



NEWSBRIEFS

San Elizario moves election date

The City of San Elizario City Council held a special meeting on March 20 to consider approving an ordinance to postpone the May 2, 2020 general election until November 3, 2020. The positions of Mayor, Alderperson Place 4 and Alderperson Place 5 are on the ballot. The ordinance passed 4-0, with one alderperson unable to attend. The City deemed this an emergency and an urgent public necessity because of the imminent threat to public health and safety presented by the COVID-19. Texas Governor Greg Abbott just issued the proclamation allowing the City to move its election on March 18.

– Maya Sanchez

Service cancelled

The Kiwanis Club of Horizon City has cancelled its annual Community Easter Service scheduled for April 12, 2020 in Horizon City.

– Ann Miller

Fabens ISD extends closure

As we continue to closely monitor all incoming information regarding COVID-19, Fabens ISD has extended its campus closures until further notice. During our extended school closure, meal distribution will continue for all students and children ages 18 and younger. New hours to pick up breakfast and lunch curbside will be Monday through Friday from 7:30-10 a.m. at Fabens High School and various bus drop off locations. To view the current schedule and remote sites, please visit fabensisd.net. Please continue to check the Fabens ISD website at fabensisd.net for updates.

– Lettie Mora

Canutillo ISD extends closure

The Canutillo Independent School District (CISD) has extended its campus closures until further notice, in accordance to the City of El Paso’s announcement that a Shelter in Place rule has been enacted. Students and staff are asked to remain at home and follow health department guidelines regarding the spread of COVID-19. CISD staff tied to critical operational

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All people need faith that will not shrink when washed in the waters of affliction and adversity.

– Quips & Quotes

By Alfredo Vasquez
Special to the Courier

EL PASO COUNTY – Due to this nation’s current pandemic situation, the U.S. Census Bureau is adjusting its timeline to give all residents the opportunity to respond. Bureau officials recently announced a new timeline for the Census self-response operation which is already underway.

Census officials announced recently that the timeline completion dates for certain tasks have been pushed back to mid-August with the final count report expected to be delivered to the president on schedule, December 31st.

According to bureau officials, after less than two weeks into the process, 21percent of the nation’s citizens had completed the census survey: 17.5

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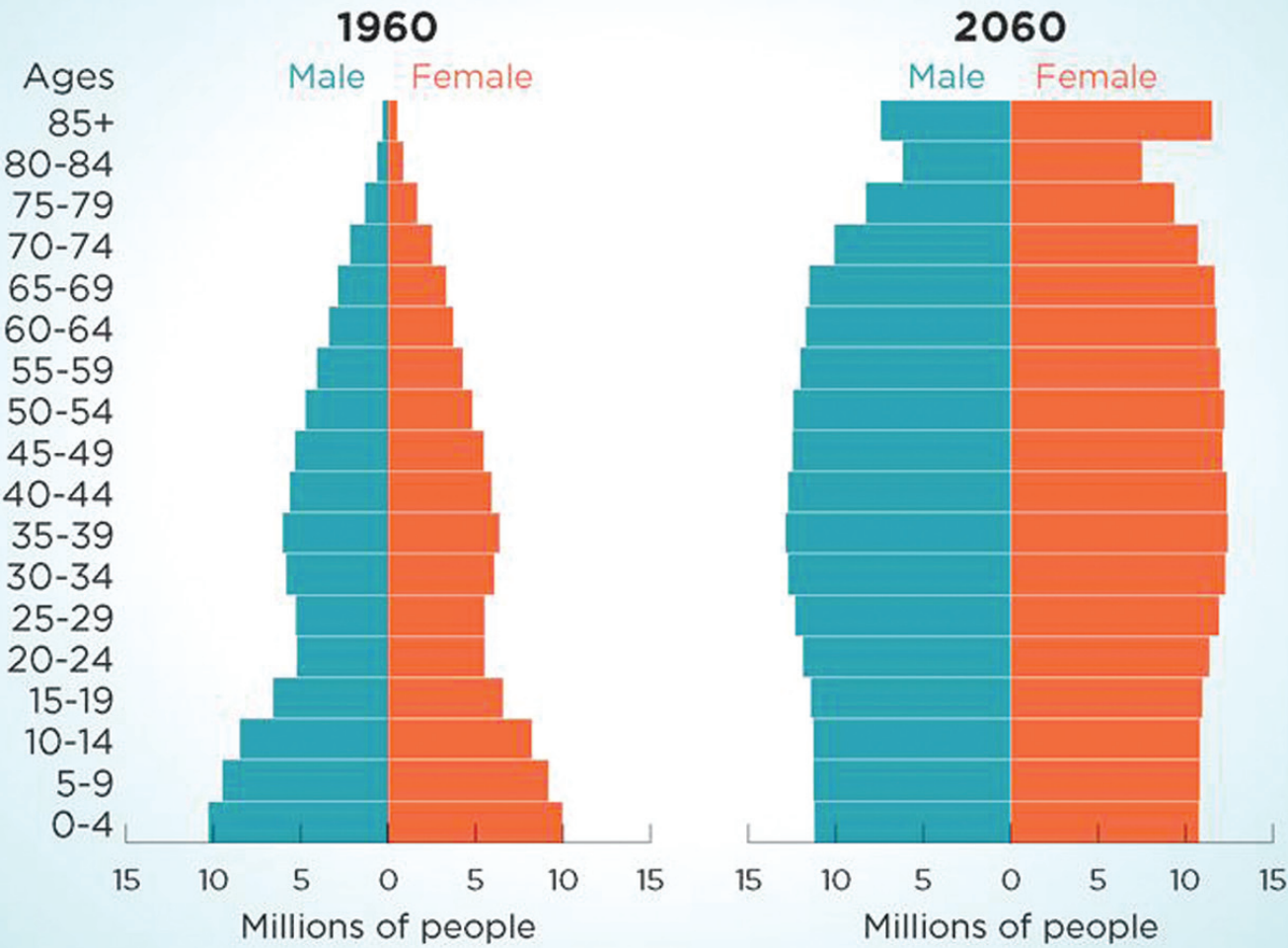


– Images courtesy U.S. Census Bureau

GET INVOLVED – Local Census Bureau media specialist Oscar Arriaga is encouraging everyone to help spread the word about the importance of the Bureau’s mission. He invites the public to follow the progress of the counting process by using a variety of #hashtags including #2020Census, #Census, #AmericaCounts, #2020CensusJobs, #ShapeYourFuture, #Censo2020, #DaleFormaATuFuturo.

