

NEWSBRIEFS

Easy driving

With gas prices falling over the past few months but remaining higher than they were last summer, the personal-finance website WalletHub has released its report on 2018's Best & Worst Cities to Drive in. To determine the most driver-friendly places in the U.S., WalletHub compared the 100 largest cities across 29 key metrics. The data set ranges from average gas prices to annual hours in traffic congestion per auto commuter to auto-repair shops per capita. El Paso was ranked 8th in this study. Corpus Christi (2nd) and Plano (5th) were also in the top ten. Other stats include:

- Greensboro, NC, residents spend the fewest annual hours in traffic congestion per auto commuter, 4, which is 25.5 times fewer than in Los Angeles, CA, the city where residents spend the most at 102.
- Gilbert, AZ, has the fewest car thefts (per 1,000 residents), 0.49, which is 33.1 times fewer than in Oakland, CA, the city with the most at 16.23.
- Oklahoma City, OK has the lowest average gas price, \$2.58 per gallon, which is 1.5 times lower than in San Francisco, CA, the city with the highest at \$3.85 per gallon.
- Riverside, CA, has the lowest average parking rate, \$1.43 per two hours, which is 19.2 times lower than in Buffalo, New York, NY, the city with the highest at \$27.44 per two hours.

Visit <https://wallethub.com/edu/best-worst-cities-to-drive-in/13964/> to view the full report

— Diana Polk

Slow speed chase

Florida Deputy Bryan Bowman spotted a slow mover on the road – a very slow mover. In fact, it was a tortoise. Bowman tried to coax the miscreant off the road, but the testy turtle snapped at him. So the cop got back into his patrol car, turned on the flashing lights atop his vehicle and followed the critter for 20 minutes until the tortoise veered off into the woods. Bowman caught the whole thing on video, which the Marion County Florida Sheriff's office posted on Facebook. On the video, the deputy is heard saying: "The nerve of this guy. He's literally going one mile per hour in a 30 mile per hour zone."

— John Grimaldi

Isn't it true that we judge ourselves by our best intentions and others by their worst faults?

— Quips & Quotes

Clint ISD to hold first single-member district election

By Patricia Randleel
Special to the Courier

EL PASO COUNTY – The Board of Trustees of the Clint Independent School District has changed its voting format from a total at-large system to a combination single-member/at-large system. The combination consists of five single-member district positions and two at-large positions.

What does that mean? It means that all seven seats on the Board will no longer be voted on by all the voters in the District. Now five of the seats will be voted on only by voters within the boundaries of the single-member district. This also provides for the opportunity for equal representation on the Board among the three communities of Clint, Horizon City and Montana Vista.

There are four positions up for election this year on November 6, 2018. The four positions are Single-Member District 1, Single-Member District 2, Single-Member District 4 and At-Large Position A. Voters will be replacing current at-large

board members Hilda James, Robert Lara, Arleen Parada and Jim Pendell unless any of them choose to run for the At-Large position A or Single-Member District 2.

Then in November of 2020, the remaining three positions will be up for election. The positions are At-Large Position B, Single-Member District 3 and Single-Member District 5.

Candidates for Single-Member District positions must reside within the boundaries of that district. Candidates for At-Large positions may live anywhere within the boundaries of the Clint Independent School District. All registered voters residing in the school district may vote for At-Large Position A (and B in 2020). Registered voters who reside within a Single-Member district, may only vote for Single-Member candidates in that district.

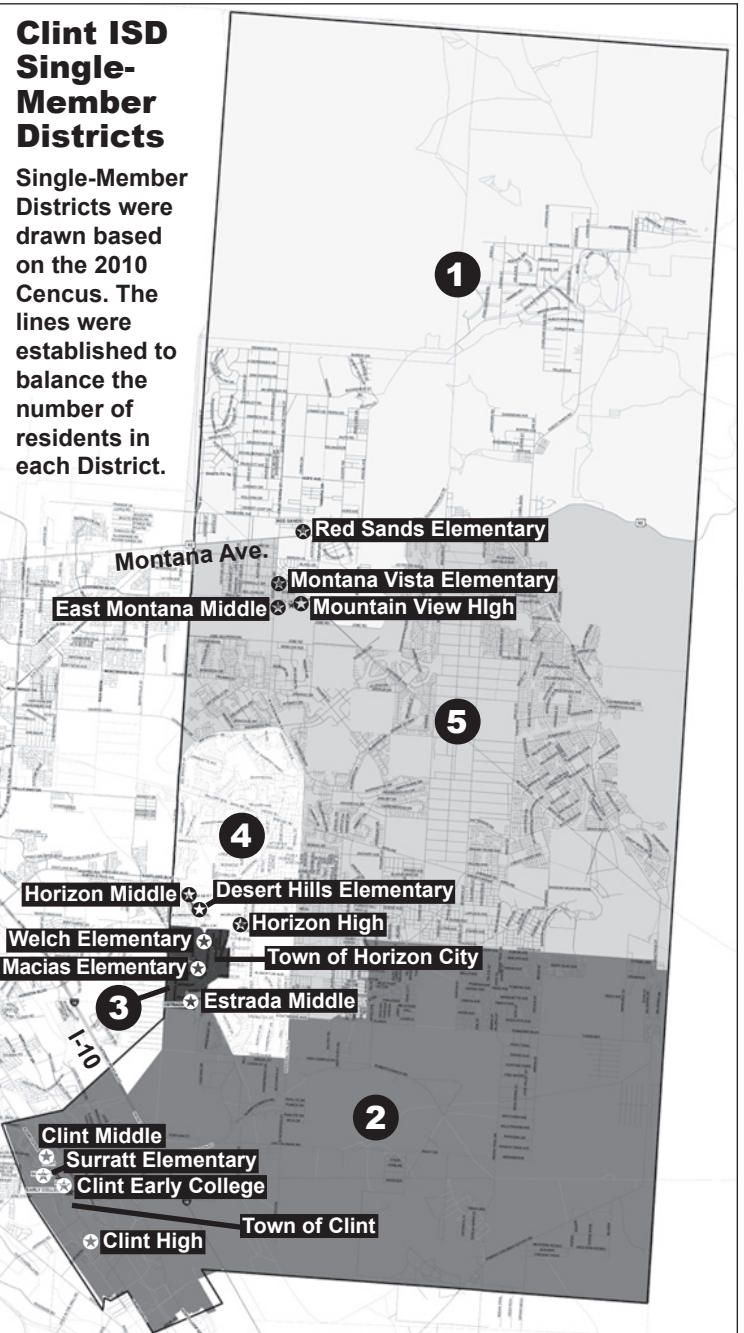
What does it take to be a board member? The qualifications according to policy BBA (legal) are:

- A qualified/registered voter;
- Be 18 years of age or older on the first day of the term to

See CLINT ISD, Page 3

Clint ISD Single-Member Districts

Single-Member Districts were drawn based on the 2010 Census. The lines were established to balance the number of residents in each District.



Village of Vinton to host health fair

By Josh Luna
Special to the Courier

VINTON – The Village of Vinton will host its 13th Annual Health Fair and Wellness Walk on Saturday, August 18 at Bill Childress Elementary School, 7700 Cap Carter Rd, Vinton, TX 79821. The Health Fair and Wellness Walk was created to promote health awareness and to encourage the community to take responsibility for their health.

