



NEWSBRIEFS

San Eli ISD registration

San Elizario ISD will hold registration for all new students (PK-12th grade*) for the 2018-2019 school year on Wednesday, August 1, 2018 from 8:30 a.m. to 4:00 p.m. at Sambrano Elementary Cafeteria located at 200 Herring Rd. Our goal is to welcome new families to our community by giving you the opportunity to register your children for all campuses in one location. We will have all campuses participating as well as representatives from various district programs to provide resources and assistance. Please bring the following items with you:

- Birth Certificate;
- Social Security Card (if applicable);
- Proof of Residency;
- Utility bill or notarized letter;
- Proof of income (If enrolling into the PK program);
- Immunization Card;
- Copy of Parent ID; and
- Report Card from previous school.

*Any student new to the district or that did not end the school year at a San Elizario campus during the 2017-2018 school year.

— Hector Gonzalez

UTEP tailgaters

Football season is quickly approaching and UTEP is taking reservations for available tailgate spaces at Kidd Field for upcoming games. Host your family party or company tailgate in a hassle-free and energetic pre-game atmosphere. Enjoy a large shaded tailgate area complete with tables, chairs and a front row seat to the UTEP marching band and cheer pep rally all before heading to the Sun Bowl. Located just east of the Sun Bowl, this fenced-in, grass field is the ideal place for a group tailgate. Tents can be reserved on a per game basis or you can provide the ultimate experience with a season pass. Call the Miner Athletic Club office for more information at (915) 747-6912 or email Taylor Mudd at tbmudd@utep.edu.

— UTEP Athletics

An easy collar

Police in Springfield, OR spotted Brock Williams, a convicted felon wanted on a parole violation, in the parking lot of a local supermarket. They quickly gave chase as Williams sped off on a stolen motorcycle. It was not so difficult keeping up with him. The motorcycle's license plate read: XFELON.

— John Grimaldi

It's a good idea to take an interest in the future – that's where you will spend the rest of your life.

— Quips & Quotes

Fort Bliss detention camp to resemble Tornillo's

By Alfredo Vasquez
Special to the Courier

EL PASO COUNTY – El Paso County is at the heart of the on-going crisis that has United States immigration personnel rounding up parents and their children, who have come to the U. S. border seeking refuge, and warehousing them in detention camps, first in Tornillo and soon at Fort Bliss.

State Sen. Jose Rodriguez, who represents El Paso County, stated recently that he was told that the tent city that houses immigrant children in Tornillo will not close this month as previously reported. Instead, it will continue to operate for at least 30 more days.

Rodriguez said that the commander who heads BCFS, the nonprofit operating the Tornillo facility, informed him that he was asked to continue operating the shelter indefinitely despite being told previously that the shelter would cease operations when its 30-day contract ended July 13.

Rodriguez said that of the more than 300 children currently housed at the Tornillo shelter, sixteen were separated from their parents while trying to cross the border. The rest arrived at the border unaccompanied.

The boys and girls housed in the Tornillo tents, who range from 13 to 17 years old, are waiting to be reunified with their parents or other relatives who live in the United States, according to the latest reports.

The tent shelter opened in mid-June in response to an element of the new “zero tolerance” immigration policy by the Trump administration. That policy resulted in more than 2,500 immigrant children being separated from their



— Photo courtesy Fort Bliss

MORE HOLDING SPACE – Federal officials are planning to use the Fort Bliss military installation to detain immigrant families, after President Donald Trump signed an executive order to end the separation of children from their parents at the border.

parents.

After a tremendous outcry nationwide by compassionate Americans, however, President Donald Trump signed an executive order June 20 to halt the family separations at the border.

But the tragic situation does not end there. Now, Fort Bliss has been selected to house immigrant families, as construction on facilities similar to those in Tornillo have already started. Fort Bliss's temporary shelters will be used to house immigrant families at the post, stated A.F. Thomas, a Texas civilian aide to the U.S. Secretary of the Army.

Fort Bliss is one of two Texas military

installations that federal officials have selected to serve as the site of temporary housing for thousands of immigrant families and unaccompanied minors apprehended at the border. Fort Bliss will have about 12,000 beds, and the post's garrison command is handling construction of the facilities, Thomas said.

Defense Secretary Jim Mattis told reporters recently that it is unclear how many total beds would be needed at each military installation. “We’ll provide whatever support the Department of Homeland Security needs in order to house the people that they have under their custody,” Mattis said. “So we’ll work that out week by week. The numbers obviously are dynamic, so we’ll have to stay flexible in our logistics support for the Department of Homeland Security.”

Army Col. Rob Manning, a Pentagon spokesman, said that in the long-term, the Department of Defense is “looking at additional facilities so we can break up those populations, so we can manage the impact on the installations,” according to a report in the *Military Times*.

Meanwhile, state lawmakers in El Paso have sent a letter to federal officials asking them to reconsider the use of military bases as shelters for children or families. Rodríguez said that the government needs to consider which housing options are the most humane and consistent with American values.

Rodríguez asserted that the current handling of immigrant housing demonstrates that there is a crisis of values and ideals in this country. “That’s what we’re going through. The immigration issue is right up there at the top. This defines who we are as a country.”

Archaeological Society invites public to annual potluck picnic

By Alfredo Vasquez
Special to the Courier

EL PASO COUNTY – El Paso Archaeological Society's (EPAS) annual Potluck Picnic for members, friends, and prospective members will be held at 1 p.m., Saturday, July 21, in the EPAS lab at the El Paso Museum of Archaeology, 4301 Transmountain Road. (Entrance to the EPAS lab has the society's logo on the door and is to the right of the front glass door of the museum.)


The informal gathering has become a popular annual event for EPAS members, friends and relatives, as well as for those who are considering becoming members.” It's a great time to

become re-acquainted with old friends, make new ones, and join EPAS,” stated Marilyn Guida, an EPAS member.


Individuals planning to attend are asked to bring a main dish, salad, side dish, hors d'oeuvres or dessert to the picnic. Also, participants who prefer soft drinks are asked to bring their own. EPAS picnic organizers will provide the plates, napkins, utensils, cups and iced tea, according to Guida.