From Pyramid to Pillar: A Century of Change

Population of the United States



United States[™]
Census
Bureau

U.S. Department of Commerce
Economics and Statistics Administration
U.S. CENSUS BUREAU
census.gov

Source: National Population
Projections, 2017
www.census.gov/programs-surveys/popproj.html

SHAPE OF THINGS TO COME – The graph above offers a population shift comparison 100 years apart.



Breaking news

TV reporting, hucksters whose job it is to improve ratings by trivializing journalism.

Sooner or later, one of the network bosses will realize that the phrase “breaking news” will have gotten stale or even moldy. Look for them to come up with embellishments, like the sound of china shattering, or even a new cliché. How about “OMG-WTF!”?

You must admit, that one has a certain ring to it, definitely with the younger generation of viewers whom the broadcast bosses are desperately seeking. The pursuit is a waste of time, since most of them are not paying attention because they’re too busy trying to find love.

The only defense of the oldie-

but-goodie hype is that “Breaking News” isn’t hype at all. Much of the news these days is about a country breaking up, fracturing before the leadership of President Donald Trump, just as surely as a great glacier that began long ago is breaking up because of the climate change that Trump and all the other deniers insist isn’t happening. They continue with policies that accelerate the demise of planet Earth, as opposed to saving the world by using human ingenuity. Ingenuity is costlier and harder work than the few wealthy, selfish rulers of the energy interests want to expend. In Donald Trump they have a pliable dupe, one who has become convinced that the increased intensity of forest fires and evidence of flooding to come

are all a “hoax.”

Cooperating with the breakup of the country, and for that matter all countries, are the members of an inept opposition, meaning the Democrats. Their hearts may be in the right place about the vital issues of the day, but their minds are not when it comes to countering the corrupt regime in power. Democrats waver between sputtering in outrage and becoming a laughingstock as they go through the motions of putting together a ticket to try to depose Trump.

They are no match for a president who, like the news consultants, has no regard for the nation they all pretend to be concerned about. All the ratings gimmickry replaces solid reporting of important stories and leaves us all vulnerable to the misinformation. That in turn burns unrestrained through social media. These nihilists have no scruples, and they are all able to thrive because the population is poorly informed, a citizenry that doesn’t believe it’s worth the effort.

The biggest problem for those who want to replace Donald Trump is an intensity gap. His millions of supporters are passionate about their grievances and have a leader who knows how to exploit them. The opposition seems intent on sapping the passion out of their natural followers. If they largely stay home on Election Day – and well they might – Donald Trump will have a clear path to finishing the job of breaking up the nation in his next term.

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View from here By John Grimaldi

Trump suspends garnishment of Social Security for student loans in default indefinitely

AMAC says it will fight to make it permanent

The Trump Administration has put a timely halt on the ability of the government to garnish Social Security benefits to pay for defaulted student loans for an indefinite period during the COVID crisis, reports the Association of Mature American Citizens (AMAC).

Seniors are the fastest growing segment of the population with outstanding student loan debt. Research conducted by the Consumer Financial Protection Bureau (CFPB) shows that, “In 2018, Americans over the age of 50 owed more than \$260

billion in student debt, up from \$36 billion in 2004, according to the Federal Reserve. Nearly 40 percent of borrowers aged 65 and older are in default.”

AMAC has been in the forefront of the fight to protect Social Security benefits from garnishment. “Forty-five percent of unmarried Social Security recipients and 21% of married couples rely on their benefits for at least 90% of their income. Garnishing that fixed income for student loan debt can have a particularly devastating impact on their lives,” says Bob Carlstrom, president of the AMAC Action initiative.

In a statement issued today,

Carlstrom expressed AMAC’s appreciation for the decision to suspend the garnishment of Social Security benefits saying: “We commend the Administration and the Secretary of Education for suspending the ability of the federal government to garnish the Social Security income of beneficiaries for payment of student debt during this challenging time. The Secretary has indeed responded to the concerns and pleas of many members – and non-members – of AMAC. This action is a good first step on this issue.

“Social Security benefits are off limits to nearly all creditors,

but not the federal government which can garnish Social Security benefits for certain debts, including federal student loan debt cosigned by retirees. According to the Federal Reserve, Americans over 50 hold \$260 billion in student loan debt. Benefits can be garnished for court-ordered child support or alimony, or for debts owed to the government. For many seniors, however, their monthly Social Security check is both a critical part of, and indeed the safety net, of their income and financial situation. We believe Social Security benefits should be protected from garnishment

by any party, including the federal government.

“We believe Social Security benefits should be protected permanently from student loan default garnishment by any party, including the federal government.”

The Association of Mature American Citizens (<http://www.amac.us>) is a senior advocacy organization that takes its marching orders from its members. We act and speak on their behalf, protecting their interests and offering a practical insight on how to best solve the problems they face today.

1973
47
Years
2020

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This is not sustainable

Countries have experienced economic depressions before, but not usually as a matter of choice.

The nationwide coronavirus shutdowns over the past three weeks have ground parts of the country to a halt. We have probably never before in our history seen so much economic activity vaporize so quickly – within days or even hours. The Great Depression and the panics of the 19th century are the only possible analogues.

Goldman Sachs is forecasting a 24% drop in quarterly GDP. Morgan Stanley is anticipating a 30% decline.

These are the top-line numbers of a vastation that will throw millions out of work, stress families and blight personal lives, destroy the dreams of small-business owners and bankrupt industries. This is a tale of human misery, not just of declines in the stock market and in GDP.

The federal government can alleviate some of the damage, but even the biggest, best-designed stimulus bill is no substitute for shuttered storefronts and factories. And how many times can Washington pass \$2 trillion bills?

