West Texas County

DECEMBER 4, 2025

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SERVING ANTHONY, VINTON, CANUTILLO, EAST MONTANA, HORIZON, SOCORRO, CLINT, FABENS, SAN ELIZARIO AND TORNILLO



OFF THE SCREEN ONTO THE STREET - Movie characters Stanley "The Mask" lpkiss, Cindy Lou Who and Yoda (background) came to life during the 2025 Sun Bowl parade.

Sun City weather shines for Sun Bowl parade

By Alfredo Vasquez Special to the Courier

EL PASO COUNTY – On a beautiful Thursday morning thousands upon thousands of borderland residents and visitors cluttered the sidewalks along Montana Street in downtown El Paso for more than two miles. They were all there to view the 89th Annual Sun Bowl Parade, which was sponsored by Glasheen, Valles & Inderman Injury Lawyers and part owner of the popular Johnny Sanchez on Thanksgiving Day.

Themed "Childhood Is Where Dreams Are Born"

the parade offered viewers several decorative floats, high school bands, the UTEP marching band and cheer squad, clowns, matachines, cheerleaders, U.S. Army soldiers and armored equipment, and plenty of law enforcement and fire department personnel in their polished vehicles.

Grand marshal for this year's event was Aaron Sanchez, renowned celebrity chef who grew up in El Paso. Known for his cookbook presentations and television appearances, Sanchez is head chef

See PARADE, Page 4



HERITAGE – Ysleta del Sur Pueblo Tribal dancers shared a ritual performance with people along the parade route.

Amaya named to fill VP post

By Beau Bagley Special to the Courier

EL PASO COUNTY – El Paso Community College (EPCC) President Dr. William Serrata has appointed Dr. Carlos C. Amaya to the post of Vice President of Instruction and Workforce Education/Chief Academic Officer for EPCC. The announcement was made on November 21, 2025 and takes effect on February 1, 2026. Amaya will be assuming the position from Dr. Steve Smith. Smith is set to retire on January 31 after 38 years with EPCC.

"I am deeply honored and humbled by this appointment, and I am excited to continue serving El Paso Community College in this new role," Amaya said. "EPCC has shaped my career and my commitment to student success, and I look forward to working closely with our Instructional Division, faculty, and staff to advance academic excellence and workforce innovation. Together, we will continue building pathways that empower our students, strengthen our community, and

See AMAYA, Page 2

The Epstein conspiracy in plain sight

It's not what you know, it's who you know – even a communist; he was a golfer. In a similar vein, standards or ethics, the Jeffrey Epstein version of the famous line about success. The massive tranche of Epstein emails reveal any smoking guns about Donald Trump, but they did highlight a vast conspiracy to help the disgraced financier thrive despite his guilty plea to sex charges involving a minor in 2008.

This conspiracy wasn't the work of the Deep State, or Israel, or the Jews. No, it was more pedestrian and damning than that. An element of the American elite embraced Epstein as one of its own, thanks to his wealth and his connections. The conservative theories about Dwight Eisenhower that Ike wasn't academic, political, media and social worlds – had no

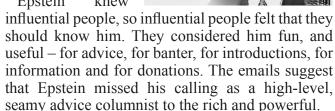
if you may have committed terrible crimes. That's Jeffrey Epstein wasn't a Mossad agent; he was a and networker.

The implausible populist narrative about the and consigliere. released by the House Oversight Committee didn't Epstein case is that the government – at all levels and up to today – has protected him and others who participated in his crimes because too many powerful people have too much at stake, or because it's too dangerous to reveal Israel's role in the scandal, or both. Perhaps these interpretations will gain factual support as more is revealed, but it seems unlikely.

Regardless, populists have a different narrative at hand that is consistent with the known record. Namely, that some of the most privileged members thinker Russell Kirk once quipped of conspiracy of our society – at the very top of the financial,

embraced Epstein as a friend

Epstein knew



Want to know more about the reputation of the woman you are having an affair with? Seeking advice on how to gain political influence in

See LOWRY, Page 7

Amaya

From Page 1

can thrive."

vears of experience in higher education, demonstrating a strong record of promoting

Dr. Carlos C. Amaya

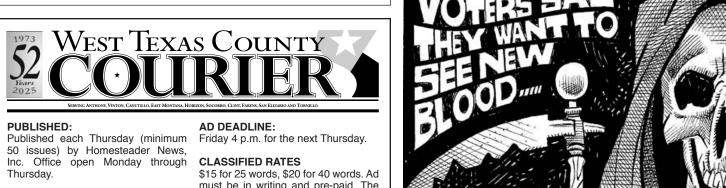
excellence, academic workforce innovation, and student success. He holds a Ph.D. in Quantitative ensure that EPCC remains Biology and M.S. in Biology a place where every learner from the University of Texas at Arlington, as well Amaya brings nearly thirty as a B.S. in Biology from the University of Texas at El Paso.

