



NEWSBRIEFS

Teens targeted

Texas teens have an important message for their friends and fellow students: Always buckle up. The message is part of the Texas Department of Transportation's annual "Teen Click It or Ticket" campaign, in partnership with high school students, to urge young drivers and their passengers to wear their seat belts every time they're in a vehicle. "In Texas, 42 percent of all teenagers killed in traffic crashes in 2016 weren't buckled up," said TxDOT Executive Director James Bass. "We know seat belts save lives, but only if motorists use them. We want to make sure this message gets through to teens, and no one knows how to reach teens better than other teens." In Texas in 2016, one in five vehicle crashes involved a teen driver. Of the 269 teen drivers and passengers killed in crashes that year, 114 were unbuckled. "Research from the National Highway Traffic Safety Administration tells us that new teen drivers are twice as likely to be in a fatal crash as adults," said Bryce Cunningham, co-chair of the Teens in the Driver Seat national Teen Advisory Board and a senior at Chisum High School in Paris, Texas. "It just doesn't make any sense to not wear your seat belt when you're in a vehicle." Texas law requires drivers and all passengers to wear a seat belt. Unbuckled drivers and passengers – even those in the back seat – face fines and court costs up to \$200.

– Sherry Matthews

What are the odds?

The sophomore class at New Trier High School in Winnetka, Ill set not one, but two world records this year. The Association of Mature American Citizens reports that the Guinness Book of World Records cited the school for winding up with the most sets of twins in a single class – 44 sets of twins, to be precise. And, the schools sophomores also set the record for having the most multiple siblings in their class. In addition to the 88 twins the class boasts a set of triplets, to boot.

– John Grimaldi

Taxes 'returned'

With Tax Day approaching, WalletHub has released its latest

See BRIEFS, Page 4

Golf is a lot like taxes – you drive hard to get to the green and then you wind up in the hole.

– Quips & Quotes



– Photo courtesy Fabens ISD

HARDWARE AND HARDWARE – Fabens students, from left, Kiara Perez, Tomas Rodriguez and Julissa Chacon placed first at the Greater Southwest SeaPerch Challenge. Rodriguez holds up the trophy while Chacon and Perez display their underwater vehicle.

Winning SeaPerch Challenge motivates Fabens tech students

By Denise Peña
Special to the Courier

FABENS – After competing in the 5th Annual Greater Southwest SeaPerch Challenge held in Albuquerque, NM on March 10, 2018, a team of three Fabens High School students came home with a 1st place trophy in Stock Class Engineering Notebook Presentation. The competition is divided into 3 sections: the notebook, obstacle course, and challenge. Students plan and construct an underwater remote operated vehicle, or ROV, made of PVC, recording all aspects of the engineering design process from prototypes, error recordings, modifications, and deficiencies.

When freshman Tomas Rodriguez was approached about joining the engineering team, he didn't hesitate. "I've always been good with technology," he said. "I heard underwater robot and I said 'I'm in.'"

The team was overseen by math teacher Jacklyn Rodriguez and science teacher Julieta Bañuelas. Bañuelas introduced Tomas to TinkerCAD, an online software program used to design robots to then 3D print. After just one night, Tomas had come up with his first design at home. "I just read the tutorials and then understood it," he said. "I spent an hour and a half

on [the website] coming up with the design."

In all, four prototype ROVs were 3D printed and tested. Junior Julissa Chacon learned to solder for the construction of the prototypes so this award left her reassured that she is meant to pursue the engineering field. "I feel so accomplished," she said. Like I know what I want to do with my life. I'm going into computer science engineering."

Having had no prior experience with the engineering process, junior Kiara Perez was not sure to expect. "We spent three weeks working two hours after school," she said. "It was very time consuming. But all the time helped us be knowledgeable during our presentation when the judges asked us questions."

All their hard work paid off when the team received a near perfect score for their Engineering Notebook Presentation. "When they called us to get the trophy, we just stood there questioning each other, 'did they just call our team?'" Kiara said. "I felt so professional. Like an experienced engineer."

Bañuelas believes the team could have brought home an award for the obstacle course had the ROV not lost one of its motor functions. "Water seeped in and

See CHALLENGE, Page 5

Elks pony up bucks for school

Lodge wants more high school seniors to apply for its scholarships

By Alfredo Vasquez
Special to the Courier

EL PASO COUNTY – More seniors from the El Paso County school districts and Gadsden schools in New Mexico are applying for the Elks National Foundation Most Valuable Student (MVS) Scholarship thanks to the efforts of the El Paso Elks Lodge 187.

In the past eight years, the Elks local chapter, which meets at its new facility located at 2278 Trawood Drive, has helped six scholars from the El Paso area secure the highly competitive MVS scholarship, and this year is no exception.