The event will not only provide residents the opportunity to learn about their health and the services available to them in the area but will also hold a Wellness Walk on the school grounds. The walk will be a mile long and will feature several stations where walkers will stop and perform different exercises and activities. The first 50 walkers to register will receive a free gift. The Village of Vinton has once again partnered up with El Pasoans Fighting Hunger in order to provide 100 grocery bags for the community. Grocery bags will be limited to one per household and people may register at Vinton City Hall located at 436 E. Vinton Rd, Vinton, TX

79821. The Village of Vinton will also be partnering up with El Paso Health who will be providing 250 backpacks for children in the community. The backpacks will be given out on a first come first serve basis. Child must be present.

Sponsors and community partners include El Paso Health, El Paso Electric and El Pasoans Fighting Hunger. The Wellness Walk will begin at 8:30 a.m. and the Health

Fair at 9:00 a.m. The event is free and open to the public. The Health Fair is a great opportunity for community partners to showcase their services and a way for businesses to promote their services to Vinton and the surrounding communities.

If you have any questions or if you are interested in being part of this year's health fair contact the Village of Vinton at info@vinton.tx.us or (915) 886-5104.



— Photo courtesy Village of Vinton

LIFT THOSE LEGS – Wellness Walk participants warm up before the activities began in 2017. The wellness walk was a mile long featuring different exercise stations on the route. 41 people participated in the 2017 wellness walk and walkers received a free gift for participating.

Texas students post gains on STAAR

By Alfredo Vasquez
Special to the Courier

TEXAS – With a new school year about to start, parents of public school children would be wise to review their kids’ test

results on the state’s assessment exams (STAAR) that students completed in the spring. The review would help gauge a child’s performance and identify strengths and weaknesses as he or she enters the next grade level.

As a whole, most Texas

students successfully met grade level or achieved higher level performance on all five State of Texas Assessments of Academic Readiness (STAAR) end-of-course assessments and for

See STAAR, Page 5

Anthony Independent School District 2018-2019 Meal Policy

The Anthony Independent School District announced today a change to its policy for serving meals to children served under the National School Lunch Program and School Breakfast Program for the Anthony Elementary, Anthony Middle School and Anthony High School 2018–2019 school year. Schools qualifying to operate the Community Eligibility Provision (CEP) provide breakfast and lunch to all children at no charge and eliminate the collection of meal applications for free, reduced-price, and paid student meals. This new approach reduces burdens for both families and school administrators and helps ensure that students receive nutritious meals.

For additional information please contact the following person:

Anthony Independent School District
Attention: Jesus Carrasco, Director, Child Nutrition Program
840 Sixth St., Anthony, TX 79821
Phone: (915) 886-6542; Email: jcarrasco@anthonyisd.net

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

Anthony Independent School District is an equal opportunity provider.

El Distrito Escolar Independiente de Anthony Regla de Alimentos Año 2018-2019

El Distrito Escolar Independiente de Anthony y las escuelas Anthony High, Anthony Junior High, Anthony Elementary, ha anunciado hoy un cambio en la póliza para servir comidas a los niños atendidos bajo los programas de National School Lunch Program y School Breakfast Program en el año escolar 2018-2019. Las escuelas que califican para operar el Community Eligibility Provision (CEP) ofrecen desayuno y comida a todos los niños sin costo alguno y elimina la colección de solicitudes para comida gratis, precio reducido, y pagado. Este nuevo enfoque reduce la carga para las familias y los administradores escolares y asegura que los estudiantes reciban comidas nutritivas.

Para información adicional por favor comunicarse a:

El Distrito Escolar Independiente de Anthony
con: Jesus Carrasco, Director, Child Nutrition Program
840 Sixth St., Anthony, TX 79821
Phone: (915) 886-6542; Email: jcarrasco@anthonyisd.net

De acuerdo con la ley federal de derechos civiles y el Departamento de Agricultura (USDA) reglamentos de derechos civiles y políticas, el USDA, sus agencias, oficinas y empleados, y las instituciones que participan en o administran los programas del USDA de Estados Unidos tienen prohibido discriminar por motivos de raza, color, origen nacional, sexo, discapacidad, edad o represalia o venganza para la actividad antes de los derechos civiles en cualquier programa o actividad llevada a cabo o financiada por el USDA. Las personas con discapacidad que requieran medios alternativos de comunicación para la información del programa (por ejemplo, Braille, letra grande, cinta de audio, lenguaje de signos americano, etc.), deben ponerse en contacto con la Agencia (estatal o local) donde solicitaron beneficios. Las personas sordas o con problemas de audición o discapacidades del habla pueden comunicarse con el USDA a través del Servicio de Retransmisión Federal al (800) 877-8339. Además, la información del programa puede estar disponible en otros idiomas además del Inglés.

Para presentar una queja de discriminación en el programa, completar el Formulario de Queja USDA Programa de discriminación, (AD-3027) se encuentra en línea en: http://www.ascr.usda.gov/complaint_filing_cust.html, y en cualquier oficina del USDA, o escribir una carta dirigida a proporcionar USDA y en la carta toda la información solicitada en el formulario. Para solicitar una copia del formulario de queja, llame al (866) 632-9992. Enviar el formulario completado o una carta al USDA por: (1) mail: Departamento de Agricultura, Oficina del Secretario Adjunto de Derechos Civiles, 1400 Independence Avenue, SW, Washington, DC 20250-9410 EE.UU.; (2) Fax: (202) 690-7442; o (3) e-mail: program.intake@usda.gov.

El Distrito Escolar Independiente de Anthony es un proveedor de igualdad de oportunidades.

WTCC: 08-03-17

Course	Approaches Grade Level (or higher)	Meets Grade Level (or higher)	Masters Grade Level
Algebra I	83%	56%	33%
English I	60%	44%	7%
English II	66%	50%	8%
Biology	87%	60%	24%
U.S. History	92%	72%	42%

SUBJECT	GRADE	Approaches Grade Level (or higher)	Meets Grade Level (or higher)	Masters Grade Level
MATH	3	77%	46%	23%
	4	78%	47%	26%
	5	84%	57%	30%
	6	76%	43%	17%
	7	71%	38%	17%
	8	78%	49%	15%

SUBJECT	GRADE	Approaches Grade Level (or higher)	Meets Grade Level (or higher)	Masters Grade Level
READING	3	76%	42%	24%
	4	72%	45%	24%
	5	78%	51%	25%
	6	66%	36%	18%
	7	72%	45%	27%
	8	76%	46%	25%

– Charts courtesy of Texas Education Agency

STAAR Results for all students tested in spring 2018 are shown in the charts above.

TRUE TEXAS FACTS

by Roger T. Moore

July 8, 1907 – The town of Post, founded by C.W. Post of “Toasties” fame, becomes seat of Garza County.

Oh, Stop fretting C.W.!!
It's a Compliment when
they call you the BIG
FLAKE.

1973
45
Years
2018

WEST TEXAS COUNTY
COURIER

SERVING ANTHONY, VINTON, CANUTILLO, EAST MONTANA, HORIZON, SOCORRO, CLINT, FARENS, SAN ELIZABO AND TORNILLO

PUBLISHED:
Published each Thursday (minimum 50 issues) by Homesteader News, Inc. Office open Monday through Thursday.

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Letter must not be more than 250 words in length. They should be dated, must be signed and have an address and daytime phone number. Only the name and city will be printed with the letter. The West Texas County Courier reserves the right to edit or reject letters to the editor or other submitted material it considers inappropriate.

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Monday 4 p.m. for Thursday publication.

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MAIL SUBSCRIPTIONS:
Minimum 50 issues for \$45. Delivery via 1st class mail.

MAIL:
15344 Werling Ct.
Horizon City, TX 79928

Phone: 852-3235

E-mail: wtxcc@wtxcc.com
Website: wtxcc.com

Publisher
Rick Shrum

Contributors
Alfredo Vasquez
Steve Escajeda

Member Texas Community
Newspaper Association

Homesteader
Est. 1973
News, Inc.

