

VOL. 49, No. 14

SERVING ANTHONY, VINTON, CANUTILLO, EAST MONTANA, HORIZON, SOCORRO, CLINT, SAN ELIZARIO AND TORNILLO

## **NEWSBRIEFS**

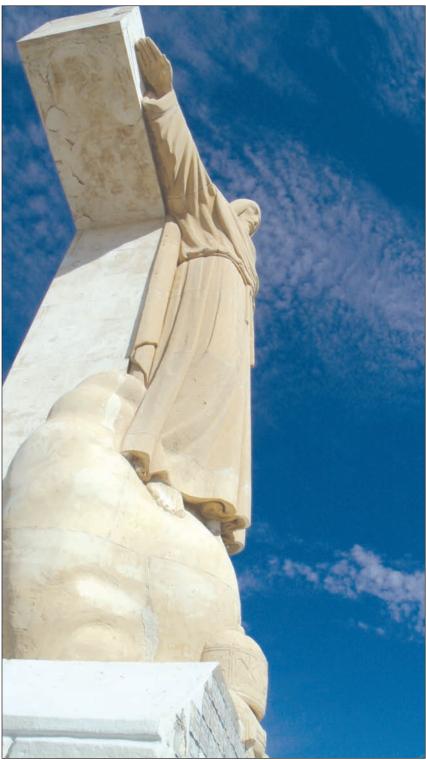
#### **Canutillo ISD early** childhood education

Canutillo Independent School District (CISD) will hold its Family Engagement Conference on Saturday, April 9, 2022 from 8:30 a.m. to 12:30 p.m. The conference, The Future is Now, will take place at Bill Childress Elementary School (7700 Cap Carter Rd.). "A child's early years are the foundation for his or her future development, providing a strong base for lifelong learning and learning abilities, including cognitive and social development," said Sandra Carrillo, Canutillo ISD early childhood and new teacher coordinator. "Academics is important but we also make sure we are focused on the whole child to foster individual creativity." Research has shown the significance of early childhood education as an instrumental building block to a child's future success academically and socially. Come learn about what the Early Childhood Program has to offer you and your little learners.

- Liza Rodriguez

#### **Book returned three** centuries overdue

It's not unusual these days to see reports of library books being returned years and even decades late, but a church library in Sheffield, England boasts the return of a book that has been overdue for some 300 years. The book was returned recently with a note of apology. Rev. Canon Keith Farrow, vice dean at Sheffield Cathedral, confirms that the book in question is a 1704 edition of The Faith and Practice of a Church of England Man. It turns out that it was found among the possessions of a deceased woman residing in Wales who left a note that the book should be returned to the church library upon her death. Farrow explains that back in the day when the Cathedral was just a church, it was well known for its lending library. He jokingly told reporters that "I'm trying to work out what the librarian's fine would be - you never know, we might get a new roof or something with the fine! But I did promise the family I wouldn't charge them the fine they've returned the book and that's wonderful."



- Photos by Alfredo Vasquez

VERY TALL - The first stone of the limestone statue was placed on May 24, 1939 by American Sculptor Urbici Soler. From then on, until its completion, he was on the scaffold from 4 a.m. to sunset every day. The statue was ready in time for the first pilgrimage on October 29, 1939.

## Worshippers will be able to climb Mt. Cristo Rey on Good Friday this year

**By Alfredo Vasquez** Special to the Courier

EL PASO COUNTY - Before the Easter Sunday celebration of the resurrection of Jesus Christ comes the solemn moments of Good Friday, the observance of His crucifixion. And throughout the centuries the faithful followers of Christ's teachings have marked the holy occasion with a pilgrimage to a sacred place.

Such a site is the statue atop Mount Cristo Rey, which is located at the confluence of the Texas, New Mexico, and Chihuahua, Mexico borders. The mammoth limestone structure has been looking over the El Paso del Norte region since 1939, and since then Christians of all denominations have been trekking up the five-mile hike to the monument every Good Friday to observe the annual commemoration of Christ's sacrifice.

This year's climb to the consecrated statue will be held once again after having been canceled last year due to the COVID-19 pandemic. The Mt. Cristo Rey Restoration Committee confirmed recently that this year's Good Friday hike will be held in the morning hours of April 15, with the gates to the free parking area open at 6 a.m.

Participants can meet at the large parking lot at the trailhead to Mt. Cristo Rey, off McNutt Road (NM 273). To get there from El Paso, travelers can take the Racetrack exit off Paisano Drive and cross the Rio Grande. Committee member Ruben Escandon stated that the five-mile hike is considered easy to moderate, and is suitable for all ages, however no pets are allowed.

At an elevation of 4,675 feet the 29-foot-tall statue of Christ, which now serves as a shrine to thousands of faithful in the El Paso and Southern New Mexico region, was the vision of Father Lourdes Costa, a local Catholic parish priest. In 1933, after looking out the

See CRISTO REY, Page 3

- John Grimaldi

An economist is a man that figures out tomorrow why the things he predicted yesterday didn't happen today. - Quips & Quotes



BE CAREFUL - Mt. Cristo Rey is open to everyone, however, visitors are cautioned not to climb alone. People are encouraged to go in groups as vandalism, assaults, and robberies have occurred. Visitors are encouraged to hike on days when organized events are held and security is provided. Individuals may visit the Mt. Cristo Rey website for information on pilgrimages scheduled throughout the year.

