

VOL. 44, No. 35

SERVING ANTHONY, VINTON, CANUTILLO, EAST MONTANA, HORIZON, SOCORRO, CLINT, FABENS, SAN ELIZARIO AND TORNILLO

## NEWSBRIEFS

## SISD wants you back

The Socorro Independent School District conducted a district-wide callout event on Aug. 26 to re-enroll students who have not returned for school this year. The event is part of Team SISD's fourth annual Walk for Success, where administrators, principals, assistant principals, counselors, and other staff walk district's neighborhoods to encourage students who have left school to return to SISD. The 2017 Walk for Success is scheduled from 8:30-11:30 a.m. Sept. 16. Team SISD counselors and administrators will personally call students (and/or their parents) who are not enrolled in school or have officially left the district and invite them back to school. Students and their parents will be given information on how to re-enroll at school and learn about a variety of educational options that support their educational career goals such as graduation or earning a GED. The Walk for Success outreach events are part of Team SISD's commitment to ensure every student succeeds and to provide students with endless opportunities for a lucrative future in college, careers and life.

- Christy Flores-Jones

## Students go shopping

It's an exciting time of year when students and parents are gearing up for back-to-school. But for many, the cost of school supplies and new clothing is out of reach. That's where a generous organization has stepped up for the third year running for students at Deanna Davenport Elementary. A community service project partnership between Canutillo ISD, St. Francis on the Hill Episcopal Church, and Walmart sent kids shopping on August 25th. Give 'em a Boost is an outreach program targeted to the Westway community in northwest El Paso County where about 44% of children under the age of eighteen live below the poverty level. Children from these families received \$70 to buy new clothes, shoes, school uniforms and school supplies. This year, 150 children received assistance. That's up from 120 last year and from 50 the first year. The outreach is funded by many individuals who make small and large donations. Walmart gave a 10% discount on all student purchases while Canutillo ISD provided transportation for the trip. - Andrew Reynoso



DAY TRIPPING - To learn about and connect with the bio-diversity of the Chihuahuan Desert, located right here in the El Paso region's big backyard, "Celebration of our Mountains" events' organizers encourage El Paso area residents to check out their website at celebmtns.org to view this year's extensive schedule of hikes, bird walks, and field trips.

# Fall is perfect time for outdoor activities

**By Alfredo Vasquez** Special to the Courier

EL PASO COUNTY - September in the El Paso region is the perfect time to explore the area's outdoor venues. With cool temperatures and sunny days, the fall season entices residents to adventure out to many of the various nearby recreational offerings.

One way to embrace the outdoors, especially as a family, is to participate in some of the "Celebration of our Mountains" events that are scheduled to connection with nature opportunities be held during the next few months.

immerse themselves in nature. "Getting outside in the natural world offers many under-stated health benefits for adults and children alike including improving one's physical, mental, and for some - even spiritual – well being," he stated.

Many people are amazed to discover that the desert and mountains are full of wildlife and plant species that often go unseen or out of sight and mind as people zoom through the desert on the highway system, Tolbert related.

The program director stated that the history tours including a trip to an old mining ghost town. "And for those who are looking for a new way to loosen up and relax in a 100 percent natural setting, there is an event called Yoga on the Rocks," he added.

numerous opportunities for people to Sunday, September 3- Participants will join Texas Parks and Wildlife's Urban Wildlife Biologist Lois Balin for a tour of the Rio Bosque Wetlands Park Burrowing Owls habitat. Balin will talk about burrowing owl ecology and the artificial nest site project at the wetlands park. This tour is limited to seven persons, so reservations should be made in advance by contacting Balin at lois.balin@tpwd. texas.gov or (915) 227-1988.

Beginner's Hike #1, from 8 to 10 a.m., Monday, September 4- Local environmental activist Judy Ackerman will lead the group on a 1.5-miles hike into coming up in the next few months include arroyos and onto ridges near the Franklin This year, Celebration of our Mountains mountain biking, astronomy talks, and Mountains State Park. She will talk about basic hiking skills and about the areas native plants. For more information, contact Ackerman, at jpackerman53@ gmail.com or (703) 622-0661 A presentation on the What, Why, Where and Who of Deserts, from 7 to 8 p.m., Wednesday, September 6, at the Memorial Park Garden Center, 3105 Grant Avenue-Ecologist Dr. Paul Hyder will cover these questions while focusing on the myriad of living species of the Chihuahuan Desert. The topics covered are a useful introduction for anyone participating in the Celebration of Our Mountains desert hikes and local field trips. For more information, contact Hyder, at phyder@zianet.com or (915) 244-5322. For a complete listing of the 2017 Celebration of Our Mountains events visit its website at celebmtns.org. For more information about the September activities contact Tolbert, at diegotolbert@gmail.

See BRIEFS, Page 4

Example is not the main thing in influencing others. It is the only thing.

– Quips & Quotes

organizers are featuring science and technology field trips sponsored by the El Paso Water Utilities and El Paso Electric companies. Some of the upcoming events will be held at Franklin Mountains State Park, Hueco Tanks State Park & Historic Site, Guadalupe Mountains National Park, and Leasburg State Park in southern for September are: New Mexico.

a schedule of walks and talks; they are full of under-stated benefits for young and old," stated Jim Tolbert, director of the Celebration of our Mountains program. "El Paso area residents love their mountains big time, and this year's Celebration of our Mountains schedule promises to bring outdoor lovers together from across the region," he stated.

Tolbert said that outdoor events like these are very important for residents'

Some of the outdoor activities scheduled

The Baylor Canyon Trail Hike, from "The planned activities are more than 8 to 11 a.m., Saturday, September 2-Guide for the hike will be Bureau of Land Management Education and Outreach Director Eileen Davis. The 2-mile hike has a bit of elevation change to the summit of Baylor Pass. Participants will meet at the Aguirre Springs campground, which is located on the east side of Organ Mountains, east of Las Cruces in Dona Ana County. For more information contact Davis at (575) 525-4306.

The Burrowing Owls of Rio Bosque quality of life because they offer Wetlands Park tour, from 8 to 10 a.m., com or (915) 525-7364.

## View from here By G. Keith Smith, M.D.

# **Repeal and replace: No thanks**

ObamaCare repeal effort in the lobbyists' persuasive abilities Republican-controlled Senate reminds me of a Mark someone says to me, "The folks Twain quote: "If voting mattered, in D.C. just don't get it," I say, they wouldn't let us do it." The "Oh, no! They get plenty of turncoat senators had either it!" Those licking their wounds previously auctioned their souls following this repeal betrayal (remaining publicly in favor of should assiduously avoid the

Page 2

U.S. after the polls closed. Whenever

## Veterans Post By Freddy Groves

Complaint hotline to be staffed by vets

As promised, we have a new Don't flinch at that; they need it's staffed by veterans.

The hotline started up in handy, just in case. June with an estimated full 24/7 availability in August, but now the full-time schedule has been pushed back until Oct. 15. Until then, the hotline hours are from 8 a.m to 5 p.m. because it gets lost, now is the EDT. (Remember that this is time to speak your mind. Your not a crisis line. If you have complaint or questions will be a crisis, call 1-800-273-8255 and press 1.)

Veterans are being hired and trained, and that's a good thing. No longer will the phones ring with no one answering. No longer will our calls be kicked over to third-party contractors announcing this didn't include who are clueless about veteran a phone number to call. Make issues. No longer will a million a note: 855-948-2311 will get calls be dropped.

hotline, a veteran will ask you answers you need. some questions: your name, time of service and maybe

complaint hotline - the White to know who you are so your House VA Hotline. Best of all, specific need can be addressed. Have your dates of service

> If you have a complaint about your medical care, or your claim that's been sitting for two years, or the paperwork you have to keep resending noted, and if an answer isn't immediately available, you'll get one within in two weeks. Calls will be confidential.