Leonardo Moraveg, senior from Eastwood High School in the Ysleta Independent School District, was recently selected to receive the \$4,000 scholarship. He was also named a semi-finalist for one of the Elks top 20 student awards, which includes participation in a leadership conference scheduled for April 26-29, in Chicago, Illinois.

The Elks National Foundation awards more than \$2.4 million in college scholarships to about 500 high school seniors nationwide each year through its prestigious MVS contest. In total, the Elks National Foundation provides more than \$3.6 million in college scholarships through its three annual scholarship programs.

The Benevolent and Protective Order of Elks (BPOE), also known as the Elks Lodge or simply the Elks, is an American fraternal order founded in 1868 originally as a social club in New York City. Today headquartered at Elks National Veterans Memorial in Chicago, it is one of the leading fraternal orders in the United States, claiming more than one million members.

The BPOE is organized on five levels: the national or "grand" level, the regional level, the state level, the district level, and the local lodge level. The highest level is the Grand Lodge, which meets in convention annually.


"The Elks are investing wisely. MVS scholars – all of whom demonstrate scholarship, leadership and financial need – are graduating from college at a rate of nearly 90 percent, about 40 percent higher than the national average," stated Lilia (Teddy) Martinez, Elks Lodge 187 Scholarship


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Martin Lerma, Mayor
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The teenage demagogues

All you needed to know about student activist David Hogg’s speech at the “March for Our Lives” in Washington, D.C., was that he affixed a price tag on the microphone to symbolize how much National Rifle Association money Sen. Marco Rubio took for the lives of students in Florida.

The stunt wasn’t out of place. Indeed, it perfectly encapsulated the braying spirit of the student gun-control advocacy in the wake of the Parkland, Florida, school shooting.

These young activists are making our public debate even more poisonous and less civil, and are doing it as teenagers. They are precocious that way.

The Stoneman Douglas students experienced a horrific trauma. No one can deny their grief or blame them for being impassioned. And allowance has to be made for the fact that they are teenagers, who universally believe that they know better than their hapless elders.

Yet none of that excuses their scurrilous smears of the other side in the gun debate. The student activists presume that there is a ready solution to mass shootings that everyone knows, and the only reason why someone might not act on this universally accepted policy is malice or corruption.

This makes the other side the equivalent of murderers.

In a video interview with The Outline, David Hogg said that the NRA and its supporters “want to keep killing our children.” Not that they inadvertently enable people who carry out school shootings via misconceived policy, but they themselves kill children and want to keep doing it.

Lest he be misunderstood, Hogg added, “they could have blood from children spattered all over their faces and they wouldn’t take action because they will still see those dollar signs.”

In accusing their opponents of being bought off, the students deny the sincerity and legitimacy of supporters of gun rights. They treat the Second Amendment as an inkblot on the Constitution, and dismiss all counterarguments as transparent rationalizations. This juvenile view of the gun debate ignores Supreme Court jurisprudence, the genuine support of the NRA by millions of people and the serious, practical objections to gun-control proposals, and it removes all possibility of a middle ground.

Tellingly, it is Marco Rubio who is the foremost object of the ire of the students, when he has been notably open and accommodating. He showed up at



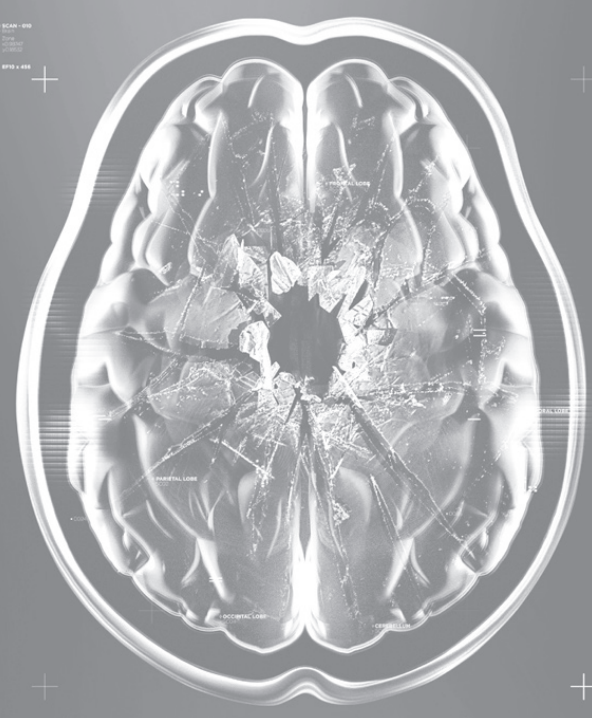
the CNN town hall to get abused, and has shown remarkable forbearance in handling political attacks that are shameless blood libels. He sponsored incremental school safety legislation that is becoming law, and for his trouble he is deemed a moral monster who doesn’t care how many people have to die as long as he gets a few more campaign contributions.