Additionally, EPAS officials are extending an open invitation for individuals who are interested in being presenters as part of the group's continuing monthly lecture series. EPAS is looking for speakers who are interested in presenting topics on

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WEST TEXAS COUNTY COURIER



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E-mail: wtxcc@wtxcc.com

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**Member Texas Community
Newspaper Association**

Publisher
Rick Shrum

Contributors
Alfredo Vasquez
Steve Escajeda

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Upon buying some yummy cakes and cookies, my daughter proceeded to bring home the bakin'.

Roe is a travesty

The prospect of overturning *Roe v. Wade* will be at the foreground of the battle over Justice Anthony Kennedy’s replacement, and it should be.

Roe is judicially wrought social legislation pretending to the status of constitutional law. It is more adventurous than *Miranda* and *Griswold*, other watchwords of judicial activism from its era. It is as much a highhanded attempt to impose a settlement on a hotly contested political question as the abhorrent *Dred Scott* decision denying the rights of blacks. It is, in short, a travesty that a constitutionalist Supreme Court should excise from its body of work with all due haste.

Roe has been commonly misunderstood since it was handed down in 1973, in part because its supporters have been so determined to obscure its radicalism. It is commonly thought that Roe only prohibits restrictions on abortion in the first trimester, when it effectively forbids them at any time, imposing a pro-abortion regime as sweeping as anywhere in the advanced world.

Roe struck down 50 state laws and has made it all but impossible to regulate abortion, except in the narrowest circumstances. More to the point, the argument

that its particular set of policy preferences is mandated by the Constitution is flatly preposterous.

Over the years, the decision’s laughable constitutional inadequacy has been widely recognized. Shortly after it came down, Harvard Law School professor John Hart Ely, a supporter of legalized abortion, wrote that “Roe is bad because it is bad constitutional law, or rather because it is *not* constitutional law and gives almost no sense of an obligation to try to be.”

The court in *Roe* purported to find the constitutional right to abortion in the 14th Amendment, which says that no state can “deprive any person of life, liberty, or property, without due process of law.”

This passage has no obvious or even subtle connection to legalized abortion (in fact, abortion laws were being tightened in the 19th century when the amendment passed). No matter. According to Blackmun, abortion is so central to liberty that no restriction on it can stand constitutional scrutiny.

He is at pains to deny that unborn children are “persons in the whole sense.” As evidence, he points to clauses in the Constitution about persons that don’t have



“pre-natal application,” e.g., the requirement that persons must be 35 or older to run for president. This is too stupid for words. Just because clauses like this refer to adults doesn’t mean that minors, or unborn children, don’t have rights.

The best case that can be made for *Roe* is that it is a mistaken decision on the books for nearly 50 years now, so it has to be honored as a precedent. But the court is not, and shouldn’t be, in the practice of standing by fundamentally flawed decisions. *Brown v. Board of Education* overturned *Plessy v. Ferguson*, which upheld segregated education, almost 60 years later. Just last week, the Court overturned a labor decision from 1977.

Roe is bad law and bad democracy. It has no sound constitutional basis, and deserves to go the way of the court’s other embarrassments and misfires.

Rich Lowry is editor of the *National Review*. (c) 2018 by King Features Synd., Inc.

View from here By

Alzheimer’s disease can devastate healthcare in the U.S.

(Publisher’s note: The italicized words in the article are clickable links in the online version.)

A cure for Alzheimer’s disease does not exist and treatments are hit and miss. However, researchers are working overtime to find new ways to deal with the menace of dementia, according to senior advocate Dan Weber.

Dementia, most notably Alzheimer’s, is a leading cause of death among the elderly. According to the Alzheimer’s Association it kills one out of three seniors. In fact, the Alzheimer’s Association says that between 2000 and 2015, deaths from heart disease decreased 11% while deaths from Alzheimer’s disease increased 123%.