> "Throughout distinguished career at EPCC, Dr. Amaya has served in several key leadership roles, including Vice President of Student and Enrollment Services, Interim Associate Vice President of Workforce and Continuing Education, and Dean of Architecture, Art, Mathematics, and Science," Serrata said. "His leadership has guided the development of new facilities, such as the Architecture Building and the Advanced Science and Technology (AST) Building and fostered collaborations that have expanded educational and career

> > See AMAYA, Page 5



"A NICKEL FOR YOUR THOUGHTS."



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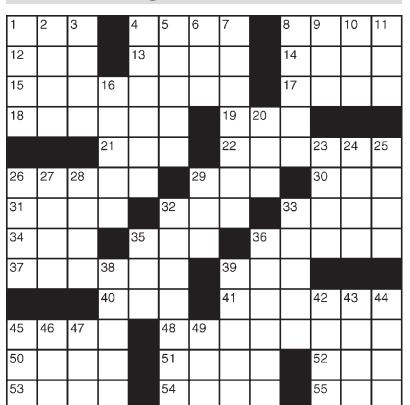
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PUBLIC NOTICE TO ALL INTERESTED PERSONS AND PARTIES:

The West Texas County Courier will not publish the last two weeks of December. The first issue of 2026 will be January 1.

The West Texas County Courier office will close beginning Monday, December 8, 2025. The office will open again on Friday, December 26, 2025.

King Crossword



Average Solve Time 26 Minutes

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- 1 Listening device
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quarterback Prescott

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they quit for good. Each attempt brings you 27 Video-streaming

28 Baltic Sea feeder 29 Attempt 32 Fox's trait

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- 39 Berate
- 42 Ninny

- 45 Cistern
- 49 "The Matrix" hero Answer Page 4

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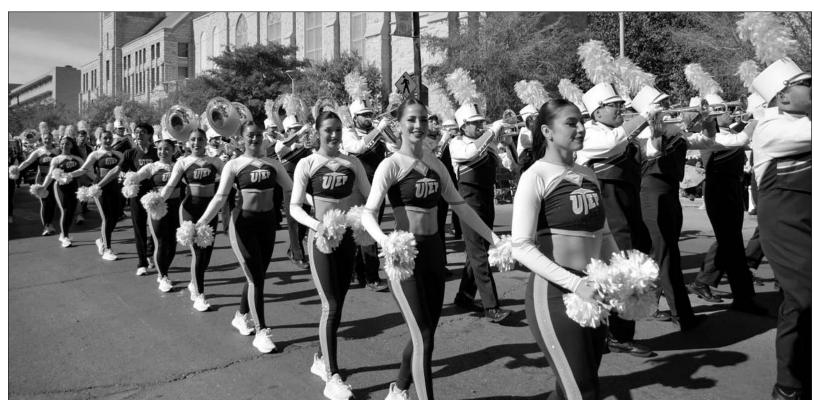






Photos by Alfredo Vasquez

HEROES - Ysleta del Sur Pueblo Tribal float, above, honored Native American Veterans including Purple Heart recipients and gold star families.



SCHOOL PRIDE - The University of Texas at El Paso Miners marching band and cheer squad bought their enthusiasm to the parade.

Parade

From Page 1

restaurant in New Orleans.

Headlining the annual parade was the 2025-26 Sun Bowl Sun Court including Queen Caroline

Mann, Lady-In-Waiting Janais Millan, and Princesses Nikole Haro, Isabella Dickey, Aiyana Medina, Grecia Ortega, Aracely Ramirez, Laynee Stokes, Veronica Luedtke, Karen Carrillo, Elvia Yepez, Leah Perea, Meredith Niland, Jamie Shelley.

The annual parade is under the auspices of the Sun Bowl Association, whose current officers are Tamara Gladkowski, president; Beau Bagley, board member; Tony Valtier, secretary; Scott Mann, board member; and Bernie Olivas, executive director.

YOUR GIFT IS A WAY TO CONQUER LUNG DISEASE

AMERICAN LUNG ASSOCIATION

of Texas

Give the gift that remembers by helping others ...