The real conflict with Iran

It’s Tehran’s turn for the “fire and fury” treatment.

In response to Iranian President Hasan Rouhani telling Donald Trump not to “play with the lion’s tail” because “war with Iran is the mother of all wars,” the president fired back in an emphatically all-caps tweet warning of “CONSEQUENCES THE LIKES OF WHICH FEW THROUGHOUT HISTORY HAVE EVER SUFFERED BEFORE.”

Since the last time Trump theatrically threatened a regime with destruction he quickly turned around and had warm talks with Kim Jong Un in Singapore, his Twitter account has lost some of its deterrent force.

But the exchange of words has focused attention on a growing confrontation with Iran, in which the United States has the upper hand. When Trump pulled out of the Iran deal earlier this year, there were warnings that it would split the Western alliance, prompt an Iranian nuclear breakout or leave the U.S. isolated and unable to effectively sanction Iran on its own.

Instead, Iran is in the midst of an economic crisis before the U.S. has truly ratcheted up the pressure. In less than a year, the Iranian currency, the rial, has lost half its value. There have been broad-based demonstrations around the country. Major multinational companies are pulling back from doing business in Iran, including General Electric and Siemens.

Iran wasn’t in position to take economic advantage of the windfall of the nuclear deal. It was most interested in funding its terrorism and foreign adventurism, and even if it weren’t, its economy is hopelessly corrupt.

U.S. sanctions begin to snap back on Aug. 6, and although the administration’s goal of getting Iranian oil exports to zero by November

is unrealistic, Iran could lose 1 million barrels a day in exports (in May, its exports had hit a record 2.7 million barrels a day).

This is nothing less than financial warfare against the regime, aimed at denying it hard currency to fund its foreign operations and ultimately at destabilizing it. The administration denies that it has a policy of regime change, but U.S. demands for a new deal are so sweeping and fundamental that Tehran couldn’t comply short of a radical reorientation toward becoming a normal state.

The economic campaign is coupled with a strategy of backing our allies – Israel, Saudi Arabia and the United Arab Emirates – to the hilt in resisting Iranian aggression in Syria and Yemen.

With proxy forces across the region, Iran has cards to play, and the regime is inherently dangerous. At a time when it should be doing everything to curry favor with the Europeans, one of its diplomats was arrested in Germany for plotting a terror attack on an Iranian opposition group in France.

But Iran lacks several advantages enjoyed by North Korea. It doesn’t have an overwhelming, powerful patron like China. It unites Israel and the Arab states, and none of our regional allies are pressuring us to negotiate with Tehran the way South Korea pushed us to talk with Pyongyang. Finally, Iran doesn’t yet have nuclear weapons.

This gives the administration leverage. The mullahs shouldn’t fear presidential tweets as much as the economic clampdown to come.



Rich Lowry is editor of the National Review. (c) 2018 by King Features Synd., Inc.

Clint ISD

From Page 1

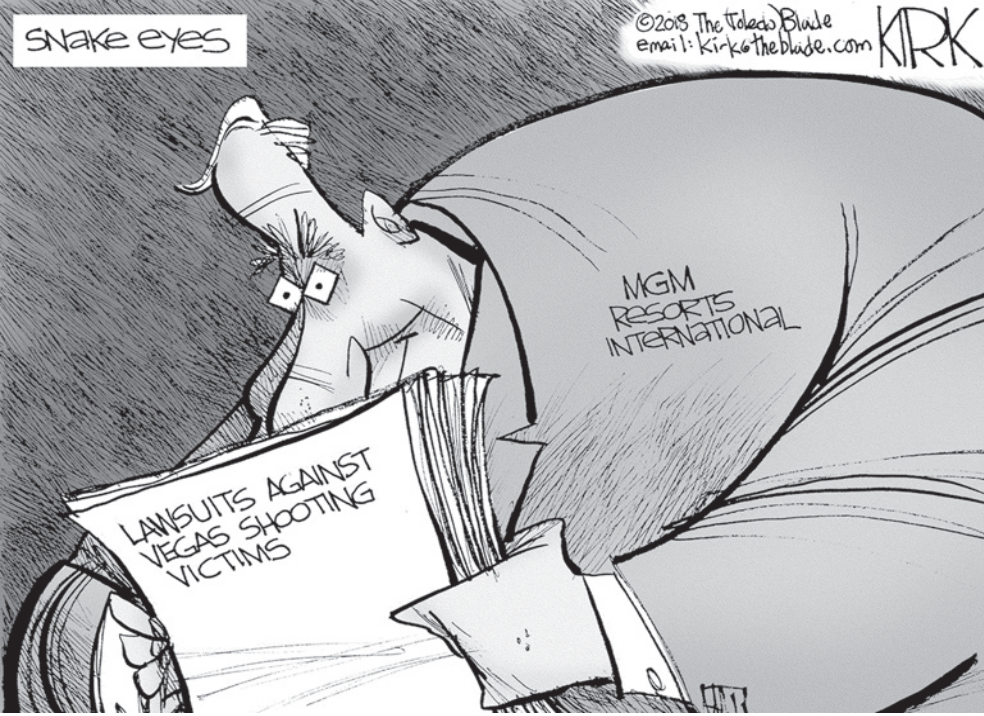
be filled at the election or on the date of appointment, as applicable;

- A resident of the district he or she desires to represent for six months before the filing deadline;
- A resident of the state for 12 months before the deadline;
- Not be mentally incapacitated (as defined in policy); and
- Have not been convicted of a felony (as defined in policy).

However, the most important qualification

is that candidates have a genuine and heartfelt concern for the educational needs and wellbeing of all the students enrolled in Clint ISD, as well as the nearly 1,500 employees of the District.

The Clint ISD Board of Trustees election will be held on November 6, 2018. The deadline to File Applications for Place on the Ballot is August 20, 2018. Candidate Packets can be picked up at the Clint ISD Administrative Building located at 14521 Horizon Blvd. in Horizon City. (Office Hours: Monday-Friday, 8:00 a.m. - 4:30 p.m.) Packets are also available on the Clint ISD website. Go to www.clint.net, Board of Trustees, Board Election Information.



2018 Property Tax Rates in El Paso County Emergency Services District #1

This notice concerns 2018 property tax rates for the El Paso County Emergency Services District #1. It presents information about three tax rates. Last year’s tax rate is the actual rate the taxing unit used to determine property taxes last year. This year’s *effective* tax rate would impose the same total taxes as last year if you compare properties taxed in both years. This year’s *rollback* tax rate is the highest tax rate the taxing unit can set before taxpayers can start tax rollback procedures. In each case these rates are found by dividing the total amount of taxes by the tax base (the total value of taxable property) with adjustments as required by state law. The rates are given per \$100 of property value.

Last year's tax rate:	
Last year's operating taxes	\$ 1,669,574
Last year's debt taxes	\$ 628,453
Last year's total taxes	\$ 2,298,027
Last year's tax base	\$ 2,310,317,891
Last year's total tax rate	\$ 0.099468 /\$100

This year's effective tax rate:	
Last year's adjusted taxes (after subtracting taxes on lost property)	\$ 2,293,344
÷ This year's adjusted tax base (after subtracting value of new property)	\$ 2,448,206,236
= This year's effective tax rate	\$ 0.093674 /\$100

(Maximum rate unless unit publishes notices and holds hearings.)

