Vest Texas Count

VOL. 46, No. 28

SERVING ANTHONY, VINTON, CANUTILLO, EAST MONTANA, HORIZON, SOCORRO, CLINT, FABENS, SAN ELIZARIO AND TORNILLO

JULY 11, 2019

NEWSBRIEFS

Texas business climate

With the stock market booming, the personal-finance website WalletHub has released its report on 2019's Best & Worst States to Start a Business as well as accompanying videos. To determine the most fertile grounds for planting and growing new ventures, WalletHub compared the 50 U.S. states across 26 key indicators of startup success. The data set ranges from financing accessibility to availability of human capital to office-space affordability. Texas was rated 1st in this report, ranking:

- 4th Avg. Growth in Number of Small Businesses;
- 30th Labor Costs;
- 4th Avg. Length of Work Week (in Hours);
- 20th Cost of Living; and
- 13th Industry Variety.

Visit https://wallethub.com/edu/beststates-to-start-a-business/36934/ for the full report.

- Diana Polk

Energy costs

With unprofitable coal and nuclear plants continuing to shut down amidst current administration support, the personal-finance website WalletHub has released its report on 2019's Most & Least Energy-Expensive States as well as accompanying videos. For a better understanding of Americans' energy costs relative to their location and consumption habits, WalletHub compared the average monthly energy bills in each of the 50 states and the District of Columbia using a special formula that accounts for the following residential energy types: electricity, natural gas, motor fuel and home heating oil. Texas was 32nd overall in energy consumption and costs in in the report, ranking (1-least expensive; 51- most expensive):

- 32nd Avg. Monthly Energy Bill: \$295
- 38th Price of Electricity
- 8th Electricity Consumption per Consumer
- 12th Price of Natural Gas
- 40th Natural-Gas Consumption per Consumer
- 43rd Price of Motor Fuel
- 16th Motor-Fuel Consumption per Driver

Visit https://wallethub.com/edu/

See BRIEFS, Page 5

It's ironic, but a very tough thing to do is to gracefully accept a sincere compliment.

— Quips & Quotes

Troncoso takes helm in Anthony ISD

By Alfredo Vasquez Special to the Courier

ANTHONY - Oscar A. Troncoso, an El Pasoan who has spent the past eleven years of his educational career at Anthony Independent School District (AISD) in the Town of Anthony, Texas was unanimously approved recently by the board of trustees to be its new superintendent.

Before being named the district's top official, he served as AISD's secondary schools' principal and was assistant superintendent to Dr. Steven Saldivar, who announced his retirement at the end of the school year.

In an effort to find ways to better serve the needs of our students and community, Troncoso stated that he has a variety of plans for the Upper Valley school district that borders New Mexico. "While our team at Anthony ISD has made great strides in the past few years, there are always new challenges in our quest for continuous improvement as an organization and in our desire to improve the lives of our students through an education of the highest quality," he asserted.

"At the elementary school (which ended the school year with 425 students) our early childhood grade levels will be one of our areas of focus," the new superintendent said. "The plan is to provide additional instructional support to that foundational level that is so critical. We have hired a dynamic and experienced instructional coach to work specifically with elementary teachers in order to help them deliver well-planned lessons and highly-effective strategies that will promote academic growth," he stated.

"To support the elementary school's



- Photo courtesy Region 19

Oscar A. Troncoso took over the Anthony ISD superintendent position June 4. He will be responsible for the educational needs of approximately 845 students and an annual budget of \$9.4 million.

including home visits, encourage our parents to read to their children on a daily basis, and promote literacy at home. We have untapped community and cultural wealth in Anthony that needs to be aligned with the same goals of our school district," Troncoso noted.

Another plan is to invest in a Social Emotional Learning (SEL) curriculum for all three schools, according to Troncoso. "When schools take the time to develop character and develop social emotional skills, grades will rise and bad behavior initiative, I really want to reach out to will decrease. We want all of our kids to our community through various media, feel safe and supported so that they will

not only do better in their classes, but to make school a place in which they want to be," he said.

The SEL program "will be especially important at our middle school where these years are critical to their emotional development," Troncoso pointed out. "We plan to carve out a class period in which one day per week our students will participate in an SEL curriculum that will help them develop both their academic and social skills. We want them to not only be better in their subject areas but also be better as caring and compassionate human beings."

The SEL initiative will go hand-inhand with another program that the new superintendent plans to bring to AISD. He stated that he wants to introduce the AVID (Achievement Via Individual Determination) program to the middle school (with an enrollment of 190 students) and high school (with an enrollment of 230 students) this coming school year and then to the elementary school campus the following year.

AVID is a college readiness program designed to help students develop such skills as critical thinking, teamwork, as well as organization, reading and writing skills, according to Troncoso. "This is all to help them succeed when they leave Anthony and attend college. I have felt that our teachers do a great job of preparing our students with the academic skills to succeed in college, but some kids struggle when they leave because they lack some social skills or, perhaps, they do not advocate for themselves," he expressed.

"AVID will hopefully address this missing piece. It'll take a few years to fully integrate this approach, but I'm excited because it promotes a student-centered approach, and it promotes equity - that is, we are committed to giving students the tools that they need to be successful beyond high school," Troncoso affirmed.

Additionally, the new top instructional leader declared that school safety will also be a priority. "We plan to have our own security guards, as opposed to contracting out. Under our supervision, we will be able to maximize their potential," he said. "We also have School Resource Officers that will continue to work in our schools."

Moreover, Troncoso said that a new intercom system will be added to facilitate communication within schools and district offices. "We've added additional cameras in key areas where we had blind spots. We are adding a program called School Check-In, which is a software system that will allow us to check-in and track visitors, as well as having attendance features that will help with tardiness," he indicated.

Troncoso acknowledged that it is of utmost importance for him that all

Canutillo ISD increases pay for 2018-2019 school year

By Liza Rodriguez Special to the Courier

Canutillo **CANUTILLO** Independent School District employees will receive pay raises next school year. The Board of Trustees approved a five percent increase for teachers, nurses, and librarians, while all other employees will receive a four percent raise.

