



NEWSBRIEFS

Clint service

The annual Clint community non-denominational Easter Sunrise service will be held at Clint Junior High School (the former Clint High School), on Easter Sunday, April 21, 2019, at 6:15 a.m. Following the service, a continental breakfast will be provided at the Clint Community Center. All area residents are invited to attend both functions. Call 851-3939 or 851-3145 for more information.

– Betty Nelson

Millennial states

With millennials today making up the largest generation in the U.S. workforce yet earning 20 percent less than Baby Boomers did at the same age, the personal-finance website WalletHub has released its report on 2019's Best & Worst States for Millennials as well as accompanying videos. In order to determine the most livable places for this generation, WalletHub compared the 50 states and the District of Columbia across 36 key metrics. The data set ranges from share of millennials to average monthly earnings for millennials to millennial unemployment rate. Texas placed 22nd in this study, ranking:

- 32nd – Percent of Millennials Living with Parents;
- 12th – Housing Cost for Millennials;
- 7th – Percent of Millennials;
- 11th – Average Monthly Earnings for Millennials;
- 19th – Millennial Unemployment Rate;
- 51st – Percent of Insured Millennials; and
- 2nd – Percent of Millennials with Depression.

Visit: <https://wallethub.com/edu/best-states-for-millennials/33371/> for the full report.

– Diane Polk

Financial literacy

With April being National Financial Literacy Month, the free credit score website WalletHub has released its report on 2019's Most & Least Financially Literate States as well as accompanying videos, which analyzes financial-education programs and consumer habits in each of the 50 states and the District of Columbia. The study uses a data set of 17 key metrics, including the results of

See BRIEFS, Page 7

Balancing the budget is when money in the bank and the days of the month come out together.

– Quips & Quotes

Key to share images, history of Saharan rock art

By Alfredo Vasquez
Special to the Courier

EL PASO COUNTY – *The Rock Art of the Sahara; A View Now and A View as Discovered* is the title of the presentation that will be delivered by anthropologist William Key at El Paso Archaeological Society's (EPAS) next monthly meeting.

EPAS's April speaker will present his topic, at 2 p.m., Saturday, April 20, at the El Paso Museum of Archaeology, 4301 Transmountain Road. His presentation will include rock art engravings that are believed to be between 2,000 and 5,000 years old and is based on the archaeological context and artefacts found in the region.

Key stated that his talk will feature the extraordinary images that have been left behind of animals and people from a time when the Sahara Desert was greener and more like a savannah, as evidenced by the engravings of hippos and crocodiles in a wetter environment.

The guest speaker stated that he will also be sharing his research discoveries about the world's largest art museum in the Sahara Desert. He stated that he will present images found within the desert mountain caves and their history. Key explained that in order to view some of these images, local government approval and a military escort are required.

Most of the Saharan Desert art works were done before climate change drove the artisans to the banks of the Nile, according to Key. To view some of this art takes a concerted effort, he related. "This tour takes days to complete, requires extensive planning, considerable funds, and plenty of hardships. A group of hardy explorers were the first to uncover the remarkable etchings, carvings, and paintings that are scattered on rocks and caves deep



– Photo courtesy of Bradshaw Foundation

ROCK ART – The Sahara Desert has seen human activity for thousands of years, one legacy of which is the carved petroglyphs, like the one shown above, symbolizing life and culture, trade and territory – an ecological transition zone that has ancient demarcations in the form of rock art.

within the desert," he added.

Some researchers surmise that the rock art is the work of the Tuareg ancestors, a nomadic people who still live across

the Sahara Desert including in the North African countries of Mali, Niger,

See HISTORY, Page 4

Online registration for returning Socorro ISD students is open

By Christy Flores-Jones
Special to the Courier

EL PASO COUNTY – The Socorro Independent School District (SISD) began its online registration process for the 2019-2020 school year on April 15.

Current SISD students returning for the 2019-2020 school year can register online throughout the summer using the online registration process Student 360. This registration process will allow parents to verify student data, update contact information, complete yearly required registration forms, acknowledge/review critical district information and policies.

Parents must have a valid email address

and Parent Portal account to complete the online registration process. To register, parents should visit the district website, www.sisd.net, select the Parent Tab, click Online Registration, and log in using their Parent Portal credentials. Online registration must be completed on the district website. It is not available on the district's mobile app. For help with online registration, or to access your Parent Portal credentials, contact your child's school.

New students to the district must register in person at their home campus. Registration for Pre-K students is also available at designated Pre-K hubs and elementary campuses that serve Pre-K. New kindergarten registration also is available at the designated home campuses. Click on the SISD street search to see which school your child should attend based on your home address.

Scholarships for graduating San Elizario HS seniors

By Hector Gonzalez
Special to the Courier

SAN ELIZARIO – The Council on Regional Economic Expansion and Educational Development (CREEED) has announced that the Sylvia Hopp San Elizario College Scholarship Fund is accepting applications from San Elizario High School (SEHS) seniors who plan to attend college. The fund will award a graduating senior with a \$2,500 scholarship to help cover tuition or other costs associated with attending

See SCHOLARSHIPS, Page 6

View from here

By Dan Weber

Trust in the media is at an all-time low

The nearly two-year-long Mueller investigation sent left leaning reporters and news organizations on a futile fishing expedition. In the end it provided further evidence of biased reporting when the results of the probe did not prove collusion on the part of President Trump. Meanwhile, a new survey conducted for the *Columbia Journalism Review* (CJR) showed that the level of trust in mainstream news sources is at an all-time low and that the end may be near for print journalism.

“It’s no wonder the public’s trust in the media has eroded,” says Brent Bozell, President of the Media Research Center near Washington, DC. “For nearly two years, liberal talking heads and reporters pushed the narrative that President Trump was guilty of ‘collusion.’ When Trump was exonerated, the media collectively reversed course. It’s unfortunate that dishonest, one-sided journalism has become the norm. Thankfully, the American public see right through it,” Bozell added.

CJR partnered with Reuters/Ipsos for the poll of 4,214 adults, which found that the media is at the bottom of the list of institutions in which the public has trust. Interestingly, the researchers noted that Democrats apparently are the only demographic group that “expressed positive confidence in the press.”

Meanwhile, a veteran, mainstream journalist, former CBS News correspondent Lara Logan, has accused her colleagues in the media of an outright leftist bias in their reporting.

Logan confirmed what we already knew: “all the [media] coverage all the time on Trump is negative.” Perhaps that is why Democrats have a favorable view of journalists, while most Americans say they don’t trust them.

Logan expressed the notion that the media, at large, has an anti-Trump bias

during an interview with Mike Ritland on his Mike Drop Podcast recently. She pointed out that “85 percent of journalists are registered Democrats.”

This is no surprising revelation. We’ve always known that the media leans left. Even the *Washington Post* admits that “the characterization of mainstream media newsrooms as left-leaning hives indeed has documentary backing.” What’s new is that the media has abandoned its pretense of being impartial and open-minded. As Logan put it, reporters have “become political activists in a sense and, some could argue, propagandists.” That’s the scary part.