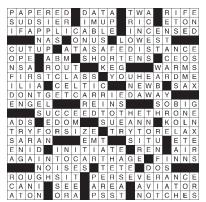
When you lose someone dear to you — or when a special person has a birthday, quits smoking, or has some other occasion to celebrate — memorial gifts or tribute gifts made for them to your local American Lung Association help prevent lung disease and improve the care of those who suffer from it.

www.texaslung.org

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CryptoQuip Answer

If pastors are thirty-one, forty-three or fifty-nine years old, do people say they're prime ministers?

Strange BUT TRUE

By Lucie Winborne

- The Great Pyramid of Giza was the tallest structure in the world for more than 3,800 years.
- More than 400,000 illnesses are caused by spoiled Christmas leftovers.
- Royal Air Force uniforms in World War II included a pants button that served as a compass.
- Those lovely aromas of candy and popcorn breezing down the sidewalks of Disney's Magic Kingdom's Main Street, U.S.A. are brought to you courtesy of scent machines called "Smellitizers" that release fragrances throughout the parks.
- Spider silk is stronger than steel.
- Gambia's citizens elect their political leaders using marbles rather than paper ballots in the voting booths, a method that was adopted in 1965 due to the country's low literacy rate.
- Humphrey Bogart never actually said "Play it again, Sam" in the film "Casablanca."
- High-heeled shoes exert more pressure on the ground than a skyscraper, which is why they're even banned at certain historical sites such as the Acropolis in Athens, to prevent damage to the ancient stone.
- The phrase "Don't mess with Texas" was coined to discourage road littering.
- The first zippers were for shoes, when inventor Whitcomb Judson was granted a patent for a rudimentary form that he called the "clasp-locker," an alternative to lengthy shoelaces.
- Olo, a color described as a "blue-green of unprecedented saturation," has only been viewed by five people in a laboratory, as it's beyond the range of normal human visibility.
- Washington State designated Sasquatch as its official state monster.
- There are an estimated
 3 million shipwrecks in the ocean.

Thought for the Day: "A sign of intelligence is an awareness of one's own ignorance."

– Niccolo Machiavelli

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Moments

- On Dec. 1, 1992, police in Lilly, Pennsylvania, were summoned to a video store after a concerned passerby reported seeing a gunman inside, only to come faceto-face with a promotional cardboard cutout of a guntoting Denzel Washington from the thriller "Ricochet." The no-doubt amused cops chose to use the experience as a training day.
- On Dec. 2, 2023, KISS completed their final "End of the Road" tour at New York City's Madison Square Garden with a performance featuring the band's digital avatars. After the actual musicians left the stage, their virtual versions launched into a performance of "God Gave Rock and Roll to You."
- On Dec. 3, 1847, escaped slave-turned-abolitionist Frederick Douglass, assisted by philanthropist Gerrit Smith, published his first antislavery newspaper, The North Star. The title referred to the bright star Polaris that helped guide fleeing slaves to the North, and freedom. The paper later merged with Smith's under the new name Frederick Douglass' Paper.
- · On Dec. 4, 1942, a group of Polish Christians in Warsaw, led by Zofia Kossak and Wanda Filipowicz, put their own lives at risk by setting up the Council for the Assistance of the Jews. As their fates were not clear, it is also uncertain whether their mission was ultimately successful.
- On Dec. 5, 1873, Bridget Landregan was found dead in the Boston suburb of Dorchester, the first victim of Warren Avenue Baptist Church sexton Thomas Piper, aka the Boston Belfry Murderer. His second victim, Mary Sullivan, was killed the following year, and his third and fourth victims in 1875 and 1876. Piper was finally arrested and confessed to all four crimes, and was hanged in 1876.
- On Dec. 6, 1921, the Irish Free State (later renamed Eire and now known as the Republic of Ireland), comprising four-fifths of Ireland, was declared, ending a five-year struggle for independence from Britain.
- On Dec. 7, 1909, the U.S. Patent Office granted chemist LEO Baekeland a patent for "a method of making insoluble products of phenol and formaldehyde," the first synthetic plastic. Dubbed Bakelite after its inventor, it would be marketed as "the material of 1,000 uses."

