and she has to Are there foods I should eat? use a walker to safely get around. Exercises to do? The doctor She lived with a smoker for a few decades, and he died decades What else can be done to heal ago, but she never smoked the stress fracture? -J.G.herself. Would supplemental oxygen help, by enriching the air in her lungs, thus allowing blood to get more oxygen from the lungs? – Anon.

Supplemental oxygen can improve symptoms and make people live longer in a few specific instances. The most prevalent is level is below 89 percent. Some other lung diseases also benefit including valvular disease.

It's possible that the 95-yearsecondhand-smoke exposure. It oxygen levels, and that would indicate whether she would

Readers: COPD typically advisory groups have especially with activity. The booklet on COPD explains this progressive disease in detail. Readers can obtain a copy by writing: Dr. Roach – No. 601W, 628 Virginia Drive, Orlando, FL printed name and address. Please allow 4-6 weeks for delivery.

only said not to walk on it.

Stress fractures are common, especially in younger athletes,

22

25

29

See HEALTH, Page 8

Super Crossword

72 Paranormal gift 76 Foreman fighter 77 Limb bone 78 Outing ruiner 79 Run up 81 Rialto signs 85 Bobby the Bruin 86 Is realized

23 26

20 21 24

part 20 Country east of Turkey 21 Turkey locale 22 Iranian faith 23 Waste time on trifling things in a brave way? 25 23-season baseballer Rusty 26 Fork sticker 27 The. to Giai 28 Storage medium that can be written to 29 PC shortcut code 30 _-Caps 31 Ship bunk 33 Bush's successor ready to hit the hay? 37 Alamo rental 38 "Alley_ 40 Manning of the NFL 41 Brazilian berry 42 Repair of an angel's blood vessel? 50 Snacked 51 Christens differently 52 Became solidified

A RIVER RUNS

THROUGH IT

ACROSS

1 Virginia city or

8 Religious day of

15 Triangular house

river

rest

images, say 63 Carter's successor used a hand motion? 69 Dallas-to-Nashville drama 70 Just right 73 Zing 74 Miner's strike 75 Deli meats turning bad? 80 Uppity type 82 Droopy 83 Agenda 84 On an ad _ basis 87 This, in Acapulco 88 Retro photo tint Campbell 91 Rialto citv 93 Like droids 95 Long-running CBS 7 Agog series 96 Nietzschean 9 superman from Vegas? 100 Golden State sch. 102 Hi-_ image 103 PC storage letters 104 Sci-fi beinas 105 Bird crossbreed? 110 "Wrong" 112 Sorority letter Kazakhstan

53 Author Joyce

_ out an existence

58 Justin Bieber fan,

59 Paint coarselv

61 Viral Internet

Carol _

56

often

55 Zing

Dukes of Hazzard" 121 Incense resin role) causes intoxication? 34 Honey liquor 35 Roker and 125 1985 Kate Nelligan Sharpton 126 Marinara herb 36 Nose marrer 127 Alfresco 37 Lifting device 39 Vatican City 128 Marsh plant 129 Lifeblood 130 Most moist DOWN 1 Boats that inflate capital 2 Politician Hatch 3 Kind of acid 4 "Scream" actress 5 1969 Beatle bride 6 Aggressive stinger 8 Salt, in Sevres "_ Lang Syne" 10 "Well done!" 11 Inn combo 12 "Ad _ per aspera" (motto of Kansas) 13 "Shop _ you drop" 14 Horse food 15 Doohickev 16 Capital of

sculpture 42 Thick, sweet liqueurs 43 Treasure State 44 Tooth cover 45 Query 46 Designer Cassini 47 Petition 48 1969 Beatle groom 49 Juveniles 54 "Aladdin" monkey 57 Historian's units 59 Party for JFK 60 Sahara viper 62 Of apes 64 Fled to hitch 65 Vincent van _ 66 Uses a perch 67 Like steamy literature 68 Disunite 71 Not bright