Just how prevalent is media bias? According to *Investor’s Business Daily* (IBF), “pretty much all of journalism now leans left.” Citing a Rasmussen poll conducted last fall, the newspaper reports that 45% of the likely voters” in the midterm elections believed “that when most reporters write about a congressional race, they are trying to help the Democratic candidate.”

Investor’s Business Daily also cited a study conducted by Arizona State University and Texas A&M University that showed even the majority of financial journalists now identify themselves as “somewhat liberal” or “very liberal.” Four-hundred-sixty-two financial reporters were surveyed and more than 58% of them turned out to be overwhelmingly liberal. Not long ago financial journalists had a reputation as “the most right-leaning and free-market-oriented among mainstream journalists.”

The study found that “liberal journalists are more likely to say it’s important that financial journalism promotes social or economic justice, which suggests that political persuasion impacts business reporting. It also discovered that

See MEDIA, Page 7

Food for thought

By Marilyn M. Singleton, MD, JD

Hoaxes, scams, and your medical care

Hoaxes and scams have been dominating the news lately. We have a marginally known actor faking a hate crime supposedly to raise his Hollywood profile. His attempt to claw his way to the middle could have resulted in race riots, injury, and death. His punishment? All charges dropped.

The scandal about Hollywood and other elites buying their children’s way into top-rated universities really hit home. I remember when I had tutored some recent Vietnamese immigrants for a debate contest to win a scholarship for college. I could only hope that their hard work was rewarded and not wiped away by special favors bestowed on the “haves.”

Now we continue to have a slew of healthcare hoaxes: corporate stakeholders, legislators, and government agencies promise everything and have no accountability for their failure to keep their promises.

Take the large health systems’ claim that hospital consolidation and buying up physician practices would benefit consumers with cheaper prices from coordinated services and other unspecified savings. A major study of California hospital mergers found just the opposite. The analysis showed that the price of an average hospital admission went up as much as 54 percent. When the large hospital systems bought doctors’ groups, the prices rose even more. There was as much as a 70 percent increase in prices of medical services in geographic areas with minimal competition. This finding seems obvious to any of us who has the choice of shopping at Walmart or Target or Costco.

Logic aside, some legislators believe that having the government take over medical care would solve our access and cost problems. Single payer means no competition whatsoever. The single

payer plans (H.R. 1384 and S. 1804) that abolish private insurance leave patients with an empty choice. Patients can contract with a physician to pay cash for government medical services covered by the government. But if the physician contracts for such services he cannot be part of the government program for any patient for 2 years. Realistically, these single payer bills make it financially unfeasible for physicians to privately contract with patients. Thus, only well-heeled patients, along with independently wealthy doctors, can buy their way out of the system.

There are variations on the theme of government involvement that allow buy-ins to Medicare, Medicaid, or iterations of the Affordable Care Act marketplaces. All of these all have the same defect: expanding the government healthcare monopoly.

The opioid crisis is an example of the unintended consequences of intervention by oversight agencies not directly involved in patient care. The Joint Commission on Accreditation of Healthcare Organizations (JCAHO), now the Joint Commission, a nonprofit organization that accredits more than 20,000 healthcare organizations and programs in the U.S, is for all practical purposes a government surrogate. In 2001, JCAHO declared that pain was the “5th vital sign” that had to be addressed or face consequences. The Federation of American Medical Boards told physicians that “in the course of treatment,” large doses of opioids were just fine. Moreover, Medicare has a hospital payment formula that relies on patient satisfaction surveys. If the patients are satisfied, including being so zoned out on opiates that they can’t taste the bad food, the hospital is paid more. The hospital is penalized for

See HOAXES, Page 7

1973
46
YEARS
2019

WEST TEXAS COUNTY
COURIER

SERVING ANTHONY, VINTON, CANUTILLO, EAST MONTANA, HORIZON, SOCORRO, CLINE, FAHNS, SAN ELIZABIO AND TORNILLO

PUBLISHED:
Published each Thursday (minimum 50 issues) by Homesteader News, Inc. Office open Monday through Thursday.

COPYRIGHT:
Entire contents © 2019 Homesteader News, Inc. Individual authors retain all rights. Pictures, drawings and written material appearing in the West Texas County Courier may not be used or reproduced without written permission of Homesteader News, Inc.

LETTERS TO THE EDITOR:
Letter must not be more than 250 words in length. They should be dated, must be signed and have an address and daytime phone number. Only the name and city will be printed with the letter. The West Texas County Courier reserves the right to edit or reject letters to the editor or other submitted material it considers inappropriate.


AD DEADLINE:
Friday 4 p.m. for the next Thursday.

CLASSIFIED RATES
\$15 for 25 words, \$20 for 40 words. Ad must be in writing and pre-paid. The West Texas County Courier reserves the right not to publish advertising it considers inappropriate.

DISPLAY RATES:
Open rate — \$30 per column inch. Call for more information or to set an appointment. The West Texas County Courier reserves the right not to publish advertising it considers inappropriate.

MAIL SUBSCRIPTIONS:
Minimum 50 issues for \$45. Delivery via 1st class mail.


MAIL:
15344 Werling Ct.
Horizon City, TX 79928



Phone: 852-3235


E-mail: wtxcc@wtxcc.com

Website: wtxcc.com



Publisher
Rick Shrum

Contributors
Alfredo Vasquez
Steve Escajeda



Member Texas Community
Newspaper Association

Homesteader
Est. 1973
News, Inc.

The McCarthyite crusade against Chick-fil-A

The fast-food chain Chick-fil-A is wanted on suspicion of aiding and abetting Christian organizations.

The home of the “original chicken sandwich” was banned from its second airport in two weeks for the offense of contributing to Christian groups deemed anti-gay by its critics.

The San Antonio [TX] City Council voted to exclude the restaurant from its airport, and Buffalo, NY, soon followed suit, thus denying travelers the option of juicy chicken sandwiches and waffle fries in the cause of social justice.

This is about punishing the Georgia-based company for the faith of its leadership. The official bans are anti-Christian, unconstitutional and a harbinger of a larger effort to hunt down and punish any organization that has uncongenial views on sexual morality.

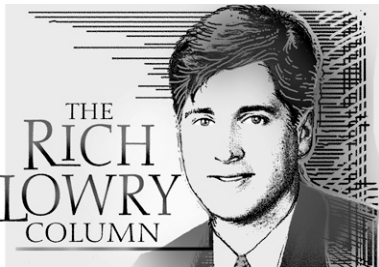
In San Antonio, the leader of the anti-Chick-fil-A effort, City Councilman Roberto Trevino, explained that, “Everyone has a place here, and everyone should feel welcome when they walk through our airport.” The irony of discriminating against Chick-fil-A in order to demonstrate the city’s famous open-ness was, of course, lost on him.

The hostility to Chick-fil-A stems from a controversy back in 2012 when its CEO, Dan Cathy, made statements opposing gay marriage, and the foundation established by the company’s founder contributed to politically engaged social-conservative groups. There was nothing wrong with this, but since most profit-seeking enterprises don’t like controversy, Cathy said the company would back off the gay-marriage debate and focus on the chicken.