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Food for thought By Dr. Glenn Mollette

The Christmas Spirit

thinking about Christmas. December it's not easy. is saturated with Christmas. Christmas shopping, Christmas baking, Christmas for us to create a new and special time. Carols, Christmas television programs, What was, will not be again. Thus, we Christmas spirit.

haunting side. I was going through my happen again. cell phone contact list this morning and was appalled at how many contacts I Bethlehem. He was God in the flesh. He have in my phone who are now deceased. came with a divine purpose to bring joy Every time I turn around I discover an and life. He brought joy to Mary and acquaintance has passed. For so many of Joseph, the shepherds and the wisemen you know. us, we can't really arise to the crescendo who traveled from afar to worship him. think about parents, spouses, children and mission and purpose. friends whom we loved so much who are they once were. So, this presents a major light to our lives and is the light of the that dwells in you.

We can't think about December without hurdle for many of us to overcome and

Christmas presents a yearly challenge means they will be different. They can't

The baby Jesus was born in

not here to celebrate Christmas with us. forget those who were so special to us. We remember old times that were good They helped make Christmas bright. look to Him this season, may others be times. Those times aren't as possible as Let's focus on the one who really brings the beneficiaries of the Christmas spirit

world and that's the baby Jesus, who said, "I am the light of the world." We need his light to navigate the darkness. Yes, the world has a dark side. Death and grief are difficult to navigate. We need the Christ child who came to help and save us to lead us through this month and the rest of our lives.

This December let's focus on loving Christmas religious services and the have to recreate our holidays which those we know and those who are here. Let's draw close to each other. Jesus will Christmas has an accelerated pace of be the same, because what was no longer help us. He said, "If I be lifted up, I will hustle and bustle but it also has an eerie exists. Therefore, what was, cannot draw all men unto me." He will make our journey lighter and brighter. Reach out to others. Don't wait for your phone to ring. You make the call. Send the text and reach out. Spread God's love and spread well wishes and goodness to all

When we give love and hope to others, side of Christmas celebrations without Unfortunately, Jesus was troubling it comes back to us. If we invest in others, wading through the mire of grief. We to some who did not understand his the invest in some way will be returned. Jesus is our example. He came to earth. This month of December we will not He lived, loved and walked among us. We are the benefactors of his life. As we

Amaya

From Page 1

opportunities for students across the region."

In his most recent role as Vice President of Student and Enrollment Services, successfully Amaya led enrollment growth initiatives, implemented technology solutions that enhanced the student experience, managed the distribution of over \$50 million in federal relief funds to support students during and after the COVID-19 pandemic. His collaborative, student-centered approach has earned him the resident's Excellence Award and the Dr. William Serrata

respect of faculty, staff, and community partners alike.

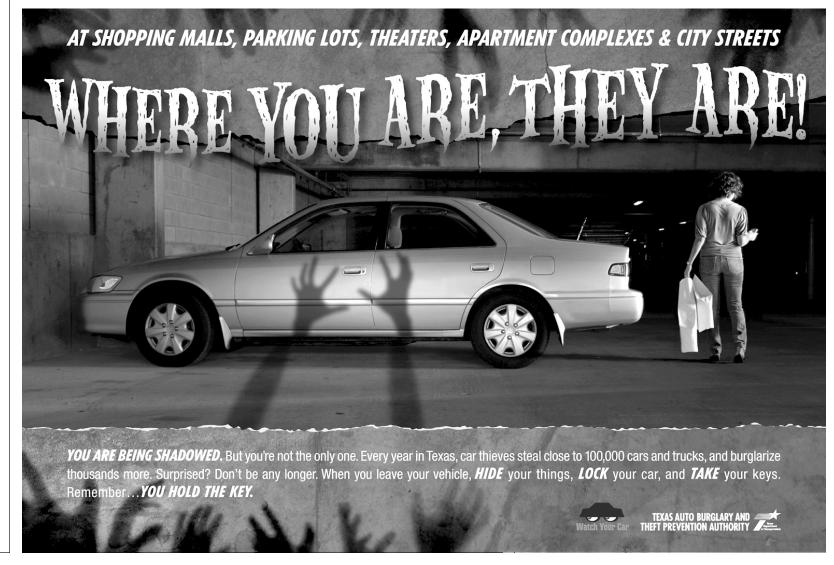


Notice of Public Meeting To Discuss Socorro **Independent School District's State Financial Accountability** Rating (FIRST)

The Socorro Independent School District will hold a public meeting at 6:00 p.m., Wednesday, December 17, 2025 in the District Service Center Board Room, 12440 Rojas Dr. El Paso TX 79928.

The purpose of this meeting is to discuss Socorro Independent School District's rating under the state's financial accountability system. Public participation in the discussion is invited.