Maybe all of this can be written off as the work of overenthusiastic, underinformed 17-year-olds. But the student activists aren’t acting alone. They are promoted and praised by adults who should know better. Since the kids serve a useful purpose in promoting gun control, though, it is practically forbidden in much of the media to dissent from anything they say.

It was hard to believe that our public debate could get even more sophomoric. The student activists are here to say, “Yes, it can.”

Rich Lowry is editor of the National Review. (c) 2018 by King Features Synd., Inc.

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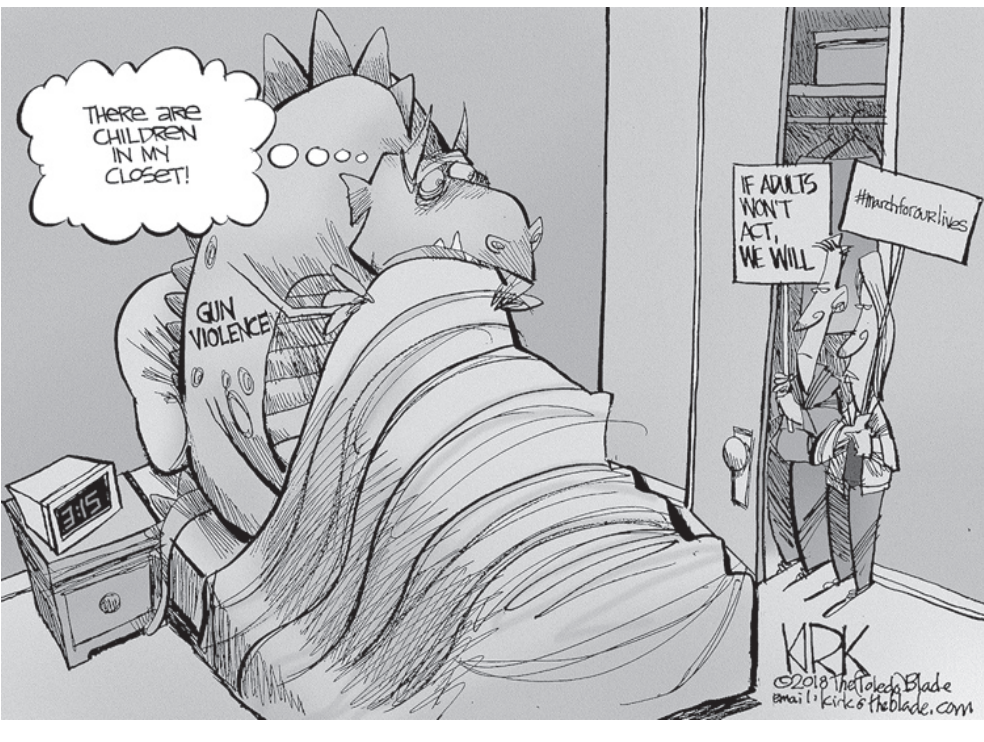
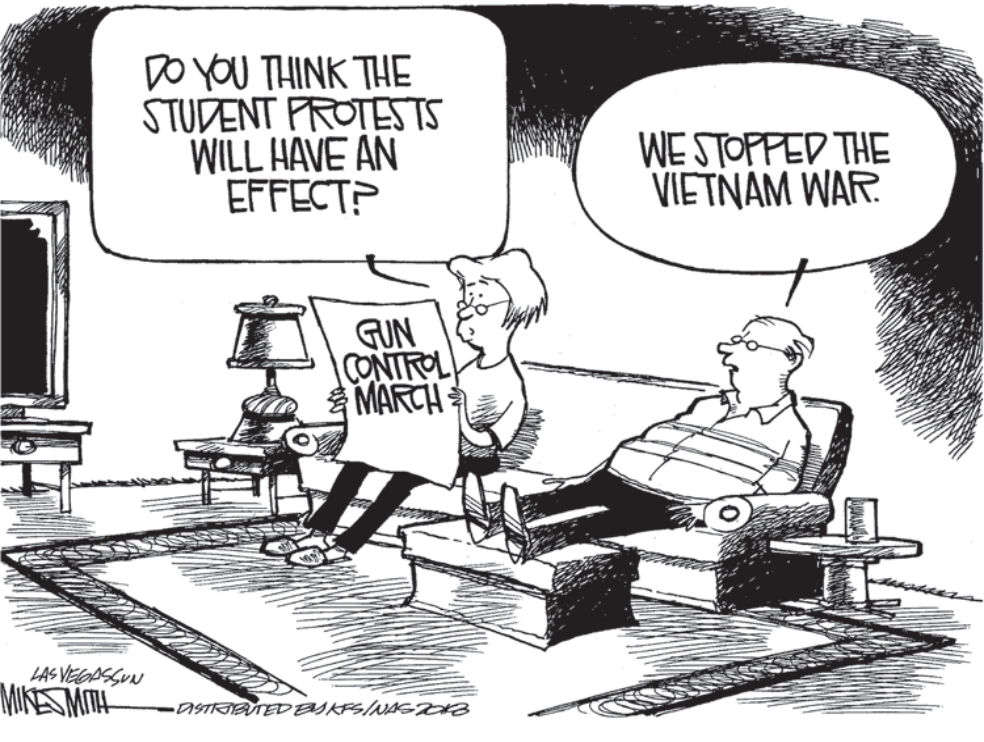
Childhood trauma

Changing minds.