"These raises are part of Canutillo ISD's commitment to reward our educators who do so much every day to support the academic success of our students," said Superintendent approved Tuesday, trustees allocated Dr. Pedro Galaviz. "Our teachers and staff are true professionals and welldeserving of these pay increases."

The District has been in a sound financial position to continually increase compensation at least 2 percent in each of the last three years.

"We are very pleased to be able to provide these salary increases for our teachers and staff," said Board President Sergio Coronado. "The Board values the contribution of all employees and recognizes the need to attract and retain the best teachers and employees."

Part of the funding for the pay raises is the result of House Bill 3, which included requirements for increased compensation for staff. In the budget more than \$1.3 million for salary increases, beyond what was mandated by the state.

See TRONCOSO, Page 6

View from here By John Grimaldi

Alzheimer's disease: More needs to be done

June was Alzheimer's and a dangerously fast pace." Brain Awareness Month but, says not enough to be aware that it is a devastating, deadly infirmity. voices in support of decisive its nearly six million victims and their caregivers."

In a statement backing two-million-member Association of Mature American Citizens (AMAC) urges Congress to put political differences aside and lawmakers in a timely fashion." get cracking on new legislation that could make a difference.

Largest Dementia Infrastructure) legislation was enacted on New Year's Day. The BOLD to fund new and potentially more caregivers. But it is clearly not

Two additional Alzheimer's senior advocate Dan Weber, "it's bills have been introduced in Congress. The Younger-Onset Alzheimer's Disease Act expands It is imperative that we raise our the availability of resources to younger seniors suffering from action to offer real support for Alzheimer's and other dementias, resources that are currently available only to patients over 60 years of age. The Improving legislative efforts focused on HOPE for Alzheimer's Act Alzheimer's, the president of the would expand comprehensive Alzheimer's disease care planning services for patients.

"Both merit attention by

Weber says that more needs to be done to stop what is the "It was heartening to see the sixth leading cause of death House, the Senate and President in the U.S. and which targets Trump on the same page when the nation's fastest growing the BOLD (Building Our population – senior citizens. He cites Alzheimer's Association statistics showing that majority overwhelming Infrastructure for Alzheimer's victims are seniors. Nearly one-Act provides \$100 million dollars million older Americans between 65 and 74, 2.5 million between effective ways to treat the disease 75 and 84 years of age and 2.1 and provide aid for besieged million over 85 have the disease. "Your parents, grandparents and enough when we are at war with even you are at risk considering a disease that is spreading at such the fact that 10,000 Americans problems they face today.

turn 65 each and every day, a growth rate that will continue for ten or more years, according to the Census Bureau.

And, adds Weber, if that is not enough for lawmakers to get together and provide support and solutions, consideration needs to be given to the financial impact the disease is having on the economy. According to the Alzheimer's Association, it's the most expensive illness plaguing America today. It is costing more than cancer and heart disease.

The Association estimates that Medicare and Medicaid will spend \$195 billion on Alzheimer's in 2019 and that by 2050 the disease will cost these two agencies \$770 billion. To learn more and join the fight to end Alzheimer's, visit alz. org/advocacy.

The Association of Mature American Citizens (http://www.amac.us) is a senior advocacy organization that takes its marching orders from its members. We act and speak on their behalf, protecting their interests and offering a practical insight on how to best solve the

Hodgson, Santelanes on NJCAA All American list





Two El Paso Community College (EPCC) student-athletes have been named to the National Junior College Athletic Association (NJCAA) First Team All American list. Donald Hodgson, left, and Brittany Santellanes had 4.0 grade point averages during the 2018-19 academic school year. The Academic All American list includes a total of seven EPCC athletes. "EPCC is an academic institution first and foremost," said Felix Hinojosa, EPCC Athletic Director. "Being awarded academic honors validates what we do as a college." The NJCAA has recognized the team and individual student athletes with the highest grade-point averages since 1993. The student must have 24 credit hours or more with a GPA of 3.60 or higher. Nominations are submitted by each athlete's respective institution. The other five EPCC Academic All Americans are Alyssa Martinez, Softball, 3.84, Second Team; Ivan Duarte-Trejo Baseball, 3.78, Third Team; Genevieve Centeno Softball, 3.77, Third Team; Samantha Corral, Softball, 3.70, Third Team; and Carlos Quintana, Baseball, 3.60, Third Team.

– Ismael De La Rosa

Motorists must slow down or move over around emergency vehicles

By Tela Mange Special to the Courier

TEXAS The Texas Department of Licensing and Regulation (TDLR) is reminding all Texans to remember to slow down or move over if you see

emergency vehicles – police, OR slow down at least 20 miles TDLR executive director. fire, EMS, highway response per hour below the speed limit. trucks and tow trucks - with their lights activated on the roadside. Texas traffic laws require drivers to leave the lane closest to the vehicles stopped on the road (if the road has more than one lane traveling in the same direction)

truck operators, are vulnerable Driver Education and Safety when they're stopped on the side of the road helping someone. Tow truck operators are often the first people on the scene of a wreck, and they work hard to get traffic cleared up quickly. of us get to our destinations on the road. and back home again safely this

Driver safety is important to "Firstresponders, including tow TDLR because we regulate the program, which oversees Texas driver education, parent-taught driver education and the Drug and Alcohol Awareness Program. We also license tow truck companies and drivers, who you may need to Please help make sure that all call on if you experience trouble

Several Texas tow truck weekend," said Brian E. Francis, operators and emergency workers

have been either injured or killed this year while stopped to help motorists who have broken down on the side of the road.

Other safety tips for driving:

- Slow down and pay attention to what you're doing. If you get tired, pull over in a safe spot and walk around to re-energize.
- Designate a sober driver. Don't ever drink and drive.
- Stay off the mobile phone this includes texting. Designate a "co-pilot" to be in charge of the phone while you're driving so you can concentrate on the task at hand.
- Stay weather-aware. We're not expecting bad weather, but this is Texas and you never know. If it's rainy, slow down!
- Leave plenty of time to get to your destination. Roadways are likely to be crowded. Drive friendly - the Texas way!