It's worrying, however, that the Department of Veterans Affairs press release you to people who know the When you call the complaint questions to ask to get you the

your Social Security number. (c)2017KingFeaturesSynd.,Inc.

The recent failure of an repeal), or were moved by the "socialist's excuse," namely that "we just need different people in charge, and it will work." Only the rarest individual is immune from power lust, once exposed. That everything in D.C. is for sale, including the marketplace that would provide for services that would save someone's life, should be obvious to all but the in this inefficient transfer goes thumbing their nose at the D.C. most naïve.

> fearful that the Republicans" would repeal and replace" the [Un]affordable Care Act with McConnellCare, in what would have been a cruel lesson in the failure of central planning from are emboldened in their cries for a move that forecasts a \$200 the Republican side of the aisle. We are fortunate that they failed to deliver the worst of both by the latest poll-approved name: response has been to erect barriers no more skilled than Democrats at planning individual's lives for them. Why was I worried? They couldn't even pass the skinniest version of repeal!

Laws, with their lengthy, tortuous outlining clauses the natural market preferences of cooperating individuals. Government is, after all, that institution with ideas so great that they have to be mandatory. "Repeal and repeal and repeal" is a slogan and course of action I believe many could support.

Don't mistake me, however, of market discipline.

repeal betrayal, some people a phenomenon that has 'good serves as the medical director, may still defend government and the criminal class of individuals about the future of medicine while maintaining an active who run it. Even many liberty- as they have ever been. These anesthesia practice.

minded individuals believe the market-based alternatives are government has a legitimate predictably role in the medical services/ not one in ten "conservatives" for the expansion of Medicaid is the mercenary class of crony industry must endure." administrators of Medicaid loot. embarrassingly small percentage be a tiny fraction of what it is.

Third-World healthcare vision implemented. sentences for their children.

And there is some very good news despite the gloom. A to this latest outrageous betrayal, powerful remnant has grown the consent of the governed in number sufficient to instill is dwindling fast. Americans penalties for non-compliance, market discipline into the are beginning to perceive the serve primarily to interfere with exchange between medical contempt that the elites have buyers and sellers. This exciting for those on whom they would and growing medical free market inflict medical care they would is highlighted by insurance-free practices, the explosive direct primary care movement, and facilities all over the country that Dr. G. Keith Smith is a board now post all-inclusive procedural certified anesthesiologist in pricing online.

for a defender of the cartel-like 2016: "How about replacing Surgery Center of Oklahoma, medical system in this country, ObamaCare with freedom?... an outpatient surgery center one which largely demonstrates Free from any influence or input in Oklahoma City, Oklahoma, an absence, rather than a failure from D.C., free market and owned by over 90 of the top price-transparent solutions are physicians and surgeons in Even after witnessing the proliferating all over the U.S., central Oklahoma. Dr. Smith guy' industry insiders as excited CEO and managing partner

bringing higher quality and lower prices to products industry. Very likely, patients, exactly what you would expect from an industry that is knows that the primary driver beginning to embrace the same market discipline every other

Since then, many more More slop at the Medicaid trough medical care buyers and sellers means more loot for them. An have ended their relationship with the healthcare syndicate, to those who truly need help. If Ayatollahs. An example: the Writing in January 2016, I was the skimming by what Daniel State of Oklahoma (self-funded), Horowitz calls the "venture for the benefit of their 187,000 socialists" could be removed, the employees now relieves these budget of Medicaid would likely patients of any out-of-pocket expense if they patronize a The Hugo Chavez admirers facility with "revealed" pricing, complete control, calling their million/year savings when fully Washington's worlds/visions. Republicans are single payer. But Americans are to "self-funding," a predictable, likely not yet sufficiently cowed to consistent, but despicable move submit to Charlie Gard-like death that only benefits their crony industry pals.

> The best news is that, thanks never stand for themselves.

private practice since 1990. As I wrote in January In 1997, he co-founded The

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Letter must not be more than 250 words in length. They should be dated, must be signed and have an address and daytime phone number. Only the name and city will be printed with the letter. The West Texas County Courier reserves the right to edit or reject letters to the editor or other submitted material it considers inappropriate.

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services for performance of the Village's annual financial audit for the fiscal years ending September 30, 2017 and with the option to renew for two additional one year periods.	To be considered, eight (8) copies of your proposal must be mailed or delivered in a sealed envelope bearing the name and address of the Respondent and RFQ #2017-001	villag it or www govo is the response retrie adde	ge w.vi office eRes onsil	
The full RFQ can be obtained at Village Hall, 436 E. Vinton	to: Village of Vinton Attn: Andrea		s an ppo	
Road, Vinton,				
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September 7,	responsibility	5	3	t
2017. Questions may be submitted	to ensure that their proposal is	8	7	╞
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## View from here By John Grimaldi

## Age brings new vulnerabilities

Elderly abuse on the rise, underreported

Reports of physical and financial abuse of the elderly are on the rise throughout most cases. Many of them depend on

the country. It's a crime largely underreported. But, a new light needs to be shed on this dirty little secret, says Dan Weber, president of the

that, experts say, is "It is no longer unusual for us to live to be as old as 80, 90 and 100 years or more..."

caregivers for survival and that makes them beholden and vulnerable. It also can make them reluctant to let anyone know what is happening to them. You'd think

See AGE, Page 7

"Older Americans are easy targets in

Association of Mature American Citizens (AMAC).

## **El Paso County Water Control** and Improvement District No. 4 **Notice of Public Hearing** on Tax Rate

The El Paso County Water Control and Improvement District No. 4 will hold a public hearing on a proposed tax rate for the tax year 2017 on Tuesday, September 12, 2017, at 6:00 p.m., at the El Paso County Water Control and Improvement District No. 4 Office, 117 E. Main St., Fabens, Texas 79838. Your individual taxes may increase or decrease, depending on the change the in taxable value of your property in relation to the change in taxable value of all other property and the tax rate that is adopted.

FOR the proposal:	Magda C. Flores, Juana Gutierrez and Thelma Quinonez
AGAINST the proposal:	NONE
<b>PRESENT</b> and not voting:	NONE
ABSENT:	Jose Ramirez and Barbara C. Telas

The following table compares taxes on an average residence homestead in this taxing unit last year to taxes proposed on the average residence homestead this year.

	Last Year	This Year
Total tax rate (per \$100 value)	0.132882/\$100	0.137808/\$100
	Adopted	Proposed
Difference in rates per \$100 of value	+ 0.004926/	\$100
Percentage increase / decreas in rates (+/–)	e + 3.71%	5
Average appraised value	\$ 53,026	\$ 62,079

General exemptions available (excluding senior citizen's or disabled person's exemptions)	\$ 0 )	\$ 0
Average taxable value	\$ 53,026	\$ 62,079
Tax on average residence homestead	\$ 70.46	\$ 85.55
Annual increase / decrease in ta proposed tax rate is adopted ( and percentage of increase (+	+/-) + \$ 15.09	

#### NOTICE OF TAXPAYERS' RIGHT TO ROLLBACK ELECTION

If taxes on the average residence homestead increase by more than eight percent, the qualified voters of the district by petition may require that an election be held to determine whether to reduce the operation and maintenance tax rate to the rollback tax rate under Section 49.236(d), Water Code.