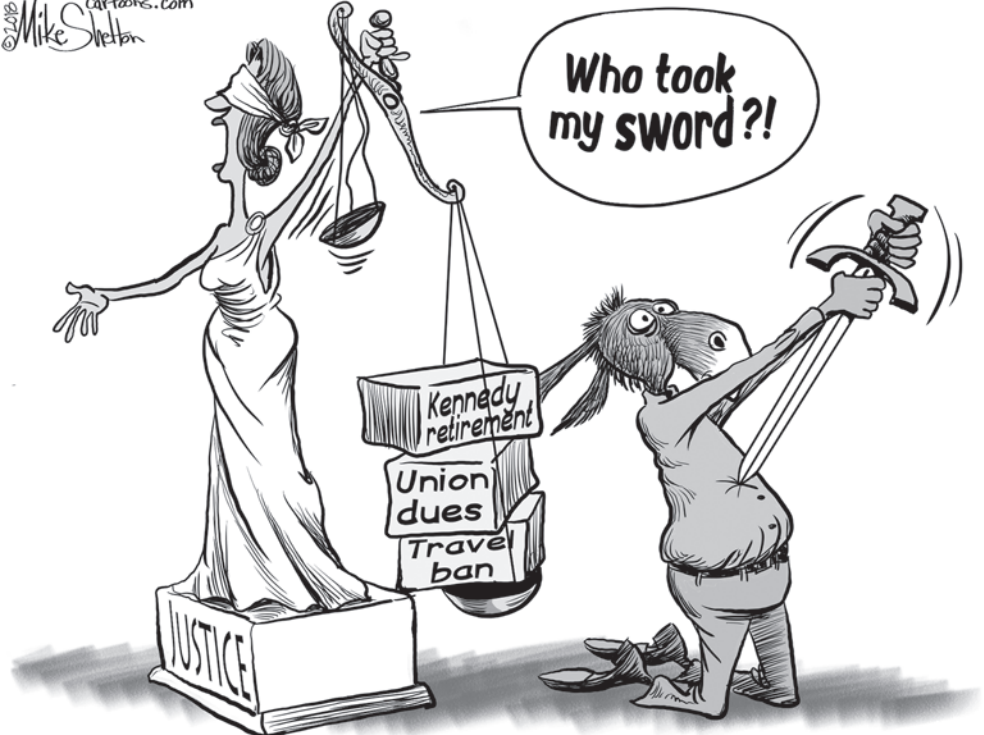
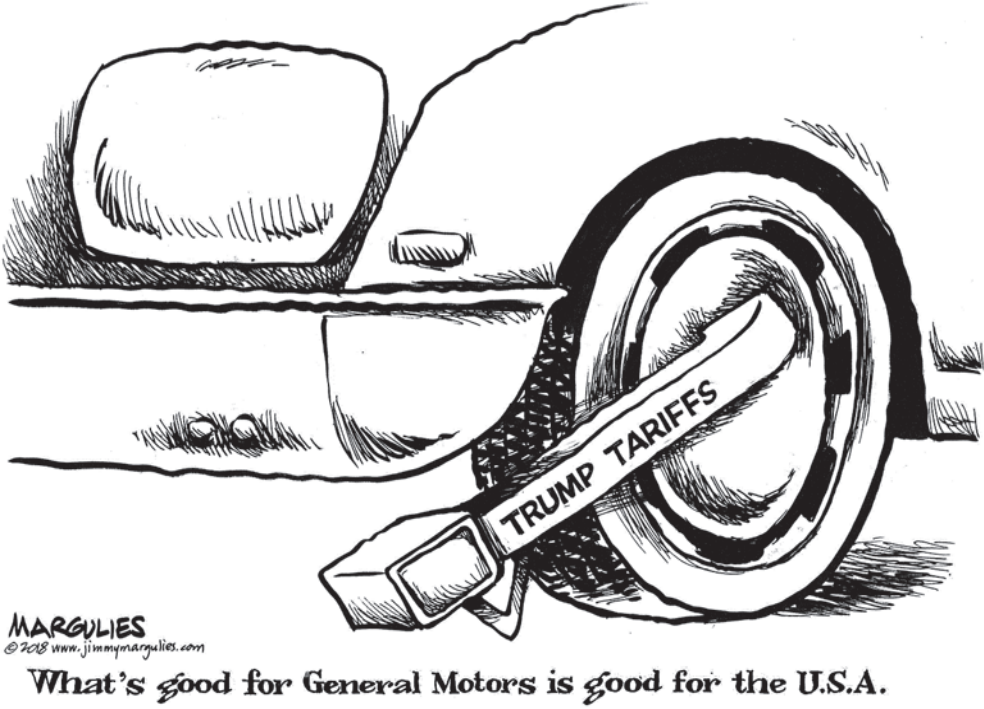
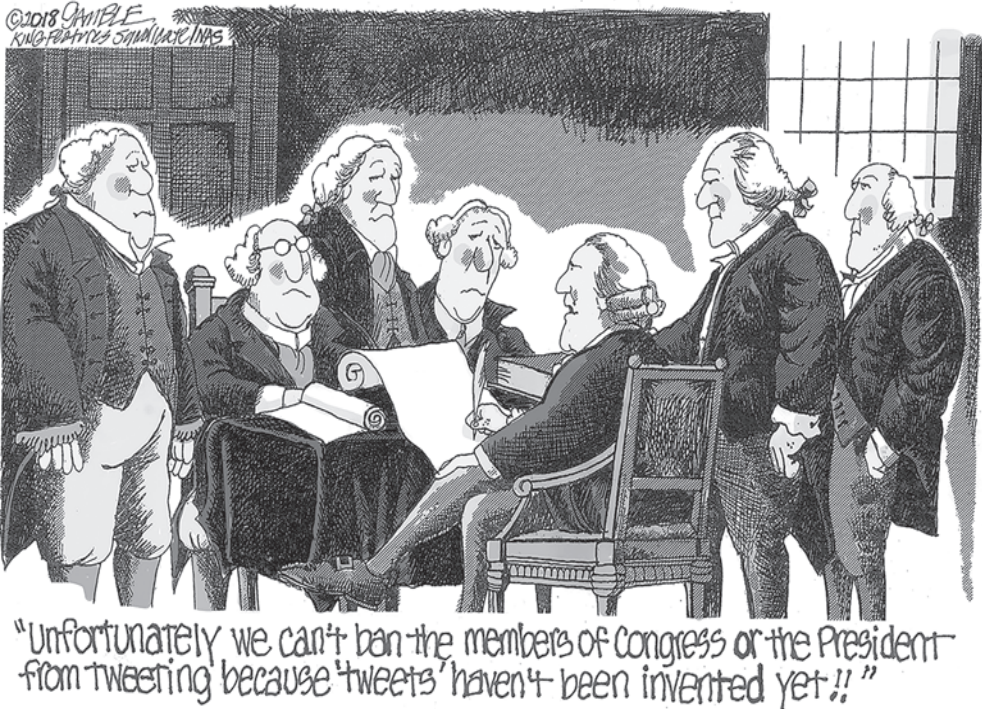
Weber, who is president of the Association of Mature American Citizens, says that the statistics paint a bleak picture. But, he says, researchers are making progress in finding ways of dealing with the illness. He cites recent news that *Temple University* scientists successfully used a 22-year-old asthma drug to reverse some of the most damaging effects of dementia in mice.

Dr. Domenico Praticò, Director of the Alzheimer’s Center at Temple and the study’s lead investigator, told the *Philadelphia Inquirer* “for the first time, we are showing that we can do something after the disease is established.”

It will take some time to determine whether such a treatment could be effective in humans, says Weber. “But, it provides a modicum of hope as do other such research reports, including work being done by researchers at Colorado University’s Anschutz Medical Campus in Denver. Researchers there have been testing two drugs that hold promise – *Aducanumab* and *Leukine*.”

Aducanumab appears to be effective in eliminating plaque that builds up in the brain, which is a key factor in the development of Alzheimer’s. The *Aducanumab* study has been ongoing for years and remarkably is currently undergoing field trials in some 360 locations. *Leukine*, meanwhile, is clinical trials to see if it can be effective in “slowing or

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Healthcare

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even stopping the progression of Alzheimer’s disease,” according to CU Anschutz.

Weber says that “it is imperative

that scientists to find an efficient way to deal with Alzheimer’s because of the speed with which this particularly damaging form of dementia is claiming new victims. Left unchecked, the scourge of Alzheimer’s will have devastating consequences

on healthcare in the U.S.”