TDLR provides oversight for a broad range of occupations, businesses, facilities, equipment in Texas. The agency protects the health and safety of Texans by ensuring they are served by qualified, licensed professionals. Inspections of individuals, businesses, equipment are done on a regular basis to safeguard the public. Currently, the agency manages 39 business and occupational licensing programs with more than 800,000 licenses across the state.

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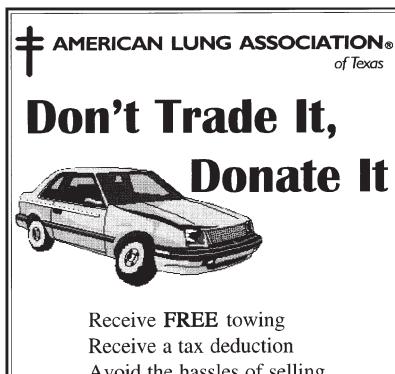
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Trump should chill about the stock market

Donald Trump may watch the boot off the economy helped) stock market more closely than and doesn't deserve the blame any day trader.

the increasing importance of China and general sense of chaos working-class whites to the don't help). GOP coalition and who trampled so much bipartisan economic Federal orthodoxy during the campaign, to be so overtly obsessed with the stock market is a strange disconnect.

In fact, no president in memory has so publicly staked himself to the market. Trump has, in object of his attention, and it'd be contrast, paid relatively little public attention to wage growth, which is the measure that more closely tracks with his particular complaints from employers that political project (especially considering that his election prospects may again depend on Pennsylvania, Michigan and Wisconsin).

Trump like poll numbers or it is a metric that the president TV ratings - immediate, easily digestible feedback on his perceived worth, or that of his hasn't mostly enjoyed strong economic stewardship. This isn't how he should view it, and it was couple of decades. shortsighted to be so boastful about the good times.

down. Trump didn't have sole and Future Worker" argues that and exploring innovative models responsibility for the run-up the point of comparison shouldn't of unionization to give workers in the market after his election be whether wages are better than (although taking the regulatory they were in post-crisis 2010, but

for the downward trend now For a president who underlined (although the contention with

> Trump has lashed out at Chairman Reserve Jerome Powell for being too tight on interest rates, and he might be right. But the president should be less beholden to the gyrations of the market.

> Wages would be a worthy new better if wages didn't often take a back seat to the stock market and GDP growth. When Trump hears they are having trouble hiring, his answer should be: "Good. Pay your workers more."

On the other hand, the political downside of focusing on wages The market clearly acts for is twofold: Like the stock market, doesn't have direct control over, a worker-friendly, longer-term and unlike the stock market, it upward momentum over the past

Oren Cass of the Manhattan Institute and author of the thought-The stock market goes up and provoking new book "The Once



how they are doing compared with business-cycle peaks in 2007, 2000 and 1989. Here they are lagging.

Wages are ultimately related to productivity growth, which has been growing more slowly than in the golden age of the American economy in the mid-20th century.

Robert Atkinson the Information Technology Innovation Foundation argues forcefully that policymakers should make fostering productivity growth their foremost goal.

For his part, Cass suggests agenda of reforming education to put more emphasis on the interests of students who won't go on to get a four-year college degree; changing our immigration system to keep the lower end of the labor market as tight as possible;

See LOWRY, Page 5

Public Notice San Elizario Independent School District 504 Child Find

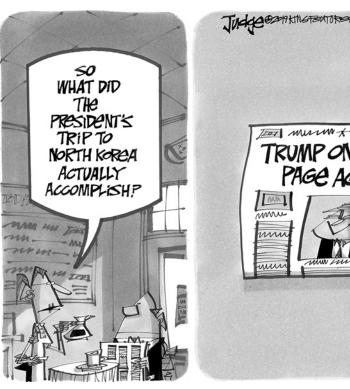
Pursuant to Section 504 of the Rehabilitation Act of 1973, the District has a duty to identify, refer, evaluate and if eligible, provide a free, appropriate public education to disabled students. For additional information about the rights of parents of eligible children, or for answers to any questions you might have about identification, evaluation and placement into Section 504, please contact the District's Section 504 Coordinator, Amanda G. Sanchez-Muñoz, at 872-3926, or mail at P.O. Box 920, San Elizario, Texas 79849.

Aviso de Identificación de Estudiantes Incapacitados Bajo la Sección 504

Bajo la Sección del Decreto de Rehabilitación de 1973, el Distrito Escolar esta obligado a identificar, referir, evaluar, y propocionar servicios educativos apropiados y gratuitos a los estudiantes incapacitados que califican bajo esta ley. Si usted desea mas información sobre los derechos de padres de niños incapacitados, o si tiene preguntas sobre la identificación, evaluación, y colocación de niños en el programa de Sección 504, favor de ponerse en contacto con la Coordinadora de 504 del Distrito Escolar Independiente de San Elizario, Amanda G. Sanchez-Muñoz, al numero 872-3926, o por correo a la siguiente dirección: P.O. Box 920, San Elizario, Texas 79849.

WTCC: 07/11/19











San Elizario Independent District SPECIAL EDUCATION/CHILD FIND

The San Elizario Independent School District provides services for children who are eligible for special education. Eligible special education students will be afforded a free, appropriate public education beginning on their third birthday and continuing through their 21st year. Children who are identified as auditorially impaired, visually impaired or deaf-blind may be served from birth through 21 years of age. The San Elizario Independent School District provides special education and related services to students residing within the District boundaries. A student with a disability must meet eligibility guidelines in one or more areas including physical disability, intellectual disability, emotional disturbance, learning disability, autism, speech impairment, traumatic brain injury, visual or auditory impairment. This impairment must significantly affect the student's ability to progress adequately without support services.

If a child is experiencing learning difficulties, the parent may contact the person listed below to learn about the district's overall general education referral or screening system for support services. This system links students to a variety of support options including referral for special education evaluation. Students having difficulty in the regular classroom should be considered for tutorial, compensatory, and other support services that are available to all students. At any time, a parent is entitled to request an evaluation for special education services. Within a reasonable amount of time, the district must decide if the evaluation is needed. If the evaluation is needed, the parent will be notified and asked to provide consent for the evaluation. The district must complete the evaluation and the report within 45 school days of the date the district received the written consent. The district must give a copy of the report to the parent. If the District determines that the evaluation is not needed, the district will provide the parent with a written notice that explains why the child will not be evaluated. This written notice will include a statement that informs the parent of their rights if they disagree with the district. Additionally, the notice must inform the parent how to obtain a copy of the Notice of Procedural Safeguards-Rights of Parents of Students with Disabilities.