## **Briefs**

From Page 1

## SISD tickets online

The Socorro Independent School District (SISD) community can now purchase their SISD high school football game tickets and season passes, for games at the SAC, via the Ticket Spicket website and mobile app. The cost for individual pre-game tickets is \$2 for students and \$4 for adults. Game day individual tickets are \$3 for students and \$5 for adults. Student season passes for games at the SAC are also available for \$10. Erika Lucero, marketing and sales coordinator for SISD, said the new service will be convenient for students and the community. "Students will no longer have to go buy their game tickets during lunch or after school and not having cash won't be a problem," Lucero said. To purchase tickets online visit the Ticket Spicket website at https://events. ticketspicket.com/#!/app/school/aaba823f-dc884ba2-bd6f-9a2744f0bc91. Select the campus, date of the event and choose the "get tickets" option. You may also go through the SISD athletic website at http://www.sisd.net/SISDAthletics, Click on "purchase online tickets". The free Ticket Spicket mobile application is also available for download. Phone tickets will be scanned at the gates.

- Christy Flores-Jones

#### **New San Eli bell times**

Loya Primary School (Grades PPK, PK, K) Students: Full Day: 7:30 a.m. - 2:40 p.m. Half Day a.m.: 7:30 a.m. - 11:05 a.m. Half Day p.m.: 11:05 a.m. - 2:40 p.m. Faculty: 7:25 a.m. - 3:25 p.m.
Alarcon, Borrego and Sambrano

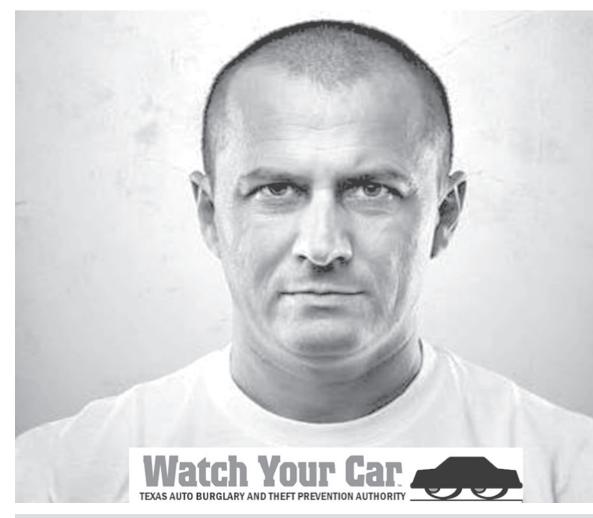
Elementary Schools (Grades 1-6) Students: 7:30 a.m. - 3:20 p.m. Faculty: 7:25 a.m. - 3:25 p.m. • Ann M. Garcia Enriquez Middle School

(Grades 7-8)

See BRIEFS, Page 8



## CALL 1-800-CAR-WATCH TO REQUEST A FREE VEHICLE CRIME PREVENTION INFORMATION PACKET



## Strange But True By Samantha Weaver

• It was 17th-century French philosopher Rene Descartes who made the following sage observation: "If you would be a real seeker after truth, it is necessary that at least once in your life you doubt, as far as possible, all things."

• Does the sight of a bald eagle inspire you with patriotism? If so, you can thank John Adams and Thomas Jefferson, who overruled Benjamin Franklin when deciding on the national bird. Had Franklin had his way, we'd be looking to find national pride in the somewhat more humble turkey.

• When you think of large tire manufacturers, the companiesthatimmediately spring to mind are probably Goodyear and Michelin. You might be surprised to learn, then, that the world's largest manufacturer of tires is actually Danish toy company The Lego Group. It's true; they produce more tires than any other manufacturer. (Just don't try to put them on your car.)

• The active ingredient in aspirin, acetylsalicylic acid, is derived from the bark of the willow tree.

• Those who study such things say that when buying beer at the grocery store, men tend to get six-packs, while women are more likely to stock up with 12-packs.

• In 2010, a man in Canada heard a strange sound coming from a dumpster in his neighborhood. When he looked in, he was shocked to find a newborn baby. He rescued the infant, of course, and took it to the authorities. It was only later that he found out that he was the baby's father.

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## Moments in Time

The History Channel

• On Sept. 11, 1985, Cincinnati Reds playermanager Pete Rose gets the 4,192nd hit of his career, breaking Ty Cobb's majorleague record. Rose retired in 1986, but remained in his position as manager until 1989, when he was banned from baseball for gambling on Reds games.

• On Sept. 12, 1953, Sen. John Fitzgerald Kennedy of Massachusetts marries Jacqueline Lee Bouvier, a photographer for the Washington Times-Herald, in Rhode Island. Kennedy was elected the 35th president of the United States seven years later.

• On Sept. 13, 1814, Francis Scott Key pens a poem that is later set to music and in 1931 becomes America's national anthem, "The Star-Spangled Banner." The poem, originally titled "The Defence of Fort McHenry," was written after Key witnessed the Maryland fort being bombarded by the British during the War of 1812.

• On Sept. 14, 1964, writer John Steinbeck is presented the U.S. Medal of Freedom. His first novel, "Tortilla Flat," about the comic antics of several rootless drifters who share a house in California, was published in 1935.

• On Sept. 15, 1858, the new Overland Mail Company sends out its first two stages, inaugurating government mail service to the western U.S. In 1857, Congress had authorized a \$600,000 yearly subsidy for whatever company could transport the mail twice a week from St. Louis to San Francisco in less than 25 days.

• On Sept. 16, 1943, James Alan McPherson, the first black man to win a Pulitzer Prize for fiction, is born in Savannah, Georgia. His Pulitzer-winning short story collection, "Elbow Room," was published in 1977.

I hought for the day: "Marriage is like college; as great as it is, it ain't for everybody."

Ray Charles

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**CryptoQuip** 

Answer

Since novelist Philip had

such a luxurious existence,

I would say he lived

the life of Wylie.

• On Sept. 17, 1923, a fire threatening the University of California at Berkeley kills two people and destroys nearly 1,000 houses, including half of the fraternity and sorority houses. The National Guard was quickly called in to stop the looting.

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## SISD offers free workforce certifications to adult ESL students

**By Christy Flores-Jones** Special to the Courier

EL PASO COUNTY - The Socorro Independent School District's (SISD) Community Education department will be offering free workforce training certifications classes for adult ESL students. Adult students who meet eligibility requirements, reside in Texas, and who are at least 18 years of age may be eligible for the vocational certifications and basic skill courses, which include security officer, computer technician, general office specialist, electrician certification, and hotel/hospitality certification. Classes will begin soon at four SISD campuses. Candidates interested in participating must schedule an appointment with the SISD Community Education department at (915) 937-1713 to attend an information session. Course placement is limited. All candidates must complete the registration process to be eligible to take a course. Upon successful completion of the program, participants will receive access to the certification exam.

The following classes will be offered from 5:30 to 8:30 p.m. Monday through Thursday:

• Computer maintenance: El Dorado High School, 12401 Edgemere;

• Security officer: Socorro High School, 10150 Alameda Ave.; and

• Electrician certification: Montwood High School, 12000 Montwood Dr.

The following classes will be offered from noon to 2:30 p.m. or from 5:30 to 8:30 p.m., Monday through Thursday (classes are dependent upon enrollment):

General office specialist: Options High School, 12380
Pine Springs
Hotel/Hospitality
certification: Options High School, 12380 Pine Springs

## WHEN THE GAMES BEGIN.

# NEVER GIVE UP UNTIL THEY BUCKLE UP.

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## Horizon City's new neighborhood hospital opens this summer.

We believe compassionate emergency care begins with community, which is why The Hospitals of Providence is bringing you a new, fully-licensed hospital that's right in your neighborhood.



#### PUBLIC NOTICE TO ALL INTERESTED PERSONS AND PARTIES:

The *West Texas County Courier* will publish two editions early. The October 5 and October 12, 2017 issues will go to press on Thursday, September 28, 2017.