No, this is not sustainable, nor

will people stand for it except as a temporary expedient. President Donald Trump is already expressing impatience with his own guidance against gatherings of more than 10 people for the next 15 days.

If that sentiment is understandable, it'd be foolish to give up on the lockdowns before they have much of a chance to, in the cliché of the hour, flatten the curve.

If the disease had been left unchecked, it would have exacted an enormous price, in lives of the infected, in the breakdown of the hospital system, in the follow-on effects on people ill with conditions that would have gone untreated. No matter how bad today's lockdowns are, imagine if we decided to undertake them at a time when the U.S. already had a million cases and the health care system was in deep crisis.

Our aim should be to shift from the blunderbuss solution of mass shutdowns to rifle-shot remedies, on the model of what South Korea has done with its widespread testing (although it has much more favorable conditions as a smaller, more cohesive country with an outbreak centered on one church).

We should focus on the production of tests, ventilators,

masks and other protective gear on an industrial scale. Whatever the government has to spend or do to get it done should happen – just as if we were on a wartime footing.

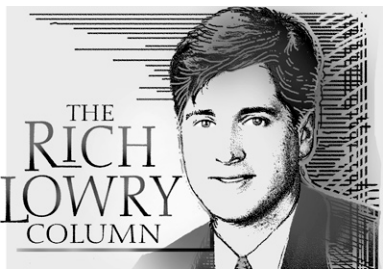
The first priority should obviously be backstopping the hospital system and protecting front-line medical workers. But, as economists Paul Romer and Alan M. Garber argue, we need to widen out from there to create a system of population-wide testing and the distribution of protective gear to workers

interacting with the public to protect against the spread, while allowing for ordinary work.

This regimen would depend on innovation – cheaper, faster tests, etc. – but that is surely within our power with enough will and resources.

Then, we could begin to return to normal with much less risk, even if vulnerable populations and metropolitan hot spots still require extraordinary precautions.

Whatever path we take will be costly and have its downsides.



All we can know with certainty is that the current path is untenable.

Rich Lowry is editor of the National Review. (c) 2020 by King Features Synd., Inc.

Socorro ISD to turn on field lights

By Christy Flores-Jones
Special to the Courier

EL PASO COUNTY – High schools in the Socorro Independent School District (SISD) will be shining their football/soccer field lights bright starting March 30 as a sign of hope and solidarity for SISD and the greater El Paso community during the unprecedented coronavirus pandemic.

SISD high schools will turn on the field lights from 8 to 9 p.m. every weekday night as part of the #BeTheLight movement. Schools across Texas are

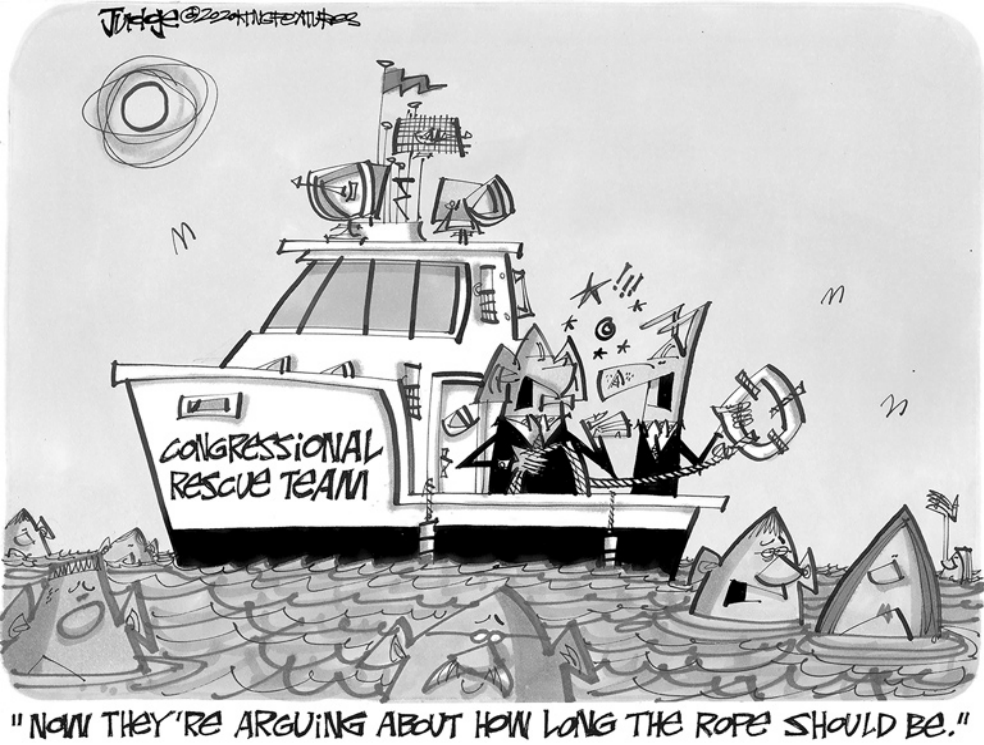
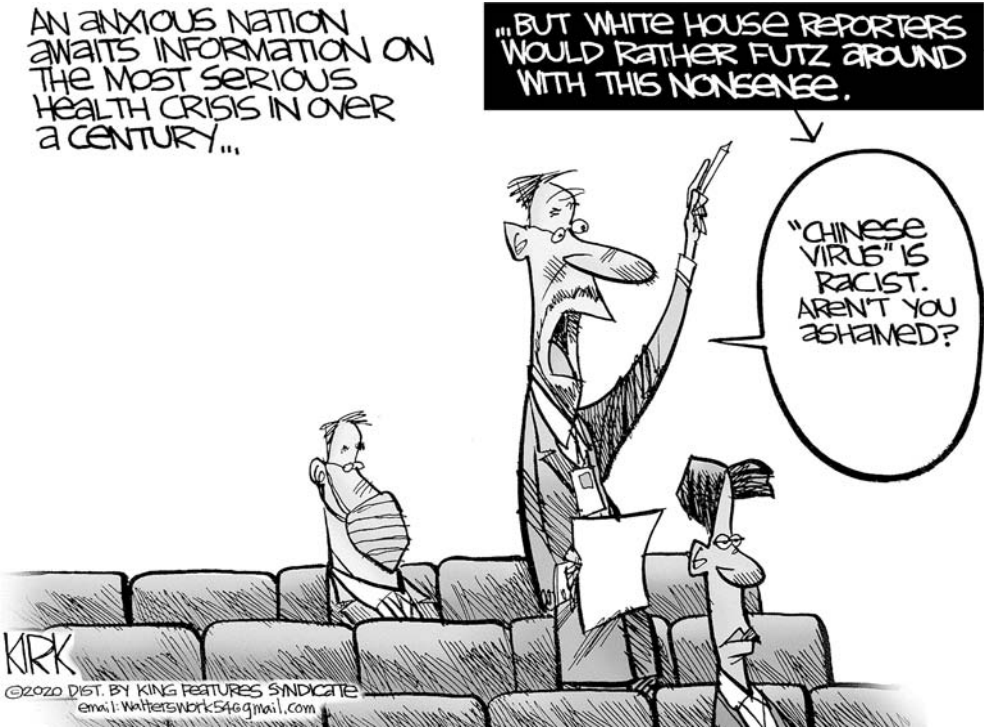
joining in the stadium lights campaign to give students and communities reassurance, hope and faith amid the uncertainty of our current situation.