For more information, contact the Director of Special Education, Amanda G. Sanchez-Munoz, (915) 872-3926 at 13680 Socorro Rd., San Elizario, TX 79849. Mailing address: PO Box 920, San Elizario, TX 79849.

Educación Especial / Programa De Identificación De Niños (Child Find)

El Distrito Escolar Independiente de San Elizario provee servicios a los niños que califican para recibir educación especial. Los estudiantes que califiquen recibirán una educación pública gratuita y adecuada comenzando con su tercer cumpleaños hasta el fin de su vigésimo-primer año (21). Los niños que son identificados con problemas auditivos, visuales, sordos o ciegos pueden ser atendidos desde su nacimiento hasta los veintiún años de edad. El Distrito Escolar Independiente de San Elizario provee servicios de educación especial y otros servicios relacionados a los estudiantes que vivan dentro de los límites del distrito. Un estudiante con una discapacidad debe cumplir con las guías que reúnen los requisitos en una o más áreas incluyendo: discapacidades físicas, discapacidad intelectual, alteraciones emocionales, discapacidad de aprendizaje, autismo, discapacidad del habla, daño cerebral por trauma, o discapacidad visual o auditiva. Esta discapacidad debe afectar significativamente la habilidad del estudiante para progresar adecuadamente sin asistencia.

Si un alumno está teniendo dificultades en su aprendizaje, los padres pueden contactar a la persona encargada (ver información al final) para que les informe acerca del programa general de derivación (referral) del distrito o sistema de detección para servicios de asistencia. Este sistema enlaza a los estudiantes con una gran variedad de opciones de apoyo que incluyen la derivación para que se le practique una evaluación de educación especial. Los estudiantes que estén teniendo dificultades en un aula regular deber ser considerados para recibir tutoría, planes de compensación educativa y otros servicios de apoyo que estén disponibles para todos los estudiantes. Los padres tienen derecho, en cualquier momento, de pedir una evaluación para recibir servicios de educación especial. El distrito debe decidir, dentro de un plazo razonable, si dicha evaluación es necesaria. En caso afirmativo, el padre será notificado y se le pedirá permiso para realizar la evaluación. El distrito debe llevar a cabo la evaluación y el reporte sobre los resultados dentro de 45 días escuela a partir de la fecha en que el distrito recibió el permiso del padre por escrito. El distrito debe proporcionar una copia del reporte al padre. Si el distrito determina que la evaluación no es necesaria, debe proporcionar por escrito una notificación que explique el por qué. Esta notificación por escrito debe incluir una declaración que informe al padre sobre sus derechos si es que no está de acuerdo con la decisión del distrito. Además, la notificación debe informar al padre cómo obtener una copia del Aviso sobre Garantías Procesales-Derechos de los Padres de Alumnos con Discapacidades.

Para mayores informes, favor de contactar el departamento de Educación Especial, Amanda G. Sanchez-Munoz, (915) 872-3926 at 13680 Socorro Rd., San Elizario, TX 79849. Mailing address: PO Box 920, San Elizario, TX 79849.



By Samantha Weaver

- It was famed Irish author George Bernard Shaw who made the following sage observation: "A government which robs Peter to pay Paul can always depend on the support of Paul."
- Although we tend to think of the bikini as a modern fashion innovation, twopiece bathing suits can be seen in murals in the ancient city of Pompeii.
- If you're a fan of the "Star Trek" franchise, you might want to plan a trip to the capital of Sweden. It was in Stockholm last year that the world's first Klingon tourist center opened.
- There seems to be quite a rivalry between the towns of Rosehill, North Carolina, and Wilmington, Delaware. Both locales claim to be the home of the world's largest frying pan, with a diameter of 10 feet. This begs some questions, of course: How many eggs are being fried at once to require such a large piece of cookware? And what sort of stove is required to heat such a mammoth pan?
- If you're like most Americans, you've stolen from your employer though probably not much. It seems that 58% of your fellow citizens admit to taking office supplies for personal use.
- The London-based 40FT Brewery has an unusual beer on its list of offerings: Odius Ale. Its claim to fame? It's brewed using yeast collected from writer Roald Dahl's chair.
- There was a time when cartoon character Fred Flintstone appeared in ads for Winston cigarettes.
- I don't know who studies such things, but those who do say that over the course of a lifetime, you'll probably spend about three years in the restroom.

Thought for the Day: "Eminent posts make great men greater, and little men less."

Jean de La Bruyere

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CryptoQuip Answer

If you go back on your promise to keep in touch, you might say that's a breach of contact.

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– Diana Polk

the full report.



Moments THE HISTORY CHANNEL

- On July 8, 1951, Paris, the capital city of France, celebrates turning 2,000 years old. However, the City of Lights was most likely founded around 250 B.C., when a Gallic tribe known as the Parisii settled an island (Ile de la Cite) in the Seine River, which runs through present-day Paris.
- On July 9, 1962, Bob Dylan records "Blowin' in the Wind," although it wouldn't be released for another year. The most well-known version was done by Peter, Paul and Mary, which became a hit.
- On July 10, 1985, in Auckland harbor in New Greenpeace's Zealand, Rainbow Warrior sinks after French agents in diving gear plantabombontheship's hull. Although French authorities denied responsibility, British newspaper later uncovered evidence of French President Francois Mitterrand's authorization of the bombing plan.
- On July 11, 1656, Ann Austin and Mary Fisher, two Englishwomen, become the first Quakers to immigrate the Massachusetts Bay Colony. Their liberal teachings enraged Puritan colonial government and they were arrested and jailed. After five years in prison, they were deported.
- · On July 12, 1862, President Abraham Lincoln signs into law a measure calling for the awarding of a U.S. Army Medal of Honor. The previous December, Lincoln approved a provision creating a U.S. Navy Medal of Valor. To date more than 3,400 men and one woman have received the Medal of Honor.
- On July 13, 1990, the romantic-thriller "Ghost" opens in theaters. The film, about a woman who communicates with her murdered husband through a sassy psychic, was a box-office hit and received multiple Academy Award nominations.
- On July 14, 1099, during the First Crusade, Christian knights from Europe capture Jerusalem after seven weeks of siege and begin massacring the city's Muslim and Jewish population.