## **Ron DeSantis and the new Republican Party**

lit up the right, this time pushing back against Disney's critique of the so-called "Don't Say Gay" bill.

In his statement, DeSantis was absolutely stalwart, saying that the chances are "zero" that he's going to back away from his support for the law. And he didn't hesitate to go on offense against Disney. He said it had made a fortune off being family-friendly so should understand if Donald Trump had never emerged - Chris Christie, that families don't want inappropriate material injected into the curriculum at schools and smacked the company for making money in China without denouncing the brutal practices of the Chinese Communist Party.

DeSantis had been equally forthright a few days earlier, contesting the dishonest "Don't Say Gay" characterization by a reporter at a news conference. "It's why people don't trust people like you," the governor said, "because you peddle fake narratives, and so we disabuse you of those narratives."

This is the voice of the new Republican Party.

Which is not to say that the party wasn't socially conservative before (George W. Bush ran against gay

Florida Gov. Ron DeSantis had another moment that (one of George H.W. Bush's best moments in 1988 was slamming Dan Rather during a live interview). But there's a new combativeness that is clearly a reflection of how Trump underlined the power of cultural issues and changed the rules around how you deal with controversy - by doubling down and hitting back harder.

> Perhaps DeSantis would be just as inclined to rumble for instance, had considerable success with a "bring it on" attitude toward criticisms during his governorship.

> What feels new, though, is the zest for combat on cultural issues, as well as a willingness to bring to bear public power to the fight where possible (government has every right to control what is and isn't taught in government schools).

There's also a complete intolerance for playing along with false media narratives. And, lastly, there's zero hesitation to stand up to corporations siding with the left in policy disputes. It seemed several years ago in the debates over religious-freedom restorations acts at the state level that corporations held the whip hand over state officials. marriage in 2004), or that it didn't criticize the media Not anymore. Not after Republicans have learned that the

appropriate response to such pressure is, "No. Hell, no."

If this new approach draws on

Trump, it should vitiate one of the arguments long made for Trump: "At least he fights." Now, the party is full of people who want to fight in a broadly similar fashion however, with important differences from Trump.

In the "Don't Say Gay" controversy, DeSantis isn't relitigating what happened in the last election; he is freshly litigating a defense against a cutting-edge progressive cause.

He isn't defending the indefensible; he's defending the eminently defensible, in fact the unfairly maligned.

He isn't dragging anyone through a fight occasioned by his personal failings or dubious practices; he's standing up for a well-considered conservative initiative.

And he isn't jousting with reporters who know more about the contested topic than he does; no, on this and

See LOWRY, Page 7

## View from here By Marilyn M. Singleton, M.D., J.D.

# **Real Americans and the American oligarchy**

Driving across our country makesoneappreciate this glorious and (dare I say) exceptional country. The diverse landscapes to demoralize its citizens and are a feast for the eyes. Food have them live in fear and for the soul is the affirmation anxiety even when a "crisis" that most Americans love their families, treasure America, and enjoy their fellow Americans than whether they be white, black, or day to day needs. To steer somewhere in between.

us coastal and urban residents about gender fluidity, diversity training, and decarbonizing energy systems to avert the coming environmental Armageddon. When the media could not flog us with a juicy Covid-19 tragedy, they resurrect a tired but effective angst-inducing headline about the

West Texas (

Monday through

imminent big earthquake<sup>1</sup>.

Why would the mediagovernment complex want has resolved? To make them rely on the government, rather themselves for their them from respecting the Daily, the media dutifully inform democratic republic formed by our Constitution to accepting government control of their lives. Fear lays the groundwork for unquestioning compliance.

> Federal and state governments have used Covid as a justification to cross the line from public safety measures into tyranny. Despite the decreasing Covid

> > OUNT

cases, the emergency<sup>2</sup> declaration was extended beyond March 1, 2022. The national emergency more than 100 special powers<sup>3</sup> that can bypass legal procedures ranging from banking to public government wants to control.

Despite a long tradition of differing opinions regarding medical disease processes and treatments, the government discouraged such discussions regarding Covid. First, the Surgeon General simply asked us to help stop "misinformation" it "pollutes because our information environment<sup>4</sup>." A few short months later, the feds are demanding<sup>5</sup> that social networks, search engines, crowdsourced platforms, e-commerce platforms based on trust and privacy? and instant messaging systems send data and analysis on and intrusion are becoming the prevalence of Covid-19 misinformation on their sites. Translation: divergent opinions will be censored once the

so. What happened to our respect lifelong bureaucrats like Dr. for the marketplace of ideas<sup>6</sup>?