All material for these publications must be submitted to the *West Texas County Courier* no later than Friday, September 22, 2017.

The West Texas County Courier office will close beginning Wednesday, September 27, 2017. The office will open again on Monday, October 16, 2017. The Hospitals of Providence Horizon City Campus will offer emergency care, on-site labs and imaging, and inpatient care when needed, open 24/7.



13600 HORIZON BLVD., HORIZON CITY, TX 79928

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## Paseo del Este Municipal Utility District No. 2 Notice of Public Hearing on Tax Rate

The Paseo del Este Municipal Utility District No. 2 will hold a public hearing on a proposed tax rate for the tax year 2017 on Thursday, September 14, 2017, at 1:00 p.m., at the offices of TRE & Associates, LLC, 110 Mesa Park Drive, Suite 200, El Paso, TX 79912. Your individual taxes may increase or decrease, depending on the change in taxable value of your property in relation to the change in the taxable value of all other property and the tax rate that is adopted.

FOR the proposal:	Doug Borrett, Joann Wardy, Alejandro Limon, Anne Jorjorian- Raynal, and Hector Esparza
AGAINST the proposal:	NONE
<b>PRESENT</b> and not voting:	NONE
ABSENT:	NONE

The following table compares taxes on an average residence homestead in this taxing unit last year to taxes proposed on the average residence homestead this year.

Total tax rate (per \$100 value)	Last Year 0.750000/\$100 Adopted	This Year 0.750000/\$100 Proposed
Difference in rates per \$100 of value	0/\$100	
Percentage increase / decrease in rates (+/–)	e 0%	
Average appraised value	\$ 269,694.00	\$ 268,211.00
General exemptions available (excluding senior citizen's or disabled person's exemptions	N/A )	N/A
Average taxable value	\$ 269,694.00	\$ 268,211.00
Tax on average residence homestead	\$ 2,022.71	\$ 2,011.58
Annual increase / decrease in t proposed tax rate is adopted ( and percentage of increase (+	(+/-) - \$ 11.12	

## Paseo del Este Municipal Utility District No. 3 Notice of Public Hearing on Tax Rate

The Paseo del Este Municipal Utility District No. 3 will hold a public hearing on a proposed tax rate for the tax year 2017 on Thursday, September 14, 2017 at 9:00 a.m., at the offices of TRE & Associates, LLC, 110 Mesa Park Drive, Suite 200, El Paso, TX 79912. Your individual taxes may increase or decrease, depending on the change in taxable value of your property in relation to the change in the taxable value of all other property and the tax rate that is adopted.

FOR the proposal:	Gus Haddad, Mark Dyer Ivan Alcocer, and Sandy Boswell
AGAINST the proposal:	NONE
PRESENT and not voting:	NONE
ABSENT:	Ken Weaver

The following table compares taxes on an average residence homestead in this taxing unit last year to taxes proposed on the average residence homestead this year.

	Last Year	This Year
Total tax rate (per \$100 value)	0.750000/\$100	0.750000/\$100
	Adopted	Proposed
Difference in rates per \$100 of value	0/\$100	
Percentage increase / decreas in rates (+/–)	e 0%	

#### NOTICE OF TAXPAYERS' RIGHT TO ROLLBACK ELECTION

If taxes on the average residence homestead increase by more than eight percent, the qualified voters of the district by petition may require that an election be held to determine whether to reduce the operation and maintenance tax rate to the rollback tax rate under Section 49.236(d), Water Code.

Average appraised value	\$ 152,014.00	\$ 160,594.00
General exemptions available (excluding senior citizen's or disabled person's exemptions)	N/A )	N/A
Average taxable value	\$ 152,014.00	\$ 160,594.00
Tax on average residence homestead	\$ 1,140.11	\$ 1,204.46
Annual increase / decrease in t proposed tax rate is adopted ( and percentage of increase (+	+/-) +\$ 64.3	

#### NOTICE OF TAXPAYERS' RIGHT TO ROLLBACK ELECTION

If taxes on the average residence homestead increase by more than eight percent, the qualified voters of the district by petition may require that an election be held to determine whether to reduce the operation and maintenance tax rate to the rollback tax rate under Section 49.236(d), Water Code.

## Age

From Page 3

that friends and family would a broad-ranging definition of be the first to notice that an elder abuse: "physical, sexual, aging neighbor or relative is or psychological abuse, as well being abused. But, the sad fact as neglect, abandonment, and is that in too many cases it is a financial exploitation of an older family member or a friend that is person by another person or perpetrating the abuse."

conscience," says Weber, to facility), either in a relationship root out any instances of ill where there is an expectation treatment. The alarming truth is of trust and/or when an older abuse. that for each case of abuse that person is targeted based on age is reported there are dozens more or disability." that are not.

project, supported by the Departments of Justice and Health and Human Services, has entity, that occurs in any setting It's up to "those of us with a (e.g. home, community, or

The Elder Justice Roadmap

whom you know is the victim National Center on Elder Abuse, to the crimes of angry and greedy of abuse, check it out. Signs of physical abuse are obvious. They include unexplained injuries including new bruises and pervasive problem in America watchful eye open for anomalies abrasions. If you notice that an where three and a half million that indicate older loved ones aging relative or friend is making men and women celebrate their may be victims." too many trips to the bank or is suddenly running up mysterious charges on a credit card, he or she may be a victim of fraud. And, if you notice unusual weight loss or curious behavior, they could be signs of neglect or emotional

the blame for elder abuse. But in come new vulnerabilities that insight on how to best solve the

members.

"Elder abuse is a much too 65th birthdays each and every year. And, where each year more people live longer than ever The Association of Mature Ameribefore. It is no longer unusual can Citizens (http://www.amac.us) for us to live to be as old as *is a senior advocacy organization* 80, 90 and 100 years or more that takes its marching orders from these days thanks to healthier its members. We act and speak on lifestyles and the miracle of their behalf, protecting their in-Nursing homes get most of modern medicine. But, with age terests and offering a practical If you suspect that someone too many cases, according to the can make any of us susceptible problems they face today.

the perpetrators are family predators. And, that's why it is up to younger friends and family - those who truly care - to keep a

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## Paseo del Este Municipal **Utility District No. 4 Notice of Public Hearing** on Tax Rate

The Paseo del Este Municipal Utility District No. 4 will hold a public hearing on a proposed tax rate for the tax year 2017 on Friday, September 15, 2017 at 9:30 a.m., at the offices of TRE & Associates, LLC, 110 Mesa Park Drive, Suite 200, El Paso, TX 79912. Your individual taxes may increase or decrease, depending on the change in taxable value of your property in relation to the change in the taxable value of all other property and the tax rate that is adopted.

FOR the proposal:	Lori Jackson, Isaac Rodriguez, and Sammy Romero
AGAINST the proposal:	NONE
<b>PRESENT</b> and not voting:	NONE
ABSENT:	Oscar Macias and Carlos Lascurain

The following table compares taxes on an average residence homestead in this taxing unit last year to taxes proposed on the average residence homestead this year.