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Briefs

From Page 1

energy-costs-by-state/4833/ for the full report.

– Diana Polk

Harper Buckley who was born on March 15, 2019 in Elmira, NY weighing 15 pounds, 15 ounces

Big, not biggest

at birth may hold the record for heaviest neonate ever born in New York State, according to her doctors. But the folks who chronicle world records at Guinness would consider her a lightweight. The world record holder was a boy who weighed in at a whopping 22 pounds when he was born at home in Saville, OH to 7 ft 11 in tall Anna Bates and her husband, Martin, who was just 7 ft 9 in tall.

– John Grimaldi

Recreation

With July being National Parks and Recreation Month and America's largest cities investing over \$8 billion on parks this past year, the personal-finance website WalletHub has released its report on 2019's Best & Worst Cities for Recreation as well as accompanying videos. To highlight the benefits of recreational activities for consumers and economies across the country, WalletHub compared the 100 largest U.S. cities across 48 key indicators of recreation-friendliness. For each city, we examined the accessibility of entertainment and recreational facilities, the quality of parks and the weather. El Paso ranked 21st in the report. Other stats:

- San Francisco, CA has the highest share of the population with walkable park access, 100 percent, which is 3.8 times higher than in Gilbert, AZ, the city with the lowest at 26 percent.
- New York, NY has the most playgrounds per square root of the population, 0.6607, which is 18.9 times more than in Hialeah, FL, the city with the fewest at 0.0349.
- San Francisco, CA has the highest spending on parks per capita, \$279, which is 11.6 times higher than in Stockton, CA, the city with the lowest at \$24.
- San Francisco, CA has the most bike rental facilities per square root of the population, 0.0667, which is 47.6 times more than in Fresno, CA, the city with the fewest at 0.0014.

Visit https://wallethub. com/edu/best-worst-cities for-recreation/5144/ for

Lowry

From Page 3

more leverage.

Maybe these particular initiatives aren't to the liking of the White House, but a workingclass Republican should have an agenda very specifically tailored to the interests of workers. Alternately bragging and complaining about the stock market isn't a substitute.

Rich Lowry is editor of the National Review. (c) 2019 by King Features Synd., Inc.

San Elizario Independent School District **Public Notification of Nondiscrimination** in Career and Technical Programs

- 1) The San Elizario Independent School District offers Career and Technical Education programs in Audio Video Production, Automotive Technology, Biomedical Technology, Building Trades and Construction Technology, Business Administration and Finance, Child Development, Cosmetology, Culinary Arts, Engineering, Graphic Design and Illustration, Information Technology and Networking, Law Enforcement and Criminal Procedures, Robotics, Science Technology Engineering and Mathematics (STEM), and Western Tech Programs: Diesel Mechanic Technology, Medical Clinical Assistant, and Refrigeration-HVAC Technology. Admission to these programs is based on course pre-requisites and grade level classifications. For program information call Michael Rodriguez at (915) 872-3939, extension 3844.
- 2) It is the policy of the San Elizario Independent School District not to discriminate on the basis of race, color, national origin, sex or disability in its vocational programs, services, or activities as required by Title VI of the Civil Rights Act of 1964, as amended Title IX of the Education Amendments of 1972; and Section 504 of the Rehabilitation Act of 1973, as amended.
- 3) It is the policy of the San Elizario Independent School District not to discriminate on the basis of race, color, national origin, sex, handicap or age in its employment practices as required by title VI of the Civil Rights Act of 1964, as amended; Title IX of the Education Amendments of 1972, the Age Discrimination Act of 1975, as amended; and Section 504 of the Rehabilitation Act of 1973, as amended.
- 4) The San Elizario Independent School District will take steps to assure that lack of English skills will not be a barrier to admission and participation in all education and vocational programs.
- 5) For information about your rights or grievance procedures, contact Superintendent Dr. Jeannie Meza-Chavez 1050 Chicken Ranch Rd., Administration Building, San Elizario, Texas 79849, (915) 872-3900. Mail: PO Box 920, San Elizario, TX 79849.

Notificación Pública de No Discriminación en los Programas de Carrera y Técnica

- 1) El Distrito Escolar Independiente de San Elizario ofrece programas de Carrera y Educación Técnica en Producción de Audio y Video, Tecnología Automotriz, Tecnología Biomédica, Oficios de la Construcción y Tecnología de la Construcción, Administración de Empresas y Finanzas, Desarrollo Infantil, Cosmetología, Artes Culinarias, Ingeniería, Diseño Gráfico e Ilustración, Tecnología de la Información y Redes, Aplicación de la ley y los procedimientos penales. Robótica. Ingeniería Tecnológica de la Ciencia y las Matemáticas (STEM), y Programas De Western Tech: Tecnología Mecánica Diesel, Asistente Clínico Médico y Tecnología de Refrigeración-HVAC . Admisión a estos programas se basa en prerrequisitos del curso y clasificación del nivel del grado. Para más información sobre el programa, por favor comuníquense con Michael Rodriguez al (915) 872-3939, extensión 3844.
- 2) Es la póliza del Distrito Escolar Independiente de San Elizario de no discriminar por causa de raza, color, origen nacional, sexo, o discapacidad en estos programas vocacionales, servicios, o actividades requeridos por el Título IV del Acta de Derechos Civiles de 1964, como enmendada Título IX de las Enmiendas Educativas de 1972, y la Sección 504 de la Acta de Rehabilitación de 1973, como enmendada.
- 3) Es la póliza del distrito de San Elizario de no descriminar por causa de raza, color, origen nacional, sexo, discapacidad, o la edad en sus metodos de empleo exidido por el Titulo VI del Acta de Derechos Civiles de 1964, enmendada por las Enmienda Educativas de 1972, del Acta de la Discriminación por Edad de 1975, como enmendada, y la Sección 504 de la Acta de Rehabilitación de 1973, como enmendada.
- 4) El distrito escolar de San Elizario tomará pasos para asegurar que la falta de ingles no sea obstáculo para la admisión y participación en todos los programas vocacionales y educativos.
- 5) Para más información de sus derechos y procedimiento de agravios, puede ponerse en contacto con el Superintiendente Dr. Jeannie Meza-Chavez, 1050 Chicken Ranch Rd., Administration Building, San Elizario, Texas 79849, (915) 872-3900. Mail: PO Box 920, San Elizario, TX 79849.