88 Brawls 89 Salad endive 90 Having supporting columns 91 Prefix with dilator 92 Black, in verse 94 "Thanks God!" 97 Suffix with north 98 _ out (chill) 99 Be a ham 101 Stage skill 106 Davis of film 107 Cruel beasts 108 Suit twill 109 Actor Hawke 111 Quarterback Tim 112 Fix as laces 113 Gives ear to 114 Kickoff 117 It's in brass 119 Previous 121 Skier Tommy 122 52-wk. units 123 _ Valley, San Francisco 124 Hairy sitcom cousin

Answer Page 4

30				31				32		33			34	35	36					
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125						126								127						
128		1				129								130						

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WTCC: 08-25-16

iohnsor

CryptoQuip This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error. Clue: L equals F VJQR U OBTTQOWPBR BL DRUWZ OBRDMQDUWQ LBM U KUC BL URDTPRD, VBSTK CBS ZUC WJUW'Z LTC LPZJPRD? Answer Page 4 © 2016 King Features Synd., Inc. Bv : ri

0 R

DARE

TRUE TEXAS FACTS by Roger Moore August 24, 1917, Gov. Jim Ferguson is impeached. His fatal mistake was vetoing funding for UT and angering powerful UT alumni.



GO FIGURE! by Linda Thistle The idea of Go Figure is to arrive 24 + X at the figures given at the bottom and right-hand columns of × +× the diagram by following the arithmetic signs in the order ÷ 18 X they are given (that is, from left to right and top to bottom). Use + only the numbers below the × +diagram to complete its blank 20 squares and use each of the ++nine numbers only once. 20 24 13 DIFFICULTY: *** ★ Moderate ★★ Difficult 1 2 3 4 5 7 7 8 9 *** GO FIGURE! ©2016 King Features Syndicate, Inc Answer Page 4

by Linda Thistle											
3				4		2					
		5	1					4			
	8	1			3		7				
7			6					3			
	5				2	4					

Social Security Q&A By Ray Vigil

O: I work in retirement. How much can I earn and still collect full Social Security retirement benefits?

A: Social Security uses the formulas below, depending on your age, to determine how much you can earn before we must reduce your benefit:

• If you are younger than full retirement age: \$1 in benefits will be deducted for each \$2 you earn above the annual limit. For 2016, that limit is \$15,720.

• In the year you reach your full retirement age: \$1 in benefits will be deducted for each \$3 you earn above a different limit, but we count only earnings before the month you reach full retirement age. For 2016, this limit is \$41,880.

• Starting with the month you reach full retirement age: you will get your benefits with no limit on your earnings.

Find out your full retirement age at www.socialsecurity.gov/pubs/ ageincrease.htm.

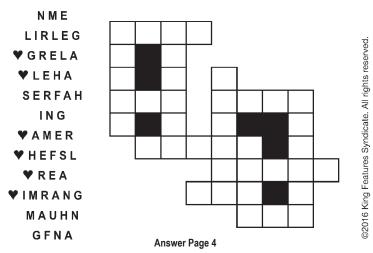
For information on this question, visit www.socialsecurity.gov or call us at 1-800-772-1213. If you have questions you would like to have answered, please mail them to the Social Security Office, 11111 Gateway West, Attn: Ray Vigil, El Paso, Texas 79935.

Weekly SUDOKU

Briefs

From Page 1

trend will continue through the year 2030. The needs of older Americans are priority issues. They merit attention as the 2016 Presidential Election gathers momentum. Yet neither candidate has yet to address aging issues in a substantial manner in this year's election cycle. – John Grimaldi

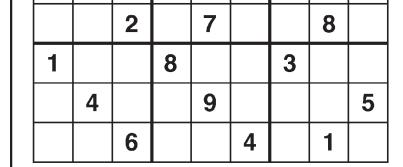


DOUBT?

Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (\P) letter string as each unscrambles into more than one word (ex. ♥ RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: •

Moderate A Challenging Answer Page 4 ♦ ♦ ♦ HOO BOY!

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Health From Page 7

especially runners. Most often, they get better just by avoiding exercises that cause pain. A diet with adequate calcium and vitamin D, or supplements, may speed healing.

Dr. Roach regrets that he is unable to answer individual letters, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell. edu. To view and order health pamphlets, visit www.rbmamall. com. (c) 2016 North America Synd., Inc. All Rights Reserved.