This year's rollback tax rate:	
Last year's adjusted operating taxes (after subtracting taxes on lost property and adjusting for any transferred function, tax increment financing, state criminal justice mandate, and/or enhanced indigent health care expenditures)	\$ 1,666,170
÷ This year's adjusted tax base	\$ 2,448,206,236
= This year's effective operating rate	\$ 0.068057 /\$100
x 1.08 = this year's maximum operating rate	\$ 0.073501 /\$100
+ This year's debt rate	\$ 0.030544 /\$100
= This year's total rollback rate	\$ 0.104045 /\$100

Statement of Increase/Decrease

If the El Paso County Emergency Services District #1 adopts a 2018 tax rate equal to the effective tax rate of \$0.093674 per \$100 of value, taxes would increase compared to 2017 taxes by \$144,064.

SCHEDULE A – Unencumbered Fund Balances	
The following estimated balances will be left in the unit's property tax accounts at the end of the fiscal year. These balances are not encumbered by a corresponding debt obligation.	
Type of Property Tax Funds	Balance
Maintenance & Operation (M&O)	\$ 1,110,106
Debt Service (I&S)	\$ -0-

SCHEDULE B – 2018 Debt Service

The unit plans to pay the following amounts for long-term debts that are secured by property taxes. These amounts will be paid from property tax revenues (or additional sales tax revenues, if applicable).

Description of Debt	Principal or Contract Payment to be Paid from Property Taxes	Interest to be Paid from Property Taxes	Other Amounts to be Paid	Total Payment
2008 Pierce Ladder	\$ 44,661	\$ 11,488	\$ 0	\$ 56,149
2014 Pierce Pumper	\$ 36,000	\$ 3,519	\$ 0	\$ 39,519
Fire Station #1	\$ 254,000	\$ 103,285	\$ 0	\$ 357,285
2015 Pierce Heavy Rescue	\$ 49,785	\$ 7,481	\$ 0	\$ 57,266
2016 QRV/FM Vehicles	\$ 39,790	\$ 1,289	\$ 0	\$ 41,079
Fire Station #2 Land	\$ 36,235	\$ 36,483	\$ 0	\$ 72,718
Fire Station #2 Building	\$ 21,846	\$ 150,429	\$ 0	\$ 172,275
Total required for 2018 Debt Service				\$ 796,291
- Amount (if any) paid from funds listed in Schedule A				\$ -0-
- Amount (if any) paid from other resources				\$ -0-
- Excess collections last year				\$ -0-
= Total to be paid from taxes in 2018				\$ 796,291
+ Amount added in anticipation that the unit will collect only 100% of its taxes in 2018				\$ -0-
= Total Debt Levy				\$ 796,291

This notice contains a summary of actual effective and rollback tax rates' calculations. You can inspect a copy of the full calculations at www.epcounty.com.

Name of person preparing this notice: **Ruben P. Gonzalez**
Title: **El Paso County Tax Assessor-Collector** Date prepared: **July 27, 2018**
301 Manny Martinez Dr., 1st floor El Paso, Texas 79905 • (915) 771-2300

What Bryant really thinks about the Cowboys

By Steve Escajeda
Special to the Courier

Well it finally happened last week, and frankly, I’m a little shocked that it took this long. A couple months ago the Dallas Cowboys released long-time star receiver Dez Bryant. There’s no doubt that Bryant is one of the best pass catchers in Cowboys’ history. He’ll also go down as one of the biggest team divas, along with Terrell Owens and Hollywood Henderson. While Dez has never been shy about

expressing his feelings, especially on the sidelines during a game, he’d been unusually quiet about his former employers – until now. Bryant finally let some of his former teammates and bosses know how he really felt via social media last week. And it wasn’t pretty. One of the things Bryant tweeted was that Cowboys’ owner Jerry Jones was “clueless.” Well, I don’t think a lot of people are going to argue with Dez on that one. But he also blamed his release on center Travis Frederick and linebacker Sean Lee. He actually went out and called Lee

a snake. Bryant mentioned a Stephen Jones interview in which the Cowboys’ executive vice president said that quarterback Dak Prescott won’t have as much pressure on him this season not having Dez Bryant or Jason Witten in his ear all the time. Of course, Dez only listed his name when he tweeted what Jones had said. Bryant responded by saying that the Cowboys needed a scapegoat and that the problem wasn’t him – it was the “garbage ass play calling.” There were many times Dez ranted and raved on the sidelines complaining about the play calling, and I’m not sure he didn’t have a point some of the time. But the truth is, most of the time it was because the ball wasn’t thrown his way. I’m not sure that anyone is going to be surprised that Dez finally broke out of his

silence, but Frederick and Lee were both shocked about being singled out. Lee said he and Bryant did butt heads at times but that was because he wanted the receiver to be more accountable to the team and his teammates. Lee added that a lot of the players felt that way. He also said that he loved Dez and wished him well. Frederick simply said that Bryant was always a good teammate to him and that he didn’t know of any fifth-year players (like himself) who make personnel decisions. There was definitely pressure on Prescott to get the ball to Bryant last season, and many times he tried to force the ball in to him. Like any team, when Bryant was unstoppable the Cowboys put up with his

See SPORTS, Page 6

El Paso County Tornillo Water Improvement District Notice of Public Hearing on Tax Rate

The EL PASO COUNTY TORNILLO WATER IMPROVEMENT DISTRICT will hold a public hearing on a proposed tax rate for the tax year 2018 on Thursday, August 9, 2018, at 6:00 p.m., at the Tornillo ISD High School Cafeteria, 430 Oil Mill, Tornillo, TX 79853. Your individual taxes may increase or decrease, depending on the change in taxable value of your property in relation to the change in the taxable value of all other property and the tax rate that is adopted.

FOR the proposal: **Eliberto Nuñez, Nancy Tarin, Loretta Aguilar, and Thelma Trevizo**

AGAINST the proposal: **NONE**

PRESENT and not voting: **NONE**

ABSENT: **Eusebio Villa, Jr., Jorge Aguirre and Anel Lujan**

The following table compares taxes on an average residence homestead in this taxing unit last year to taxes proposed on the average residence homestead this year.

	Last Year	This Year
Total tax rate (per \$100 value)	0.112000/\$100	0.112000/\$100
	Adopted	Proposed
Difference in rates per \$100 of value	\$ 0.000000/\$100	
Percentage increase / decrease in rates (+/–)	0.00%	
Average appraised value	\$ 57,126	\$ 61,190
General exemptions available (excluding senior citizen’s or disabled person’s exemptions)	\$ 0	\$ 0
Average taxable value	\$ 57,126	\$ 61,190
Tax on average residence homestead	\$ 63.98	\$ 68.53
Annual increase / decrease in taxes if proposed tax rate is adopted (+/–)	+ \$ 4.55	
and percentage of increase (+/–)	+ 7.11%	

NOTICE OF TAXPAYERS’ RIGHT TO ROLLBACK ELECTION
If taxes on the average residence homestead increase by more than eight percent, the qualified voters of the district by petition may require that an election be held to determine whether to reduce the operation and maintenance tax rate to the rollback tax rate under Section 49.236(d), Water Code.

2018 Property Tax Rates in El Paso County Emergency Services District #2

This notice concerns the 2018 property tax rates for EL PASO COUNTY EMERGENCY SERVICES DISTRICT #2. It presents information about three tax rates. Last year’s tax rate is the actual tax rate the taxing unit used to determine property taxes last year. This year’s *effective* tax rate would impose the same total taxes as last year if you compare properties taxed in both years. This year’s *rollback* tax rate is the highest tax rate the taxing unit can set before taxpayers start rollback procedures. In each case these rates are found by dividing the total amount of taxes by the tax base (the total value of taxable property) with adjustments as required by state law. The rates are given per \$100 of property value.