The lights in SISD also will honor the Class of 2020. The lights are a beacon of unity and strength for the students who looked forward to a spring full of events that would have allowed them to leave their legacy and formulate cherished memories.

“The bright lights at our schools will show our students that they are in our hearts and minds as we navigate these uncharted waters,” said SISD Superintendent Jose Espinoza,

Ed.D. “I feel for our seniors and all of our students who are missing out on what should be the best times of their lives in school, sports and so many other activities. I hope they see the lights and know that we care for them deeply, and we will persevere together to overcome these trying times.”

#BeTheLight is also a symbol of hope and determination for the scores of educators and leaders in school districts, government and health authorities, and healthcare and law enforcement employees who are working tirelessly to adjust and maintain critical functions in our society.



Census

From Page 1

percent of the state of Texas had responded; 15.4 percent of the state of New Mexico had responded; 16.5 percent of El Paso County had responded;

and 16.1 percent of Dona Ana County had responded. With the Census operations in full swing, the U.S. Census Bureau continues to carefully monitor the coronavirus (COVID-19) situation and follow the guidance of federal, state and local health authorities,

according to Oscar Arriaga, Media Specialist for this region’s Census Bureau operations. “We are adjusting some operations with two key principles in mind: protecting the health and safety of our staff and the public and fulfilling our statutory requirement to deliver the 2020 Census counts to the President on schedule,” stated Arriaga.

Arriaga said that the Census Bureau is diligently working to ensure that everyone across the nation is counted and that includes college students, who are counted where they live and sleep most of the time as of April 1.

The census regulations stipulate that if a college student usually lives abroad, outside the United States, they are not counted in the census. However, if he or she lives in the U.S. but is traveling abroad on April 1, the individual is counted where the person usually lives.

According to census regulations, students who are no longer living abroad are counted where they are living in the U.S. on April 1. And students who usually live abroad but are only in the U.S. temporarily are not included in the census.

“International students living and attending school in the United States should be counted at the on- or off-campus residence where they live and sleep most of the time,” Bureau officials explained.

More information, on how university students can ensure that they are counted in the 2020 Census campaign and help shape their future, is available online at, https://www.youtube.com/watch?v=B4e8o1_LxY.

For individuals interested in how many people in the nation and all communities are responding to the population counting, the U.S. Census road mapper feature on its website will show, each day, at 3 p.m. ET, where the nation is in its self-response rates. To view these updates, visit the Census Bureau website, at <https://20census.gov/en/response-rates.html>.



By Lucie Winborne

• In the mood for a *looong* vacation? Consider the planet Uranus. Its summer lasts 21 Earth years.

• It takes 700 gallons of water to make a cotton shirt. To put that in perspective, the amount of water needed to make a T-shirt is enough for one person to stay hydrated for 900 days, while the amount necessary to create a pair of jeans is equivalent to hosing down your lawn for nine hours straight.

• The official color of the Golden Gate Bridge is “International Orange.”

• Speaking of that delightful hue, Alexander the Great washed his hair in saffron to keep it shiny and orange.

• There are more possible iterations of a chess match than there are atoms in the known universe.

• The world’s least-common surnames include Sallow, Miracle and Relish, while extinct surnames include Bread, Spinster and Bythesea (By the sea).

• Your navel contains thousands of bacteria that form an ecosystem the size of an entire rainforest.

• Ever wondered about those ridges along the edges of some coins? They were the brainchild of Sir Isaac Newton, who while warden of the Royal Mint in 1696 used the reeded edges to help combat theft and counterfeiters.

• After the hip-hop duo OutKast coined the phrase “shake it like a Polaroid picture” in their hit song “Hey Ya!” Polaroid released this statement: “Shaking or waving can actually damage the image.”

• Just like fingerprints, no two tongue prints are alike.

Thought for the Day: “I don’t need a friend who changes when I change and who nods when I nod; my shadow does that much better.” – Plutarch

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Moments in time
THE HISTORY CHANNEL

• On March 30, 1867, U.S. Secretary of State William Seward signs a treaty with Russia to buy Alaska for \$7 million. Despite the bargain price of roughly 2 cents an acre, the Alaskan purchase was ridiculed as “Seward’s Folly” and “Seward’s icebox.”

• On March 31, 1889, the Eiffel Tower is dedicated in Paris in a ceremony presided over by Gustave Eiffel, its designer, and French Prime Minister Pierre Tirard. At 984 feet, the Eiffel Tower remained the world’s tallest man-made structure until the completion of the Chrysler Building in New York in 1930.

• On April 1, 1970, President Richard Nixon signs legislation officially banning cigarette ads on television and radio. Nixon, who was an avid pipe smoker, supported the legislation at the increasing insistence of public health advocates.


• On April 2, 1902, the first American theater devoted solely to movies opens in Los Angeles. Housed in a circus tent, the venue was dubbed “The Electric Theater.” A ticket cost 10 cents for a one-hour show.