If tracking our computer career politicians who are hardly designation gives the President use doesn't work, we have the the working man's heroes like National Patient ID<sup>7</sup>, a single Nancy "let them eat ice cream"<sup>9</sup> number issued by the federal Pelosi. Universities - grooming government containing all the our future leaders - have become health and anything else the details of a person's medical records from cradle to grave. The concept has been around for more than 25 years as part of HIPAA<sup>8</sup>. However, Congress banned itself from funding such an undertaking. In 2019, Congress lifted the funding ban are trending toward our own despite the very real possibility that a National Patient ID could allow for large-scale idealogues who have transitioned tracking of Americans through their healthcare records. What happened to the confidential patient-physician relationship

> Such government overreach commonplace. We are perilously close to losing government of, by, and for the people. Our government is increasingly

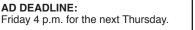
national Covid government discovers how to do populated with close-minded Anthony Fauci and the influential politically imbalanced<sup>10</sup> and intolerant<sup>11</sup> of open discourse.

We hear about how the evil Russian and Ukrainian oligarchs<sup>12</sup> who profited from political unrest are pulling the strings of their government. We classic oligarchy, the rule by a few. We have our own wealthy from mere annoying elitists into toxic powerbrokers promoting their own agendas. Notables include Mark Zuckerberg (Meta/ Facebook), Jeff Bezos (Amazon, Washington Post), Bill Gates (Microsoft), George Soros (Open Society Foundation).

Meanwhile, runaway inflation<sup>13</sup>

See OLIGARCHY, Page 3

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April 7, 2022



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#### Oligarchy From Page 2

Americans to afford basic necessities<sup>14</sup>. Filling one's automobile with gas is

now an exercise in emotional and financial misery. The reaction of Secretary of Transportation Buttigieg and Vice President Harris are indicative of their disdain for the average American. Can's afford gas? Buy a \$45,000 electric car<sup>15</sup>. This dismissive rhetoric does not comport with reality. In 2020, there were 286.9 million<sup>16</sup> cars in the US with 1 million electric vehicles. Moreover, the electric grid absolutely could not support a sudden influx of electric vehicles, given the brown-outs across the country in winter and summer.

This political and powerful class of people want to change the way we live and think – whether we like it or not. We will never have as much money to buy political influence as do the American oligarchs. But we do have our voices. Parents are speaking up about their schools' curricula and toxic overtly racist policies that perversely segregate<sup>17</sup> students by skin color and laws that bypass parental input<sup>18</sup> into their children's medical decisions. Physician office practices<sup>19</sup> are changing to meet the needs of patients, not insurance and pharmaceutical companies. Physicians who have fought for open medical discussion about vaccine safety and efficacy are leaving their mark. CDC Director Walensky<sup>20</sup> finally publicly admitted that the Covid vaccines do not stop transmission of the virus. Many physicians have gone from looking at their unvaccinated patients in horror to "I respect your choice."

The oligarchs do not represent the real America. It's up to us to carry on the legacy of American heroes who thought for themselves and bucked the system.

## The links in the digital copy of this issue, at www.wtxcc. com, are clickable.

1 – https://patch.com/california/san-francisco/big-caearthquake-may-kill-thousands-it-could-happen-tomorrow 2 – https://news.yahoo.com/biden-extend-u-national-

is making it harder for emergency-001639296.html Americans to afford basic 3 – https://www.nbcnews.com/politics/politics-news/what-

national-emergency-n957711

4 – https://www.hhs.gov/sites/default/files/surgeon-generalmisinformation-advisory.pdf

5 - https://www.nytimes.com/2022/03/03/technology/surgeongeneral-covid-misinformation.html

6 - https://www.annenbergclassroom.org/timeline\_event/ marketplace-ideas-concept-defined/

7 – https://ehrintelligence.com/news/the-pros-and-cons-of-anational-patient-identifier-npi-system

8 - https://www.cdc.gov/phlp/publications/topic/hipaa.html

9 - https://nypost.com/2020/11/12/progressives-slam-pelosiice-cream-stunt-in-election-post-mortem/

10 - https://www.kpcnews.com/opinions/article\_72a36307-576f-517e-8a43-64eb7f024e27.html

11 – https://www.washingtontimes.com/news/2016/oct/6/ liberal-professors-outnumber-conservatives-12-1/

12 - https://www.thestreet.com/markets/emerging-markets/ what-exactly-is-a-russian-oligarch

13 - https://tradingeconomics.com/united-states/inflation-cpi

14 -- https://www.zerohedge.com/personal-finance/expectpay-3000-more-year-gas-and-food-prices-skyrocket

15 - https://www.solarreviews.com/blog/how-much-do-teslaselectric-vehicles-cost

16 – https://financesonline.com/number-of-cars-in-the-us/ 17 – https://www.independentsentinel.com/atlanta-school-

principal-segregates-children-according-to-race/ 18 – https://www.vice.com/en/article/epngzi/can-teens-get-

the-covid-19-vaccine-without-parents-permission 19 – https://freedommed.org/

20 – https://www.msn.com/en-us/health/medical/cdc-directorcovid-vaccines-cant-prevent-transmission-anymore/ar-AASDndg

Marilyn M. Singleton is a board-certified anesthesiologist and Association of American Physicians and Surgeons (AAPS) Board member. She graduated from Stanford and earned her MD at UCSF Medical School. While still working in the operating room, she attended UC Berkeley Law School, focusing on constitutional law and administrative law. She teaches classes in the recognition of elder abuse and constitutional law for non-lawyers. **Cristo Rey** 

From Page 1

back window of his residence in the community of Smeltertown, he envisioned erecting a monument on the summit of a mountain formerly known as El Cerro de los Muleros (Mule Drivers Mountain).