WTCC: 12/04/25



The Dallas Cowboys may not be dead after all

By Steve Escajeda Special to the Courier

Before the season even started there were two moves that turned all the experts, and most fans, away from the Dallas Cowboys.

The first was their choice for head coach. After the team and former coach Mike McCarthy mutually decided to end their relationship after the 2024 season, Dallas had to find a division. replacement.

Cowboys, a big-name coach with tons Cardinals, you know it's over. of head coaching experience was the obvious choice.

But owner Jerry Jones did what he does so often, he surprised everyone not over for the Cowboys. with a disappointing decision.

Instead of going with the experienced an assistant from his staff, Brian Schottenheimer, who no one ever coach at any level.

Almost everyone rolled their eyes and criticized Jones for being stubborn and not doing what we all thought he should.

The second dumb decision the Cowboys made was getting rid of their best player.

Jones took forever to sign Dak Prescott to an extended contract, but he signed Dak. Jones took forever to sign CeeDee Lamb to an extended contract, but he signed Lamb.

So, when Jones was taking forever to sign Micah Parsons to an extended contract, we all knew he would eventually sign Micah.

But the Cowboys' owner did the unthinkable, he traded Parsons to the Green Bay Packers.

And if choosing a head coach with no experience wasn't enough, getting

Send Your News To: wtxcc@wtxcc.com

61 "Maintain self-

115 Subject of the

26 Virginia hrs.

73 Nav. officer

74 Bus. firms

"NO SURRENDER!"

59 Beginner, in slang

60 Jazz wailer

112 Camps in the wild,

18 Terminate

24 Military bed

final straw for a lot of Dallas fans.

It was especially the final straw for the NFL experts who wondered whether Jerry was either flirting with Alzheimer's, or doing his best Joe Biden imitation, and losing his ability to make sound decisions.

To prove everyone correct, the Cowboys only won three of their first nine games and were battling just to stay out of last place in their NFC East

Of course, being the Dallas the Carolina Panthers and the Arizona

as they seem.

After falling to 3-5-1, Dallas has are back in the playoff hunt.

two wins have come against the two the NFL.

rid of their best defense player was the teams in the Super Bowl last year, the Philadelphia Eagles and the Kansas City Chiefs.

So, what is really is going on?

The Cowboys had a miserable when they rid of Parsons. They couldn't stop the run, and their secondary was leaving opposing wide receivers wide open for completion after completion.

But Jerry Jones made a trade here and a trade there to pick up guys to I mean when the Cowboys lose to help on the defensive side and they a small chance to make the playoffs, have.

Dallas' defense isn't great, but it's But sometimes things aren't always a lot better than it was. And with the Cowboys' explosive offense, all Somehow, someway, the season is they need their defense to be is "not terrible."

Speaking of that offense, quarterback suddenly won three straight games to Dak Prescott is plying as well as he head guy, Jones decided to go with improve to a winning 6-5-1 record and ever has, Javonte Williams is doing a great job running the ball, wide than Jerry Jones. But sometimes, it's a And it's not just that they've won receivers CeeDee Lamb and George heard of and has never been a head three games in a row, it's that the last Pickens are the best catching duo in

Throw in tight end Jake Ferguson and speedster KaVontae Turpin, and the Cowboys have turned into an almost unstoppable machine.

There's no doubt that the Cowboys defense which only got a lot worse have the best offense in the league. But it had one of the worst defenses in the league as well.

> Well now that the defense is playing better, the Cowboys are starting to make the rest of the league take

> Don't get me wrong, they still have and the percentages are against them. But just a couple weeks ago, they had absolutely no chance.

> And as much as I hate to say it, maybe Jerry Jones does know what he's doing. Maybe he can still figure things out and make football intelligent decisions.

> There is no bigger villain in the NFL little fun to root for the bad guy.

> As long as America's Team keeps winning.

Senior moment By Matilda Charles

Why do we turn down help?

All too frequently we seniors don't ask for help when go to the food bank, that it was OK to ask for help – we need it, using as an excuse that others need it more. no, I wasn't shocked that many were turning down a free Sound familiar?

Our local senior center decided to host a free holiday dinner a few weeks before Christmas this year. It was to free things, saying that others might need it more? be a full turkey dinner, with several courses, a sit-down affair with table service from the Community Club at the if we're going to be honest with ourselves. Mostly we high school. They needed to limit it to 100 people, and advance signup was required. Color them amazed when a full week after the announcement, there were still well over 50 dinner slots available.