• On April 3, 1955, the American Civil Liberties Union announces it will defend Allen Ginsberg’s racy book “Howl” against obscenity charges after 520 copies of the book were seized entering the U.S. from England. American publisher Lawrence Ferlinghetti was later arrested and tried for promoting obscene material, but was found not guilty.

• On April 4, 1913, Chicago bluesman Muddy Waters is born in Clarksdale, Mississippi. Born McKinley Morganfield, he wrote “Rollin’ Stone,” “Hoochie Coochie Man” and “Got My Mojo Working,” songs that would later inspire Bob Dylan.






• On April 5, 1931, Fox Film Corp. drops John Wayne from its stable of actors after he failed to impress the studio in a series of bit parts. In 1939, Wayne had his breakthrough in “Stagecoach,” and 30 years later he would win an Oscar for “True Grit.”

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The Museum is Closed Until Further Notice

In an effort to limit the impact of the COVID 19 pandemic and for the well being of the public and City of El Paso employees, the City has closed all City museums until further notice. This includes our parking lot. The El Paso Archaeological Society (EPAS) is also closed. All programming has been suspended or cancelled. Guests may still visit the trails. Please do NOT block the entrance gate with vehicles at ANY time.



Thank you!

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CryptoQuip Answer

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Send Your Newsbrief To:
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Now, more than ever, it is important to be counted in the 2020 Census

By Peggy O’Brien
Special to the Courier

WEST TEXAS – In light of the COVID-19 pandemic, which has resulted in closures of businesses, schools, and restricting the size of gatherings, many Census outreach events are now postponed for the health and

safety of our residents. New strategies to reach hard-to-count households in our community during this time will include continued and added social media networking and promotion and a bolstered reliance on traditional outlets such as newspapers, radio, bulk mailings, flyers and posters. Information and good swag will also accompany school meals

and distributions at regional food pantries. West Texas counties and municipalities will need federal resources to recover from COVID-19 aftermath – funding that is based on population – so an accurate Census count is essential. As of today (03/30), these are the response rates in our area:

- El Paso – 27.8%

- Hudspeth 2.6%
- Culberson 1.2%
- Jeff Davis 3.8%
- Presidio 0.6%
- Brewster 11.6%

We need to get these numbers up. It has never been easier or more convenient to complete the Census from the comfort of your own home. Everyone who lives in the household must be counted, regardless of

immigration status. If you haven’t received your Census survey yet, you can respond either on line at [My2020Census.gov](https://my2020census.gov) or over the phone. English speakers can call (844) 330-2020 and Spanish speakers can call (844) 468-2020 to participate. Visit www.riocog.org for more Census, or other, information that affects our West Texas communities.

Briefs

From Page 1

resources and distance learning are considered essential personnel and allowed under the Shelter in Place provision. The distribution of electronic devices to families is under way. The District is distributing one electronic device per family that does not have either a home computer, laptop or tablet at home. Parents will be contacted by their campus for distribution details.

- Visit www.canutilloisd.org/COVID19/Online_Learning to learn more about Online Learning and download The Remote Learning Toolkit; and
- Visit www.canutilloisd.org/COVID19/free_breakfast_and_lunch_schedule for meal distribution during the closure.

All other district events are postponed. Graduations will be postponed if health guidelines do not allow us to have them in May.

– Liza M. Rodriguez

Medicaid coverage

With the Trump administration unveiling an overhaul of Medicaid, healthcare playing a big role in the 2020 election and coronavirus testing being covered by Medicaid, the personal finance website WalletHub has released its report on *2020’s States with the Most & Least Medicaid Coverage* (along with accompanying videos). In order to identify which states rely most and least on Medicaid, WalletHub compared the 50 states across 12 metrics, ranging from total Medicaid spending per low-income population to adult care quality and children Medicaid eligibility level. Texas rated 37th in this report.

Medicaid coverage stats in Texas (1-Most, 25-Average):

- 42nd – Total Medicaid Spending Per Low-income Population;
- 30th – Adult Care Quality;
- 9th – Children Medicaid Eligibility Level; and
- 31st – Pregnant Women Medicaid Eligibility Level.

Visit <https://wallethub.com/edu/states-with-the-most-and-least-medicaid-coverage/71573/> for the full report.

– Diana Polk

Taxpayer ROI

Tax Day is approaching, but the federal government has allowed taxpayers to defer payment by up to 90 days without penalty due to the coronavirus pandemic. In light of these events, WalletHub has released its latest analysis of the U.S. tax landscape, an in-depth look at the states with the *Best & Worst Taxpayer*

Return on Investment in 2020, as well as accompanying videos. WalletHub used 30 metrics to compare the quality and efficiency of state-government services across five categories – Education, Health, Safety, Economy, and Infrastructure and Pollution – taking into account the drastically different rates at which citizens are taxed in each state. Texas was rated 12th overall in this report. Other taxpayer ROI in states Texas (1-Best, 25-Average):

- 6th – Total Taxes per Capita (Population Aged 18+);
- 36th – Education;
- 35th – Health;
- 37th – Safety;
- 15th – Economy; and
- 49th – Infrastructure and Pollution

Visit <https://wallethub.com/edu/state-taxpayer-roi-report/3283/> for the full report.

– Diana Polk

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*2018 data. Average out-of-pocket costs vary slightly by state. Get the facts at airmethodsNMR.com

While the sports world is hurting, it’s still lending a helping hand

By Steve Escajeda
Special to the Courier

As was grimly predicted, the COVID-19 virus has made its way across the globe and it appears it still has a way to go.

Much of the world has shut down its normal way of life for the first time since World War II.

There are those who say our leaders aren’t doing enough, and there are others who feel they’re going overboard. The question of whether the world’s occupants are overreacting to the virus is still unanswered.

The question that has been answered is whether human beings will step up and come to each other’s aid at this time of need – and the answer is a resounding yes!

And though the world of sports is silent at the moment, there are many athletes

and sports organizations that have stepped up to the plate to help.

There’s the “Athletes for COVID-19 Relief” account which was put together by sports celebrities like Golden State Warrior Steph Curry, race car driver Jimmie Johnson, Olympic gymnast Aly Raisman and more. The “Pledge It” donation platform gives people a place where they can make donations for those who have been negatively affected by the virus.