With no knowledge of who owned the mountain or whether it was located in Texas, New Mexico or Mexico, Fr. Costa and sixteen others made the arduous trek on October 28, 1933. In church the following day, Costa preached to the Smeltertown congregation sharing his vision of a cross on the mountaintop. Together, they pledged to erect a temporary wooden cross and to later replace it with a monumental one. Additionally, they promised to volunteer their time and efforts to make a suitable pathway to the mountain peak, according to historical records.

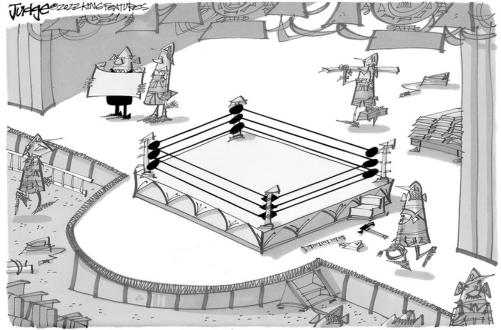
On October 31, 1933, Fr. Costa presented his idea to Bishop A.J. Schuler of El Paso, who was open to the concept. Learning that the area is in present day Sunland Park NM, the Diocese of El Paso purchased about 200 acres from the Commissioner of Lands of New Mexico.

On the eve of Lent, February 13, 1934, men carrying material on their shoulders and braving the hazardous climb over dangerous slopes placed the first cross. At sunset Fr. Costa blessed the twelve-foot high wooden cross.

Having vowed to replace the temporary wooden cross, students at the Smelter Vocational School worked on an iron cross. While that was going on, men, women and children were all working, no less than three times a week for almost five years, to help make the priest's dream a reality.

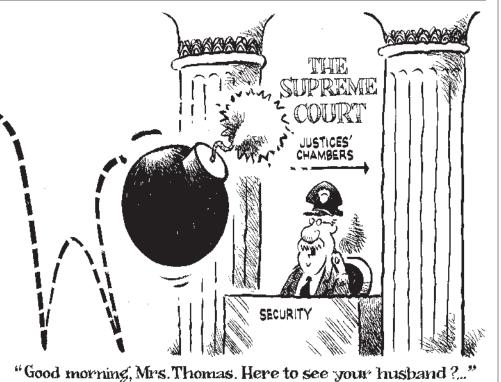
Hundreds of people labored long and hard to build the miles-long road to make the future statue accessible. With the foundation built and the construction of the

See CRISTO REY, Page 4



PREPARATIONS FOR NEXT YEAR'S ACADEMY AWARDS CEREMONY HAVE ALREADY BEGUN.







#### April 7, 2022

### **Anthony ISD** students receive exposure to careers in medical field

**ByAdrianaCandelaria** Special to the Courier

ANTHONY, TX - When Anthony High School sophomore Kayleen Nuñez weaved a needle through a suturing artificial skin pad, she pierced into a new level of experience for her dream career.

"My mom inspired me to pursue a career in nursing," Nuñez said.

"I saw how passionate she was about it, and it made me want to become a nurse so I can help others," Nuñez said.

In partnership with West Texas Area Health Education Center Texas Tech University Health Sciences Center (TTUHSC) El

 Photo courtesv Anthony ISD (AHEC), professionals from IN STITCHES - Anthony High School sophomore Kayleen Nuñez learns how to suture in workshops provided by West Texas Area Health Education Center (AHEC) and Texas Tech University Health Sciences

students about an array of careers in the medical field.

Center (TTUHSC) El Paso.

Students like Nuñez are receiving hands-on workshops led by TTUHSC that can help broaden students' perspectives of what working in the medical field is like.

"Suturing was a challenge, especially when you have to get the needle through the skin and tie it. It was fun but difficult," Nuñez said.

By promoting health careers to young people, AHEC says it aims dental cleaning.



- Photo courtesy El Paso Community College

EL PASO COUNTY – The Government Finance Officers Association of the United States and Canada recently awarded El Paso Community College (EPCC) with the Certificate of Achievement for Excellence in Financial Reporting for the 2020 fiscal

#### Paso are visiting Anthony ISD to teach middle and high school to improve the health of communities and to develop the health care provider work force.

Students in AVID, the district's college and career readiness program, are participating in the courses. The program was introduced to students in early March and will conclude in late April.

By the end of the program, AISD students will have experience in suturing, how to use a stethoscope and how to perform a

#### **Cristo Rey** From Page 3

iron cross complete, on Palm Sunday a second procession was made on March 25, 1934 to place the larger and wider cross.