	Last Year	This Year			Last Year	This Ye
Total tax rate (per \$100 value)	0.750000/\$100 Adopted	0.750000/\$100 Proposed	Total	l tax rate (per \$100 value)	0.750000/\$100 Adopted	0.7500 Propose
Difference in rates per \$100 of value	0/\$100			erence in rates • \$100 of value	0/\$100	1100036
Percentage increase / decrease in rates (+/–)	e 0%		Perc	centage increase / decrease rates (+/–)	e 0%	
verage appraised value	N/A	N/A		rage appraised value	\$ 166,056.00	\$ 173,9
eneral exemptions available excluding senior citizen's or disabled person's exemptions		N/A	Gen (ex	eral exemptions available cluding senior citizen's or abled person's exemptions	N/A	ф 170, N/A
verage taxable value*	N/A	N/A		rage taxable value	, \$ 166,056.00	\$ 173,
<pre>   on average   sidence homestead </pre>	N/A	N/A	Tax	on average idence homestead	\$ 1,245.42	\$ 173,3 \$ 1,3
Annual increase / decrease in t proposed tax rate is adopted ( and percentage of increase (+	(+/–) N/A		Annı pro	ual increase / decrease in t posed tax rate is adopted (	axes if +/–) +\$ 59.3	5
NOTICE OF TAXPAYERS' RIG		ACK ELECTION	and	d percentage of increase (+	/) + 4.77%	)

## Paseo del Este Municipal **Utility District No. 5 Notice of Public Hearing** on Tax Rate

The Paseo del Este Municipal Utility District No. 5 will hold a public hearing on a proposed tax rate for the tax year 2017 on Thursday, September 14, 2017 at 10:30 a.m., at the offices of TRE & Associates, LLC, 110 Mesa Park Drive, Suite 200, El Paso, TX 79912. Your individual taxes may increase or decrease, depending on the change in taxable value of your property in relation to the change in the taxable value of all other property and the tax rate that is adopted.

FOR the proposal:	Gerado Sanchez, Humberto Juarez, Veronica Lascurain, and Mike McLean
AGAINST the proposal:	NONE
<b>PRESENT</b> and not voting:	NONE
ABSENT:	Salvador Alonzo, Jr.

The following table compares taxes on an average residence homestead in this taxing unit last year to taxes proposed on the average residence homestead this year.

Total tax rate (per \$100 value)	Last year 0.750000/\$100	0.750000/\$100	Total tax rate (per \$100 value)	Last Year 0.750000/\$100	<b>This Year</b> 0.750000/
	Adopted	Proposed		Adopted	Proposed
Difference in rates per \$100 of value	0/\$100		Difference in rates per \$100 of value	0/\$100	-
Percentage increase / decrease in rates (+/–)	e 0%		Percentage increase / decreas	se 0%	
Average appraised value	N/A	N/A	Average appraised value	\$ 166,056.00	\$ 173,969
General exemptions available (excluding senior citizen's or disabled person's exemptions	N/A )	N/A	General exemptions available (excluding senior citizen's or disabled person's exemption	N/A	N/A
Average taxable value*	N/A	N/A	Average taxable value	\$ 166,056.00	\$ 173,969
lax on average residence homestead	N/A	N/A	Tax on average residence homestead	\$ 1,245.42	\$ 1,304
Annual increase / decrease in t proposed tax rate is adopted ( and percentage of increase (+	+/) N/A		Annual increase / decrease in proposed tax rate is adopted and percentage of increase (	taxes if (+/–) + \$ 59.3	5

#### NOTICE OF TAXPAYERS' RIGHT TO ROLLBACK ELECTION

If taxes on the average residence homestead increase by more than eight percent, the qualified voters of the district by petition may require that an election be held to determine whether to reduce the operation and maintenance tax rate to the rollback tax rate under Section 49.236(d), Water Code.

If taxes on the average residence homestead increase by more than eight percent, the qualified voters of the district by petition may require that an election be held to determine whether to reduce the operation and maintenance tax rate to the rollback tax rate under Section 49.236(d), Water Code.

\*This District has no residence homesteads for tax year 2017.

## Briefs

From Page 4

Students: 7:30 a.m. - 3:20 p.m. Faculty: 7:25 a.m. - 3:25 p.m. • San Elizario High School (Grades 9 - 12) Students: 7:30 a.m. - 3:20 p.m. Faculty: 7:25 a.m. - 3:25 p.m. – Hector Gonzalez

## Texas is 48 of 50

With Women's Equality Day around the corner and the U.S. ranking No. 45 out of 144 countries on the Global Gender Gap Index – falling 17 the personal-finance website WalletHub conducted an indepth analysis of 2017's *Best* & *Worst States for Women's Equality*. In order to determine where women receive the most equal treatment in American society, WalletHub's analysts compared the 50 states across 15 key metrics. The data set ranges from the gap between female and male executives to the disparity in unemployment rates for women and men. Women's equality in Texas came in at:

spots since the previous year -

- 31st Earnings Gap;
- 28th Executive Positions

- | Gap;
  - 20th Work Hours Gap;
  - 31st Minimum-Wage
- Workers Gap;
- 22nd Entrepreneurship Rate Gap; and
- 45th Political Representation Gap.

Visit https://wallethub.com/ edu/best-and-worst-states-forwomen-equality/5835/ for the full report.

– Diana Popa

#### Fat cat

A fat cat – not some wouldbe big shot, but a really obese feline – showed up at an animal shelter in North Carolina recently and a hunt is on for its owner, reports the Association of Mature American Citizens. Or, maybe this particular kitty is a stray mouser who knows where to hunt for its next meal and managed to tuck away quite a few rodents in the process. He weighed in at nearly 31 and a half pounds.

– John Grimaldi

#### **Free enterprise?**

A successful five-year-old entrepreneur in the U.K. quickly sold out her supply of homemade lemonade. But, according to the Association of Mature American Citizens, the smile on her face faded just as quickly when four local government enforcers showed up and fined her 90 pounds [about \$116 U.S.] because she did not have a license. A happy ending ensued after the girl's dad complained to local authorities who didn't waste time issuing a statement apologizing for the strongarm tactics employed by their officers, noting that the fine would be rescinded, a local newspaper reported.

– John Grimaldi

## Paseo del Este Municipal Utility District No. 6 Notice of Public Hearing on Tax Rate

The Paseo del Este Municipal Utility District No. 6 will hold a public hearing on a proposed tax rate for the tax year 2017 on Thursday, September 14, 2017 at 2:00 p.m., at the offices of TRE & Associates, LLC, 110 Mesa Park Drive, Suite 200, El Paso, TX 79912. Your individual taxes may increase or decrease, depending on the change in taxable value of your property in relation to the change in the taxable value of all other property and the tax rate that is adopted.

FOR the proposal:	Lorraine Huit, Bob Peterson,
	and Sheldon Wheeler

AGAINST the proposal: NONE

PRESENT and not voting: NONE ABSENT: Jimmy Ra

Jimmy Ray Pell and Jerry Romero

The following table compares taxes on an average residence homestead in this taxing unit last year to taxes proposed on the average residence homestead this year.

Total tax rate (per \$100 value)	Last Year 0.750000/\$100 Adopted	This Year 0.750000/\$100 Proposed
Difference in rates per \$100 of value	0/\$100	
Percentage increase / decrease in rates (+/–)	e 0%	
Average appraised value*	N/A	N/A
General exemptions available (excluding senior citizen's or disabled person's exemptions	N/A )	N/A
Average taxable value*	N/A	N/A
Tax on average residence homestead	N/A	N/A
Annual increase / decrease in t proposed tax rate is adopted ( and percentage of increase (+	(+/–) N/A	

## Paseo del Este Municipal Utility District No. 7 Notice of Public Hearing on Tax Rate

The Paseo del Este Municipal Utility District No. 7 will hold a public hearing on a proposed tax rate for the tax year 2017 on Thursday, September 14, 2017 at 3:00 p.m., at the offices of TRE & Associates, LLC, 110 Mesa Park Drive, Suite 200, El Paso, TX 79912. Your individual taxes may increase or decrease, depending on the change in taxable value of your property in relation to the change in the taxable value of all other property and the tax rate that is adopted.