WTCC: 07/11/19

The NBA goes through an overnight power shift

By Steve Escajeda Special to the Courier

Things usually simmer down after the destination. NBA Championship series.

Everyone knows that the Toronto Raptors stunned the Golden State Warriors for the title.

And though the Warriors suffered a little bad luck with injuries, the Raptors earned their first championship in franchise history.

So the NBA will take a little siesta to prepare for next season, right?

So very wrong! Almost immediately after the series, the league has been a is no clear-cut favorite heading into the buzz. Not with what happened this year, but with what will happen next year.

Like the opening bell on Wall Street - players, agents, general managers, coaches and owners have been falling all over themselves trying to make the perfect deal.

have been crawling over themselves to title contenders. either predict where the next big star is going or be the first to report on their Durant signing with the Brooklyn Nets, to

There's no doubt that there's been more noise surrounding the league since the championship ended, than when it was going on.

most recognized in the league.

Another thing is how their moves will Los Angeles with the Clippers. potentially impact the balance of the league next season.

For the first time in quite a while, there next NBA season. For a while it's been Golden State and everybody else.

The fireworks started well before Independence Day, when the Los Angeles Lakers landed former New Orleans superstar Anthony Davis. Davis will now be teamed up with LeBron formidable bench, the Lakers could

Sports reporters from every media outlet James, which makes the Lakers instant struggle more than people think.

Then there was former Warrior Kevin be joined by former Boston Celtic Kyrie Irving and big man DeAndre Jordan.

How about former Charlotte Hornet Kemba Walker joining the Celtics.

Apparently winning a title wasn't And why shouldn't they? The players enough to keep former Raptor Kawhi that have changed teams are among the Leonard in Toronto. He will be joined by Davis led the Pelicans to the playoffs former OKC Thunder's Paul George in twice - that's it.

> So what does all this mean for next season? Who are the new favorites? Who Kawhi and George. Those two rosters are the new super teams?

They haven't made the playoffs in six straight seasons, but provided there are no major injuries, fans in L.A. should have something to cheer about next season.

The Lakers have LeBron, Davis and a reliable Kyle Kuzma, but little else. Without enough money to pay a

There are some who now see the Lakers as the favorites to win the title; especially with the signing of Anthony Davis.

But you have to consider something, in his years with New Orleans, what did Davis do to make them better – nothing. They were never in the championship hunt and hardly ever made the playoffs.

In his seven years in New Orleans,

The Clippers – the other team from L.A. - were 48-34 last season and just added should make the Staples Center the place to be next season.

But which team is the better one?

To be honest, even though the MVP voting last season was between Giannis Antetokounmpo and James Harden, I thought the most consistently good player in the league was Paul George.

Teaming him up with Kawhi, along with a roster that made the playoffs, not to mention one of the best coaches in the league in Doc Rivers, the Clippers could be hoisting the trophy next year.

The Nets were a playoff team and just added Durant, Irving and Jordan. True, Durant will probably miss the entire season with his injury, but Brooklyn should be a title contender for years to

Next year should be interesting. The Nets may get to the second round of the playoffs, but the real experiment starts in

What about the Golden State Warriors? They still have Steph Curry and Draymond Green. The injured Klay Thompson should join them about a month before the playoffs start and they acquired star guard D'Angelo Russell.

There's also Boston and Utah and Portland and Milwaukee and Philadelphia and Denver and Houston and San Antonio.

We also have the added bonus of seeing what Zion Williamson will do for the league.

Troncoso

From Page 1

parents and community members feel welcomed and valued in the district. "If not for my parents' interest and support in our academic efforts, my siblings and I would not have been as successful as we have been," he related. "So, I know, that without the parents, without their success of our students, we cannot succeed," he said.

"Fortunately, we have a school board that is very committed to moving AISD forward to meet the many challenges of an evolving world. We have teachers, staff, and administrators who work hard and are committed to providing a quality education. We have to and will parents and community. We owe it to educational career was receiving a federal ISD," Troncoso added.

our students to pull together for them," Troncoso affirmed.

has worked in the Ysleta and Socorro school districts as an English and English as a Second Language (ESL) (assistant principal and principal) in Socorro ISD. He is a graduate of Ysleta High School (YHS).

University in San Antonio then went on to receive a Master's degree in Education from the University of Texas at El Paso (UTEP). Last December, he completed the doctoral program in Curriculum and Instruction at New Mexico State University (NMSU).

24 Oahu wreath

28 Eyeballed

31 Wheat unit

33 Cabs it, e.g.

35 Ending for Seattle

37 British statesman

39 German coal region

41 Brad, for one

42 Ritzy hotel chain

43 Clothes, informally

" Sera. Sera"

45 Annual awards for

46 "Superman" star

49 1998 bug-themed

50 Two pills, say

54 Vitamin std.

56 Toon units

59 News outlets

athletes

Christopher 48 Skeletal

34 Direction

36 Ambience

appointment by Secretary of Education (both Rod Paige and Margaret Spellings) Prior to joining AISD, Troncoso to represent secondary principals on the National Assessment Governing Board (NAGB) which oversees the National Assessment of Educational Progress teacher and as an administrator (NAEP), which is also known as "The Nation's Report Card."

Troncoso has served in the Navy Reserves for 25 years including a After YHS, Troncoso earned a mobilization in support of Operation direct involvement in the academic Bachelor of Arts degree in English- Enduring Freedom and Operation New Communications from St. Mary's Dawn, at Camp Marmal, Afghanistan, from Sept. 16, 2011 to June 25, 2012.