On August 31, 1937, Fr. Costa met with Bishop Schuler to suggest that American sculptor Urbici Soler (1890-1953), who was living in Mexico City at the time, be commissioned to construct a more permanent monument. Bishop Schuler, having agreed to commission Soler, sent him money for his initial expenses. The sculptor arrived in El Paso on October 4, 1937.

While Costa devoted his time to financing the project, Soler was studying the site and making models of prospective ideas. A clay model made by Soler of his concept of the project was approved on December 7, 1937.

In 1938, Soler selected almost forty tons of the finest limestone from a renowned rock quarry outside of Austin TX. He cut and shaped the large stones himself as he prepared them for shipping, according to historical accounts. The base of the monument measures 14 feet wide and ten feet high. It was made to hold sixinch by four-inch memorial tile plaques made of Spanish Talavera with the names of contributors that sold for \$25 each. The base was completed on

Archives: www.wtxcc.com



#### By Lucie Winborne

Vikings fed their wounded soldiers a strong onion soup to help gauge the depth of a stomach wound. After a few minutes, they would smell the wound and if they could smell the onion soup, they knew the wound was too deep and the soldier could not be saved.

· The "artificial strawberry flavor" in a McDonald's milkshake is made up of around 45 chemicals.

 "Jeopardy!" contestants stand on adjustable platforms so that they all appear to be the same height on camera.

· On the last Sunday of November in Lopburi, Thailand, an annual Monkey Buffet Festival is held that provides food and drink to more than 2,000 local monkeys, as a thank you for drawing tourists to the town.

 The role of U.S. first lady isn't reserved solely for the president's wife. Historically, some first ladies have included nieces, sisters or daughters-in-law of the sitting president.

• The word "and" and the ampersand symbol (&) mean different things in movie credits. Two writers' names joined with an ampersand means they collaborated, while "and" means they worked on the script at different times.

 Researchers have discovered that the Fritillaria delavayi plant, which has been used in Chinese traditional medicine for 2,000 years, has evolved camouflage heavily in harvested areas.

 In 1355, a dispute between two students from Oxford University and a local tavern owner over the quality of its wine grew so heated that it

year. This is the 25th year in a row that EPCC receives this award, which is the highest form of recognition in governmental accounting and financial reporting. Ms. Josette Shaughnessy (above right), Vice president, Financial and Administrative Operations, Mr. Fernando Flores (left), Associate Vice President, Budget and Financial Services and Ms. Ana Zúñiga (center), Comptroller and other members of the Budget and Financial Services team were recognized during the January 2022 Board of Trustees meeting. "This recognition highlights not only EPCC's healthy financial practices, but also achievements across the College including new intiatives related to student success, technology and the multitude of services provided to the El Paso community," EPCC President, Dr. William Serrata. "We are proud of the efforts and dedication of the entire Budget and Financial Services team."

#### See CRISTO REY, Page 6

#### resulted in a three-day-long riot, which left 63 students and 30 locals dead.

Thought for the Day: "Every small positive change we make in ourselves repays us in confidence in the future." - Alice Walker

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– Jim Heiney



• On April 4, 1973, the Twin Towers of the World Trade Center officially open in New York City. The buildings replaced the Empire State Building as the world's tallest building, though they would only hold that title for a year.

• On April 5, 1955, Sir Winston Leonard Spencer Churchill, the British leader who guided Great Britain and the Allies through the crisis of World War II, retires as prime minister of Great Britain. In the first year of his administration, Britain had stood alone against Nazi Germany.

• On April 6, 1776, the Continental Congress takes the first step toward American independence by announcing its decision to open all American ports to international trade with any part of the world that is not under British rule. It was the first act of independence by the Continental Congress.

April 7, • On 1961, President John F. Kennedy sends a letter to Congress recommending that the U.S. participate in an international campaign to preserve ancient temples and historic monuments in Egypt's Nile Valley threatened by construction of the Aswan High Dam.

· On April 8, 1989, California Angels rookie pitcher Jim Abbott, who was born without a right hand, makes his Major League Baseball debut in a 7-0 loss to the Seattle Mariners.

• On April 9, 1859, a 23-yearold Missouri youth named Samuel Langhorne Clemens receives his steamboat pilot's license. Clemens would later write under the pseudonym Mark Twain, a boatman's call noting that the river was only 2 fathoms deep, the minimum depth for safe navigation.



THE WORD IS OUT – The San Elizario ISD Communications Department garnered 17 awards from the Texas School Public Relations Association.

## San Elizario ISD Communications Department recognized

By Jeannie Meza-Chavez Special to the Courier

SAN ELIZARIO – The Independent Elizario San School District (SEISD) Communications Department earned honors, including a Best in Category for its work in communications from the awards members in numerous state. Texas School Public Relations media categories with forty-Association (TSPRA). In addition, for the second year in a recognition for showcasing the work of students and staff in the district.