Last year’s tax rate:	
Last year’s operating taxes	\$ 1,212,912
Last year’s debt taxes	\$ 1,815,563
Last year’s total taxes	\$ 3,028,475
Last year’s tax base	\$ 3,279,380,394
Last year’s total tax rate	\$ 0.092349 /\$100
This year’s effective tax rate:	
Last year’s adjusted taxes (after subtracting taxes on lost property)	\$ 3,021,427
÷ This year’s adjusted tax base (after subtracting value of new property)	\$ 3,421,711,459
= This year’s effective tax rate	\$ 0.088301 /\$100
(Maximum rate unless unit publishes notices and holds hearings.)	
This year’s rollback tax rate:	
Last year’s adjusted operating taxes (after subtracting taxes on lost property and adjusting for any transferred function, tax increment financing, state criminal justice mandate, and/or enhanced indigent health care expenditures)	\$ 1,209,905
÷ This year’s adjusted tax base	\$ 3,421,711,459
= This year’s effective operating rate	\$ 0.035360 /\$100
× 1.08 = this year’s maximum operating rate	\$ 0.038188 /\$100
+ This year’s debt rate	\$ 0.052670 /\$100
= This year’s total rollback rate	\$ 0.090858 /\$100

Statement of Increase/Decrease
If EL PASO COUNTY EMERGENCY SERVICES DISTRICT #2 adopts a 2018 tax rate equal to the effective tax rate of \$0.088301 per \$100 of value, taxes would increase compared to 2017 taxes by \$82,616.

SCHEDULE A – Unencumbered Fund Balances
The following estimated balances will be left in the unit’s property tax accounts at the end of the fiscal year. These balances are not encumbered by a corresponding debt obligation.


Type of Property Tax Funds	Balance
Maintenance & Operation (M&O)	\$ 3,806,746

SCHEDULE B – 2018 Debt Service
The unit plans to pay the following amounts for long-term debts that are secured by property taxes. These amounts will be paid from property tax revenues (or additional sales tax revenues, if applicable).

Description of Debt	Principal or Contract Payment to be Paid from Property Taxes	Interest to be Paid from Property Taxes	Other Amounts to be Paid	Total Payment
Clint	\$179,005	\$ 82,738	\$0	\$261,743
District	\$200,754	\$ 29,234	\$0	\$229,988
Fabens	\$190,991	\$ 52,997	\$0	\$243,988
Montana Vista	\$181,801	\$ 67,399	\$0	\$249,200
San Elizario	\$166,488	\$ 56,213	\$0	\$222,701
Socorro	\$366,937	\$ 95,371	\$0	\$462,308
West Valley	\$129,430	\$ 56,371	\$0	\$185,801
Total required for 2018 debt service	\$ 1,855,729			
- Amount (if any) paid from Schedule A	\$ -0-			
- Amount (if any) paid from other resources	\$ -0-			
- Excess collections last year	\$ -0-			
= Total to be paid from taxes in 2018	\$ 1,855,729			
+ Amount added in anticipation that the unit will collect only 100% of its taxes in 2018	\$ -0-			
= Total debt levy	\$ 1,855,729			

This notice contains a summary of actual effective and rollback tax rates’ calculations. You can inspect a copy of the full calculations at the City of El Paso Tax Office, located at 221 N. Kansas, Ste. 300, El Paso, TX 79901.

Name of person preparing this notice: Maria O. Pasillas, RTA
Title: City of El Paso Tax Assessor Collector Date prepared: July 26, 2018



Moments in time

THE HISTORY CHANNEL

• On Aug. 13, 1948, U.S. and British planes airlift a record 5,000 tons of supplies into occupied Berlin. The huge resupply effort was carried out in weather so bad that some of the 700 pilots referred to it as “Black Friday.”

• On Aug. 14, 1933, a devastating 267,000-acre forest fire is sparked in the Coast Range Mountains in northern Oregon. An official investigation found that the fire stemmed from friction produced when loggers dragged a large Douglas-fir log across a downed tree.

• On Aug. 15, 1859, Charles Comiskey, namesake of Chicago’s Comiskey Park, is born in Chicago. Comiskey became the first and only baseball player to later own a team, the White Sox.

• On Aug. 16, 1955, famous entertainer and civil-rights activist Paul Robeson loses his court appeal to force the Department of State to grant him a passport. It had insisted that Robeson first sign an affidavit declaring he was not a member of the Communist Party. Robeson had refused.

• On Aug. 17, 1987, Rudolf Hess, Nazi leader Adolf Hitler’s former deputy, is found strangled to death in an apparent suicide in Spandau Prison in Berlin. At 93, Hess was the last surviving member of Hitler’s inner circle and the sole prisoner at Spandau since 1966.

• On Aug. 18, 1590, 100 colonists are discovered to be missing from the Roanoke Island colony in present-day North Carolina. The only clue to their disappearance was the word “CROATOAN” carved into the palisade built around the settlement.

• On Aug. 19, 1812, during the War of 1812, the U.S. Navy frigate Constitution defeats the British frigate Guerriere. Witnesses claimed that the British shot merely bounced off the Constitution’s sides, as if the ship were made of iron. Since 1934, “Old Ironsides” has been based at the Charlestown Navy Yard in Boston.

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STAAR

From Page 2

mathematics and reading tests in grades 3, 4, 5, 6, 7 and 8, according to statewide results for the spring 2018 administrations that were released in mid-June by the Texas Education Agency (TEA).

Additionally, the spring 2018 STAAR results reflect increases in most of the courses from the assessment scores of the previous school year.

Students receive a STAAR performance label of Masters Grade Level, Meets Grade Level, Approaches Grade Level, or Did Not Meet Grade Level. Performance labels of Masters, Meets, or Approaches Grade Level indicate achievement on the assessment. They are also meant to provide clear, accurate information for parents in terms of how their student is performing, specifically in regard to students meeting grade level.


Parents are encouraged to visit www.texasassessment.com and “Log In, Learn More” to see specific information regarding their student(s). With a student access code (provided by your local school district), parents can view a variety of resources and assessment components, including each STAAR question and answer – along with their student’s answers.

The website also provides resources designed to help parents prepare their son or daughter as they progress from grade level to grade level. Resources include tools to support a student’s ability to read and write, as well as tips and questions to help plan and prepare for college and a career.

Under state law, Texas students are required to achieve Masters, Meets, or Approaches Grade Level on all five STAAR end-of-course assessments – Algebra I, English I, English II, Biology, and U.S. History – to receive a high school diploma.

However, a student who Did Not Meet Grade Level on an end-of-course assessment for no more than two courses may also receive a Texas high school diploma if the student has qualified to graduate by means of an Individual Graduation Committee determination. In addition, some students may meet STAAR end-of-course assessment requirements using substitute assessments (such as SAT or ACT).

To review STAAR state-level reports, visit the Texas Education Agency website at <http://tea.texas.gov/staar/rpt/sum/>.



NOTICE OF PUBLIC MEETING TO DISCUSS BUDGET AND PROPOSED TAX RATE

The Anthony Independent School District will hold a public meeting at 6:30 p.m., Wednesday, August 15, 2018 in the Anthony ISD Board Room, 813 Sixth Street, Anthony, Texas 79821. **The purpose of this meeting is to discuss the school district’s budget that will determine the tax rate that will be adopted. Public participation in the discussion is invited.**

The tax rate that is ultimately adopted at this meeting or at a separate meeting at a later date may not exceed the proposed tax rate shown below unless the district publishes a revised notice containing the same information and comparisons set out below and holds another public meeting to discuss the revised notice.