Staff starting manning the phones, calling senior center our ability to manage our lives. members to ask if they'd heard about the dinner. Yes, people had heard. Yes, it sounded lovely. But no, they wouldn't be signing up for it. Other people, many stated, donations, and the rest of the slots filled up. needed the free dinner more.

This did not surprise me. After all the times I've talked to seniors around me about how it was OK for them to

75 Bygone U.K.

holiday dinner at the senior center.

Does this describe you? Someone who would turn down

There's more to it when we decline help, other reasons, fear loss of independence. Somehow we equate getting help at the food bank – or a free turkey dinner – with not being able to take care of ourselves, thus possibly inviting scrutiny from others who might start questioning

I was not surprised when the senior center changed their promotion for the free dinner to say they would welcome

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Super Crossword

126

125

127

ACROSS control!" adage formed by the 29 Terminate record label 76 Old Hollywood's _ 66 "The Mary Tyler starts of nine long 30 Trust (in) 1 Covered decoratively, as walls Moore Show" actress answers in this puzzle 31 20th Greek letter Code 77 Whole 8 Info to input Georgia 120 Tot's query 32 Splitting 19 20 21 22 67 Bridles 12 Bygone rival of 121 Observe 33 Magic charm 78 Fed. bond 122 District 68 1924 Edna Ferber 34 Glenn of the 79 Sailing 25 26 15 Widespread 123 Plane pilot 80 Partner of Sturm Eagles 19 More foam-filled 72 Become a queen, 124 Boatloads 35 Quiz whizzes, 81 Iraq neighbor 20 "My turn now" as a princess 125 Singer Rita perhaps 86 Appearing 30 31 35 | 36 21 Wrestler Flair gradually, as a film 126 Covert "Hey!" 36 Key next to a 82 Kingdom in period 22 English prep 127 Belt holes scene 38 40 37 Newark's county 87 Sixth Greek letters school Genesis 83 "The Mary 88 Arab chief 23 "Assuming this is DOWN 40 Lawn bowling 43 44 46 Tyler Moore Show' 90 Flee fast 1 Tire pressure 25 Very angry 45 Soft mineral 93 Torn clothes character Nivens meas 48 27 "Illmatic" rapper 84 German city on 2 " Wiedersehen" 47 Indiana river 97 "True indeed" 56 3 PalmPilot, e.g., in 59 28 Large burden der Rhein 49 Fills totally 98 More prying 29 Farthest down 99 Cold brew, 85 Test the suitability 50 Gawk brief 62 63 64 4 Channel for informally 30 Chop to bits 51 Fathered 33 Far enough not to 89 Advice that may college sports 53 Linking word in 100 "But wait, _ more!" 70 be in danger calm someone 5 Split to bits Leipzig 101 Really vexes 54 "Hath _ sister?": 105 Japanese dance-38 Unlock, in verse 91 Clingy wrap 6 Wiggly fishes 73 39 Rocket interceptor, 92 Pro at CPR 7 Soft & Shakespeare drama 8 Singers Ross and 55 "That's icky!" 106 "No kidding!" in brief 94 In _ (in its original 82 83 41 Truncates 58 Detailed 108 Violinist Stern place) Krall 88 39 95 Summer, in evaluations. in brief 111 "Whip It" rock band 42 Corp. VIPs 9 Attack from hiding 43 Covert org. Soissons 10 City south of 62 Affix with paste 112 TV brand 92 95 44 Easy victory 96 Writer Bagnold Topeka, KS 63 Bidirectional, as a 113 Granola tidbit 11 Gibbon, e.g. 46 Beer barrel 114 Party card game 97 Set in motion door 96 100 101 103 47 Heats a little 102 Kylo of "Star Wars" 12 Old TV tube 64 Tartrate, e.g. 115 Mushy food 48 Pricey plane 13 Beneficial to both 116 Ryder vehicle 104 103 Atmosphere 65 Thom of 107 108 104 2008 novel by Radiohead 117 To the _ degree section sides 52 "Yes, that's what I John L. Parker Jr. 14 Entry 69 Using logical 118 Iowa college 15 Patronize Hertz or 107 Helsinki natives 119 Trauma ctrs. operators 112 113 114 117 | 118 | 119 115 56 Figure skater Kulik 109 Sounds 70 Using Nero's Avis 110 Head, in Nice 16 TGIF's "I" 57 Boston language 122 120 121 123 basketballer 111 Hairstyles 17 Enemy 71 Kids of boomers

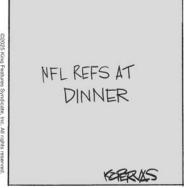
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Answer Page 4

Comix

OUT ON A LIMB By Gary Kopervas





AMBER WAVES By Dave T. Phipps









THE SPATS By Jeff Pickering







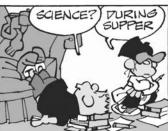
TIGER By Bud Blake

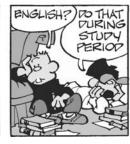
















Lowry From Page 2

Europe? Wondering how you're handling your among the lucrative and louche?" interactions with a potential mistress? Looking

ask Jeffrey Epstein.