The SEISD Communications Department received one Best in Category for Web Site – Original Design for San Elizario ISD Online Registration Website. Other awards for SEISD were in published news & feature, where the team earned gold stars and one silver star. For the published news release edited category, the SEISD received one gold star and one silver star, and for video promotional, the SEISD obtained two gold stars. The Websiteoriginal design brought two gold stars, two silver, and a Best in Category for the San Elizario Early College High School (SEECHS) - Website. For the Advertisement - other category, the SEISD earned a silver star. The SEISD Communications submissions improved, having received fifteen awards with a best

seeing the final product."

seven categories in

in category and an increase in gold districts with 15,000 students organization like the TSPRA and stars and silver stars overall. As a or less. Entries are scored by have it recognized; that means communications team member, independent judges on a set we are doing something good." Horacio Hernandez, Director of criterion and are eligible to The SEISD Communications Technology, states, "Being part of receive Gold, Silver, and Bronze Department has continued to the PR Team has been a journey. Stars. In addition, all Gold Star grow by improving on the type Sometimes, projects feel like a Awards are eligible to receive a of work selected to be submitted challenge, but it is rewarding Best in Category Honor. There and evaluated by the TSPRA. were approximately 1,662 entries Perla Magallon, the Specialist The TSPRA organization submitted from throughout the for Information Technology

three the stories of the numerous things that SEISD offers and get different divisions based on championsthroughouthedistrict. TSPRA gold and silver medals row, the SEISD Communications student enrollment. The SEISD Horacio Hernandez states, "It makes me very proud. Without Department has earned state Communications Department is an honor for our work to be a doubt, we are a Community of competed in the category for judged and corroborated by an Champions."

Systems, states, "The opportunity The team collaborates to tell I have to promote the wonderful



• On April 10, 1879, Schandor Herz - the future John Hertz, the man behind what will one day be the world's largest carrental company - is born in present-day Slovakia. In 1923, Hertz bought a fleet of used Ford Model Ts and named the business Hertz Drive-Ur-Self Corporation.

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# Hardaway's Hall of Fame nod better late than never

**By Steve Escajeda** Special to the Courier

Before I started covering UTEP basketball games as a reporter, I was a fan.

And when I say a fan, I go back to my first memories of Miner games as a 10-year-old in 1969, when a skinny point guard by the name of Nate Archibald was starring for the team.

Of course, Archibald didn't just go on to have a Hallof-Fame career, he was also named as one of the top 50 NBA players of all time.

"Tiny" Archibald, as he was called during his NBA career, is still the only player in history to lead the league in scoring and assists in the same season.

But Archibald isn't the only UTEP basketball name in the Hall of Fame.

Head coach Nolan Richardson, led the Arkansas total of three Final Four appearances.

Richardson is also the only coach in history to lead teams to an NCAA championship, an NIT championship and a National Junior College championship.

Of course Richardson played under Don Haskins with the Texas Western Miners and I even remember watching him on the sideline coaching the Bowie Bears before starting his college-coaching career.

Speaking of Don Haskins, he is also a Hall of Famer for obvious reasons. The biggest was leading the Miners to the 1966 championship over powerhouse Kentucky.

Conference titles, led 14 teams to the NCAA tournament end of his career there. and seven others to the NIT.

Well, it's time for the UTEP family to add another name to its Hall of Fame resume. It was announced last week that Tim Hardaway will be the newest former Miner to be named to the Hall.

Hardaway, who last played in the NBA in 2003, waited a little longer than usually to receive the award, but will finally be enshrined in September.

Before I started reporting on sporting events in 1994, I was a fan sitting in the Special Events Center (later to be named the Don Haskins Center) watching Hardaway play for the Miners from 1985-1989.

Those were during the days when UTEP was often ranked in the Top-25 and played in front of sellout

111 How Earth rotates

112 Born under \_ sign

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presumably

"The Queen of

crowds in a deafeningly loud home court environment. With teammates like Antonio Davis, Dave Feitl, Juden Smith, Quintan Gates, Jeep Jackson, Wayne "Soup" Campbell, Chris Blocker, Chris Sandle, Prince Stewart, David Van Dyke, Johnny Melvin and Greg Foster, it isn't hard to see why Hardaway's teams finished with a 101-30 record during his four years in El Paso.

At that time there was no harder ticket to get in El Paso than a seat at a UTEP basketball game. Back then, the Miners could compete with any team in the nation and Tim Hardaway could star against any competition in the country.

After being drafted with the 14th pick of the first round by the Golden State Warriors, Hardaway immediately proved that his success at UTEP was no fluke after averaging 14 points a game and being named to the NBA All-Rookie first Team.

The following four years, as a member of the "Run Razorbacks to a national championship in 1994 and a TMC" Golden State teams (Tim Hardaway, Mitch Richmond, Chris Mullen), he averaged 22 points and 9.9 assists per game.

> And by the way, the other two members of that trio are already in the Hall of Fame.

> "Tim Bug," as he was also known here in El Paso, went on to gain most of his NBA notoriety as a member of the Miami Heat. Miami was a perennial playoff team at the time and it was mostly because of the play of Hardaway and Alonzo Mourning.

> Hardaway went on to play in five all-star games and was named to three All-NBA teams.

And in a nice touch, no member of the UTEP Miners "The Bear," as he was known, coached at UTEP for or the Miami Heat will ever wear the number 10 again. 38 years, won 719 games, won 14 Western Athletic Both of Hardaway's jersey numbers were retired at the

> I've had the pleasure of interviewing Hardaway many times over the years and he's always been great to talk with.