He cites these additional statistics courtesy of the Alzheimer’s Association:

- There are more than 5.7 million Americans who are currently afflicted with the disease and that number will grow to 14

- million by the year 2050;
- Every 65 second a new case of the disease is diagnosed;
- The disease kills more people than breast cancer and prostate cancer combined and is the 6th leading cause of death in the United States;
- 16.1 million Americans provide unpaid care for people with Alzheimer’s or other dementias;
- These caregivers provided an estimated 18.4 billion hours of care valued at over \$232 billion; and
- This year, Alzheimer’s and other dementias will cost the nation \$277 billion and by 2050, these costs could rise as high as \$1.1 trillion.

“While we might worry about the prospect of a loved one falling victim to the disease, we need to accept the fact that any of us might need to assume the role of principal caregiver to a mother, father or other relative or friend in their later years. And so,

See **HEALTHCARE**, Page 5



Moore Texas by Roger T. Moore July 8, 1977

Katherine Stinson dies. She learned to fly at her family's air field in San Antonio where she accomplished many "firsts", including being the first pilot to fly at night.



School Uniform Swap
(Intercambio de Uniformes)

Sponsored by
Ysleta Lions Club
Five Points Lions Club, Downtown Lions Club
Executive Womens Lions Club, Del Norte Lions Club

Saturday July 14, 2018
8am - 12pm

Eastlake High School
13000 Emerald Pass Ave
El Paso, TX 79928

Turn in clean used uniforms for a credit slip or donate outgrown uniforms to other students. Drop off now for 1st choice (vouchers will go first).

Tráiga sus uniformes usados (limpios) y reciba un vale de credito, ó puede donar los uniformes para otros estudiantes. Traigalos lo más pronto posible para que tenga mejor elección. (los vales seleccionan primero)

Drop off now at locations below.
Traiga sus uniformes a estas locaciones.

National Self Storage
10560 N. Loop Dr.
Socorro, TX 79927
915-858-0000

National Self Storage
7620 N. Loop Dr.
El Paso, TX 79915
915-779-7676

Liberty Tax
700 N. Zaragoza Ste AB
Wednesdays 9-4
El Paso, TX 79907

Elizabeth Correa Agency
14200 Ashford St.
Horizon City, TX 79928
915-779-7676

Xtreme Core Fitness
125 N. Kenazo Ave. Ste I
Horizon City, TX 79928
915-303-5388
Mon - Fri 8am - 9pm

Rocky Mountain Radar
6469 Doniphan
El Paso, TX 79932
915-587-0307
M-F 8am - 4pm

Progressive
11930 Vista del Sol, Ste A
El Paso, TX 79936
915-855-2996

Picnic

From Page 1

the subjects of southwestern archaeology, cultural and/or physical anthropology, and other related subjects. The presentations take place on the third Saturday of each month.

Information regarding some of the upcoming EPAS speakers and outings, that have already been scheduled, may be found on the EPAS Facebook page, at [https://www.facebook.com/search/str/el-paso+archaeological+society+\(epas\)/keywords_search](https://www.facebook.com/search/str/el-paso+archaeological+society+(epas)/keywords_search).

EPAS, founded in 1922, is a non-profit group. Membership is open to individuals and organizations interested in anthropology, archaeology and in the preservation of prehistoric and historic cultural resources. Membership information can be found on the EPAS website <http://epas.com/membership.htm>.

EPAS members can take part in archaeological tours and volunteer field work organized by the non-profit Jornada Research Institute (JRI) of Tularosa, New Mexico. JRI’s mission is to study the archaeological, ethno-historic, historic and natural resources of the northern Chihuahuan Desert of Arizona, New Mexico, West Texas and adjacent regions. To learn more about JRI’s efforts visit its website at <http://jornadaresearchinstitute.com>.

For more information about EPAS’s July 21st picnic and/or about EPAS, contact the organization’s media consultant, Fernando Arias, at (915) 449-9075, or send email to nando79935@gmail.com.

Strange BUT TRUE

By Samantha Weaver

- It was American astronomer, astrophysicist and author Carl Sagan who made the following sage observation: “The fact that some geniuses were laughed at does not imply that all who are laughed at are geniuses. They laughed at Columbus, they laughed at Fulton, they laughed at the Wright brothers. But they also laughed at Bozo the Clown.”
- It’s not clear why lawmakers in the state of Alabama once thought it necessary to pass a law forbidding the operation of a vehicle while wearing a blindfold.
- Though coffee has been around for about 700 years, instant coffee wasn’t invented until 1906. By George Washington. Of course not *that* George Washington. The man who made coffee more convenient – and less palatable – was from Belgium.
- There seems to be quite a rivalry between the towns of Rosehill, North Carolina, and Wilmington, Delaware. Both locales claim to be the home of the world’s largest frying pan, with a diameter of 10 feet. This begs some questions, of course: How many eggs are being fried at once to require such a large piece of cookware? And what sort of stove is required to heat such a mammoth pan?
- If you’re like the average American, you’ll eat about 35,000 cookies in your lifetime.
- Those who study such things say that 70 percent of southern Nevada’s water use goes through the sprinklers for golf courses and lawns in Las Vegas.
- It’s not surprising that the word “fondue” comes from the French verb “fondre,” which means “to melt.”

Thought for the Day:
“Laughter is a form of internal jogging.”
– Norman Cousins

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Moments in time

THE HISTORY CHANNEL

- On July 23, 1982, Vic Morrow and two child actors are killed in a crash involving a helicopter during filming on the California set of “Twilight Zone: The Movie.” The actor and children were shooting a Vietnam War battle scene.
- On July 24, 1998, Steven Spielberg’s World War II epic, “Saving Private Ryan,” is released in theaters. The film was praised for its authentic portrayal of war and won five Oscars, including Best Director and Best Cinematography.
- On July 25, 1978, Louise Joy Brown, the world’s first baby to be conceived via in vitro fertilization, is born in England to parents Lesley and Peter Brown. The Browns later had a second daughter, Natalie, also through IVF.
- On July 26, 1956, the Suez Crisis begins when Egyptian President Gamal Abdel Nasser nationalizes the British and French-owned Suez Canal, hoping to charge tolls. The Suez Canal was completed by French engineers in 1869.
- On July 27, 1921, at the University of Toronto, Canadian scientists successfully isolate insulin – a hormone they believe could prevent diabetes – for the first time. The first test subject, a teenager, was treated with insulin injections and improved dramatically.
- On July 28, 1932, President Herbert Hoover orders the U.S. Army under Gen. Douglas MacArthur to evict by force 20,000 Bonus Marchers from the nation’s capital. The World War I veterans were seeking early payment of money they were owed. When 2,000 refused to leave, MacArthur set their camps on fire.
- On July 29, 1588, off the coast of France, Spain’s “Invincible Armada” is defeated by an English naval force under the command of Lord Charles Howard and Sir Francis Drake. After eight hours of furious fighting, a change in wind direction prompted the Spanish to retreat toward the North Sea.