It has, but its critics still detect a lingering stench of Christianity.

The left-wing outfit ThinkProgress issued a report cited widely in the press and among Chick-fil-A opponents accusing the company’s foundation of “anti-equality” giving. By which it means it donated to the Salvation Army and the Fellowship of Christian Athletes (and a small Christian home for troubled young men in Vidalia, Georgia).

Needless to say, a lot of other people are guilty of the same offense, given that the Salvation Army raises about \$2 billion a year. To consider all that the Salvation Army does – its thrift shops, aid for the homeless, disaster relief, anti-trafficking



programs, Christmas gifts to needy children and much, much more – and reduce the organization to an allegedly anti-LGBT group is perverse.

For its part, the Fellowship of Christian Athletes stands accused of seeking “to spread an anti-LGBTQ message to college athletes.” It’s true that

FCA asks its leaders to forswear homosexual acts, but it also wants them to pledge not to engage in heterosexual acts outside of marriage and, for that matter, refuse to use drugs, alcohol or tobacco.

According to Chick-fil-A, its donation to FCA supported sports camps and school programs for inner-city kids – not exactly controversial causes. And its gift to the Salvation Army went to youth camps and Christmas presents for thousands of Atlanta kids.


The latest campaign against Chick-fil-A is based on the

idea that it is impermissible for it to associate with any group with a traditional Christian understanding of sex and marriage, for any purpose whatsoever, no matter how unobjectionable or noble.

It is the enemies of Chick-fil-A who are intolerant and out-of-the-mainstream. They desperately need to abandon their tawdry McCarthyite crusade and “Eat Mor Chikin.”

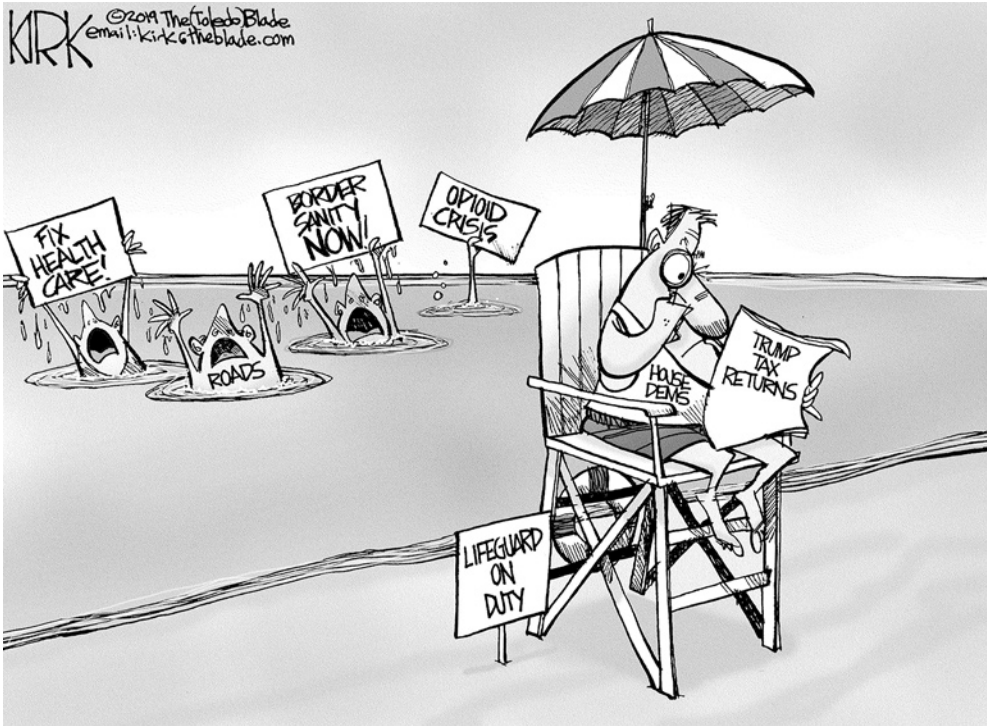
Rich Lowry is editor of the National Review. (c) 2019 by King Features Synd., Inc.

If you're not covered, you'll be discovered.



An estimated 1 in every 5 vehicles on our Texas roads has no automobile insurance, but that's about to change. • TexasSure Vehicle Insurance Verification matches vehicle registration information to insurance policy data to immediately tell law enforcement officers and tax assessor-collectors who's driving without insurance. • So, if you're not covered, better get insured! • To learn more, visit: www.TexasSure.com

TexasSure catches drivers without insurance.



Fabens HS students shine at Lubbock UIL meet

By Denise Peña
Special to the Courier

FABENS – After winning the title of UIL District 4A Academic District Champions for the thirteenth year in a row, Fabens High School advanced 26 students to the regional competition held in Lubbock on April 12-13. For the District Champions title, Fabens brought home nine 1st place team plaques, three 2nd place team plaques and a total 29 medals: 14 Gold, 8 Silver and 7 Bronze.

Sophomore Emiley Serna (bottom row, far right in photo above) advanced to regionals in Feature Writing and Poetry Interpretation. She also competed in the starring role of the One Act Play production of The Insanity of Mary Girard and was awarded Best Actress at District competition and All Star Cast at Bi-District. She participates in UIL events for an opportunity to express herself. “I like to be given the chance to show that I love what I do,” she said. “Whether it’s through my writing, reading or acting, others get to see my passion.”

Emiley enjoys the improvement she sees in herself every time she competes. “I’m really more in competition with myself,” she said. “I like to push myself harder to do better every time.”

Principal Ruben Carrillo attributes the many years of



– Photo courtesy Fabens ISD

LOTS OF HARDWARE – Fabens UIL competitors brought home 12 plaques and 29 medals from the University Interscholastic League meet held last week in Lubbock, TX.

academic achievement to the dedication of both students and teachers. “It demonstrates a successful combination of rigorous instruction and the caliber of students we have here at Fabens High School,” Carrillo said.

UIL stands for University

Interscholastic League. The League was created by The University of Texas at Austin to provide leadership and guidance to public school debate and athletic teachers. Since 1910 the UIL has grown into the largest inter-school organization of its kind in

the world. The UIL continues to operate as part of the University of Texas, under the auspices of the Vice President for Diversity & Community Engagement. The UIL exists to provide educational extracurricular academic, athletic, and music contests.

Classified Ads

LEGALS

Village of Vinton, Texas

PUBLIC NOTICE

A public hearing will be held at 6:30 p.m. on Tuesday, April 30, 2019, during the Planning & Zoning Commission Meeting at the Vinton Village Hall, 436 E. Vinton Rd., Vinton, Texas.

A second public hearing will be

held at 6:30 p.m. on Tuesday, May 7, 2019, during the City Council Meeting at the Vinton Village Hall, 436 E. Vinton Rd. Vinton, Texas.

The purpose of the public hearing is to allow any interested persons to appear and testify regarding the following proposed item(s):

1) Consider and take action on request for Special Permit to allow

the installation of a surveillance pulse fence. The location is Portion of Tract 6-L Maria Rodriguez Survey No. 35 (also known as 200 Valley Chile).