He emailed with former Harvard president Larry Summers, the linguist Noam Chomsky, Epstein's company a couple of decades ago, businessman Sultan Ahmed bin Sulayem, others did. But he had a falling out with Trump activist Steve Bannon, the journalist Epstein long ago. Trump didn't have anything know something, right?

As for his scrape with the law, clearly all social network. had been forgiven and forgotten. If he was in the good graces of the social wrangler Peggy Siegal, whose job was to get bold-faced names Rich Lowry is editor of the National Review. to accept invitations, he must be OK. For ©2025 by King Features Synd., Inc.

some of Epstein's correspondents, it was part of his appeal that he was disreputable. Larry Summers, who leaned on Epstein for romantic advice, asked him at one point: "How is life

Epstein's social currency is one reason for insights about Donald Trump? Trying to that he got off so easily the first time he was survive sexual harassment allegations? Need a prosecuted – he hired the best, most connected reference for a gastroenterologist? Well, then, defense attorneys, who outclassed and intimidated his prosecutors.

As for Trump, he is guilty of enjoying venture capitalist Boris Nikolic, Emirati presumably for the same reason so many Michael Wolff, the artist Andres Serrano, to do with him at the time that so many others the department store scion Jonathan Farkas in these emails were socializing with Epstein, and former White House counsel Kathryn confiding in him and asking him for insight on Ruemmler, among others. It's not as though Trump. That's a disgrace, and it's always been Epstein was particularly insightful, but if he in plain sight. In the Epstein story, it's not knew so many important people, he must so much follow the money – although that's important and still mysterious – as follow the

Puncture site still painful after medical procedure

DEAR DR. ROACH: I recently had a medical procedure under general anesthesia. One of the lines was put in the

artery in my left wrist. Aside from deep bruising that went halfway up my forearm, it seems that there is some nerve damage. I have constant pain from my thumb, through my wrist, and up to about 3 inches on my arm. Overnight, the pain becomes intense and radiates all the way up to my shoulder. Tylenol and an



arthritis sleeve only provide minimum relief. Should I request to see a neurologist, or is there another type of doctor to seek out for a diagnosis? This has become life-altering, and I'm hoping it will eventually be healed. – B.F.

I suspect that the bruising on your forearm was caused by bleeding from the puncture site of the artery in your wrist. (This type of line is used to measure blood pressure accurately and instantaneously.) The hematoma (blood collection) inside the wrist might be compressing the median nerve in your carpal tunnel, which causes a neuropathy very much like carpal tunnel syndrome.

If I am right, then the condition should improve as your body absorbs the blood, which takes pressure off the nerve. However, there are case reports of permanent damage to the nerve from complications of an arterial puncture. In general, if the nerve compression is serious enough to cause weakness, it needs to be acted upon urgently.

The doctors who performed your procedure need to know about this complication, and a neurologist is exactly the right person to see. A simple nerve test could confirm my suspicion or disprove it by finding a different cause if your symptoms persist.

DEAR DR. ROACH: I'm an active 60-year-old who took a soccer ball to the groin some time back. After a few months, I noticed a change in my sexual organ. Narrowing and bending of my organ developed, and it seems to be getting worse. My general doctor seems to think it's Peyronie's disease. After researching this, I started taking vitamin E and COq10 supplements. I scheduled a urologist exam but was hoping for some insight on this. -G.

I suspect your general doctor is correct, and an evaluation by a urologist is certainly indicated. Peyronie's disease is often triggered by trauma in a person who is genetically susceptible to the condition. (Your trauma was very clear, but it isn't always clear in everyone what the trauma might have been.)

The diagnosis is made by an examination showing a bend in the penis, along with plaque that can be felt during an examination in most cases. Some men, but not all, will have pain.

In men who are in the active phase of the disease (where the curvature is getting worse), urologists will often prescribe pentoxifylline for three to six months in hopes of stabilizing the condition and preventing the curve from worsening.