Maintenance Tax	\$1.040000/\$100 (Proposed rate for maintenance and operations)
School Debt Service Tax	
Approved by Local Voters	\$0.172200/\$100 (Proposed rate to pay bonded indebtedness)

Comparison of Proposed Budget with Last Year’s Budget

The applicable percentage increase or decrease (or difference) in the amount budgeted in the preceding fiscal year and the amount budgeted for the fiscal year that begins during the current tax year is indicated for each of the following expenditure categories:

Maintenance and Operations	0.4%	Increase
Debt Service	0.9%	Decrease
Total Expenditures	0.3%	Increase

Total Appraised Value and Total Taxable Value (as calculated under Section 26.04, tax Code)

	<u>Preceding Tax Year</u>	<u>Current Tax Year</u>
Total appraised value* of all property	\$ 260,142,477	\$ 271,793,627
Total appraised value* of new property**	\$ 4,629,618	\$ 2,850,460
Total taxable value*** of all property	\$ 191,716,123	\$ 200,348,675
Total taxable value*** of new property**	\$ 4,414,346	\$ 2,776,750

* “Appraised value” is the amount shown on the appraisal roll and defined by Section 1.04(8), Tax Code.
** “New property” is defined by Section 26.012(17), Tax Code.
*** “Taxable value” is defined by Section 1.04(10), Tax Code.

Bonded Indebtedness

Total amount of outstanding and unpaid bonded indebtedness* \$ 4,660,000

* Outstanding principal.

Comparison of Proposed Rates with Last Year’s Rates

	<u>Maintenance & Operation</u>	<u>Interest & Sinking Fund*</u>	<u>Total</u>	<u>Local Revenue Per Student</u>	<u>State Revenue Per Student</u>
Last Year’s Rate	\$ 1.040000	\$ 0.172800*	\$ 1.2128 00	\$ 2,906	\$ 7,420
Rate to Maintain Same Level of Maintenance & Operations Revenue & Pay Debt Service	\$ 1.096020	\$ 0.173920*	\$ 1.269940	\$ 3,103	\$ 7,555
Proposed Rate	\$ 1.040000	\$ 0.172200*	\$ 1.212200	\$ 3,114	\$ 7,628

*The Interest & Sinking Fund tax revenue is used to pay for bonded indebtedness on construction, equipment, or both.
The bonds, and the tax rate necessary to pay those bonds, were approved by the voters of this district.

Comparison of Proposed Levy with Last Year’s Levy on Average Residence

	<u>Last Year</u>	<u>This Year</u>
Average Market Value of Residences	\$100,068	\$105,029
Average Taxable Value of Residences	\$ 75,068	\$ 80,029
Last Year’s Rate Versus Proposed Rate per \$100 Value	\$ 1.212800	\$ 1.212200
Taxes Due on Average Residence	\$ 910.42	\$ 970.11
Increase (Decrease) in Taxes		\$ 59.69

Under state law, the dollar amount of school taxes imposed on the residence homestead of a person 65 years of age or older or of the surviving spouse of such a person, if the surviving spouse was 55 years of age or older when the person died, may not be increased above the amount paid in the first year after the person turned 65, regardless of changes in the tax rate or property value.

Notice of Rollback Rate: The highest tax rate the district can adopt before requiring voter approval at an election is \$1.212200. This election will be automatically held if the district adopts a rate in excess of the rollback rate of \$1.212200.

Fund Balances

The following estimated balances will remain at the end of the current fiscal year and are not encumbered with or by a corresponding debt obligation, less estimated funds necessary for operating the district before receipt of the first state aid payment:

Maintenance and Operations Fund Balance(s)	\$ 3,321,428
Interest & Sinking Fund Balance(s)	\$ 146,414

Send Your Newsbrief To:

wtxcc@wtxcc.com

NOTICE OF PUBLIC MEETING TO DISCUSS BUDGET AND PROPOSED TAX RATE

The Fabens Independent School District will hold a public meeting at 6:00 p.m., Wednesday, August 15, 2018 in the Central Office Board Room, 821 NE “G” Avenue, Fabens, Texas 79838. **The purpose of this meeting is to discuss the school district’s budget that will determine the tax rate that will be adopted. Public participation in the discussion is invited.**

The tax rate that is ultimately adopted at this meeting or at a separate meeting at a later date may not exceed the proposed tax rate shown below unless the district publishes a revised notice containing the same information and comparisons set out below and holds another public meeting to discuss the revised notice.

Maintenance Tax	\$1.170000/\$100 (Proposed rate for maintenance and operations)
School Debt Service Tax	
Approved by Local Voters	\$0.287800/\$100 (Proposed rate to pay bonded indebtedness)

Comparison of Proposed Budget with Last Year’s Budget

The applicable percentage increase or decrease (or difference) in the amount budgeted in the preceding fiscal year and the amount budgeted for the fiscal year that begins during the current tax year is indicated for each of the following expenditure categories:

Maintenance and Operations	3.00%	Decrease
Debt Service	0.00%	Increase
Total Expenditures	3.00%	Decrease

Total Appraised Value and Total Taxable Value (as calculated under Section 26.04, tax Code)

	Preceeding Tax Year	Current Tax Year
Total appraised value* of all property	\$ 266,753,262	\$ 282,613,097
Total appraised value* of new property**	\$ 11,257,471	\$ 5,373,257
Total taxable value*** of all property	\$ 193,048,751	\$ 204,346,053
Total taxable value*** of new property**	\$ 7,839,669	\$ 5,062,883

* “Appraised value” is the amount shown on the appraisal roll and defined by Section 1.04(8), Tax Code.
** “New property” is defined by Section 26.012(17), Tax Code.
*** “Taxable value” is defined by Section 1.04(10), Tax Code.

Bonded Indebtedness

Total amount of outstanding and unpaid bonded indebtedness* \$27,868,000

* Outstanding principal.

Comparison of Proposed Rates with Last Year’s Rates

	Maintenance & Operation	Interest & Sinking Fund*	Total	Local Revenue Per Student	State Revenue Per Student
Last Year’s Rate	\$ 1.040000	\$ 0.287800*	\$ 1.327800	\$ 1,100	\$ 8,971
Rate to Maintain Same Level of Maintenance & Operations Revenue & Pay Debt Service	\$ 1.055760	\$ 0.298800*	\$ 1.354560	\$ 1,101	\$ 8,826
Proposed Rate	\$ 1.170000	\$ 0.287800*	\$ 1.457800	\$ 1,326	\$ 9,347

*The Interest & Sinking Fund tax revenue is used to pay for bonded indebtedness on construction, equipment, or both.
The bonds, and the tax rate necessary to pay those bonds, were approved by the voters of this district.

Comparison of Proposed Levy with Last Year’s Levy on Average Residence

	Last Year	This Year
Average Market Value of Residences	\$ 63,544	\$ 71,378
Average Taxable Value of Residences	\$ 38,544	\$ 46,378
Last Year’s Rate Versus		
Proposed Rate per \$100 Value	\$ 1.327800	\$ 1.457800
Taxes Due on Average Residence	\$ 511.79	\$ 676.10
Increase (Decrease) in Taxes		\$ 164.31

Under state law, the dollar amount of school taxes imposed on the residence homestead of a person 65 years of age or older or of the surviving spouse of such a person, if the surviving spouse was 55 years of age or older when the person died, may not be increased above the amount paid in the first year after the person turned 65, regardless of changes in the tax rate or property value.

Notice of Rollback Rate: The highest tax rate the district can adopt before requiring voter approval at an election is 1.327800. This election will be automatically held if the district adopts a rate in excess of the rollback rate of 1.327800.