Citizens unable to attend this meeting may submit their views and proposals to Andrea Nichole Carrillo, Village Administrator at the City Hall. Persons with disabilities that wish to attend

this meeting should contact City Hall at (915) 886-5104 to arrange for assistance. Individuals who require auxiliary aids or services for this meeting should contact City Hall at least two days before the meeting so that appropriate arrangements can be made.

Andrea N. Carrillo
Village Administrator

WTCC: 04-18-19

To Advertise Call 852-3235

9	5	8	3	4	7	6	1	2
1	7	6	5	9	2	4	3	8
3	2	4	6	8	1	7	9	5
2	3	1	9	6	5	8	4	7
4	8	9	2	7	3	5	6	1
7	6	5	8	1	4	9	2	3
5	4	3	7	2	6	1	8	9
8	1	2	4	5	9	3	7	6
6	9	7	1	3	8	2	5	4

	R					C
	I	M	P	A	I	R
T	Y	P	O			A
		I				M
S		S	E	R	A	P
A	N	T		I		
U				O	P	E
C	A	P	I	T	A	
Y						Y

B	L	A	S	T	C	R	O	A	K	A	D	O	S	R	O	K	S
I	O	N	I	A	L	O	R	D	E	F	O	N	T	E	P	E	E
B	L	A	C	K	C	O	M	E	D	Y	R	I	C	E	P	A	P
B	A	S	K	E	T	S	M	I	N	I	A	T	U	R	E	G	O
			A	S	I	S	N	E	H	I		E	N	T	E	R	
O	L	M	O	S	N	O	R	S	O	D	A		A	N	T	E	S
C	E	I	L	I	N	G	F	A	N	P	O	P	C	U	L	T	U
C	A	N	A	P	E	T	H	O	M	F	E	E	S		S	N	O
A	P	U		E	S	T	O	R	A		D	R	E	W	E	S	S
M	O	T	H	E	R	C	O	N	T	R	Y	E	R	I	N		
S	N	E	E	R		H	E	R	D		D	E	J	A		D	R
		E	A	R	L		N	A	T	U	R	A	L	H	E	A	L
T	N	T		S	A	U	L		V	O	O		I	S	O		D
A	C	E	S		G	M	A	N		T	U	B	A		L	A	P
L	A	S	T		S	U	P	P	E	R		S	I	L	L		B
E	A	T			S	W	A	P		T	A	I		S	P	I	E
					I	R	A	N		Y	A	R	N		I	N	G
R	E	F	E	R	E	N	C	E	B	O	O	K		C	I	N	E
A	B	Y	S	S	I	N	I	A		N	I	N	E	O	F	C	L
N	O	T	A		L	I	A	R		G	R	I	L	L		E	S
K	N	O	T		L	E	O	S		S	E	T	O	N		S	E

the EPAS website <http://epas.com/membership.htm>.

EPAS members take part in archaeological tours and volunteer field work organized by the non-profit Jornada Research Institute of Tularosa, New Mexico (JRI) – a project designed to study the archaeological, ethnohistoric, historic and natural resources of the northern Chihuahuan Desert of Arizona, New Mexico, West Texas and adjacent regions.

For more information about EPAS, contact the group’s media consultant, Fernando Arias, at 915-449-9075, or send email to nando79935@gmail.com.

CryptoQuip
Answer

When two jailbirds band together while working on a task, could you say they are con-joined?

Strange
BUT TRUE

By Samantha Weaver

- It was one of the most influential directors in the history of cinema, Alfred Hitchcock – also known as the “Master of Suspense” – who made the following sage observation: “The length of a film should be directly related to the endurance of the human bladder.”
- In Murfreesboro, TN, it is illegal to keep indoor furniture outdoors.
- The town of Llanfair in Wales is also known by its Welsh name, Llanfairpwllgwyngyllgogerychwyrndrobwllllantsiliogogogoch. Roughly translated, this means, “Saint Mary’s Church in a hollow of white hazel, close to a whirlpool and Saint Tysilo’s Church and near a red cave.” The sign at the railway station that has the town’s name is 20 feet long.
- Those who study such things say that cockroaches can run as fast as 3 mph.
- You probably don’t realize it – and you certainly don’t notice it – but experts claim that the Atlantic Ocean is getting about 1 centimeter bigger every year, and the Pacific Ocean is shrinking by the same amount. It’s due to continental drift, they say.
- Linguists say that American English has roughly 20 swear words (depending, of course, on how one defines swearing). In contrast, residents of ancient Rome had a lexicon of about 800 so-called “dirty” words to draw upon.
- If you counted up all the McDonald’s, Dunkin’ Donuts, Pizza Hut, Burger King, Domino’s Pizza, Kentucky Fried Chicken, Wendy’s and Taco Bell locations in the United States and added them together, you still wouldn’t reach the number of pharmacy locations across the country.

Thought for the Day: “I am free of all prejudices. I hate everyone equally.”
– W. C. Fields

(c) 2019 King Features Synd., Inc.

7	+	6	×	1	13
+		÷		+	
8	×	2	–	5	11
÷		+		+	
3	×	8	–	4	20
5		11		10	



Moments in time

THE HISTORY CHANNEL

• On April 15, 1865, President Abraham Lincoln dies from an assassin's bullet. Shot by John Wilkes Booth at Ford's Theater in Washington the night before, Lincoln lived for nine hours before succumbing to the severe head wound he sustained.

• On April 16, 1943, researcher Albert Hofmann, a Swiss chemist, hallucinates after accidentally consuming LSD-25, a synthetic drug he had created. LSD was made illegal in the U.S. in 1965.

• On April 17, 1970, Apollo 13, the U.S. lunar spacecraft that suffered a severe malfunction on its journey to the moon, safely returns to Earth. Disaster struck 200,000 miles from Earth when an oxygen tank blew up in the spacecraft, disrupting the supply of electricity, light, oxygen and water. Astronaut John Swigert reported to mission control on Earth, "Houston, we've had a problem here."

• On April 18, 1983, American runner Joan Benoit wins her second Boston Marathon in the women's division with a time of 2:22:43. The following year, she won the first-ever women's marathon at the Summer Games in Los Angeles, becoming the first person to win Boston as well as Olympic gold.

• On April 19, 1876, a Wichita, Kansas, commission votes not to rehire policeman Wyatt Earp after he beats up a candidate for county sheriff. Earp often worked in law enforcement, but his own allegiance to the rule of law was conditional at best. Wyatt was one of the Earp brothers, who gained fame in the shootout at the O.K. Corral in 1881.

• On April 20, 1926, inventor Lee de Forest demonstrates Phonofilm (music recorded on motion picture film) to movie studios, but they were not interested in "talking pictures," believing sound was a novelty.

• On April 21, 1967, General Motors celebrates the manufacture of its 100 millionth American-made car. At the time, GM was the world's largest automaker.

(c) 2019 Hearst Communications, Inc. All Rights Reserved.