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Healthcare

From Page 4

it is important to remember that you are not alone. Friends and relations might not understand the nightmare of looking after an Alzheimer’s patient 24/7. But, it is comforting to know that there

are people who understand your plight. And, they can provide comforting answer answers that can ease your frustrations as the illness progresses and imposes new, unthinkable burdens on you. They may not have all the answers, but they can let you know what to expect and provide ways of dealing with day-to-day

situations,” concludes Weber.

Here’s a link to practical advice from individuals who have first hand knowledge of the consequences of the disease and stories about how they dealt with them: the *Alzheimer’s Reading Room*.

The Association of Mature American Citizens (<http://www.amac.us>) is a senior advocacy organization that takes its marching orders from its members. We act and speak on their behalf, protecting their interests and offering a practical insight on how to best solve the problems they face today.

San Elizario Independent District SPECIAL EDUCATION/CHILD FIND

The San Elizario Independent School District provides services for children who are eligible for special education. Eligible special education students will be afforded a free, appropriate public education beginning on their third birthday and continuing through their 21st year. Children who are identified as auditorially impaired, visually impaired or deaf-blind may be served from birth through 21 years of age. The San Elizario Independent School District provides special education and related services to students residing within the District boundaries. A student with a disability must meet eligibility guidelines in one or more areas including physical disability, intellectual disability, emotional disturbance, learning disability, autism, speech impairment, traumatic brain injury, visual or auditory impairment. This impairment must significantly affect the student’s ability to progress adequately without support services.

If a child is experiencing learning difficulties, the parent may contact the person listed below to learn about the district’s overall general education referral or screening system for support services. This system links students to a variety of support options including referral for special education evaluation. Students having difficulty in the regular classroom should be considered for tutorial, compensatory, and other support services that are available to all students. At any time, a parent is entitled to request an evaluation for special education services. Within a reasonable amount of time, the district must decide if the evaluation is needed. If the evaluation is needed, the parent will be notified and asked to provide consent for the evaluation. The district must complete the evaluation and the report within 45 school days of the date the district received the written consent. The district must give a copy of the report to the parent. If the District determines that the evaluation is not needed, the district will provide the parent with a written notice that explains why the child will not be evaluated. This written notice will include a statement that informs the parent of their rights if they disagree with the district. Additionally, the notice must inform the parent how to obtain a copy of the Notice of Procedural Safeguards-Rights of Parents of Students with Disabilities.

For more information, contact the Director of Special Education, Amanda G. Sanchez-Munoz, (915) 872-3926 at 13680 Socorro Rd., San Elizario, TX 79849. Mailing address: PO Box 920, San Elizario, TX 79849.

Educación Especial / Programa De Identificación De Niños (Child Find)

El Distrito Escolar Independiente de San Elizario provee servicios a los niños que califican para recibir educación especial. Los estudiantes que califiquen recibirán una educación pública gratuita y adecuada comenzando con su tercer cumpleaños hasta el fin de su vigésimo-primer año (21). Los niños que son identificados con problemas auditivos, visuales, sordos o ciegos pueden ser atendidos desde su nacimiento hasta los veintiún años de edad. El Distrito Escolar Independiente de San Elizario provee servicios de educación especial y otros servicios relacionados a los estudiantes que vivan dentro de los límites del distrito. Un estudiante con una discapacidad debe cumplir con las guías que reúnen los requisitos en una o más áreas incluyendo: discapacidades físicas, discapacidad intelectual, alteraciones emocionales, discapacidad de aprendizaje, autismo, discapacidad del habla, daño cerebral por trauma, o discapacidad visual o auditiva. Esta discapacidad debe afectar significativamente la habilidad del estudiante para progresar adecuadamente sin asistencia.

Si un alumno está teniendo dificultades en su aprendizaje, los padres pueden contactar a la persona encargada (ver información al final) para que les informe acerca del programa general de derivación (referral) del distrito o sistema de detección para servicios de asistencia. Este sistema enlaza a los estudiantes con una gran variedad de opciones de apoyo que incluyen la derivación para que se le practique una evaluación de educación especial. Los estudiantes que estén teniendo dificultades en un aula regular deber ser considerados para recibir tutoría, planes de compensación educativa y otros servicios de apoyo que estén disponibles para todos los estudiantes. Los padres tienen derecho, en cualquier momento, de pedir una evaluación para recibir servicios de educación especial. El distrito debe decidir, dentro de un plazo razonable, si dicha evaluación es necesaria. En caso afirmativo, el padre será notificado y se le pedirá permiso para realizar la evaluación. El distrito debe llevar a cabo la evaluación y el reporte sobre los resultados dentro de 45 días escuela a partir de la fecha en que el distrito recibió el permiso del padre por escrito. El distrito debe proporcionar una copia del reporte al padre. Si el distrito determina que la evaluación no es necesaria, debe proporcionar por escrito una notificación que explique el por qué. Esta notificación por escrito debe incluir una declaración que informe al padre sobre sus derechos si es que no está de acuerdo con la decisión del distrito. Además, la notificación debe informar al padre cómo obtener una copia del Aviso sobre Garantías Procesales-Derechos de los Padres de Alumnos con Discapacidades.

Para mayores informes, favor de contactar el departamento de Educación Especial, Amanda G. Sanchez-Munoz, (915) 872-3926 at 13680 Socorro Rd., San Elizario, TX 79849. Mailing address: PO Box 920, San Elizario, TX 79849.