"I will be working hard to encourage parents to read to their kids at home, to check on their homework, to make sure they communicate with their teachers when they have questions or concerns, to attend school functions, and to make "I am a proud first-generation school a priority. If we work together work together, from the elementary, to American, as my parents immigrated and are on the same page, there are no the middle and high schools, to central from Mexico," Troncoso stated. He limits to what we can achieve on behalf office, to our school board, and to our said that one of the highlights in his of the children and students of Anthony

RETURNED

- **ACROSS** 1 Followers of Genghis Khan
- 8 More ill-tempered 16 Big deli cut 20 Level of authority 21 Called again
- 23 Stadium levels reinforced with metal
- strips? 25 Falco of the screen 26 "I'm thinking..." 27 "_ and the Real
- 28 George Eliot's "_ Marner' 29 NEA part 30 BBQ meat bit 32 Dutch South

Girl" (2007 film)

- African who's testifvina? 36 Org. on a toothpaste tube
- 38 Dot-com's address 40 Ranchers' ropes 41 Almost a plaintiff?
- 48 Low-quality 51 Love affairs 52 "No noise!"
- 53 Sooner than 55 Cut-rate, in adspeak
- 57 Out of neutral 58 Pupils with

- artificially curled hair? 62 Fleur-de-_ 63 _ nitrite (vasodilator) 65 Longoria of TV
- 66 Examine critically 67 Fencing blades 69 Fruity drink 71 Continually doing
- well 74 Boxer Laila 75 Poet Ogden 76 Stars' place 79 Small expert
- tennis server sent from heaven? 82 "Pest" in Beverly Cleary books 85 Like the soil around a big tree
- 86 Boater's tool 87 Kiss go-with 88 Slate wiper 89 Naval off. 90 Drop anchor 93 Statement when lots of people have
- gathered somewhere? 96 Petty despot 47 Salon colorer 98 Public radio's Glass 99 SSNs, say 100 Like supplies for
 - 104 Filming area 106 "Us" rivals
- farriers that are sent by 110 Book before

- Nahum 111 Sailor's mop 113 Like many monks, by vow
- 116 Toiling hard 117 Having reached a lower limit set by boxer Max?
- "Peter Pan" 123 Fettuccine 124 That lady's 125 Bald
- 126 Curly-haired dogs **DOWN** 1 Electric car
- company 2 One-_ (short play) 3 Scarlett's Butler 4 Overflows 5 German for "evervone" 6 Steals from
- Curl the lip toward 8 Old PC screen type 9 Spool of film 10 Designed to be
- appended 11 Drag racer's fuel 12 Old German ruler 13 _ de la Cite 14 Always, in poems
- 15 Aves 16 Ale mugs 17 Soup spoon 18 Phony name 19 Sanctify
- 60 Pericles' T's 61 Take out of the eye of a needle 64 Liquefy 67 Start for "while" 68 Person of encyclopedic learning 69 Open-eyed 70 "The Simpsons" 71 Grimm nasty 72 12:00 p.m. 73 Fusses

74 Styled after

the like 76 Just all right 77 Recognized 78 Lawn site 80 Yeshiya topic 81 She sang "Believe" 83 Missile paths 91 Great Plains tribe 92 Surgery ctrs. 94 Having the right job credentials 95 Directory for a web 96 Outpourings 97 More ritzy 100 Break to bits 101 Request in blackiack 102 More aloof 103 Tom of "The Seven Year Itch" 105 Bar code scanner, for short 106 Popular '50s Ford 107 Veronica of "Hill Street Blues" 108 Chopin piece 109 Short notes 112 Sheep calls

114 " & Stitch"

115 News, briefly

117 Spa reaction

118 Gp. flagging bags

Answer Page 4

119 Prefix with light

120 Snaky shape

(Disney film)

75 Of synapses and

Super Crossword

20 22 23 26 39 46 58 60 62 63 64 70 72 82 38 85 86 93 98 100 101 102 104 105 106 | 107 | 108 | 109 103 116 117 | 118 | 119 121 122 123 124 125 126

Comix

OUT ON A LIMB By Gary Kopervas









AMBER WAVES By Dave T. Phipps









THE SPATS By Jeff Pickering



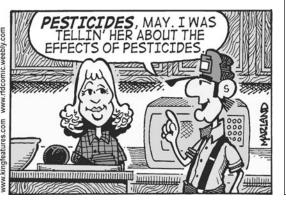




R.F.D. By Mike Marland







Do they make me look fat?

Time to go on the Warpath!

Vision

Moore Texas by Roger Moore

Spaniards tried civilizing the Indians by giving them items like longhandled underwear.

Archives: www.wtxcc.com

Don't drink wine for health reasons

DEAR DR. ROACH: As a winemaker, I get my daily (small) dose of resveratrol through red wine. I drink about a half bottle daily. But I also take resveratrol supplements. What is

the latest evidence as to the health benefits of this natural polyphenol? Am I ingesting too much? – G.G.

Resveratrol is a substance found in red wine, coming from grape skins. One study in rats showed that it improved lifespan, and many people were interested in it. However, the dose of red wine needed



to duplicate the study would be about 1,000 liters daily for a human; worse, a trial of resveratrol (in people with multiple myeloma) showed no benefit, and five of the 24 subjects developed kidney failure (it was not clear whether the myeloma or the resveratrol was responsible for the kidney damage. Also, the dose used was 5 grams, which is 10 to 20 times the size of the usual supplement).

A trial in Alzheimer's disease patients was too short to prove benefit but did seem to show increased brain volume. A 2016 review shows that at high doses, it lowers blood pressure (which often is raised by alcohol) and cholesterol. For that reason, resveratrol still holds promise, but it's too early to recommend as a supplement.

It's not the resveratrol I'm worried about your getting too much of; it's alcohol. A half a bottle of wine (assuming average alcohol content, which varies a little) for an average-size man is two and a half glasses, which contains alcohol that is over the level of most recommendations (one glass for women, two for men, with food).