Send Your Newsbrief To: wtxcc@wtxcc.com

Notice of Election – Anthony Independent School District

Aviso de Elección – Distrito Escolar Independiente de Anthony

To the Registered Voters of Anthony, Texas:

A los votantes registrados de Anthony, Texas:

Notice is hereby given of an election to be held **May 4, 2019**, for voting in a General Election, to elect **three (3) Anthony (Texas) Independent School District Board Members**. The places are four (4) year terms ending in May 2023. The polling places listed below **will be open from 7:00 a.m. to 7:00 p.m.** on Saturday, May 4, 2019.

Por la presente se da aviso de una elección que se realizará el 4 de mayo de 2019 para votar en una Elección General, para elegir a tres (3) Miembros de la mesa Directiva del Distrito Escolar Independiente de Anthony (Texas). Los lugares son períodos de cuatro (4) años que terminan en mayo de 2023. Los lugares de votación que figuran a continuación estarán abiertos de 7:00 a.m. a 7:00 p.m. el sábado 4 de mayo de 2019.

On Election Day, voters must vote in their precinct where registered to vote.

El Día de Elección, los votantes deberán votar en su precinto donde están inscritos para votar.

LOCATION OF POLLING PLACES FOR ELECTION DAY VOTING:

DIRECCION DE LA CASILLA ELECTORAL PARA EL DIA DE ELECCIONES:

**Anthony Town Hall
401 Wildcat Drive
Anthony, Texas**

EARLY VOTING by personal appearance will begin on **Monday, April 22, 2019**, and continue through **Tuesday, April 30, 2019**, at the designated hours on each day at all locations established by the County Elections Department, fully shown on **Exhibit A**.

VOTACION POR AUSENCIA en persona comenzará el **lunes 22 de abril, 2019**, y

*continuará hasta el martes 30 de abril, 2019, a las horas designadas en todos los días en todas localidades establecidas por el Departamento de Elecciones del Condado, vea mas detalle en **Exhibición A**.*

Applications for ballot by mail should be mailed to:

**Lisa Wise
El Paso County
Elections Department
500 E. San Antonio, #314
El Paso, Texas 79901**

Or via email at ballotrequests@epcounty.com

O vía correo electrónico en ballotrequests@epcounty.com

Applications by mail must be received no later than the close of business on **Tuesday, April 23, 2019**.

*Las solicitudes para votar por correo deberán recibirse antes del término de horas hábiles el **martes 23 de abril del 2019**.*

Issued this the 23 the day of January, 2019.

Emitida esta día 23 de enero, 2019.

Mary R. Jones
Signature of Presiding Officer
Firma del Oficial que Preside

EXHIBIT A

**May 4, 2019 (Saturday)
Early Voting Locations**

**4 de mayo 2019 (sábado)
Locaciones para Votación Anticipada**

April 22, 2019 - April 30, 2019

***.A El Paso County Court House**
500 E. San Antonio Ave.
Third Floor, Back Lobby
8:00 a.m. - 5:00 p.m.

***.C Bassett Place**
6101 Gateway West
Across from Bath & Body Works
9:00 a.m. - 6:00 p.m.

***.C Bowling Family**

YMCA
5509 Will Ruth Ave.
9:00 a.m. - 6:00 p.m.
(Closed Sunday, April 28, 2019)
(cerado domingo, 28 de abril 2019)

***.B Canutillo ISD Administration Facility**
7965 Artcraft Rd.
8:00 a.m. - 5:00 p.m.

***.C Chayo Apodaca Community Center**
341 N. Moon Rd.
9:00 a.m. - 6:00 p.m.

***.D Dorris Van Doren Library**
551 Redd Rd.
10:00 a.m. - 7:00 p.m.
(Closed Sunday, April 28, 2019)
(cerado domingo, 28 de abril 2019)

***.C EPCC Northwest Campus**
6701 S. Desert Blvd.
9:00 a.m. - 6:00 p.m.
(Closed Sunday, April 28, 2019)
(cerado domingo, 28 de abril 2019)

***.B El Paso County Eastside Annex**
2350 George Dieter Dr.
8:00 a.m. - 5:00 p.m.

***.B El Paso County Northwest Annex**
435 E. Vinton Rd.
8:00 a.m. - 5:00 p.m.

***.B El Paso County Sheriff's Department**
3850 Justice Dr.
8:00 a.m. - 5:00 p.m.

***.B El Paso County Sheriff's Department**
3850 Justice Dr.
8:00 a.m. - 5:00 p.m.

***.D Esperanza Acosta Moreno Library**
12480 Pebble Hills Blvd.
10:00 a.m. - 7:00 p.m.
(Closed Sunday, April 28, 2019)
(cerado domingo, 28 de abril 2019)

***.B Grandview Park Senior Citizen Center**
3134 Jefferson Ave.
8:00 a.m. - 5:00 p.m.

***.C Marty Robbins Recreation Center**
11600 Vista Del Sol Drive
9:00 a.m. - 6:00 p.m.

***.D Mountain View-Rae Gilmore Rec. Center**
8501 Diana Dr.
10:00 a.m. - 7:00 p.m.
(Closed Sunday, April 28, 2019)

(cerado domingo, 28 de abril 2019)

***.C Nations Tobin Sports Center**
8831 Railroad Dr.
9:00 a.m. - 6:00 p.m.

***.C Officer David Ortiz Recreation Center**
563 N. Carolina Dr.
9:00 a.m. - 6:00 p.m.

***.B Oz Glaze Senior Center**
13969 Veny Webb Drive
8:00 a.m. - 5:00 p.m.

***.C Pavo Real Recreation Center**
9301 Alameda Ave.
9:00 a.m. - 6:00 p.m.

***.B San Elizario Fire Rescue**
1415 San Antonio St.
8:00 a.m. - 5:00 p.m.

***.C Sunland Park Mall**
750 Sunland Park Dr.
Lower Level, Near Spencer's
8:00 a.m. - 5:00 p.m.

***.C Wellington Chew Senior Center**
4430 Maxwell Ave.
9:00 a.m. - 6:00 p.m.

***.C YWCA-East**
10712 Sam Snead Dr.
9:00 a.m. - 6:00 p.m.

***.C YWCA-West**
313 Bartlett Dr.
9:00 a.m. - 6:00 p.m.

*** April 22 to 26, 2019 (Mon. - Fri.) Hours Listed**

*** April 27, 2019 (Sat.) 10:00 a.m. - 5:00 p.m.**

*** April 28, 2019 (Sun.) 12 (noon) - 5 p.m.**

*** April 29 and April 30, 2019 (Mon. and Tues.)**
^A 7:00 a.m. - 7:00 p.m.
^B 8:00 a.m. - 5:00 p.m.
^C 9:00 a.m. - 6:00 p.m.
^D 10:00 a.m. - 7:00 p.m.

ELECTION DAY May 4, 2019
COURTHOUSE OPEN 7:00 a.m. - 7:00 p.m. ONLY FOR ADA and 65 YEARS OF AGE and OLDER

(Subject to Change by the El Paso County Elections Dept.)

(Sujeto a cambios por el Departamento de Elecciones del Condado de El Paso)

WTCC: 04-18-19

Everything is as it should be: Tiger is back on top

By Steve Escajeda
Special to the Courier

The year 2008 will always be remembered as the year that the world’s housing market crumbled. It will also always be remembered as the year the United States elected its first black president.