The NBA embarks on its own Game of Thrones

By Steve Escajeda
Special to the Courier

You see it everywhere, in movies, in business, in politics; there is a never-ending search for the best partnerships possible.

Two separate entities realizing that it would be better to join forces than to go it alone.

And it makes all the sense in the world; us and them is much better than just us.

In the movies you see superheroes forming alliances to defeat the bad guy. In business you hear of major companies merging to form mega-corporations in the pursuit of more money. In politics even those on opposite parties will form partnerships in order to get a piece of legislation passed.

To put it simply, power comes in numbers.

Every fan of Game of Thrones knows that any kingdom gets stronger through marriages and allegiances with other kingdoms.

The same can be said about the National Basketball Association. Well, maybe not through marriage, but through forming partnerships.

Right now it's the Golden State Warriors who sit on the NBA's big throne of swords; but not because they work harder than any other team, it's because they've amassed the most talent.

In other words – more sheer numbers.

Golden State started with two all-star guards in Steph Curry and Klay Thompson. They saw the emergence of

Draymond Green into an all-star and then they acquired probably the second-best player in the world in Kevin Durant, who followed the old adage, “if you can’t beat them – join them.”

If all that wasn’t enough, they just acquired perennial all-star DeMarcus Cousins to give them five legit all-stars in their starting lineup.

Simply, the Warriors are the best team in the league because they’ve formed the most partnerships with great players.

Other NBA teams have taken notice of this and are frantically crawling all over themselves trying to form super squads of their own.

Because of this, some of next year’s rosters are going to look very different.

Let’s start with the Los Angeles Lakers, who have made losing a habit in recent years. Their roster will include newcomers LeBron James, Rajon Rondo and Lance Stephenson. Throw those players in with second-year guys Kyle Kuzma and Lonzo Ball and the Lakers playoff drought is definitely over.

But they may have put together the worst shooting team in NBA history.

Anyway, after years with the Clippers, DeAndre Jordan will be a Dallas Maverick.

And the look of next year’s San Antonio Spurs is still up in the air until they decide what to do with all-star forward Kawhi Leonard.

Big man Nerlens Noel has joined Russell Westbrook and Paul George in Oklahoma City.

Trevor Ariza left the Houston Rockets for the Phoenix Suns.

In what could be an interesting

development, perennial all-star Carmelo Anthony is free to sign with another team after being let go by the Thunder. His shooting ability could help a team dramatically; of course his lack of leadership and defensive skills could hurt.

There are still guys out there who are looking to form allegiances with contending teams. One guy is Isaiah Thomas, who was an MVP candidate a couple years ago before his hip injury.

If the little guy can return to being close to the player he was in Boston, it would be quite a pickup for the right team.

Other guys are Milwaukee’s talented Jabari Parker, Houston’s big man Clint Capela, Boston’s all-everything Marcus Smart, L.A.’s big guy Brook Lopez and Golden State’s sharp-shooting Nick Young.

There was a time in the NBA where players stayed with their teams longer and cities were defined by their superstars.

During their prime years, Larry Bird was always a Celtic, Magic Johnson was always a Laker, Michael Jordan was always a Bull, Patrick Ewing was always a Knick, Hakeem Olajuwon was always a Rocket, Kobe Bryant was always a Laker, Tim Duncan was always a Spur, Dirk Nowitzki was always a Maverick, and so on.

Now the allegiances are to the better team and the bigger bucks – and I don’t mean the “Milwaukee” kind of bucks.

In its final season next year, we’ll finally find out who wins in “Game of Thrones.” We’ll also find out who has the amassed the greatest force – the Warriors or the Lannisters.



WHEN THE GAMES BEGIN.

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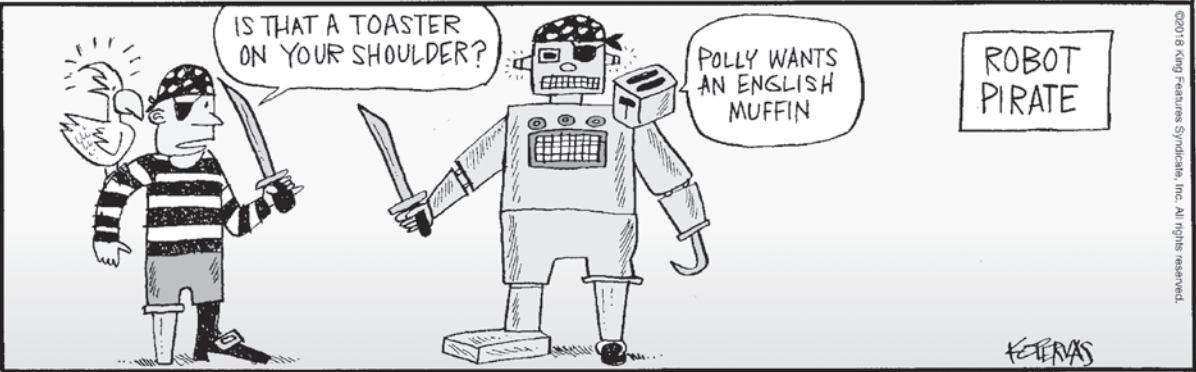
Ad

Council

Comix

OUT ON A LIMB

By Gary Kopervas



AMBER WAVES

By Dave T. Phipps



THE SPATS

By Jeff Pickering



R.F.D.

By Mike Marland



Hearing loss possible after surgery

DEAR DR. ROACH: I recently had a hip replacement. I am 84, with hearing loss. My family says my hearing is worse after the operation. My daughter talked with several seniors who experienced the same thing. They think it has to do with the anesthesia. Fact or fiction? – D.W.

Possibly fact. Hearing loss is a known and rare occurrence after surgery, and there are several ways in which it can happen. You mentioned anesthesia: Several anesthetic agents, especially nitrous oxide, can cause temporary hearing loss, but nitrous oxide is not used as often during surgery as it once was. Changes in the fluid pressure in the ear also can cause both temporary and permanent hearing loss. Finally, antibiotics given around the time of an operation can cause hearing loss.



DEAR DR. ROACH: I recently attended a free introductory visit at my local health spa. It's an interesting process. There is a circuit with 12 machines and 12 mats for doing cardio. Each exercise is done for 30 seconds, then you move to the next station. The circuit is supposed to be done twice at each session, three times per week. Can this really work to help you lose weight and get fit? Need I say again, 30 seconds... really? Your opinion please. – E.Y.M.