FOR the proposal:	Manuel Garnica, Rene Goldfien Bernard Moye, Lana Ulrich, and Tom Hansen
AGAINST the proposal:	NONE
<b>PRESENT</b> and not voting:	NONE
ABSENT:	NONE

The following table compares taxes on an average residence homestead in this taxing unit last year to taxes proposed on the average residence homestead this year.

Total tax rate (per \$100 value)	Last Year 0.750000/\$100 Adopted	This Year 0.750000/\$100 Proposed	
Difference in rates per \$100 of value	0/\$100		
Percentage increase / decrease in rates (+/–)	e 0%		
Average appraised value	\$ 145,038.00	\$ 144,259.00	
General exemptions available (excluding senior citizen's or disabled person's exemptions	N/A )	N/A	
Average taxable value	\$ 145,038.00	\$ 144,259.00	
Tax on average residence homestead	\$ 1,087.79	\$ 1,081.94	
Annual increase / decrease in taxes if proposed tax rate is adopted $(+/-)$ - \$ 5.84 and percentage of increase $(+/-)$ - 0.54%			

#### NOTICE OF TAXPAYERS' RIGHT TO ROLLBACK ELECTION

If taxes on the average residence homestead increase by more than eight percent, the qualified voters of the district by petition may require that an election be held to determine whether to reduce the operation and maintenance tax rate to the rollback tax rate under Section 49.236(d), Water Code.

\*This District has no residence homesteads for tax year 2017.

#### NOTICE OF TAXPAYERS' RIGHT TO ROLLBACK ELECTION

If taxes on the average residence homestead increase by more than eight percent, the qualified voters of the district by petition may require that an election be held to determine whether to reduce the operation and maintenance tax rate to the rollback tax rate under Section 49.236(d), Water Code.





Click It or Ticket.

Even in the back seat.

#### Buckle up every rider for every trip.

State law now requires both adults and children to be buckled up in the front or back seat. A child less than 8 years old, unless taller than 4 feet 9 inches, must ride in a child safety seat. Most children between 4 and 8 years old will need a booster seat to be safe and comply with the law. Fines range from \$25 to \$250, plus court costs. **TexasClickitorTicket.com** 



## Paseo del Este Municipal Utility District No. 8 Notice of Public Hearing on Tax Rate

The Paseo del Este Municipal Utility District No. 8 will hold a public hearing on a proposed tax rate for the tax year 2017 on Friday, September 15, 2017 at 10:30 a.m., at the offices of TRE & Associates, LLC, 110 Mesa Park Drive, Suite 200, El Paso, TX 79912. Your individual taxes may increase or decrease, depending on the change in taxable value of your property in relation to the change in the taxable value of all other property and the tax rate that is adopted.

FOR the proposal:	Manuel A. Quiñones, A.J. Silva, Suzan Spurlin, and Sylvia Touchstone
AGAINST the proposal:	NONE
<b>PRESENT</b> and not voting:	NONE
ABSENT:	Alejandro Contreras

The following table compares taxes on an average residence homestead in this taxing unit last year to taxes proposed on the average residence homestead this year.

	Last Year	This Year
Total tax rate (per \$100 value)	0.750000/\$100	0.750000/\$100
	Adopted	Proposed
Difference in rates per \$100 of value	0/\$100	
Percentage increase / decrease in rates (+/–)	e 0%	
Average appraised value	\$ 142,891.00	\$ 153,129.00
General exemptions available (excluding senior citizen's or disabled person's exemptions	N/A )	N/A
Average taxable value	\$ 142,891.00	\$ 153,129.00
Tax on average residence homestead	\$ 1,071.68	\$ 1,148.47
Annual increase / decrease in t proposed tax rate is adopted ( and percentage of increase (+	(+/-) +\$ 76.7	

## Paseo del Este Municipal Utility District No. 9 Notice of Public Hearing on Tax Rate

The Paseo del Este Municipal Utility District No. 9 will hold a public hearing on a proposed tax rate for the tax year 2017 on Friday, September 15, 2017 at 11:30 a.m., at the offices of TRE & Associates, LLC, 110 Mesa Park Drive, Suite 200, El Paso, TX 79912. Your individual taxes may increase or decrease, depending on the change in taxable value of your property in relation to the change in the taxable value of all other property and the tax rate that is adopted.

FOR the proposal:	Yvette Lascurain, Richard Owen, Olivia Zuniga, Jo Ann Aguayo, and Elizabeth Bustamante
AGAINST the proposal:	NONE
<b>PRESENT</b> and not voting:	NONE
ABSENT:	NONE

The following table compares taxes on an average residence homestead in this taxing unit last year to taxes proposed on the average residence homestead this year.

	Last Year	This Year
Total tax rate (per \$100 value)	0.750000/\$100	0.750000/\$100
	Adopted	Proposed
Difference in rates per \$100 of value	0/\$100	
Percentage increase / decrease in rates (+/–)	e 0%	
Average appraised value	N/A	N/A
General exemptions available (excluding senior citizen's or disabled person's exemptions	N/A )	N/A
Average taxable value*	N/A	N/A
Tax on average residence homestead	N/A	N/A
Annual increase / decrease in t proposed tax rate is adopted ( and percentage of increase (+	(+/–) N/A	

#### NOTICE OF TAXPAYERS' RIGHT TO ROLLBACK ELECTION

If taxes on the average residence homestead increase by more than eight percent, the qualified voters of the district by petition may require that an election be held to determine whether to reduce the operation and maintenance tax rate to the rollback tax rate under Section 49.236(d), Water Code.

#### NOTICE OF TAXPAYERS' RIGHT TO ROLLBACK ELECTION

If taxes on the average residence homestead increase by more than eight percent, the qualified voters of the district by petition may require that an election be held to determine whether to reduce the operation and maintenance tax rate to the rollback tax rate under Section 49.236(d), Water Code.

\*This District has no residence homesteads for tax year 2017.

## What's in a name: Ask ESPN

By Steve Escajeda Special to the Courier

When you live in a world of over 7 billion people, opinions of all kinds are worse than they really are means more going to be thrown about.

Some are going to be popular, some aren't even going to be worth a response, and some are going to be extremely unpopular.

thoughts being expressed through words, are always going to evoke a response.

And that's okay. All of our opinions should be debated in a healthy manner.

However, just because we should respond accordingly to opinions or deeds or events, doesn't mean we always do. Many humans tend to hear news of some kind and instead of reacting – they overreact.

Instead of keeping things in proper perspective, they blow things way out of proportion.

That is one of the specialties of the media. Making things sound so much viewers, listeners and readers.

Is it any wonder why in all the opinion polls, the media ranks right down there with politicians and attorneys?

There is a climate in the United But opinions, even though they are only States right now that is being reported on every day by the media. Some news organizations are responsible in their reporting and some do whatever they can E. Lee. to fan the flames.

> sudden trend, from a segment of the population, demanding that statues, street names and nearly anything having to do with referencing the confederacy, be physically erased.



## A sporting view By Mark Vasto No more Evel empire

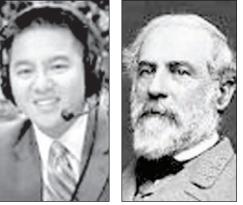
out of my eyes trying to see the was a true "daredevil" in every total eclipse occur (if only that sense of the word. Sometimes darn cloud would move out of the he would complete the jump, way), my mind shifts to thoughts and people would applaud. Most of Evel Knievel.

man, and if any remember some would go completely berserk. He of his cameos on assorted reality is the guy that invented the term TV or talk shows, they saw a "broke every bone in his body."