Though it was pretty routine at the time, it was also the year that Tiger Woods won the U.S. Open.

Not that big a deal at the time because Tiger was winning at least one major golf title every single year in those days.

Little did all of us know, because of self-inflicted decisions and near career-ending injuries, it would the last time Tiger Woods would win a major title.

He’s kept at it over the last decade, but the golf world has suffered through a sort of emptiness since it has had to get along without Tiger.

Well, the world of golf received an injection of pure magic last Sunday when Tiger Woods did what most of us, including

himself, thought was impossibility – he won The Masters.

Tiger remained near the top of the leaderboard for all four days of the tournament, but even his most loyal fans had to think that winning was just too good to be true.

And with a whole bunch of golfers within a couple strokes of the lead coming down the stretch, Tiger winning appeared less and less likely.

But just like he used to do in the old days, Tiger was the one who broke free from the pack to win his first major title in 11 years.

If there was any question whether golf fans still love the man, the roar at Augusta when Tiger sank the final putt to win, was deafening. And social media went nuts as soon as Tiger raised his arms in victory.

All of us who grew up watching Tiger make golf “the thing” to watch, thought we would never experience this again. Really, before he finally won a tournament last year, we doubted we’d ever see him win anything anymore.

But then last Sunday happened.

Yes, there are the NBA playoffs going on, and yes, the final season of Game of Thrones premiered, but the day, and the weekend, belonged to Tiger Woods and the world of golf.

Let’s face it, how many of you are watching golf when Tiger isn’t around? Me either.

There’s little doubt that Tiger Woods is the best golfer the world has ever seen. Back in 2008, he won his 14th major championship, putting him four behind the great Jack Nicklaus.

At that time, we all thought he’d smash that record within the next three to five years. But just as suddenly as he came on the scene and dominated the sport – the winning disappeared.

It was difficult for all of us to see. A guy, who made winning look effortless, suddenly had trouble just making the cut at any tournament.

Everyone could see that his swing was off; that he just didn’t look comfortable.

A few years ago, Tiger said because of his back issues, he could barely walk, or sit, or lie down and sleep. He said his focus

went from winning golf tournaments, to just having a regular life that wasn’t consumed by pain.

He said after Sunday’s win that when he finally got healthy, he knew his game would come around because he hadn’t forgotten how to win – his body just wouldn’t cooperate.

So what does Tiger’s win do for the game of golf? The man is all the way back and you can believe that people will be checking on which tournaments he’ll show up for. And like before, he’s going to bring an audience back to the sport.

Watching Tiger walk down the final fairway on Sunday in front of so many cheering fans brought back so many memories of when it was cool to watch golf. It gave all golf fans a feeling they hadn’t enjoyed in over a decade.

Now all the talk will begin again about whether Tiger can win three more majors to catch Nicklaus.

A few years ago everyone would have said no way. But then again, there were many who said we’d never a black president.

People know Pueblo for its...



Famous Hot Salsa?

In Pueblo, the free government information is also hot. Spice up your life by dipping into the Consumer Information Center web site, www.pueblo.gsa.gov. You can download all the information right away. Sorry, salsa not available through our web site or Catalog.



Scholarships

From Page 1

and completing college.

Eligible students must have a minimum GPA of 3.5 and completed dual credit or advanced placement courses. Students can download an application directly from CREEED at www.creed.org/scholarships or a San Elizario teacher or administrator can nominate a student by submitting an application on his or her behalf.

Eligible San Elizario graduating seniors should apply by May 15, 2019. Applicants will be scored on their academic achievements, leadership and community service activities, and their commitment to attend

a four-year institution of higher education. The scholarship is named in honor of Sylvia Hopp, a former superintendent of the San Elizario Independent School District who retired in 2017 after 42 years of service in education. Hopp currently serves on CREEED’s board of directors.

“We are delighted to have the chance to honor Sylvia’s long career as an educator and administrator in El Paso schools while at the same time helping a student realize their dream of going to college,” said Eduardo Rodriguez, CREEED Executive Director. “This is one of many ways that CREEED is working with schools across the region to reduce the barriers to college and increase post-secondary attainment

for all El Paso students.”

The recipient of the Sylvia Hopp San Elizario College Scholarship will be announced at SEHS’ annual Rose Ceremony on May 29th. A full description of scholarship rules, eligibility, and selection criteria can be found at www.creed.org/scholarships.

CREEED is a not-for-profit education policy and advocacy group focused on creating measurable educational outcomes and dedicated to closing the achievement gap for El Paso County students.

To learn more about the Sylvia Hopp San Elizario College Scholarship Fund please contact Cassie Flores at CFlores@rabengroup.com or at (915) 345-4952.



– Photo courtesy San Elizario ISD

NAMESAKE – Former SEISD superintendent Sylvia Hopp.

Super Crossword

PICK A CARD

ACROSS

1 Firing sound

6 Frog sound

11 Kerfuffles

15 Soldiers of Seoul

19 Old Aegean region

20 Singer with the

2013 #1 hit "Royals"

21 Typesetter's option

22 Saber's kin

23 Film that's both

funny and gloomy

25 Thin material used

in painting and baking

27 Bulls scores

28 Putt-putt

30 Yard sale proviso

32 With 40-Across,

classic grape drink

33 Step inside

34 "Mirage" actor

Edward James _

38 Boolean logic

operator

40 See 32-Across

42 Opening bets

45 Overhead air

circulator

48 Films, TV, hit

songs, etc.

51 Fancy snack

52 _ McAn

54 See 50-Down

55 Chilly powder

56 "The Simpsons"

shopkeeper

57 Clock setting in

NYC

59 "... man _

mouse?"

61 Sketched

63 Priest follower?

64 Homeland

69 " _ Brockovich"

71 Cynic's look

72 Sheep group

73 _ vu

75 Metal debris

79 Pianist Hines

81 Alternative medical

practices

84 Rubble maker

87 TVs "Better Call _"

89 " _-hoo!" ("Hello!")

90 Equal: Prefix

91 Subpar mark

92 High cards

94 FBI agent

96 Bulky brass

98 Michigan county or

its seat

101 Important biblical

meal

104 Clownish type

106 Really bug

circulator

107 Give and take

109 _ chi

110 Sales talk

111 Of Tehran

114 Fish story

116 Pulitzer winner

William

118 Dictionary, e.g.

122 Film theaters

127 Ethiopia, formerly

128 Playing card apt

to this puzzle's theme

(hint: see the ends of

the longest answers)

130 "That's _ bad idea"

131 One fibbing

132 Barbecue

133 Ruhr Valley's chief

city

134 Tie feature

135 Many August

babies

136 Determined to

carry out

137 Sown things

DOWN

1 Lettuce variety

2 Dancer Falana

3 Santa _ (some

winds)

4 Ill

5 Test the tea, say

6 Shutting

7 CD-_

8 City NNW of Provo

9 Also include

10 Economist John

Maynard _

11 Scared by

12 "Get busy!"