DEFENDING CHILDHOOD

AAI

FUTURE’S



View from here

By John Grimaldi

New Medicare cards should fight fraud, ID theft

Medicare has long been a lucrative target for fraudsters. In fact, Medicare fraud costs taxpayers tens of billions of dollars each year. The schemes range from fraudulent claims for healthcare reimbursements to fake prescriptions for medications and costly medical devices.

“But identity theft is one of the most prolific and personally dangerous types of fraud for individuals. While bogus claims target the system, ID crimes target you, the individual. When criminals steal your Medicare card numbers, they are also gaining illicit access to your Social Security number. Not only can they then use the information to submit phony healthcare claims, but they can also use it to commit bank and credit card fraud, for example,” says Dan Weber, president of the Association of Mature American Citizens.

That’s why the Centers for Medicare and Medicaid Services will begin issuing new Medicare cards starting in April. The new cards will use random numbers instead of your Social Security numbers as your identifiers.

“It won’t be a foolproof precaution, but it will go a long way toward protecting your identities. It will be up to you to keep your new card safe. The bad guys can still use it to submit fake claims for reimbursement,” according to Weber.

Beware new scams, says the Federal Trade Commission, which has offered these guidelines to Medicare cardholders:

- Don’t pay for your new card. It’s yours for free. If anyone calls and says you need to pay for it, that’s a scam.
- Don’t give personal information to get your card. If someone calls claiming to be from Medicare, asking for your Social Security number or bank information, that’s a scam. Hang up. Medicare will never ask you to give personal information to get your new number and card.
- Guard your card. When you get your new card, safeguard it like you would any other health insurance or credit card. While removing the Social Security number cuts down on many types of identity theft, you’ll still want to protect your new card because identity thieves could use it to get medical services.

“Medicare recipients will not all receive their new cards at the same time,” says Weber. “We will be getting our cards according to a state-by-state schedule that will last from April 2018 to April 2019.”

The Association of Mature American Citizens (<http://www.amac.us>) is a senior advocacy organization that takes its marching orders from its members. We act and speak on their behalf, protecting their interests and offering a practical insight on how to best solve the problems they face today.

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Village of Vinton, Texas

PUBLIC NOTICE

A public hearing will be held at 6:00pm on Thursday, April 12, 2018 during the Planning & Zoning Commission Meeting at Vinton Village Hall, 436 E. Vinton Road, Vinton, Texas.

A second public hearing will be held at 6:30 pm on Tuesday, May 1, 2018, during the Vinton City Council meeting at Vinton Village Hall, 436 E. Vinton Road, Vinton, Texas.

Purpose of the public hearing

is to allow any interested persons to appear and testify regarding the following items:

1) A request to Re-Zone a portion of Tracts 11B and 18 of the Alejo Delgado Survey #175, Village of Vinton, El Paso, County Texas (also known as 7810 Doniphan) from C1 to M2.

Those who are unable to attend may submit their views in writing to the Village Interim Secretary at 436 E. Vinton Road, Vinton, Texas 79821. Persons with disabilities

that wish to attend this meeting should contact City Hall at (915) 886-5104 to arrange for assistance. Individuals who require auxiliary aids or services for this meeting should contact City Hall at least two days before the meeting so that appropriate arrangements can be made.

Para mas informacion en español, comuniquese con Andrea Carrillo al 915-886-5104.

Andrea N. Carrillo Interim City Secretary

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Briefs

From Page 1

analysis of the U.S. tax landscape, an in-depth look at the states with the *Best & Worst Taxpayer Return on Investment in 2018*. WalletHub used 25 metrics to compare the quality and efficiency of state-government services across five categories — Education, Health, Safety, Economy, and Infrastructure & Pollution — taking into account the drastically different rates at which citizens are taxed in each state. Texas is number eight in Return on Investment, ranking:

- 6th – Total Taxes per Capita (Population Aged 18+);
- 27th – Education;
- 33rd – Health;
- 36th – Safety;
- 13th – Economy; and
- 47th – Infrastructure & Pollution.

Visit <https://wallethub.com/edu/state-taxpayer-roi-report/3283/> for the full report.