Then there’s basketball star Blake Griffin of the Detroit Pistons, who contributed \$100,000 to pay the salaries of workers at the Little Caesars Arena after the NBA season was suspended.

Seattle Seahawks star quarterback Russell Wilson and his wife Ciara are donating one million meals to the Seattle Food Lifeline.

New Orleans Saints quarterback and future Hall of Famer, Drew Brees and

his wife, Brittany, announced that they were donating \$5 million to the State of Louisiana. Brees said he was partnering with the Second Harvest Food Bank, Ochsner Health Systems, Walk-Ons, Jimmy Johns, Smalls Sliders and Waitr to prepare and deliver over 10,000 meals per day throughout Louisiana for as long as it takes to children on meal programs, seniors, and families in need.

Atlanta Braves first baseman Freddie Freeman is donating \$125,000. The baseball star has pledged \$50,000 to Giving Kitchen, \$50,000 to Atlanta Community Food Bank and \$25,000 to the Salvation Army.

Milwaukee Bucks stars Giannis Antetokounmpo (The Greek Freak) and Khris Middleton have each pledged a donation of \$100,000 to pay the salaries of the staff at his home stadium, the Fiserv Forum, while the NBA season is suspended.

Chicago Cub Jason Heyward is donating \$200,000, with \$100,000 going toward the Greater Chicago Food Depository and another \$100,000 going to MASK, an organization that is collecting supplies and meals for families who have been impacted by the virus.

Houston Texans star J.J. Watt and his professional soccer player wife, Kealia Ohai, have donated \$350,000 to the Houston Food Bank. This contribution will provide over 1 million meals for people who are in need.

Cleveland Cavs star Kevin Love is donating \$100,000 through the Kevin Love Fund to go toward compensating workers at the Rocket Mortgage FieldHouse, where his Cleveland Cavaliers play.

Dallas Mavericks owner Mark Cuban said event staff will be paid for all scheduled home games while the NBA is on hiatus. The “Shark Tank” star has also committed to reimbursing employees for meal purchases made at independent local establishments in the area.

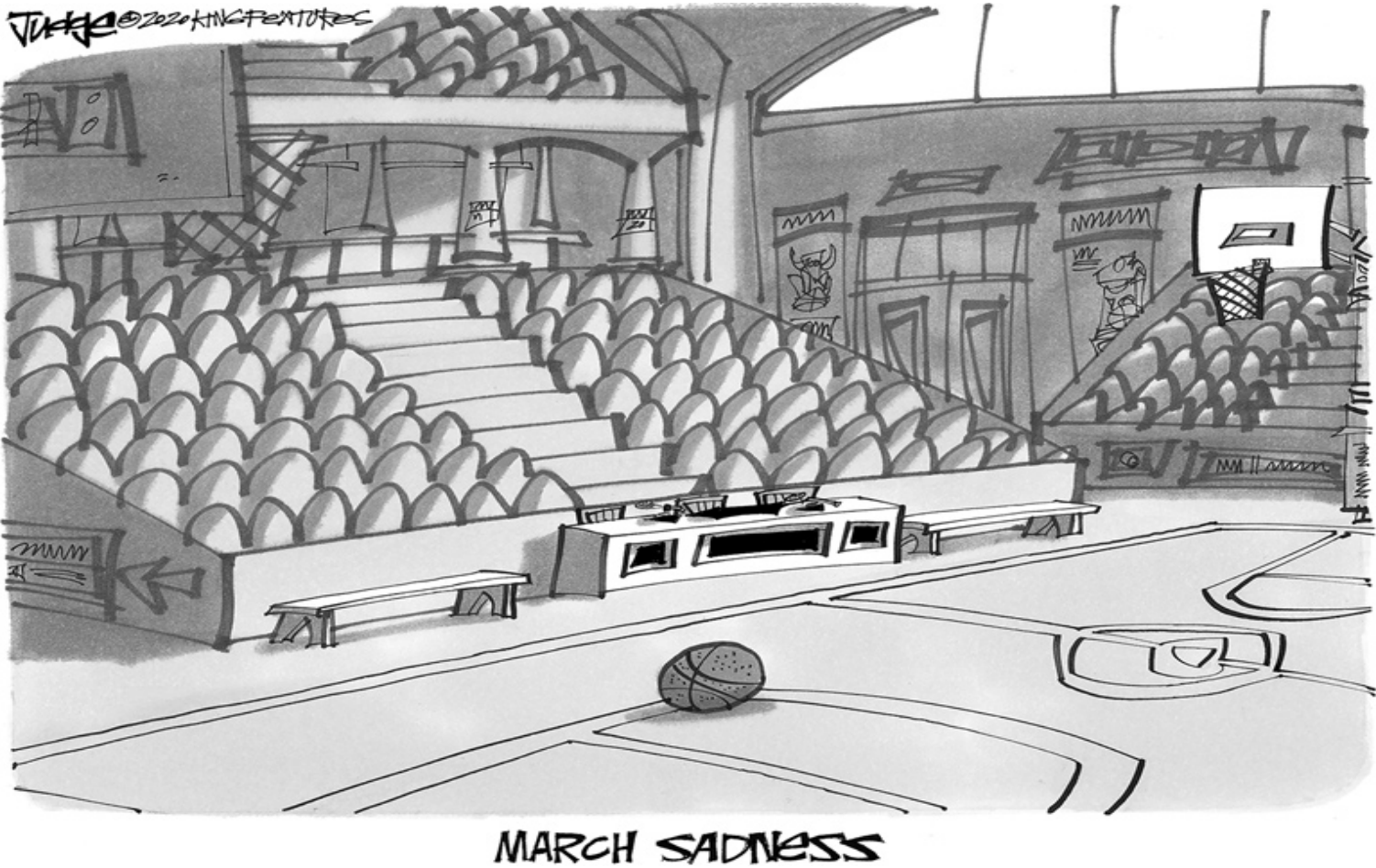
New Orleans Pelican rookie Zion Williamson pledged to cover the salaries of all workers at the Smoothie King Center, his home stadium, for 30 days.