As I sit here burning the retinas cars and through hoops of fire. He other times, he would crash in Millennials do not know the spectacular fashion and the crowd

resort's tall buildings. Throngs of people are looking up in awe, some in fear. I scan the crowd. Some look like they're having an adrenaline rush because they keep saying how dangerous every maneuver was, as if they wanted to see an air disaster. (Others contend it was Donald Trump's show of force to this former rebel enclave, perhaps a message to the Seminoles who were dismantling the Trump Taj Mahal.)

Some fans attend baseball



Images from Internet

RELATIVES? - ESPN's Robert Lee, left, and Gen. Robert E. Lee side-by-side.

It all started with white supremacist groups in Virginia protesting the removal of a statue of Confederate general Robert

After the ugly encounters between the And of course I'm speaking of the neo-Nazi types and opposing protesters, there's been a call for the removal of all signs of the confederacy, large and small.

> Smart individuals can argue the validity of destroying all the statues of former slave owners and haters of anything nonwhite, but are people just reacting - or overreacting?

> Now the debate has advanced to talk of the removal of all references to the founding fathers of our country, like Thomas Jefferson and George Washington.

The problem with controversial E. Lee. decisions like these is finding the "stop" button. Sometimes there isn't one.

Some people jump on the bandwagon and try to steer it in directions that have absolutely nothing with the original path.

And before you know it, there is the possibility of a complete and dangerous leaders in overreacting. overreaction.

fallen hopelessly down this rabbit hole.

for changing its format from sports-only it's an obvious joke?

to including heavy doses of political reporting mixed in with liberal-leaning opinion.

This has angered many of its current and former viewers who have complained that ESPN was always the place to go to escape the deluge of political news many find frustrating and depressing.

Last week ESPN may have given the term "overreaction" new meaning.

Naturally, most of the confederate references that have offended so many are located in the South. And we all know that the college football season starts in a big way this weekend.

The University of Virginia starts its season this Saturday in Charlottesville against William and Mary. Of course Charlottesville is where the Robert E. Lee statue protests took place.

So, ESPN did their part to help the situation, they took one of the broadcasters from that game and transferred him to another.

What was the reporter's problem? His name is Robert Lee.

Yes, the Asian-American reporter Robert Lee was removed from announcing the game because... well... I'm still trying to figure this one out.

ESPN says it's because they didn't want him to be targeted and ridiculed because of his name, which is too close to Robert

Yes... I'm scratching my head too.

I looked very closely and Robert Lee looks nothing like the former general who died 147 years ago. So I really don't think he would have been mistaken for the long-dead confederate leader.

ESPN is now among the worldwide

What has ESPN sunk to? Well, The sports mega-giant, ESPN, has how bad is a decision when it's so unbelievable that everyone has to read ESPN has taken a lot of heat lately it two or three times because they think



hobbling old man with a cane. Well, guess what, kids? That cane was filled with Wild Turkey 101. That's Evel Knievel, a guy who used to fling himself on a motorcycle over stadiums for our amusement. You know... a real role model.

I watch the folks who filled the Southern Illinois Saluki's stadium, with every person rooting for the same thing – the complete blotting out of the Sun from our skies. It shows us our place in the universe.

Well, guess what? Evel was looked upon with a high level of bemusement. The guy would, for little or no apparent reason, jump

But then came Snake Canyon and the "Rocket Cycle." See, he was going to jump a canyon, but what happened was that he flew halfway across said canyon - clearly not going to make it and as luck would have it, his bike "malfunctioned" and shot

I'm thinking about this as out his parachutes, and the world watched as Evel floated around the canyon and into obscurity. It was over for him. To this day he doesn't exist in your spell check, which just shows you how fickle fame can be.

Back in Atlantic City, New Jersey, I find the city under universally beloved, or at least siege in the form of an "annual air show." Wave after wave of Mark Vasto is a veteran fighter planes fly sorties over the boardwalk, and PTSD-inducing his motorcycle over long lines of jets are buzzing the famed Synd., Inc.

games hoping to see nobody do anything, because that's "perfect." And then there are those who go to see hockey playaers fight, race-car drivers crash, quarterbacks get their legs cracked in half, and motorcyclists plunge into deep ravines filled with sharks. As for me, I prefer the sun to not be blocked by the moon, that our Air Force stays strong, motorcyclists to obey the rules of the road, but more than anything, hope to see most of next year's battles on the field of play only.

sportswriter who lives in New Jersey. (c) 2017 King Features

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5	6	7	8
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Deadline: Monday, 4 p.m. Please print. Send form and payment (no cash) to:			formation:
West Texas County Courier 15344 Werling Ct. Horizon City, TX 79928		Name:	

## Comix

## **OUT ON A LIMB** By Gary Kopervas



## AMBER WAVES By Dave T. Phipps



## THE SPATS By Jeff Pickering



## R.F.D. By Mike Marland



25 Cato's 2,400

31 Plenty

33 Per unit

musically

35 Very little

37 Beijing site

38 Witch's work

36 Having one flat,

## Your good health By Keith Roach, M.D.

DEAR DR. ROACH: I read anxiety that they are prescribed recently that if Valium is taken by older folks for more than 90 days, it ups their risk for Alzheimer's disease by 32 percent and if taken for more may reveal the truth. than 180 days, the risk goes up 84 percent. Have you heard not to use benzodiazepine anything like this? What is safe for seniors, or anyone, to take for anxiety? – C.P.

ago in BMJ, a prestigious medical journal, showed a association clear benzodiazepines – a class of medications that includes also potentially habit-forming diazepam (Valium), clonazepam (Klonopin), alprazolam (Xanax) and lorazepam (Ativan), among many others – and Alzheimer's disease. The association was stronger for long-term use than for short, as you correctly point strategies for anxiety reduction. out. Further, the risk was higher Meditation, mindfulness and for long-acting drugs (like imaging exercises, yoga and Valium or Librium) than for even regular exercise all have short (like Xanax).

done cannot claim that taking and the medication caused the increased risk of Alzheimer's. The authors themselves point out that it is possible that early Alzheimer's disease causes risks than benzodiazepines. Just anxiety that is subsequently a cup of hot chamomile tea might treated with prescription anti- help you get through stressful anxiety medications, and that there is no causal relationship. It is also possible to see this DEAR DR. ROACH: My husband result from chance, although has heart disease. He's tried the authors found less than 0.1 every statin drug to lower his percent likelihood this result is cholesterol. He cannot tolerate due to chance alone. Finally, any of them. The muscle pain it's possible that there is both and weakness caused by these a direct, causal link between drugs is severe. His cholesterol taking benzodiazepine drugs and remains high, even with proper developing Alzheimer's disease diet and exercise. I've heard that and that early Alzheimer's causes some people enough

these anti-anxiety medications. That implies that the risk is less than the numbers from the study. A different study design

There are many good reasons medications, and I never prescribe them for long-term use. Increased risk of both falls and automobile collisions are two A study published recently that most concern me. (Multiple studies have confirmed this risk, so it is likely that these drugs do between cause some people to fall and to have auto accidents.) These are medications, and sometimes it becomes very difficult to sleep without them once they are started.

Because all medications have some risk, I recommend nondrug been shown to reduce anxiety However, the type of study without medication. Counseling cognitive-behavioral therapies also are effective. If medications are needed, then SSRI medications such as sertraline (Zoloft) have lower times.