Vitamin E was not found to be superior to a placebo treatment. CoQ10 was found to have a benefit in a small trial, and since it is very safe, this was a reasonable treatment for you to try.

Depending on your symptoms and degree of curvature, there are several options for treatment. Medication can be injected directly into the penis; men treated with this were found to have about a 34% improvement in curvature. Traction therapy is also frequently used.

In men with more severe disease that does not respond to the previous options, surgical treatment can be considered. This should be done in men whose sexual function is affected by the disease and in cases where medical treatments have failed to improve their symptoms adequately.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to To Your Good Health @med.cornell.edu. ©2025 America Synd., Inc. All Rights Reserved.



Moore Texas by Roger Moore

In early Texas, pioneers made a home remedy for pneumonia by boiling sheep droppings.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: I equals P

ZK ISYDPXY SXO DBZXDH-PEO, KPXDH-DBXOO PX KZKDH-EZEO HOSXY PNC, CP IOPINO YSH DBOH'XO IXZGO GZEZYDOXY?

Answer Page 4

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Weekly **SUDOKU**

		7	2		4		1	
	1			9		4		8
	2	9			6		5	
9		4	1		3	2	8	
	6				2	7		
2			9		7		6	4
		2	3	7	8		4	
7	4			5	9			
6	8	3						

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆



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Helping other veterans throughout the holidays

by Freddy Groves

and for many veterans they won't be very merry. It's additional burdens.

help.

veterans make the holidays cost of purchases. a little less of a struggle.

a veterans group, like the ask what they need, whether AmericanLegionorDisabled it's meals, presents for the American Veterans, you're kids, a warm pair of boots in a perfect position to give or some home repairs. some real assistance to other veterans.

Here are some ideas to get you started, either as part of a group or individually:

Call Voluntary Services at the closest VA medical center and ask what you can do. You The holidays are here, might be asked to run the parking lot shuttle and bring veterans from their car to the one struggle after the other, door. You might be asked to and the holidays just bring do one-on-one visits with patients who don't have There are presents to buy friends or relatives to stop for the kids, there is the by. You might be asked to weekly dilemma of how to read to patients with vision maneuver the rising costs of problems. If your group groceries, etc. We want to is big enough (as well as step in, but sometimes the having a good budget), you needs seem endless and we might want to host a holiday don't know if or how we can party for a whole ward, with food, drinks and presents But, we can. Even a small for each patient. Hint: You effort on our part can go a can seek donations from the long way to helping fellow community to defray the

Take a local veteran and If you're a member of family under your wing and

> Work a shift at a homeless shelter that serves a large

> > = 13

= 9

= 2

population of veterans. You might be cooking, serving meals at the tables or helping veterans find warm winter gear among the donated coats and gloves.

Whatever you do, your help will have an impact.

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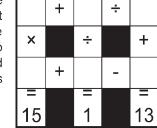
- "When there are big family jobs to be done (like getting ready for the holidays), we write all the tasks down on slips of paper and put them in a hat. We take turns choosing tasks until all the paper is divvied out. Sometimes we trade, but we all get a fair chore list." -V.O. in Oregon
- "Let one person responsible for putting prep dishes, pots and pans in the dishwasher while another prepares the bird and side dishes for the table. You will be halfway done with dishes by the time the meal is over." M.A. in Washington
- · Leftover bread can be repurposed as croutons or breadcrumbs. In fact, this is an excellent job for kiddos. With clean hands and a butter knife, older children can cut leftover rolls into manageable size pieces. Spray with olive oil cooking spray and bake at a low temperature (225 F) to dry out. Or crumble stale bread into crumbs and store in the freezer.
- · If you love to burn candles, then the odds are good that you have a lot of candle "ends" that can no longer be used. You can purchase new wicks at the craft store and make a new candle from your leftovers. Simply scrape out the leftover wax into a clean tin can with one end removed. Set this can into a pot on your stovetop. Add a few inches of water, and boil to melt the wax. Then, holding the wick in place, you can pour the melted wax back into a candle-safe jar to let cool. Burn away!
- If you have ever had a tough time threading a needle, try this trick. Spritz the end of the thread with a shot of hairspray. It makes the thread stiffer, and it goes right through with no fuss.

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803. ©2025 King Features Synd., Inc.

GO FIGURE!

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

Answer Page 4



1 2 3 4 5 6 7 8 9

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Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked () letter string as each unscrambles into more than one word (ex. ♥ RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.