Los Angeles Lakers star Kyle Kuzma is partnering with YMCA in Flint, Mich., to donate meals to seniors impacted by the coronavirus.

Utah Jazz center Rudy Gobert, who was the first NBA star to test positive for the virus, donated \$100,000 to pay part-time employees of the Vivint Smart Home Arena in Salt Lake City, \$100,000 each to coronavirus-related social services in Utah and Oklahoma City, and 100,000 euros (\$111,000) to go toward his home country of France.

These are just a very few of the athletes and organizations who are giving back to their fellow human beings. No doubt many more will join in as this health emergency advances.

At this time in history, the stats listed above mean so much more than points, rebounds, touchdowns, sacks, strikeouts or home runs.



Super Crossword

"CAN'T YOU SEE I'M DIZZY?!"
ACROSS

1 Bar mitzvah language

7 Its capital is Montgomery

14 Old jazz buff

20 Henry II player Peter

21 Horse feed supporter

22 106-Down on Cal Ripken's cap

23 Amaze a Sherlock Holmes portrayer?

25 _ acid (corrosive liquid)

26 _-mo

27 Brighton brew

28 12-month famine?

30 Trendy berry in juices

33 Shire of film

34 Goddess of the dawn

35 Singer Brown got dressed?

42 Gridiron gains: Abbr.

43 Pen giant

45 Make reparations

46 Cosa - (Mafia's kin)

48 Areas of expertise

51 Provides party platters

53 Determine which team scored?

57 Supper scrap

58 "Egypt _ up like a flood": Jeremiah 46:8

60 "NO TURN -" (traffic sign)

61 Octa- plus one

62 Relative of a résumé

64 Judge on the bench, e.g.

65 Bee creation

66 Fact about a consolidation loan?

71 Two-spot

74 University in Atlanta

75 In _ (owing)

79 Old science magazine

80 Balance pan

81 Pittsburgh's Carnegie _ University

84 Instructors' org.

85 Sub-shop blaze?

88 Relative key of B minor

90 Michelangelo work

91 California wine region

93 Old Greek market

94 Erwin of old films

95 "The Tell-Tale Heart" taleteller

98 Moola earned by a love god?

100 Blocks from the freezer

102 Is up against

104 School in

Berkshire

105 Road named after singer Deanna?

110 Seeded loaf

112 _ Alamitos, California

115 Thinking the world of

116 What to do to socks that tear every 24 hours?

120 Appear

121 Asinine

122 Late actress Brennan

123 Hot-_ (drag racer)

124 Turn from a straight line

125 Say "no" to

DOWN

1 Mortar trays

2 List-ending abbr.

3 TV clown

4 "Frasier" woman

5 Jazz singer

6 Fitzgerald

6 Li'l fellow

7 Gasteyer of "Mean Girls"

8 Truckload

9 Deadly pale

10 Newirth of "Frasier"

11 "If I Had -" (Lyle Lovett song)

12 American avant-garde artist

13 Antediluvian

14 Toyota rival

15 Iroquois foe

16 Falafel bread

17 Amendment

18 Samuel of justice

19 PC whizzes

24 Intel mission

29 Hi_ (stereos)

31 Positive pole

32 Atlas feature

35 Son of Isaac

36 Video game name

37 Catchphrase

38 Phenyl ender

39 Saw-toothed

40 Ingrain

41 Soft & _

43 Jazz genre

44 Limonite, e.g.

47 Worship

48 Nursed, say

49 Kin of -ess

50 Don't depart

52 Uses a stool

54 Writer Blyton

55 Grove plant

56 Kind of tea

59 _ Field (Mariners' stadium)

63 Most chancy

64 " _ will be done"

65 Very irate

67 Arabian Sea country

68 Actor's part

69 Long lock of hair

70 Stomped

71 Tip, as a hat

72 Arab bigwig

73 Frank and open

76 Pear variety

77 Corp. shuffling

78 Mother of Isaac

80 _-cone

81 List of dishes

82 Get hitched on the fly

83 Maximum

86 Post-OR area

87 OR worker

89 Before now

92 Prettify

95 "NerdTV" network

96 Bested

97 Online investing site

99 Tom of "Tomorrow"

100 Slacking sort

101 Pataki's predecessor Mario

102 Make furious

103 Font flourish

106 Nest builder

107 "Picnic" dramatist William

108 Organic compound

109 Head, to Gigi

111 Falco with four Emmys

112 In _ of (rather than)

113 Jai-alai cries

114 "Auld Lang _"

117 Amp plug-in

118 Masquerade

119 Furry TV alien

Answer Page 8

Comix

OUT ON A LIMB By Gary Kopervas



AMBER WAVES By Dave T. Phipps



THE SPATS By Jeff Pickering



R.F.D. By Mike Marland



TIGER By Bud Blake



New option to treat enlarged prostate

DEAR DR. ROACH: I am a 66-year old male, who is healthy with a very active life, both physical and sexual. Like many men my age, I have an enlarged prostate that my doctor monitors during annual visits. It doesn't impair my life, with the small exception of being annoying (waking up nightly to a weak or slow urinating stream), and it doesn't bother me too much during the day, except once in a while when I have to urinate a little more than usual. Every now and then I'll try an over-the-counter prostate supplement, but they never work. I will NOT go for a surgery because it's not really necessary. I just read about a new revolutionary treatment option called a prostatic lift device, which is supposed to "lift and remove the prostate tissue out of the way so it no longer blocks the urethra (the passageway that the urine flows through)." It says, "Tiny implants are placed to hold the tissue in place, like tiebacks on a window curtain, leaving an unobstructed pathway for urine to flow normally again." They go on to say that treatment typically takes under an hour, preserves sexual function, doesn't require cutting, heating or removal of tissue. Compared with other BPH surgeries, this system is supposed to have a strong safety profile with minimal side effects. Have you ever heard of this? Do you think it's safe? It sounds great. However, the thought of tiny implants being placed inside of me and staying there scares me. – V.A.