Fund Balances

The following estimated balances will remain at the end of the current fiscal year and are not encumbered with or by a corresponding debt obligation, less estimated funds necessary for operating the district before receipt of the first state aid payment:

Maintenance and Operations Fund Balance(s)	\$ 1,177,185
Interest & Sinking Fund Balance(s)	\$ 200,412

Sports

From Page 4

antics for a chance at winning more games.

Now that his talent has diminished, the act got old quickly and Dallas decided that it had enough.

Though no other NFL team had claimed Bryant as of last weekend, there’s no doubt somebody will pick him up. He’s still too good not to be claimed.

Dez may not get his wish of being picked up by an NFC East team so he can stick it to the Cowboys twice a year, but at this point I think he’ll be happy getting a contract from anyone.

Like any divorce, there’s going to be animosity on both sides, but it was telling that Bryant blamed everybody else, and didn’t fault himself for anything.

But that’s typical of most football divas.

Of course this kind of thing isn’t new to the Dallas Cowboys, who always seem to find themselves surrounded by some kind of controversy every year.

It wouldn’t be so bad if they won all the time, but they often don’t. So instead of being looked at as a colorful team, they just look incompetent.

It took Dez two whole months before going on his twitter tirade and that alone can be a sign of maturity. In the past he would have reacted immediately without thinking things through.

And Bryant has since tweeted several times that he doesn’t have any problems or issues with the Dallas Cowboys. Gee, I guess he only has a problem with the clueless guy, the snake, and the garbage ass play caller.

7	3	9	1	6	8	2	5	4
8	2	6	5	4	3	1	7	9
5	4	1	9	2	7	3	6	8
3	6	8	4	1	5	9	2	7
4	5	7	3	9	2	8	1	6
1	9	2	7	8	6	5	4	3
6	8	5	2	3	4	7	9	1
9	7	4	8	5	1	6	3	2
2	1	3	6	7	9	4	8	5

6	+	1	×	3	21
×		×		×	
4	×	8	–	7	25
–		+		+	
9	–	5	×	8	32
15		13		29	

CryptoQuip Answer

Since I had the flu while I was on my last flight, you might say that I often coughed aloft.



By Samantha Weaver

• It was poet, philosopher and satirist Horace, who lived in the first century B.C., who made the following sage observation: “He who postpones the hour of living is like the rustic who waits for the river to run out before he crosses.”

• Legislators in Vermont once found it necessary to outlaw whistling while underwater.

• If someone were to ask you to name the sunniest spot on Earth, you might be tempted to answer “the Sahara Desert” or some other such exotic place. You would be wrong, though; that distinction belongs to a town right here in America. Out of the possible 4,456 daylight hours each year, the sun shines for an average of 4,050 in Yuma, Arizona. That means that there’s cloud cover or rain for only about 10 percent of the time there.

• You might be surprised to learn that, according to those who study such things, Alaskans eat twice as much ice cream per capita than the rest of the nation.

• Those who have the time to study such things claim that the most difficult small object to flush down a toilet is a ping-pong ball.

• In 2010 a new species of slug was discovered in the mountains of Borneo. It is distinguished from other species of slug by its novel method of mating: It shoots its mate with a so-called love dart made of calcium carbonate and containing hormones. The researchers nicknamed the gastropods “ninja slugs.”

• Other than the fact that they’re all performers, what do Darryl Hannah, Telly Savalas, James Doohan and Jerry Garcia have in common? They are (or were) missing one finger.

Thought for the Day: “We must believe in luck. For how else can we explain the success of those we don’t like?”

– Jean Cocteau

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Comix

OUT ON A LIMB

By Gary Kopervas



AMBER WAVES

By Dave T. Phipps



THE SPATS

By Jeff Pickering



R.F.D.

By Mike Marland



The great vitamin debate

DEAR DR. ROACH: Do you prescribe vitamins or treatments to enhance the immune system? – C.N.

I do not. In my opinion, a healthy diet makes a deficiency of a vitamin or mineral severe enough to weaken the immune system unlikely. Stress reduction (through many techniques) and good sleep are more important than supplements.

People think that a daily vitamin and mineral supplement is like an insurance policy against a good diet. However, many studies have shown that taking vitamins does not, in general, lead to improvements in prevention of disease, including heart disease, cancer or infections. So I would be much more likely to recommend a better diet (especially in the fresh fruits and vegetables) than I would a supplement.

Many adults have not gotten all the vaccines that are recommended, and these are a huge benefit to your immune system for those specific bacteria and viruses.



DEAR DR. ROACH: I am an 81-year-old male in generally good health. I am maybe 10 pounds overweight. I have had no heart attacks or cardiac symptoms. I walk on the treadmill for exercise. I have controlled hypertension, and have been taking simvastatin, 10 mg. My LDL is 71, very favorable. My HDL is also good, at 73. Several years back, when I started the statin, my doctor added Zetia, 10 mg. At the time, I wondered why this would be OK, and he said, "Well, there is a certain synergy there." While I have continued taking the Zetia and suppose it might be helpful, I wonder if I need it. I say this because it is rather expensive (about \$500 a year with my part D coverage). It is the only thing I take that costs me this much. My reading of the literature suggests that while Zetia might help the LDL level, there is no evidence that it improves longevity (i.e. cardiovascular). – J.P.

This is a confusing subject, because the theory (that lowering cholesterol protects your heart) and the evidence (that it actually works) don't exactly align. High cholesterol certainly is associated with a higher likelihood of heart blockages, which can lead to heart attack and death. However, not all treatments that lower cholesterol reduce risk of heart attack.

On the one hand, there are treatments that lower cholesterol that do help your heart. The Mediterranean diet clearly reduces

See HEALTH, Page 8

Super Crossword

- SUPER-MARKET OPENINGS ACROSS**

1 Really hurt

5 Sauce brand

9 A Nixon daughter

15 Hacking it

19 Alan of film

20 "... hear _ drop"

21 Showing on television

22 Move heavily

23 Krispy Kreme treats

25 Campbell's product

27 "... vincit amor"

28 Left dreamland

30 Ireland's _ Lingus

31 China's Mao _-tung

32 Aficionado

33 Sorrow

36 Longtime "Family Circus" cartoonist

Keane

38 Entertainer

Merman

40 Kellogg's cereal

42 "Pep O Mint" brand

44 Whoop

45 Tall buildings

47 Bowl stats

48 Times to remember

51 HP or Acer products

53 With 72-Down, purring pet that doesn't go outside

55 River of Aragon
- 59 Stadium snacks

63 Attach, as a sequin

65 Bull battler

66 Objectivist Ayn

67 Back of a 45

69 Course: Abbr.

70 "Ran" director

Kurosawa

71 It's baked in a tube pan

73 Marine milieu

75 Advent mo.

76 Hoity-_

78 Mata _ (Garbo role)

79 Run, as an art exhibit

80 New Jersey borough east of Paramus

82 They're often pimiento-stuffed

84 End of a 1/1 song

85 Strip, in a way, as shrimp

88 Some drops on crops

89 Untidy state

90 Extra charge

92 Generational disparity

95 Church part

97 Deep-fried side

101 Trattoria entree

106 "You got it!"