There are two questions, and the first is on fitness. There, the answer is a resounding yes. High-intensity interval training has been clearly proven to improve muscle and cardiovascular fitness. If you were to follow the program at the gym, working hard but not overdoing it, you certainly would find that your ability to do the exercises would improve, your stamina would increase, and you'd likely feel better and have more energy. A 24-minute workout (24 stations of 30 seconds each, done twice) is enough (and a LOT better than no workout at all).

Unfortunately, just doing the exercise will not make you lose much weight. Losing weight comes from better dietary habits, which can help you eat less food and still feel satisfied. The combination of increased exercise and a little less food, especially less low-quality ("junk") food, may help you lose a few pounds.

Losing weight shouldn't be the goal, in my opinion. Losing weight and keeping it off is tough to do, but by exercising

See HEALTH, Page 8

Super Crossword

OUTLANDISH
CELEBRITY FIRSTS
ACROSS

- 1 Another name for Jesus
- 9 Utterly failed
- 15 Abounds
- 20 Flattish Italian bread
- 21 Salt with element #53
- 22 Dot in the drink
- 23 French president who never wore color-coordinated clothes?
- 25 Being tried, in law
- 30 Whet
- 31 Director Van Sant
- 33 Caught a three-time Best Actor red-handed?
- 38 Purplish red
- 42 Aria, usually
- 43 Analyzes, as syntax
- 44 Frequent co-star of Humphrey Bogart who was fantastic?
- 47 Gospel group
- 49 Musk of Tesla Motors
- 50 Slippery
- 51 "Eureka!"
- 52 Phil of folk
- 56 Enumerates

- 58 Campaign creations
- 59 "Die Hard" star dicing vegetables?
- 63 Avenues: Abbr.
- 64 Exude slowly
- 66 Pure delight
- 67 Tie together
- 68 Issued an alert to a knighted composer of musicals?
- 73 Evening bash
- 75 Hankerings
- 76 Italian for "it"
- 77 Little devil
- 80 Reclusive
- 83 Tolkien terror
- 84 Put on hold
- 86 Last name of Buffalo Bill
- 87 Consents to
- 88 Try to cure
- 90 Boy, in Baja
- 91 Weight unit
- 94 Legendary hockey player who's a native New Zealander?
- 97 Harmonize
- 100 Pal of Spot or Rover
- 101 Consulate
- 102 Promote the growth of the star of "The Last King of Scotland"?
- 107 Gp. that lobbies
- 108 Comic Buzzi
- 109 Unaway of

- "Network"
- 110 Class book
- 112 That woman
- 115 Wading bird
- 117 1954 Literature Nobel
- 123 Stock unit
- 124 Salad plant
- 125 Revere
- 126 Talked up
- 127 Scraped
- 128 Fed eagerly

- DOWN
- 1 "Behold!" to Cicero
 - 2 It needs grist
 - 3 Sir's counterpart
 - 4 "Six-pack" on a bodybuilder
 - 5 "Prolly not"
 - 6 Forks, e.g.
 - 7 To be, to Proust
 - 8 Freight-filled
 - 9 With 120-Down, Wrigley's gum brand
 - 10 Mauna _
 - 11 U. URL end
 - 12 "I'm on it"
 - 13 Ran in park
 - 14 Pop singer _ Marie
 - 15 _ Maria
 - 16 She played the mom on "Good Times"
 - 17 Arm joints
 - 18 Nasty sort
 - 19 Underscore
 - 24 Bit of history

- 29 Bit of errata
- 31 Belgian city
- 32 N.A. nation
- 34 Author Dinesen
- 35 IM guffaw
- 36 Em preceder
- 37 Chou En_
- 38 Coal and oil
- 39 Dark
- 40 Danger when landing a plane
- 41 Flaming
- 45 Gave succor
- 46 IV amounts
- 47 Comrade of Fidel
- 48 Laugh half
- 51 Not up yet
- 53 Elucidates
- 54 Sound from a souse
- 55 Seattle-to-Reno dir.
- 57 More achy
- 59 Carbon copy
- 60 180s on the road
- 61 Fly traps
- 62 On the outs (with)
- 65 Blood type, for short
- 66 Hidden valley
- 69 "Hello, hello?"
- 70 Caustic cleansers
- 71 "_ to do it all over again..."
- 72 Musical run with four sharps
- 73 Utah's capital, for short
- 74 Hugs, on cards

- 78 Cafe lists
- 79 Official substitute
- 81 Flier of myth
- 82 Scratch (out)
- 83 Former Bruin
- Bobby
- 85 Seminal '40s computer
- 88 Received
- 89 Enticing
- 92 French for "a"
- 93 Brand of spongy balls
- 94 Sch. in Cambridge
- 95 Org. on a toothpaste box
- 96 Dubya's deg.
- 97 From the top
- 98 Stumper (Var.)
- 99 High-heel feature
- 100 Nasty sorts
- 103 Desert rarity
- 104 Spotted scavenger
- 105 Afr. republic
- 106 Christopher of film
- 111 Comic book mutants
- 112 Pirates' loot
- 113 Not like a bit
- 114 Gazed at
- 116 Film director
- Demme
- 118 Drink slowly
- 119 Cain's mom
- 120 See 9-Down
- 121 Con opener?
- 122 Dog's threat

Answer Page 8

1	2	3	4	5	6	7	8		9	10	11	12	13	14		15	16	17	18	19
20									21							22				
23								24								25				
26						27						28			29		30			
				31	32			33		34	35	36				37				
38	39	40					41			42					43					
44							45	46						47	48					
49						50							51				52	53	54	55
56					57		58			59	60				61	62				
63					64	65				66					67					
			68	69					70					71	72					
73	74							75						76				77	78	79
80							81	82				83				84	85			
86							87				88				89		90			
				91	92	93				94	95					96				
97	98	99						100						101						
102							103	104					105	106		107				
108							109						110		111			112	113	114
115					116		117			118	119	120					121	122		
123							124							125						
126							127							128						

Health

From Page 7

regularly and eating well, you can dramatically improve overall health and well-being even without weight loss.

if it hasn't, then your regular doctor, a dermatologist or ENT doctor should take a look in your ear and see what is going on. Seborrheic dermatitis and eczema are common conditions that can affect the skin in the ear.