The prostatic urethral lift procedure is yet another option for men with symptoms of an enlarged prostate. The procedure does involve the placement of small implants. The procedure is said to be easy to perform (easy for a urologist, that is), and improves quality of life and measures of urinary flow.

In a study of 206 men, none developed sexual troubles after the procedure. It has significant benefits over traditional surgery: Recovery is faster and has less risk of sexual side effects, but traditional surgery improved urinary flow and complete bladder drainage more than the urethral lift procedure. Also, 14% of men who had the lift procedure needed the traditional surgery within five years. The implants seem to be safe and do not affect the ability to do surgery if necessary.

I wouldn't recommend this procedure nor a surgical procedure – or even an alternative procedure like laser, microwave, plasma vaporization or water vapor ablation – without a trial of prescription medication first. Most men do very well with an alpha blocker like tamsulosin (Flomax), a dihydrotestosterone blocker like dutasteride (Avodart), or a combination of the two. I'm not sure you have tried that.

DEAR DR. ROACH: Simple question: Why can't I hear well when I am having a big yawn? Is this normal? – J.C.A.

This is normal; in fact, it's a universal finding with a yawn that hearing decreases (but doesn't go away entirely). This is because the Eustachian tube closes, and there is a pressure difference inside versus the outside of the eardrum, reducing the ability of the ear to transmit sound.

Interestingly, after a big yawn, hearing may be improved; when the Eustachian tube reopens after the jaw position changes, it can equalize the pressure and improve sound transmission.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu. (c) 2020 North America Synd., Inc. All Rights Reserved.

Click It or Ticket.

Even in the back seat.

Buckle up every rider for every trip.

State law now requires both adults and children to be buckled up in the front or back seat. A child less than 8 years old, unless taller than 4 feet 9 inches, must ride in a child safety seat. Most children between 4 and 8 years old will need a booster seat to be safe and comply with the law. Fines range from \$25 to \$250, plus court costs. TexasClickItorTicket.com



Moore Texas by Roger Moore
March 29, 1901: Texas Legislature appropriates \$50 a month pay for the Texas Rangers.
www.wtxcc.com • www.wtxcc.com • www.wtxcc.com

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: R equals Z

FZ TE FITOFTE SJPZ DYI
APBN QTK, F MBPVWQP JP
SYWOK DFAP NYW
T MFRRT JFV QFEK!

Answer Page 4
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Weekly SUDOKU

by Linda Thistle

		4			3			1
	9			2		6		
6			7		5		2	
		5	6				1	3
8					9		7	
	4	2		1		8		
		9	3	7		2		
	3			5			9	
7					4			5

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

Answer Page 4
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Stand Downs offer help for homeless veterans



by Freddy Groves

Do you need Stand Down services? Or are you willing to help create successful events for homeless veterans? Even though parts of the country aren't quite out of winter weather, annual Stand Downs are gearing up. As spring and summer fully arrive, the number of events will increase.

Stand Downs, which last from one to three days, provide a long list of services, all in one location. Legal assistance, haircuts, personal care supplies, counseling on Department of Veterans Affairs benefits, clothing, information about housing, dental screenings... they offer all this, usually right at one of the VA facilities across the country. Counseling is available as well for mental

health concerns, plus substance abuse, health care information and referrals, and much more.

Perhaps you don't need the services but can offer your help instead, especially if you're a member of a veterans' group. Great. Contact organizers in your area and volunteer. They'll need drivers, set up, donations of personal care items, you name it. Ask what you can do.

If you plan to go to a Stand Down to access services, bring your DD-214 or its equivalent, plus your VA medical card if you have one. If you need a way to get there, sign up for transportation in advance.

If you need housing services, or if you are homeless now and there is no Stand Down coming up in your area, contact National Coalition for Homeless Veterans [www.nchv.org] at 1-877-424-3838. If you have a housing emergency (you're about to be homeless), you can call 24/7. Visit its website and look through the drop-down

menu across the top. To see the list of Stand Downs in your area, go to www.va.gov/homeless/events.asp and scroll down the page. You'll see the location, as well as two contacts with email and phone numbers for each one.

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• Most people wash their sheets, and some people fluff and air out their pillow. But how many properly clean their mattress? Vacuum the mattress surface at least every three months. Sprinkle with baking soda to absorb any odors.

• "Use a panini press for hash browns. They come out crispy on both sides. It works out great!" – L.R. in Florida

• If you're adding fruit to muffins or quick breads, just make sure you toss them in flour first. It will keep them from sinking to the bottom, distributing them more evenly throughout the bread.

• Need more storage in a small bathroom? Install a shelf over the door. It's out of the way and you can store items you don't need daily, but do need to access.

• Use a serrated knife to cut the dome tops off of cake layers, then put them in the freezer for 30 minutes. It will make it easier to frost, and you'll get less crumbs that come up.

• "I often get up during the night to take medicine to help me sleep better. It's hard to see and line up the marks to open the container. So I got a permanent black marker and highlighted them (I even made them larger). Now it's easy to line them up in the dark." – D.E. in California

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803. (c) 2020 King Features Synd., Inc.

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★★

★ Moderate ★★ Difficult
★★★ GO FIGURE!
Answer Page 4

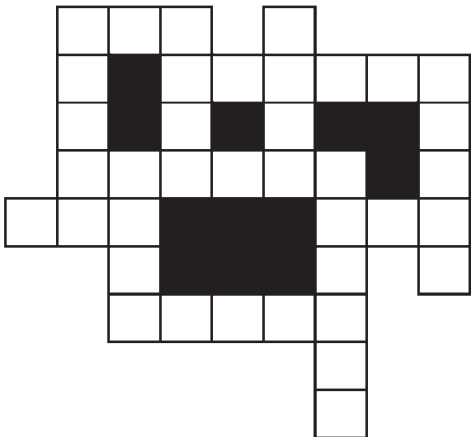
	x		+		23
+		-		+	
	+		+		23
x		x		+	
	+		x		24
11		10		19	

1 2 4 5 6 7 8 8 9

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EYN
♥ RAYPLE
NEWCI
♥ NEOP
YEDLIE
WHE
LYWA
WADLR
OWO
♥ DACLEN
NOHIR
♥ DWEA



Answer Page 4

Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

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