For some people, wine enhances pleasure in life when taken moderately, and that's the only reason it should be consumed. Alcohol should not be taken for health reasons.

DEAR DR. ROACH: I think I may have herpes, but I'm not sure. What are the symptoms of the virus? When I go to the doctor, what do I say? When I was there last time, I was given a urine test for STDs, which was negative, but now I urinate a lot and have a bump on my penis. – M.G.

When we are discussing herpes as a sexually transmitted disease, we usually refer to herpes simplex virus type 2. Even

See HEALTH, Page 8



CLASSIFIED AD FORM 25 words - \$15 per week; 40 words - \$20 per week

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Deadline: Monday, 4 p.m. Please print. Send form and payment (no cash) to:

West Texas County Courier 15344 Werling Ct. Horizon City, TX 79928 Contact Information:

Name: _____

Health

From Page 7

though other herpes viruses HSV-2 is the most prevalent, people in the U.S. infected. HSV-2 usually is asymptomatic, definitively. but in both men and women it outbreaks of blisters, classically filled with clear fluid and painful.

diagnosis of HSV for any to improved in recent years, and Reserved.

it is a good way to make the diagnosis in someone who doesn't have a lesion at the time they see the doctor.

Two other STDs - gonorrhea can be transmitted sexually, and chlamydia-can be diagnosed using a urine test, but not HSV. with approximately 50 million When you go to the doctor, ask for a blood test to rule out herpes

Urinating a lot is not a usual can be associated with periodic symptom for STDs, but painful or uncomfortable urination is.

During this time, the virus Dr. Roach regrets that he is can be accurately identified unable to answer individual by a laboratory. However, it is letters, but will incorporate them often not a classic appearance, in the column whenever possible. and it's wise to consider the Readers may email questions ToYourGoodHealth@med. genital lesion. The quality cornell.edu. (c) 2019 North of the herpes blood test has America Synd., Inc. All Rights

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: S equals T

AE ZJI CJ GXHM JU ZJIQ LQJVAKP SJ MPPL AU SJIHD. ZJI VACDS KXZ SDXS'K X GQPXHD JE HJUSXHS.

Answer Page 4

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Weekly **SUDOKU**

by Linda Thistle

8	9			1			5	
		7			2	8		4
1			6	5				7
	3		2		9		4	
9		4			6			1
		8		3		7	9	
	1		9	4		2		
	8	5			7		6	
4			8			1		5

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆

Answer Page 4

♦ Moderate ♦ ♦ Challenging

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Did you pay fees with your VA home loan?

by Freddy Groves

Department of Veterans Affairs VA disability? Did you pay extra fees on your loan? Pull a refund.

review to see if the Veterans Benefits be charged loan guaranty fees. OIG dug deep and determined that between 2012 and 2017, the VA collected \$9.78 billion in documentation. fees. Of those, 72,900 feeexempt veterans were hit for recommendations, but Guaranty Service doesn't be finished by the end of July. get control of the situation,

million over the next five at years to 43,400 veterans. This failure to refund went

on even after the loan program learned in 2014 that some veterans were exempt from the Did you take out a fees. In 2016 the Loan Guaranty Service acknowledged that loan to buy a home between \$150 million needed to be 2012 and 2017? Are you on refunded. As of January 2019, nothing has been done.

The individual numbers are out your loan documents and brutal. The amounts those take a look. You could be due 72,900 exempt veterans paid averaged \$4,400 and go as The VA Office of the high as \$19,500. Some fees, Inspector General did a the excuse was, happened when a veteran was not Administration exempt at the time of the loan was allowing veterans to but became exempt later. Fair enough. But there were times where lenders claimed that refunds were applied to loan balances – but there was no

The OIG offered \$286 million. Additionally, know how that sometimes says the OIG, if the Loan goes. The plan for action is to

In short, there is a lot of

fee money out there, and some of it might belong to you. Look at your loan docs. Sometimes the fee is paid up front; sometimes it's rolled into the loan. Read it could owe another \$164 through the OIG report www.va.gov/oig/pubs/ VAOIG-18-03250-130.pdf.

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 With summer storm season upon us, I feel like it's a good time for some advice. In addition to having a gallon of water per person per day for at least three days for drinking, cooking and minor sanitation, fill bathtubs or even a lined garbage can with water to be able to manually flush your toilet. If you live on well water, your pump will not work; your water lines may be cut off or compromised. Be prepared.

- JoAnn

 "Highwindsfromstormscan find their way though a crack in your home's defenses and put an incredible strain on the house. Keep both interior and exterior doors and your home's windows closed for the duration of any storm. This includes any smaller access windows and garage windows. It helps to keep the pressurecompartmentalized. So, don't open your door to see how windy it is, because it might let the storm tear off your roof!"

- V.R. in North Carolina

· "Major storm headed your way? When service goes down, I know I celebrate the moment the lights come back on, but electronics aren't always so joyful. A simple overhead light or table lamp will be able to alert you that the power is back on, but it's unlikely to be fried by surges that sometimes precede a full return of service. Unplug nonessentials to protect them from power surges."

- A.A. in Florida

• "If you own a home in an earthquake-prone area, be sure you know how to turn off gas lines. Find the tool you need to do it, and keep it in a special place, preferably right where you'd use it."

- L.W. in Oregon

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803. (c) 2019 King Features Synd., Inc.

by Linda Thistle GO FIGURE!

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

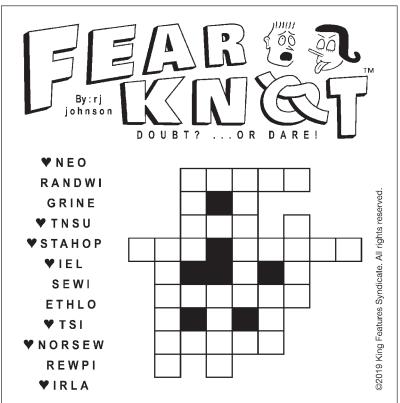
DIFFICULTY: ★★

★ Moderate ★★ Difficult *** GO FIGURE!

11 15 7 16

2 3 4 4 5 6 7 9

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Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥ RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

Answer Page 4