#### See HEALTH, Page 12

#### UP TO THE CH-CHALLENGE ACROSS 1 Plane takeoff guess, briefly 4 Tries to nip 11 Figurative language 16 Exce

58 Pop singer from Oahu 61 Sunbathing furniture 63 See 104-Down 65 Taboo acts 67 Water, in Oise 68 Film director Spike or Ana 69 Nauseating 132 Taoism's Lao-\_ 133 Top-tier invitees 75 "Angie Tribeca" network 134 Parts of the solar 78 Refrain bit system 79 Expiate 135 Main character in 80 Pagan priest "Despicable Me" 84 Securer of a pocket timepiece 88 Papal crown 1 Aural pair 91 Relative of -ette 2 Mel Gibson war 92 Native Americans film of 2000 3 Goes poof of Nebraska 93 Young fellas 4 Large snake 95 "Othello" villain 5 About 97 Suffragist \_ B. Wells Moral climate 98 Sun \_-sen 8 See 13-Down 99 "Platoon" war zone 9 Hot tub sigh 100 Robed group in a 10 Discourse 11 Hall-of-Fame 104 Wise \_ owl cager \_ Thomas 106 24/7 source of 20s 12 FNT or OB 107 Irishman, e.g. 13 With 8-Down, very 108 Honchos shortly 109 Product of 14 Auto garage alkalized cocoa squirter powder 15 Brick dresser 113 Little cut 16 Like deluges 114 Warm up again 17 Seer's shrine 115 Bit of a giggle 18 Fixate (on) 24 German city 116 Regulation

119 Old Russian ruler 121 Groom's vow 122 Some Toll House morsels 128 Masc. counterpart 129 Grub, e.g. 130 Game to try something 131 After tax

DOWN

## **Super Crossword**

82 Verv thin material for book pages 83 Loved ones 85 Opportunity 86 Old Texas siege site 87 The "sum" of Descartes

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89 Antler p

#### 21 22 26 24 25 29 34 36 38 35 37

19 Hawaiian yellowfin tuna 20 Running wild 21 Braga or Sotomavor 22 Eye, in verse 23 New drugs being studied, say 26 Coll. dorm overseers 27 Pedi offerers 28 That, in Peru 29 G.P.s' gp. 30 Strong-arm 32 Altar locale 34 Put on a different station 39 In serenity 42 City in Oklahoma 43 Coop female 44 People 45 Many souffle makers 47 Shuffle 48 Protrude 49 Carrere of film 50 "Great joke!" 51 Israel's Abba 53 "\_, ergo sum" 56 2014 British Open winner McIlroy

loft

39 SAG-(performers' labor gp.) 40 Neighbor of Nigeria 41 Amp effect 46 Barbera's collaborator 47 West with oneliners 48 Cheerful 52 Pellets for air rifles 53 Latte option 54 Sports draw 55 Raw metal 57 "Definitely!" 6 Tic \_ (some mints) 59 Ad add-on? 60 Available 62 100 yrs. 64 To boot 66 Mo. in fall 70 Tolkien menaces 71 \_-jongg 72 Prefix with brow 73 Broadcast anew 74 Test for college srs 75 A pair of 76 "Whap!" 77 Not inclined to travel 81 Forming a labor group

90 Turkish VIP 94 Increases 96 Folkie Phil 99 \_ degree 101 Jimmy Buffett's "Ain't Genius" 102 Final: Abbr. 103 Intuitive inklina 104 With 63-Across, floating freely on the ocean 105 Soft leathers 106 Real 107 Word after party or film 110 "No \_ espanol" 111 Swindle 112 "Levon" singer John 117 Lot unit 118 Very little bit 120 Post-Q string 123 Bi- plus one 124 Idiot boxes 125 Certain NCO 126 Out \_ job 127 Dollar divs.

Answer Page 4

39 40 45 46 48 49 50 51 52 53 54 56 60 59 61 58 62 63 65 66 68 64 67 69 70 72 73 78 79 80 81 82 83 75 76 84 85 86 87 88 89 90 92 93 95 100 101 102 98 99 103 104 105 106 107 108 109 113 110 111 112 114 115 116 117 118 19 120 121 122 123 124 125 126 127 128 129 130 131 132 133 134 135

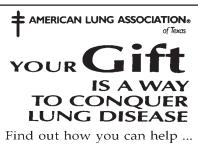
## PUBLIC NOTICE **TO ALL INTERESTED** PERSONS AND **PARTIES:**

The West Texas County Courier will publish two editions early. The October 5 and October 12, 2017 issues will go to press on Thursday, September 28, 2017.

All material for these publications must be submitted to the West Texas County Courier no later than Friday, September 22, 2017.

The West Texas County Courier office will close beginning Wednesday, September 27, 2017. The office will open again on Monday, October 16, 2017.





www.texaslung.org

When you lose someone dear to you — or when a special person has a birthday, guits smoking, or has some other memorial gifts or tribute gifts made for them to your local American Lung Association help prevent lung disease and improve the care of those who suffer from it

1-800-LUNG-USA

# CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: E equals L

HNMSP MBOPENHX RVNENR VJU

HZSV J EZGZFNBZH PGNHXPMSP,

N YBZEU HJD VP ENOPU XVP

ENKP BK YDENP.

Answer Page 4

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GO FIGURE!	by l	inda	Thist	le					
The idea of Go Figure is to arrive at the figures given at the bot-		×		+		23			
tom and right-hand columns of the diagram by following the	+		+		×				
arithmetic signs in the order they are given (that is, from left		×		-		29			
to right and top to bottom). Use only the numbers below the	×		+		-				
diagram to complete its blank squares and use each of the nine numbers only once.		×		+		21			
DIFFICULTY: * * *	30		19		26				
★ Moderate ★★ Difficult ★★★ GO FIGURE!	1 2	23	-	-	-	8 9			
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Weekly SUDOKU

Answer Page 4

by Linda Thistle										
	9	5		1				8		
6					5	1	7			
		3	7	6		2				
	4				7		8	6		
2		7		8		9				

## Here's a Tip **By JoAnn Derson**

 "Put a family calendar inside your kitchen cabinet to keep everyone on track. You can list important dates/ obligations/appointments there. We color code ours by using different highlighters for each person, and we keep it inside the cabinet by the coffeemaker, so Mom always looks at it."

– W.S. in Ohio

· Combine a few drops of essential oils with a cup of either baking soda or cornstarch. Sprinkle liberally on bare mattresses. Let sit 10-15 minutes, then vacuum up. It's particularly nice to use lavender.

 If you don't regularly clean out your dryer vents, now's the time to put it on your cleaning schedule. Every six months at a minimum, but every three is better. Remove the dryer vent hose and shake out to remove sand or dirt, then run a vent brush to loosen stuck-on lint. Use the wand attachment or a shop vac to clean the dryer itself, and don't forget to wipe down the inside drum with a damp cloth. Don't risk a dryer fire!

 "Need to chop nuts? Place them in a bag, and crush them with a cookie sheet. Just rock back and forth over the sealed bag. This really works, and it's kind of fun, too."

– Y.L. in Florida

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803. (c) 2017 King Features Synd., Inc.

## Health

9

From Page 11

CoQ10 works well for lowering cholesterol. Is there any validity to this? - Anon.

CoQ10 (ubiquinone) does

Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE ). Prepare to use only ONE word from any marked ( V) letter string as each unscrambles into more than one word (ex. **VRATHE** becomes **HATER** or **EARTH** or **HEART** ). Fit each string's word either across or down to knot all twelve strings together.

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

## DIFFICULTY THIS WEEK: •

♦ Moderate ♦ ♦ Challenging ♦ ♦ ♦ HOO BOY! Answer Page 2

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not affect cholesterol itself. It does allow some people tolerate statins who otherwise wouldn't. I think it is worth a try, especially for someone like your husband, who has coronary heart disease and who would get much benefit from a statin.

Dr. Roach regrets that he is unable to answer individual letters, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell. edu. To view and order health pamphlets, visit www.rbmamall. com, or write to Good Health, 628 Virginia Drive, Orlando, FL 32803. (c) 2017 North America Synd., Inc. All Rights Reserved.