– Diana Popa



By Samantha Weaver

- It was Swedish poet Vilhelm Ekelund who made the following sage observation: “To read fast is as bad as to eat in a hurry.”
- Bullies, take note: Director Wes Craven reportedly named the character Freddy Krueger, from the “Nightmare on Elm Street” horror films, after a kid who had bullied him in school.
- Though coffee has been around for about 700 years, instant coffee was invented just over 100 years ago, in 1906. By George Washington. Of course, it wasn’t *that* George Washington. The man who made coffee more convenient – and, many would say, less flavorful – was from Belgium.
- Those who study such things claim that there are roughly 5 million bubbles in a single glass of champagne. That factoid begs the question: How do you count the bubbles in a glass of champagne?

• The next time you’re planning a European vacation, make time to visit the coast of the Netherlands, where you can stay in one of the world’s most unusual hotels. Along the banks of the Wadden Sea you’ll find Harlingen Harbour Crane, an actual derrick that was once used to haul timber. These days it holds aloft luxurious sleeping quarters designed for only one party at a time. If you need a change of scenery, just head to the control room to swing the crane around until you find a view that strikes your fancy.

• Talk about a serious typo: In 2008, the Chilean mint issued thousands of copies of a coin with the country’s name spelled “Chiie” instead of “Chile.”

Thought for the Day: “It is fortunate to be of high birth, but it is no less so to be of such character that people do not care to know whether you are or are not.”
– Jean de la Bruyere

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Answer

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Moments in time

THE HISTORY CHANNEL

- On April 16, 1789, newly elected President George Washington leaves his Mount Vernon, Virginia, home and heads for New York, to be sworn in as the first American president. Washington had admitted that he would have preferred to stay in retirement.
- On April 17, 2002, ABC airs the 10,000th episode of the daytime drama “General Hospital,” the network’s longest-running soap opera. The show premiered on April 1, 1963.
- On April 18, 1775, as British troops march out of Boston on a mission to confiscate the American arsenal at Concord, Massachusetts, patriots Paul Revere and William Dawes set out on horseback to sound the alarm. Early on the morning of April 19, a British patrol captured Revere and briefly questioned him.
- On April 19, 1993, at Mount Carmel in Waco, Texas, the FBI launches a tear-gas assault on the Branch Davidian compound, ending a tense 51-day standoff with the religious cult. The compound was burned to the ground, and some 80 Branch Davidians perished in the inferno.
- On April 20, 1978, Soviet aircraft force a Korean Air Lines passenger jet to land on a frozen lake after the jet veers into Russian airspace. A civilian American aircraft later retrieved the survivors.
- On April 21, 1953, two of Sen. Joseph McCarthy’s chief aides return to the U.S. after a controversial investigation of United States Information Service posts in Europe. As a result, thousands of books were ordered removed from USIS libraries. Authors targeted included Dashiell Hammett, W.E.B. Du Bois, Herman Melville, John Steinbeck and Henry Thoreau.
- On April 22, 1889, at precisely high noon, some 50,000 to 60,000 would-be settlers make a mad dash into the newly opened Oklahoma Territory to claim cheap land. Towns like Norman, Oklahoma City, Kingfisher and Guthrie sprang up almost overnight.

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Elks

From Page 1

Committee chairperson.

Martinez stated that every year starting in September, El Paso Elks Lodge 187 scholarship committee members begin to disseminate the information to all local school districts. For the 2017-18 school year, 107 students from the El Paso area schools submitted applications for the Elks National Foundation Most Valuable Student Scholarships. There were 37 boys and 70 girls who applied.

According to a recent report compiled by the local Elks lodge, the breakdown of student applicants by district is: Ysleta ISD – 17 students; El Paso ISD – 24; Socorro ISD – 14; Canutillo ISD – 4; Anthony ISD – 1; Clint ISD – 7; Ft. Hancock – 1; El Paso area Early College High Schools – 30; Catholic Private Schools – 6; and Gadsden ISD – 3 students. San Elizario ISD, Tornillo ISD, and Fabens ISD had no students applying for the Elks scholarships this year.

“We are hoping that more students take advantage of the financial assistance the Elks offer every year by competing and getting passed the district and state reviews to be able to make it all the way to nationals,” Martinez said. “The word is getting out that our El Paso area students are scholars!” she added.

The Elks scholarship process for next year’s seniors begins again in the fall. Applications will be available online, at www.elks.org/enf. Any high school senior, who is a U.S. citizen, can apply. Martinez noted that male and female student applicants are judged separately on their scholarship and leadership achievements as well as financial need.

For complete Most Valuable Student scholarship contest details, and to learn more about how the Elks are investing in the local community, visit the El Paso Elks Lodge 187 website, at <http://www.elpasaelks187.org>.

Challenge

From Page 1

damaged it,” she said. “For next year, we hope to get started on the notebook and building of the ROV earlier. Maybe even the summer. That way during the school year we can focus on practicing for the obstacle course and challenge.”

All three students are excited to continue growing in the engineering field. “Team building, communications, problem solving, these are all skills I learned and will use in my future,” Tomas said. “Now that we won a trophy, I’m planning to keep compete throughout my high school years.”