### Cristo Rey

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81 In a prying way

82 Admin. aide

84 W-2 pro

85 "Yeow!"

88 Hearing

73 Bound along

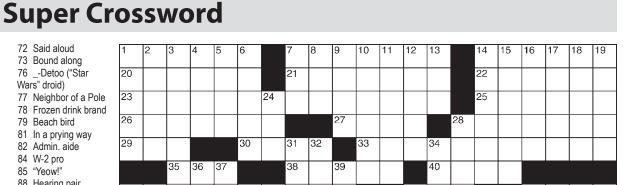
76 \_-Detoo ("Star

From Page 4

#### May 15, 1939.

The first stone of the limestone statue was placed on May 24, 1939 by Soler. From then on, until its completion, he worked on his project from sunrise to monument was constructed and completed to coincide with the fiftieth anniversary on October 29, 1989.

Since its construction, the Mount Cristo Rey Restoration Committee, a volunteer organization, has been entrusted to maintain and preserve the pilgrimage site and to promote the history of this worldclass monument. Several of the committee volunteers are second and third generation family members of the sunset every day. The crown that encircles the base of the original workers and caretakers of this sacred ground.



a Hall of Fame member.

17/1 Photo courtesy UTEP Athletics

Former UTEP Miner, NBA standout and now Hall of Famer, Tim Hardaway.

I can't wait to interview him again... only this time as

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Answer Page 4

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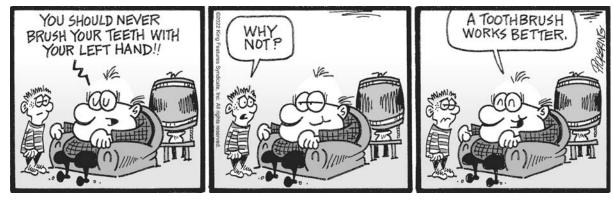
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## Comix OUT ON A LIMB By Gary Kopervas LET'S SEE, WHICH OF THESE 10,000 DOCS CRAMMED INTO THIS ONE NORD CLOWN COMPUTING TINY FOLDER DO I WANT? KORERAS

#### AMBER WAVES By Dave T. Phipps



#### THE SPATS By Jeff Pickering



R.F.D. By Mike Marland



## Too much fruit juice can worsen diabetes

DEAR DR. ROACH: I have a friend who recently learned she's prediabetic. She's also very obese. She has started juicing her fruits

and vegetables in order to lose weight and get healthier. Isn't it just healthier to eat produce whole as opposed to making juice out of it? -N.F.E.

Eating more vegetables and fewer simple sugars and processed starches is a good idea for nearly all people who want to eat healthier, and it may help people lose weight.



Fruits also are an important part of diet, but for people with or at high risk for diabetes, I recommend no more than one or two fruits with meals, and that the fruits be whole. Fruit juice is absorbed much more rapidly into the blood, so excess fruit juice can actually precipitate diabetes or worsen diabetes control.

Juicing makes it easy to consume vegetables and fruits, but in addition to the problem with faster sugar absorption, taking food in liquid form usually isn't as satisfying. That's not true for everyone, but since reducing calories is essential for weight loss in nearly everybody, juicing may have the opposite effect, unfortunately, and I don't recommend it in general.

Of course, what doesn't work for one person may work great for someone else. If she is able to change her diet, reduce unhealthy choices and lose some weight, then juicing may be just right for her. I would still recommend against too much fruit juice, and to have fruits mixed in with vegetables, preferably taken with some protein and healthy fat.

Never forget that exercise is the other critical intervention for diabetes prevention or control.

DEAR DR. ROACH: I am curious on your opinion of the benefits of CBD. I am a 73-year-old female with spinal stenosis that is pressing on a nerve. I also have pretty severe insomnia. I take 1,000 mg of hemp oil for severe back pain. I noticed that the CBD has helped me sleep mostly without drugs. A surprise effect of the hemp oil is my resting blood pressure has dropped. It used to range from 140-125/90 at doctors' offices. Now I measure 110-118/86. As for the back pain, it has reduced the degree of pain I experience. Not completely, but it's tolerable. I would be interested in a medical point of view. – J.F.

Cannabidiol (CBD), one of the major pharmaceutical extracts from hemp (cannabis), has been recommended for many issues, but is still poorly studied. Medical cannabis, which contains the psychoactive THC in addition to the nonpsychoactive CBD, has been studied for chronic pain and has been shown to be better than placebo. THC alone has also been studied for pain, but I haven't found good studies on CBD alone for pain.

I might argue that you don't need a study, that you have tried it and it works. It is true that some or all of the benefit you experienced could be due to expecting to feel benefit (the placebo response), but if you are having no side effects, I can't argue with success.

I would note that chronic pain can cause sleep problems and raise blood pressure. Poor sleep itself can raise blood pressure.

Thus, it's not shocking that a treatment that improved pain also

#### Lowry From Page 2

he knows more than any of his antagonists.

Trumpism without the baggage have broad appeal to GOP or selfishness of Trump.