107 Orthodox beginning?

108 19-season Yankee

Rivera

109 Succor
- 110 TGIF's "I"

111 Fond du _

Wisconsin

113 Big name in drug indexes

114 Chose (to)

116 Ingredient in a Cuban sandwich

120 Supermarket chain only selling items like the 10 featured in this puzzle?

123 Leaning Tower locale

124 Banish

125 Liveliness

126 Ballet wear

127 Director Preminger

128 Potato chips, in London

129 Cuts, as logs

130 "Hold it!"
- DOWN**

1 Fraud figure

Bernard

2 Slugger Roberto

3 "Search me"

4 Wise trio

5 Oversaw

6 Kwik-E-Mart operator

7 1980s brand of jeans

8 Like dirty floors

9 To-do list

10 Fully mature

11 Writer Levin

12 Camel, e.g., for short

13 Gulp down quickly
- 14 "Permit Me Voyage" author

15 Relevant

16 Joyous

17 Less binding

18 Ford flops

24 Hurry

26 Walk along

29 _ buco (Italian dish)

34 NFL luminary

35 "La _ Vita"

36 Emu or owl

37 In the event that it's true

39 RCA product

41 Pearl producer

42 SLR's "L"

43 Treasured violin, in brief

46 #1 hit for the Troggs

48 Spanish political units

49 Breeding colony of penguins

50 Eritrean, e.g.

52 Proud walk

54 Sheriff Taylor's son

56 Rob (of)

57 Spins

58 Fusing result

60 Ramble on

61 Madcap

62 Get finished

64 Capital of South Korea

67 NFL's Starr

68 Did slaloms, say

71 Digestion aid

72 See 53-Across

74 Yalta's peninsula
- 77 Less young

79 It may hold Holsteins

81 Clear up, as a mirror

82 Slapstick fight missiles

83 "Strawberry Wine" singer Carter

86 Windmill part

87 Kellogg's cereal

91 Hydroxyl compounds

93 On _ with

94 Settles (on)

96 Parody

97 San Luis _

98 Dodo

99 Demand

100 Six-_ (sub shop sandwich)

102 Inventor Tesla

103 Didn't play in the game

104 Linked with

105 Tallies

108 Bumps into

112 "T.N.T." rock band

113 No. on a new car's sticker

115 Paunches

117 _ Tome and Principe

118 Commercial start for Pen

119 Series of Canon cameras

121 Trial concern

122 Jr. officer

Health

From Page 7

risk of heart attack. Dr. Dean Ornish’s plant-based diet of very little fat and little or no meat, in combination with stress reduction and smoking cessation, actually reverses blockages in arteries in some people. Statin drugs reduce cholesterol and help prevent heart attacks, at least in people at high risk for them.

On the other hand, ezetimibe (Zetia) reduces cholesterol, but like most nonstatin drugs to treat high cholesterol, it has not been proven to reduce heart disease risk. It tends to have few side effects and probably is not harmful. But you are correct

that it is expensive, and like all medications, it can possibly cause harm. Being conservative about medication, I very rarely prescribe it. Studies are ongoing, and I will readdress this topic when there is more evidence.

Dr. Roach regrets that he is unable to answer individual letters, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu. To view and order health pamphlets, visit www.rbmamall.com, or write to Good Health, 628 Virginia Drive, Orlando, FL 32803. (c) 2018 North America Synd., Inc. All Rights Reserved.

Archives: www.wtxcc.com

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: **Q** equals **F**

CWLNR W PBG UPR QIZ KPWIR W

KBC EL JA IBCU QIWYPU, AEZ

JWYPU CBA UPBU W EQURL

NEZYPRG BIEQU.

Answer Page 6
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Weekly SUDOKU

by Linda Thistle

		9		6		2		
	2				3		7	
5			9					8
3				1		9		
		7			2			6
	9		7				4	
6					4		9	
		4	8			6		
	1			7				5

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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VA links with National Cancer Institute



by Freddy Groves

A recent move by the Department of Veterans Affairs will allow seriously ill veterans to access a wider range of cancer treatments. The VA has just hooked up with the National Cancer Institute.

The program is called NAVIGATE, standing for NCI and VA Interagency Group to Accelerate Trials Enrollment. Those trials will be held at 12 VA sites across the country, with the facility in Boston serving as the coordinating center.

Veterans can benefit by taking advantage of clinical trials run by the cancer institute. These trials often use experimental treatments, such as immunotherapies and precision medicine, which are individualized to the patient. Treatments often are cutting-edge and not offered elsewhere.

While the VA already has other types of research running at over 100 sites, it’s been difficult for it to start and complete trials, such as the ones

run by NCI. With NAVIGATE at the helm, veterans with cancer will have much easier access as they work toward a cure.

One of the programs run by the VA’s Office of Research and Development is the Million Veteran Program (MVP), which seeks to collect a blood sample and health info from a million veterans. The goal is to study how genes affect health, especially with cancer, diabetes and PTSD, and to learn why some treatments work for certain veterans but not others. If you’d like to consider joining the program, read about it online at www.research.va.gov/MVP.

The VA Technology Transfer Program seeks to speed up access of VA technology and patents, by both veterans and the civilian population. Currently the VA has hundreds of patents ranging from a collapsible wheelchair and an ankle-foot prosthesis to a method to screen skin for tissue damage.

If you want to consider signing up for one of the cancer trials, talk to your VA physician.

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★
★ Moderate ★★ Difficult
★★★ GO FIGURE!

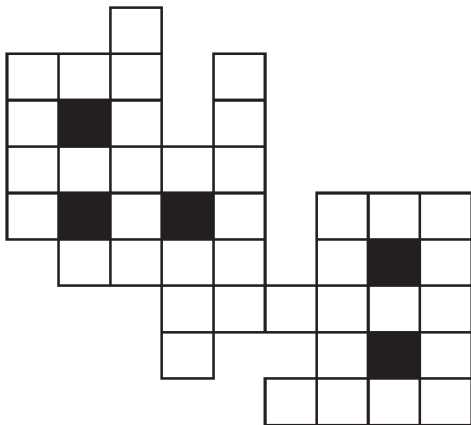
	+		×		21
×		×		×	
	×		-		25
-		+		+	
	-		×		32
15		13		29	

1 3 4 5 6 7 8 8 9

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Answer Page 6



IFB
LOAGAN
ELYBA
REMB
♥MOSNEL
♥GRA
EFFI
♥RONGE
♥BNE
DRABEA
♥RIFLA
♥ROYG



Answer Page 6

Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string’s word either across or down to knot all twelve strings together.

NEW! 30 Fear Knot puzzles \$3.50 • Six Volumes • Order at rbmamall.com



- Take the time to presort laundry in order to cut down on laundry time. Designate a day of the week to wash bulky items like towels or comforters, so that the increased drying time of these loads does not delay your normal washing.
- “Cleaning ceiling fans can be a pain, as dust bunnies that pile up on the blades can end up raining down on furniture below, creating a mess. Use a pillowcase to clean blades on your ceiling fan. Slip over the blades and pull dust to the outside. All the dirt will be contained in the case, which you can toss right in the wash after you pick off the bigger dust balls.”
– E.K. in North Carolina

- When’s the last time you cleaned your freezer’s automatic ice bucket? Before a trip to the beach, lake or park is the perfect time. Go ahead and empty all the ice from the bucket into your cooler, then wash with a mild soap and rinse thoroughly. Allow to air dry before reinserting the bucket in the freezer and restoring ice service.
- Use a mail sorter at the kitchen sink to store sponges upright and separated. They usually have enough slots to fit several sponges, each with air surrounding it so that it will dry quickly and evenly. Dry sponges collect less bacteria, which can end up making your sponge smell bad! If the mail sorter is metal, give it a coat of clear spray sealant to prevent rusting.

- Back to school hack: Invite several friends from previous years to meet up at a local park in the days before school starts. If new kids have moved into your neighborhood, be sure to invite their family too. Knowing someone can take the stress off of first-day jitters!

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