PUBLIC NOTICE

TOWN OF ANTHONY, TEXAS

FAIR HOUSING STATEMENT

The Town of Anthony hereby declares its support of fair housing practices. It is hereby declared to be the policy of the locality to bring about, through fair, orderly, and lawful procedures, the opportunity of each person to obtain housing without regard to race, color, creed, religion, sex, national origin, physical or mental handicap, marital status, parenthood , or age.

It is further declared that such policy is established upon the recognition of the inalienable rights of each individual to obtain housing and further, that denial of such rights is detrimental to the health, safety, and welfare of the inhabitants of the locality and constitutes an unjust denial or deprivation of such inalienable rights which is within the power and the proper responsibility of government to prevent.

The locality has a Fair Housing Policy that may be examined and copied by interested groups or individuals during office hours. The month of April has been proclaimed “Fair Housing Month”; copies of the official proclamation are available at the Anthony Town Hall between the hours of 8:30 A .M. and 4:30 P.M., Monday through Friday.

POLICY STATEMENT ESTABLISHING NONDISCRIMINATION BASED ON HANDICAPPED CONDITIONS

The Town of Anthony announces that it has adopted a policy of nondiscrimination based on handicapped conditions concerning access, participation, and benefit of programs and activities operated or conducted by the locality. This policy is in compliance with the requirements of Section 504 of the Rehabilitation Act of 1973, as amended in 24 CFR, Part 8, “Non-discrimination Based on Handicap in Federally-Assisted Programs and Activities of HUD,” dated June 2, 1988. Interested individuals or groups may obtain copies of this policy statement by calling Mayor Martin Lerma, who has been assigned to coordinate compliance with this policy and may be contacted by telephone at (915) 886-3944.

POLICY STATEMENT ON PROHIBITING THE USE OF EXCESSIVE FORCE BY LAW ENFORCEMENT AGENCIES

The Town of Anthony announces that it has adopted a policy prohibiting the use of excessive force by law enforcement personnel within its jurisdiction against an individual engaged in non-violent civil rights demonstrations. This policy is in compliance with Section 519 of Public Law 101-44, 1990, U.S. Department of Housing and Urban Development Appropriations Act. Copies of this policy statement may be obtained upon request by telephone at (915) 886-3944.

COMPLAINT AND GRIEVANCE PROCEDURES

In order to comply with the requirements of the Texas Community Development Block Grant Program (TxCDBG) and of 10 T.A.C. Section 178.1 and Section 178.2, the locality has citizen complaint procedures intended to provide a timely written response to all complaints made against its proposed or completed TxCDBG efforts.

Responses to complaints will be made within no more than ten (10) working days. A copy of the complaint procedures can be obtained upon request by telephone at (915) 886-3944. The established complaint procedures are an element of the local Citizen Participation Plan, and meet the requirements of USHUD Section 504 (24 CFR) concerning nondiscrimination based on handicapped conditions.

EQUAL OPPORTUNITY / AFFIRMATIVE ACTION STATEMENT

The Town of Anthony is an Equal Opportunity and Affirmative Action Employer and does not discriminate on the basis of color, race, national origin, sex, religion, age or disability, in employment or in the provision of services.

LIMITED ENGLISH PROFICIENCY POLICY

The locality has adopted a Limited English Proficiency Plan and Policy, and supports the requirements therein.

Copies of this entire Public Notice, in English and in Spanish, are available upon request at the Anthony Town Hall. Copias de este “Public Notice” aviso entero, en ingles y en espanol, se pueden conseguir en la Oficina Municipal de Anthony..