The same can be said of distracting obsessions of the National Review. (c) 2020 by Arkansas Sen. Tom Cotton. He former president.

gave a speech the other day at the Ronald Reagan Presidential of the most persuasive arguments thoughtfully to Republican voters for Trump Library that integrated Trumpian populist not running again - not that he pretty much everything else, themes with traditional GOP needs to go away so the old party thinking. can be restored, but that he's unnecessary because a new party

Here is another vista, of a So, DeSantis opens up a vista policy vision with a strong offering an important element of element of Trumpism that might

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has emerged.

voters of all stripes without the Rich Lowry is editor of the

This gets at what could be one

Dr. Roach regrets that he is unable to answer individual questions,

but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu. (c) 2022 North America Synd., Inc. All Rights Reserved.

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Moore Texas by Roger MOORE Above the Concho River, east of San Angelo, there are 1,500 Indian "painted rocks" dating back 1,000 years.

## CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: V equals W

VJLP FLZFML HNL KZDOML FJZPLN' GYMGHMYSZIN, VJYS KOUJS SJLE XLIE VLMM DL

TZOPU? GLMM TOXONOZP.

Answer Page 4 ©2022 King Features Synd., Inc.

# Weekly SUDOKU

by Linda Thistle

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## VA proposes changes to disability ratings



#### by Freddy Groves

of Veterans Affairs-rated disability, heads up. They're proposing changes to the schedule for disabilities for auditory, respiratory and mental disorders.

for one of those serviceconnected conditions, your for increased compensation. for changing the schedule, in they say, is to "incorporate modern medical data and terminology" so veterans can current medical knowledge" for the condition.

changes are:

alone disability.

• Modernizing the rating criteria for sleep apnea and how it impacts earning capacity.

• Evaluating mentalhealth conditions in terms of are the ratings personnel interpersonal relationships, life supposed to do a realistic If you have a Department activities, self-care and cognition. evaluation of impairment? It's proposed that the criteria Even ratings clerks who have include a 10% minimum and a lot of experience are going won't require "total occupational to be starting all over again in and social impairment" to reach learning the system. 100%.

• No current ratings will If you receive compensation change, they say. If they're finalized, veterans can apply

rating won't change. The reason There won't be any reduction compensation unless there's an improvement in the disability.

If you want to read more, receive more accurate and see the Federal Register where consistent decisions. Ratings the document has to be open will be based on "the most for comment for 60 days. Go to www.federalregister. gov and search for "FR Doc. Some of the proposed 2022-02049" for two of the disorders, and "FR Doc. 2022-• Looking at tinnitus as a 02051" for the third one. Be symptom of an underlying sure to look through the public disease instead of a stand- comments. A vast majority

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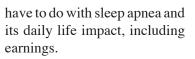
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What concerns me at first glance is that there's a lot of removing subparagraphs, combining other disability aspects, renaming headings, adding section notes and reorganizing the various sections. How, one wonders,

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· Here's a great tip for freezing strawberries: Slip a berry into each section of an ice-cube tray, and then stack trays in the freezer. When frozen, transfer berries to a zipper-top bag and store in the freezer. They won't stick together, and you can just use what you need.

• "Vinegar (1/3 cup) works just as well as rinsing agents in your dishwasher. Simply add it to the wash with your regular dishwasher detergent. It can help with cloudy glassware." - W.C. in Washington

 "Another great use for a length of nylon stocking, or a knee-high, as we used to call them: Slip over your pet brush and poke the bristles through. Brush your cat or dog as normal. When you're done, you can pull the knee-high stocking right off and all the hair will be caught inside!" - P.K. in Pennsylvania

"When you get to the bottom of a bag of chips or a box of crackers, there usually are a lot of crumbs. I save ours in a baggie, then add them to breadcrumbs to bread fish or chicken. They add a lot of flavor, and it's basically free! It's funny, because I see packages of flavored breadcrumbs at the grocery store, and they are pretty expensive." - R.L. in Virginia

GO FIGURE! by Linda Thistle The idea of Go Figure is to arrive

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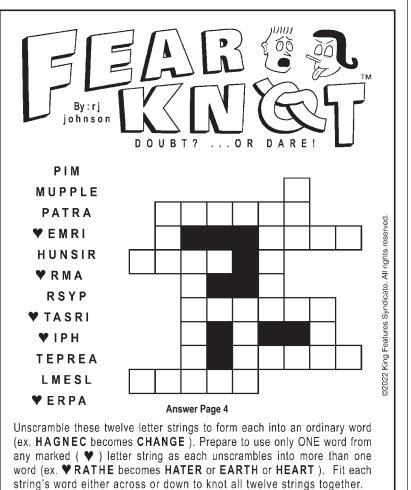
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at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.



# Answer Page 4



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

### DIFFICULTY THIS WEEK: •

♦ Moderate ♦ ♦ Challenging ♦ ♦ HOO BOY! Answer Page 4 © 2022 King Features Synd., Inc.

• Fresh ginger can be frozen. Simply grate as needed. The flavor remains, and it will stay fresh much longer.

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803. (c) 2022 King Features Synd., Inc.