13 Well-timed

14 Rigid

15 Mixtures for

chemical analysis

16 Well-timed

17 Boat's spine

18 Feudal peon

24 Dollar or euro divs.

26 Blossom bit

29 Breakfast chain,

briefly

31 Unstiffened shoe

part

34 _ razor ("keep it

simple" principle)

35 Tackle

36 Part of rpm

37 Suffix with boff

39 Rally cry

41 Imitated

43 Winged god

44 Makes a dress,

e.g.

46 At no time, to

poets

47 12 p.m.

49 Quaker products

50 With 54-Across,

service charges

53 "D.C. Cab" actor

58 Slobby sort

60 Difficult and tiring

62 Far-reaching

65 " _-haw!"

66 Epochs

67 Java holder

68 " _ out!" (ump's

call)

70 Gun rights org.

74 Relative of

handball

76 Nickname for Yale

77 "Remington _"

78 Singer Crow

80 Sauce brand

82 Kiddie

83 Halo-worthy

84 Fish story

85 Univ. sports org.

86 Serve as evidence

of

88 Racing units

93 Eyes

95 They begin on

January 1

97 Iota

99 Failures to attend

100 Domino dot

102 Big names

103 Broccoli _ (salad

green)

105 "Honest Abe"

108 Fork parts

112 Sam of "Backtrack"

113 Many a navel

115 Bete _ (pet peeve)

117 Certain PC pic file

118 Echelon

119 Very dark, to poets

120 "Gotta run!"

121 Make a sweater,

e.g.

123 Additionally

124 Think deeply and

at length

125 Under the covers

126 IDs for the IRS

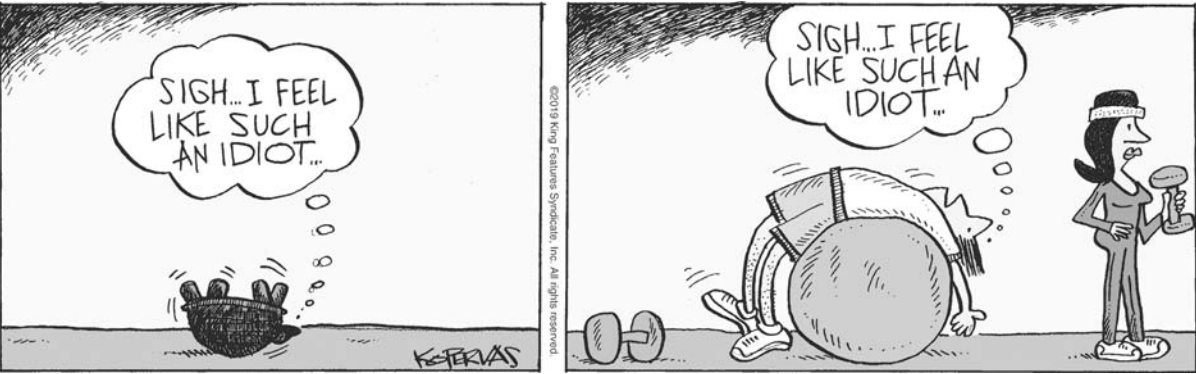
129 "Xanadu" rock gp.

1	2	3	4	5		6	7	8	9	10		11	12	13	14		15	16	17	18	
19						20						21					22				
23					24							25				26					
27								28			29										
					30			31		32				33							
34	35	36	37			38		39		40			41			42			43	44	
45					46				47		48			49	50						
51							52			53		54					55				
56					57	58			59		60		61			62		63			
64				65	66				67				68		69			70			
71							72				73		74			75		76	77	78	
				79		80			81		82				83						
84	85	86		87				88		89			90					91			
92				93		94			95		96		97			98	99	100			
101					102					103		104			105						
106								107			108		109				110				
			111				112	113		114			115		116		117				
118	119								120				121		122			123	124	125	126
127											128			129							
130						131					132						133				
134						135					136						137				

Answer Page 4

Comix

OUT ON A LIMB By Gary Kopervas



AMBER WAVES By Dave T. Phipps



THE SPATS By Jeff Pickering



R.F.D. By Mike Marland



Media

From Page 2

liberal reporters outnumbered conservatives by 13 to one and that they felt that “promoting social or economic justice is an important objective of journalism.”

Seton Hall University professor of journalism Matthew Pressman says journalistic objectivity began to evolve during the McCarthy Hearings of 1954. And, in the 1960s the definition of objective reporting changed. Political activism became more pervasive and anti-war, equal rights and other protest movements were initiated. Journalists routinely began to report not “just the facts,” adding analysis and interpretation in their reports.

“This new understanding of objectivity attempted to draw a line between journalists’

professional judgments [okay to include in a news report] and their personal opinions [not okay],” Pressman explains.

News reporters are bound by a code of ethics. Pressman adds, “They are supposed to stick to the facts. They should not be taking advantage of the stories they are covering to promote personal agendas. Editorials are for the editorial pages. It’s bad enough that anyone with a computer, a basic knowledge of grammar and a vivid imagination can be a reporter these days by posting so-called news stories on the Internet. But when mainstream reporters do it, we all lose. We lose confidence in the purpose and accuracy of the stories we read in the morning paper and those we watch on the evening news.”

Dan Weber is president of the Association of Mature American Citizens.

Hoaxes

From Page 2

a bad rating.

And now to deal with the opiate issue, the government has issued guidelines that have been found to be harmful to some patients. One-size-fits-all restrictions have caused physicians to fear being flagged as over-prescribers by the medical board. Consequently, some physicians are tapering patients off opioids more quickly than they would ideally like. And in the public eye patients have been transformed from objects of compassion to criminal drug addicts.

Individualized medical care must not be reserved for the chosen few. Patients need physicians who are empathetic, thorough, and not married to a medical cookbook written by disinterested third parties. Perhaps this is why

Iron overloads body

DEAR DR. ROACH: I was hoping that you could answer a quick question. I am a 46-year-old female and have hemochromatosis. I can’t get very good medical care where I live. It’s a small town where I can’t switch doctors, and mine is subpar. Anyway, I just had a blood test, and my ferritin is 39 and my saturation is 0.76. I don’t know if I need a phlebotomy. The doc likes to have me do it when my ferritin is in the 50-75 range. He has NEVER mentioned saturation before. Can you shed some light on this? – A.R.



Hemochromatosis is iron overload caused by the body being unable to reduce iron absorption even when it doesn’t need iron. The high iron saturation is a good test for diagnosing hemochromatosis. However, it’s the ferritin that best approximates total body iron stores.

A large proportion of the body’s iron is located in the red blood cells, so by removing these through phlebotomy (literally, “bloodletting” – usually the blood is donated), iron is taken out of the body. Most experts remove iron through phlebotomy until ferritin levels are below 50. Someone with a ferritin of 39 probably doesn’t need treatment, since the total body iron is nearly normal.

Women who are still menstruating have some degree of protection against iron overload, although it certainly still is possible to develop problems if the iron intake is greater than iron output, in which case phlebotomy is necessary.