Martin Lerma
Mayor, Anthony, TX

West Texas County Courier
April 5, 2018

Comix

OUT ON A LIMB By Gary Kopervas



THE CASHIER By Ricardo Galvão



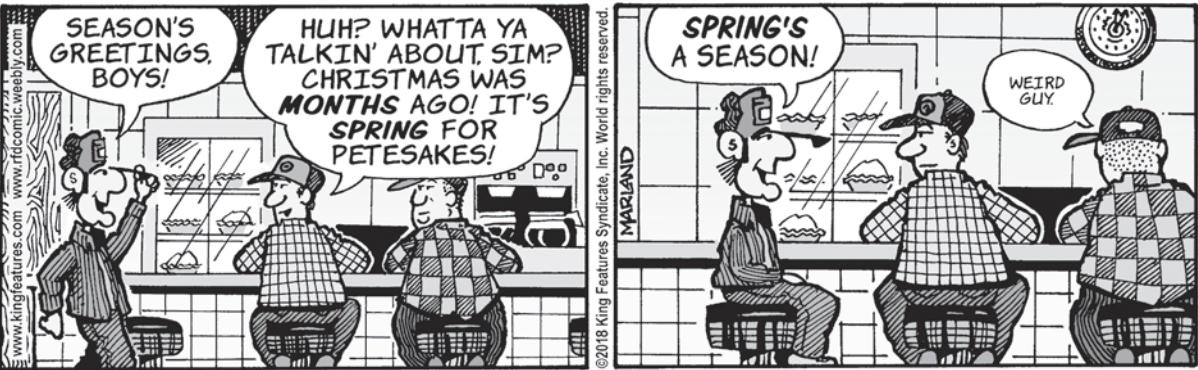
AMBER WAVES By Dave T. Phipps



THE SPATS By Jeff Pickering



R.F.D. By Mike Marland



Pinpointing cause of hearing loss

DEAR DR. ROACH: I have worked in a loud facility for 35 years and have always worn protection and had my hearing tested annually. Several years ago, I had a threshold shift (a loss in my hearing range), and the plant nurse sent me to a hearing specialist. He said that my hearing loss is not due to noise exposure. I asked how he could tell, but I didn't get a satisfactory answer. I later asked my primary care physician, and he didn't know. How do you determine from the result of a test whether hearing loss is caused by noise exposure or other factors, such as illness or injury? Would a hearing aid be effective? – J.G.



A comprehensive exam and hearing testing can show whether the hearing loss is likely due to loud noise exposure, based on the pattern of hearing loss across different frequencies. However, I don't think that there is 100 percent certainty about making or excluding noise exposure as the cause of the hearing loss from the pattern. I would think that an independent evaluation, by a certified audiologist and your own ENT doctor, might give you additional information, including a discussion about how much benefit you might get from a hearing aid. The Hearing Loss Association of America (on the Web at www.hearingloss.org) can provide you some support and guidance through this process.

DEAR DR. ROACH: My father suffers from GERD and takes medication for it. After returning from a recent holiday, I asked him about his symptoms. He replied that he was not bothered by heartburn for the 10 days he was away. You see, my father takes all his meals sitting on the couch, eating off of a low coffee table. Taking a bite, sitting back to chew, bending forward toward the table, over and over. It almost looks like he's doing sit-ups while seated, and I think this must contribute to stomach acid pushing up. During the 10 days that he was away, he was sitting at a proper-height table when eating all his meals. What are your thoughts? He won't listen to me, because I'm not a doctor! – A.C.

Believe me, being a doctor doesn't mean people always listen to you. However, I do hope your father listens to you, because I agree with you that his eating position may contribute to mechanical acid reflux: The increased pressure from his bent-over position may be forcing acid up into his esophagus. However, being on holiday may lead to other reasons he was not bothered. Maybe he was avoiding foods that cause symptoms. Maybe he was feeling less stressed. It's possible he ate earlier and went to bed a longer time after eating, which allows the stomach to empty so there is less acid at night, when more damage to the esophagus can occur due to the loss of gravity and swallowing. Sometimes several lifestyle choices are needed to address GERD. I always prefer to work on those before prescribing

See HEALTH, Page 8

SPOT A STROKE

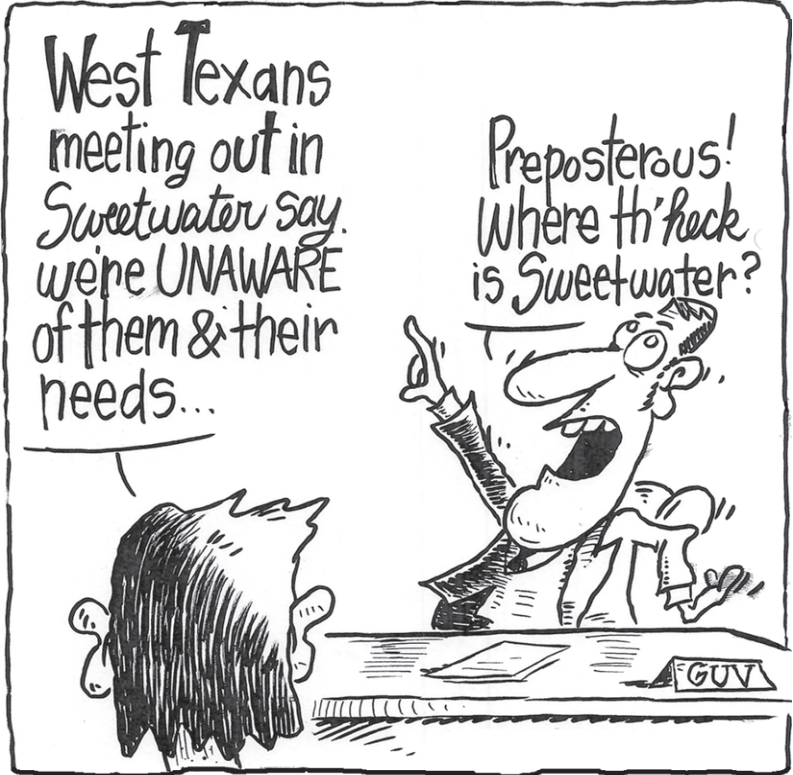
F.A.S.T.