DEAR DR. ROACH: I have an itchy-ear problem. It even wakes me up at night. I've tried Cortizone-10, hydrogen peroxide solution, ear baths and cotton swabs. Nothing seems to work for long. Can you help me? – G.P.

Dr. Roach regrets that he is unable to answer individual letters, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu. To view and order health pamphlets, visit www.rbmamall.com, or write to Good Health, 628 Virginia Drive, Orlando, FL 32803. (c) 2018 North America Synd., Inc. All Rights Reserved.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: H equals B

AIYD HAEMDT RYXP EAXXE
KNWPR NDF KYWMPR, XE
FNATLVPC ICYKPPFF VY
HCMDT LYXP VLP HNWMD'.

Answer Page 2

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Weekly SUDOKU

by Linda Thistle

1		7			3		8	
	4		7					2
	6			9		3		5
		8			2		4	
4				7		6		
	1		5					7
6	9			2			5	
		3	9				1	
5					6	2		8

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging

Answer Page 4

♦♦♦ HOO BOY!

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Scammers nabbed by the VAOIG



by Freddy Groves

Quite often thieves are not that bright. Or maybe they have a sense of entitlement and assume that they won't get caught, or that they're somehow deserving. What they don't count on is the VAOIG – the Veterans Affairs Office of Inspector General. The VAOIG is everywhere, and they're very good.

Florida: A veteran was indicted on grounds of theft after claiming benefits for 100 percent disability for blindness. He'd collected those benefits for 16 years. So, how did he get caught? He had a driver's license and was recorded doing yard work, washing his vehicle... and yes, driving. He applied for a different license and handed over a doctor certificate saying his vision was 20/50. He could get up to 10 years in the federal pen for stealing over a half-million dollars in benefits.

Kansas: At least the Florida

man wasn't as stupid as this one. The scammer (also a veteran, unfortunately) claimed severe vision problems and collected benefits. He also drove to and from his medical appointments, with his wife switching seats with him a few blocks from the hospital.

Missouri: A salesman submitted over \$600,000 in phony invoices to a Department of Veterans Affairs medical facility for tools and other commercial products. This went on for three years, which raises the question: How could he hand over that many invoices without it raising some alarms?

New York: A trusted fiduciary stole \$71,000 from a 73-year-old disabled veteran over the course of three years. The job of a fiduciary is to spend the benefit money only on the care of the veteran. The veteran had once lived on the fiduciary's property, but even after he went into a veteran's home, the fiduciary kept collecting and spending the money – on himself. This could get him 10 years in prison.

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

	÷		+		10
-		+		÷	
	+		×		14
×		+		+	
	+		÷		3
15		15		10	

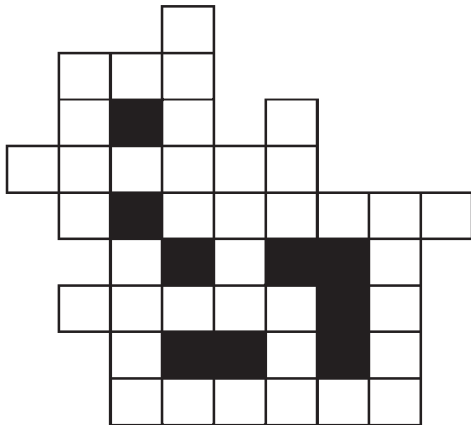
1 3 3 4 5 6 7 8 9

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Answer Page 2



HET
OARHID
NOTNE
♥HDSA
TULFYA
OYU
♥AREH
♥HUTGO
♥OWH
♥ERNUTE
RDFAW
RYTU



Answer Page 2

Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

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• Summer kids tip: Create an "I'm Bored" jar with ideas about things to do. Now when that phrase inevitably comes up, you'll be ready with a quick solution.

• This tip takes the pain out of a task nobody likes: dusting the blinds! Use a set of salad tongs for a blinds duster; just wrap a microfiber cloth around each of the tongs and secure it with a rubber band or two. Then use the tongs to grab and glide along each blind. Even kids can get behind this dusting job.

• "Tacos are a favorite meal in our house, but very messy – until we discovered a great use for coffee filters. We use a filter to hold the taco and peel back the paper as we eat. Now nothing drips out or falls out, even if the shell cracks!"

– E.B. in Oregon

• "We like juice at home, and the kind we like has a large mouth on the bottle. It turns out that after we finish the juice, the bottle makes a great storage container for snacks. We clean and dry it, then fill it with cereals or dry pasta. We've even used them for popcorn."

– R.K. in Missouri

• Recipe substitution: For 1 cup of tomato juice, use 1/2 cup of tomato sauce plus 1/2 cup of water.

• If you have dry, cracked heels from wearing flip-flops and sandals too often, apply a layer of petroleum jelly to your feet before bed and cover with socks. If you can't sleep with socks, do this in the evening, maybe while watching TV. It will soften the hard skin after a week or so – sooner depending on how dry your feet are.

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803. (c) 2018 King Features Synd., Inc.

EMMANUEL	BLEWIT	TEEMS
CIABATTA	IODIDE	ISLET
CLASHER	DEGAULLE	ATBAR
ELM	NEER	LENT
HONE		
GUS	NAILED	DAYLEWIS
FUCHSIA	SOLO	PARSES
UNREAL	BACALL	CHOIR
ELON	SLICK	AHA
OCHS		
LISTS	ADS	CUBERWILLIS
STS	OOZE	GLEE
ENLACE		
WARNED	LLLOYD	WEBBER
SOITREE	YENS	ESSA
IMP		
LONER	GREENE	ORC
DEFER		
GODY	OKS	TREAT
NINO		
OUNCE	MAORI	LEMIEUX
ATTUNE	FIDO	EMBASSY
FOSTER	WHITAKER	PAC
RUTH	FAYE	TEXT
SHE		
EGRET	TENSER	HEMINGWAY
SHARE	ENDIVE	VENERATE
HYPED	RASPED	ENGORGED