DEAR DR. ROACH: My problem is that I am losing my hair. I am a 63-year-old gal in relatively good health who walks for exercise, eats a healthy, balanced diet and takes a pill each day to manage cholesterol and blood pressure. I do not have a thyroid problem, nor do I have diabetes. My dermatologist told me I do not have alopecia, as some of my siblings do. Instead, he suggested that my hair loss – and specifically the thinning of the hair on top of my scalp – is due to heredity; male pattern baldness runs through both sides of my family. So here’s the question: Is it safe and/or effective to take 5,000 mcg of over-the-counter biotin supplements to lessen the effect of hair loss, or is this product ineffective and just being pushed on women by pharmaceutical and vitamin manufacturers to increase sales and profits, and to manipulate the consumer into believing that this expensive

See HEALTH, Page 8

Briefs

From Page 1

WalletHub’s WalletLiteracy Survey, which range from high-school financial literacy grade to share of adults with a rainy-day fund. Texas placed 25th in this study. Other stats:

- Massachusetts has the lowest share of residents who spend more than they earn, 13.29 percent, which is 1.7 times lower than in Delaware, the state with the highest at 22.67 percent.
- North Dakota has the highest share of residents with rainy-day funds, 55.55 percent, which is 1.5 times higher than in West Virginia, the state with the lowest at 37.94 percent.

Visit <https://wallethub.com/edu/most-and-least-financially-literate-states/3337/> for the full report.

– Diane Polk

Health

From Page 7

vitamin product is essential to our well-being? Thank you. – C.W.R.

Biotin has been studied for both male pattern and female pattern baldness, and has had limited success, especially when combined with other vitamins and nutritional supplements (60 percent effectiveness versus 11 percent in one placebo-controlled trial). It might be worth a try, since it is very safe.

As far as expense goes, I found biotin tablets for 6 cents each at an online retailer. It certainly isn't essential to well-being; in fact,

with a healthy diet, I believe no supplement is essential. Vitamin and supplement manufacturers may try to make you think supplements are essential, but there is no good evidence for this. Taking it to try to improve a problem like male-pattern baldness is reasonable, but if it doesn't help significantly, save your money.

Dr. Roach regrets that he is unable to answer individual letters, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu. (c) 2019 North America Synd., Inc. All Rights Reserved.

Archives: www.wtxcc.com

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: J equals W

JSQL MJV EOFKGFYNR GOLN
MVHQMSQY JSFKQ JVIYFLH VL
O MORI, UVTKN AVT ROA
MSQA OYQ UVL-EVFLQN?

Answer Page 4
©2019 King Features Synd., Inc.

Weekly SUDOKU

by Linda Thistle

		8		4		6		
	7		5				3	
3					1			5
2				6		8		
		9			3			1
	6		8				2	
	4			2				9
8					9	3		
		7	1				5	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦♦

♦ Moderate ♦♦ Challenging

Answer Page 4

♦♦♦ HOO BOY!

© 2019 King Features Synd., Inc.

VA releases ratings on 101 nursing homes



by Freddy Groves

For the first time, the Department of Veterans Affairs has released health care inspection reports for 101 of its Community Living Centers, formerly known as nursing homes.

Facilities are surveyed in a number of ways, including having enough staff, managing medication, protecting residents from physical and mental abuse and properly storing and preparing food. Of those, staffing might be the most important: If there aren't enough registered nurses, vocational nurses and nursing aides, care doesn't happen at all.

Per the reports, the VA has fewer low-performing facilities (17.2 percent versus 19.7 percent) and more high-performing facilities (17.2 percent versus 10.8 percent) than the private sector. These numbers aren't bad, they say, considering that the veterans at

these facilities have more serious conditions than are generally seen in civilian facilities. Of the total, only eight VA facilities were rated one star. Reports for the remaining centers will be released by October.

To see reports of centers near you, check online at www.va.gov/QUALITYOFCARE/apps/aspire/clcsurvey.aspx and use the drop box.

To view the comparisons between VA and non-VA care, see www.accesstocare.va.gov/Healthcare/QualityOfCare.

However, one wonders why the VA is just now getting around to releasing the results of those reports. The General Accountability Office was asked to step in years ago to investigate complaints. Its report, titled "Actions Needed to Better Manage Risks to Veterans' Quality of Life and Care," outlined a lot of problems, with pain management being at the top of the list and a general failure to respond to and address deficiencies.

It's disheartening to see the ratings for the facility nearest to me. Percentages of short-term patients with moderate

to severe pain are nearly four times higher than the national average. Long-term patients with moderate to severe pain see percentages nearly 10 times as high as the national average. The facility rates one star.

(c)2019KingFeaturesSynd.,Inc.



• To keep bugs off your camp table, bring four tuna- or cat-food cans that are clean. Set each table leg into a can and fill halfway with water.

• "It's about time to store my calf boots, as spring is warming things up. I don't want them to fall over, causing creases that can stress the fabric and create tears or otherwise ruin decent boots. So, I tape together two or three paper towel cores and set the whole thing down inside my winter boots to help them stay upright in storage."

– R.F. in Missouri

• Stuff wet shoes with newspaper to absorb the moisture. It not only cuts down on drying time, but helps absorb odors too.

• Did you know that popcorn has a lot of insoluble fiber, which makes it a good snack if you're suffering from constipation. One caveat, though. Make sure you drink plenty of clear fluids, and don't add extra salt!

• If you have trouble poaching eggs, add a bit of white vinegar to the boil water. The acidic additive will help the eggs set and retain their shape. Also, add the egg slowly – don't just plop it in the water.

• "Condiment squeeze containers are great for lots of other things, like paints, cooking oil and even frosting. The squirt tip allows a little more precision for decorating, but you don't want your sweet stuff to taste savory with the leftover mustard. Clean out the container well with soap and water. Add a couple of teaspoons of baking soda and some warm water. Let sit overnight and then rinse well. Allow to air dry before filling."

– T.I. in Washington

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803. (c) 2019 King Features Synd., Inc.

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

	+		×					13
+		÷		+				
	×		–					11
÷		+		+				
	×		–					20
5		11		10				

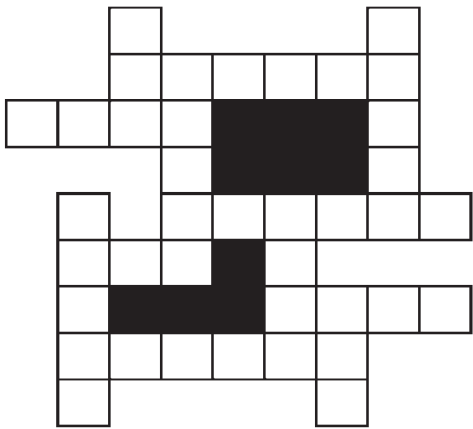
1 2 3 4 5 6 7 8 9

©2019 King Features Syndicate, Inc.

Answer Page 4



IRP
EASPER
AYCUS
♥ENPO
PRIMIA
♥NTA
♥ORTI
♥SIMTO
♥PYA
TAPIAC
MACPR
POYTY



©2019 King Features Syndicate, Inc. All rights reserved.

Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

Answer Page 4