StrokeAssociation.org

Ad Council

American Heart Association American Stroke Association Together to End Stroke™

TRUE TEXAS FACTS *by Roger T. Moore*
April 2, 1921: Threats of secession follow Gov. Neff's veto of a bill creating West Texas Agricultural and Mechanical College.



CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: A equals L

R ZWFAU AWGJ XW IJ M
CJMGKZJRBCX TCMQY
EWQJUMK, IFX YJWYAJ XJAA QJ
RX'E WOAK M NRBCX WN NMOTK.

Answer Page 4
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Weekly SUDOKU

by Linda Thistle

		3	1	2				8
9				6				5
	4				9	1		7
	1	7		5				4
	2				4		7	3
3			9		8	6		
		2		8		9	3	
1	9		7					5
5					6		1	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging
Answer Page 4 ♦♦♦ HOO BOY!

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Vets helping vets



by Freddy Groves

If you're a veteran and you're doing OK, consider stepping up to help other veterans who aren't. There are quite a few ways you can help. Here are some ideas to get you started:

- Do a fundraiser to send a few veterans on vacation. There are a number of resorts where vets and their families can stay for free, but the airfare to get there isn't covered.
- Take over the yardwork this summer for a disabled veteran. Ask if anything else is needed. Paint the porch? Lay a new kitchen floor? Gather other veterans with skills to do that, and get it done.
- Don't leave the kids out. If one needs new soccer cleats or rides to practice, ask the parents if you can make that happen.

- At the next local job fair, see if your company can set up a booth dedicated to veterans.
 - Volunteer at a few Stand Downs in your area. Same goes for any local veterans wheelchair, adaptive sports or senior games.
 - Start now to collect toys for children of veterans for the holiday season. Then take a veteran's family under your wing and have your company or church group sponsor them with food and gifts.
 - Can you drive a vet getting treatment to the nearest veterans medical center? Call Volunteer Services at the center and ask if you can help.
- If you're not in a veterans group such as American Legion or Veterans of Foreign Wars because there's no group near you, go online and search "veterans helping veterans." You'll find something you can do by yourself or with a few other veteran buddies.

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Archives: www.wtxcc.com

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

	÷		+		10
-		+		-	
	x		+		13
x		+		x	
	-		x		18
21		13		9	

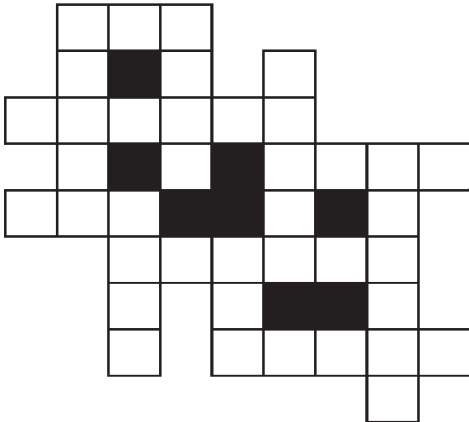
1 2 4 5 6 7 7 8 9

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Answer Page 4



SHO
RHIAZE
BOZIM
TDCU
DRINCO
ENZ
♥DH
SO
HARCE
DRI
HOUGAC
♥RINDA
♥EMNA



Answer Page 4

Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

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- Can't finish your income tax return on time? Get IRS Form 4868 to file for a six-month extension. By filing for an extension and making an estimated payment (if that applies to you), you'll save yourself the hassle of penalties and interest on balances owed. If you are having trouble coming up with the payment, try applying for an installment payment plan. Get IRS Form 9465.
- Yes, you can add tea to your baked goods for a refined and interesting flavor. Try infusing melted butter with tea leaves and strain, or add fine tea directly to cookie recipes, particularly shortbread recipes. It looks and tastes wonderful, and what a complement to a steamy cuppa.

• "Get grease stains off a concrete driveway with kitty litter. Pour several cups of plain litter over the stain, and wait a couple of hours for it to soak up all the oil. Sweep up and remove the litter, then finish with a degreaser and the hose."
— P.R. in Tennessee

• The fleck test for diner creamers: "If you see little flecks of white in your coffee, ask for a new cup and new creamer; it's starting to turn."
— X.S. on the road

• If you have water stains on your car's upholstery, use a can of carpet cleaner. It's spray and wipe without rinsing.

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803. (c) 2018 King Features Synd., Inc.

Health

From Page 7

medication treatments, especially because the proton pump inhibitors like omeprazole have long-term side effects that are best avoided, if possible.

Dr. Roach regrets that he is unable to answer individual letters, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu. To view and order health pamphlets, visit www.rbmamall.com, or write to Good Health, 628 Virginia Drive, Orlando, FL 32803. (c) 2018 North America Synd., Inc. All Rights Reserved.